

# How to give a good talk

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Mark Messier  
Indiana University  
Fermilab Users' Meeting  
June 13, 2019

These are some personal tips that I try to follow to prepare for my own high-profile talks. For me the key is to first think about who my audience will be and tailor the content and format of the talk for them. When constructing the talk I try to focus on my story first, and then the visuals.

# Audience

Content



Format

Language

Colloquium

Seminar

Research plan

# Colloquium

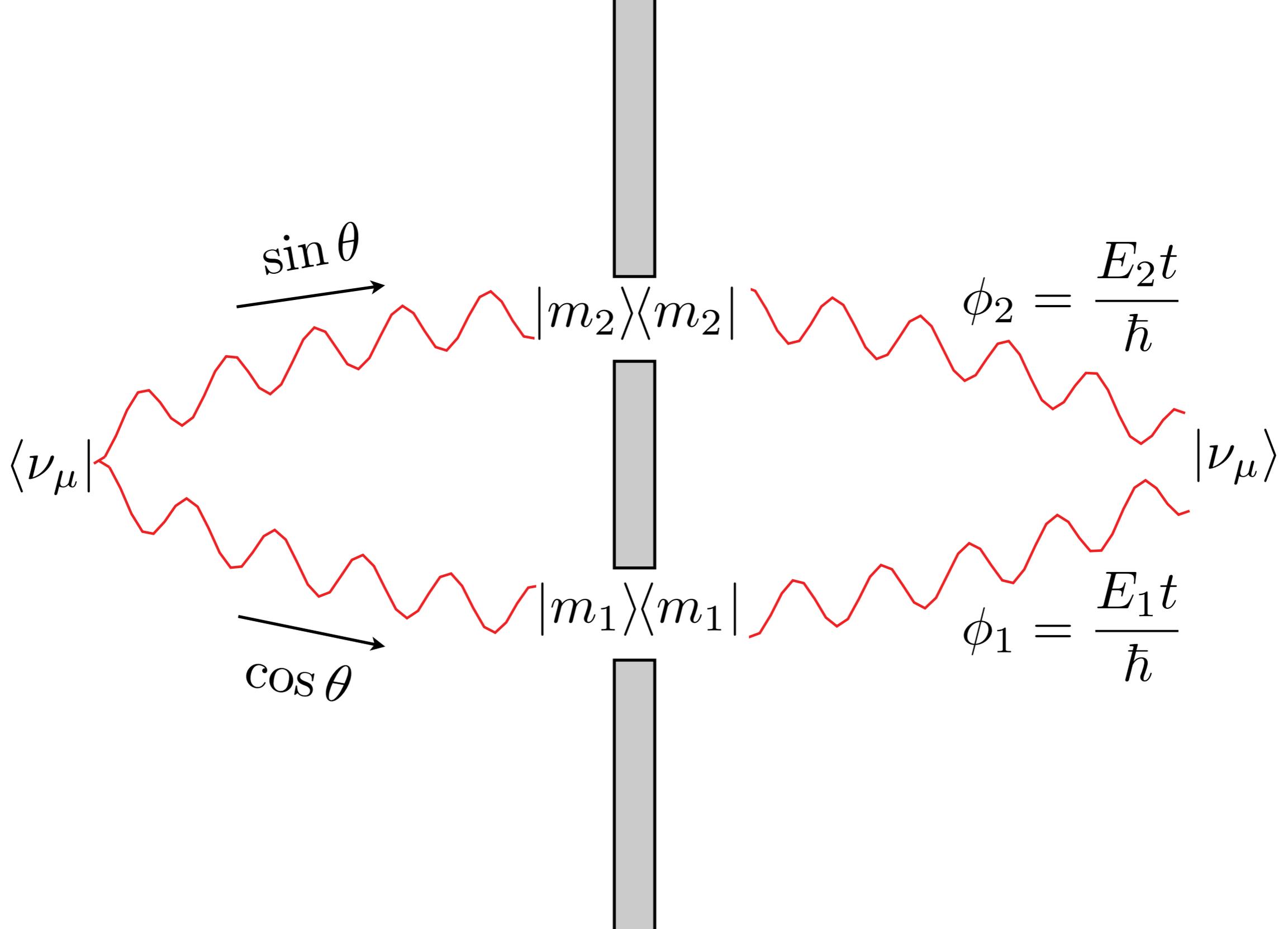
Seminar

Research plan

**Audience:** An entire department

**Content:** Place your work in the context of physics as a whole

**Language:** Use language shared by all physicists that undergraduates can understand



$$P(\nu_\mu \rightarrow \nu_\mu) = 1 - \sin^2 2\theta \sin^2 \left( 1.27 \Delta m^2 [\text{eV}^2] \frac{L [\text{km}]}{E [\text{GeV}]} \right)$$



**SPECIAL REPORT** **THE SCIENCE OF INEQUALITY** WHY THE GROWING GAP BETWEEN RICH AND POOR IS A PROBLEM FOR EVERYONE

# SCIENTIFIC AMERICAN

# SLEEP LEARNING

How to improve memories during slumber



**PLUS**

## CAN GEOMETRY SAVE DEMOCRACY?

Mathematicians fight against gerrymandering

## TEAM PLAYERS

Microbial partnerships that rule the planet

## BACK IN TIME

Searching for the most distant galaxies in the universe

NOVEMBER 2018  
ScientificAmerican.com

WIN \$2,500 IN OUR COMET PHOTO CONTEST! DETAILS p.7

# Discover

SCIENCE FOR THE CURIOUS

November 2013

# COMET WATCH

All eyes are on ISON for a show 4 billion years in the making p.32



## OCD VS. FREE WILL

Changing the way we think (literally!) about obsessive behavior p.52

## ROBOTS INVADE THE CLASSROOM

p.66

## ELEPHANTS IN THE CROSSFIRE

Civil war and slaughter turned this researcher into an activist p.38

## ENDER'S GAME

Filming the unfilmable p.68



# Colloquium

Seminar

Research plan

**Audience:** An entire department

**Content:** Place your work in the context of physics as a whole

**Language:** Use language shared by all physicists that undergraduates can understand

**Format:** Your only audience is in the room. Talk to them!

# The NOvA Experiment

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- Total mass is 14 kilotons, 9 kilotons of scintillator contained in a 5 kiloton PVC structure
- The structure is 15 m x 15 m x 60 m long segmented into 4 cm x 6 cm cells
- Cells are filled with liquid scintillator
- Wave length shifting fibers capture light and bring it to the face of avalanche photodiodes
- The cells are 15 m long and alternate in vertical and horizontal orientations



# The NOvA Experiment

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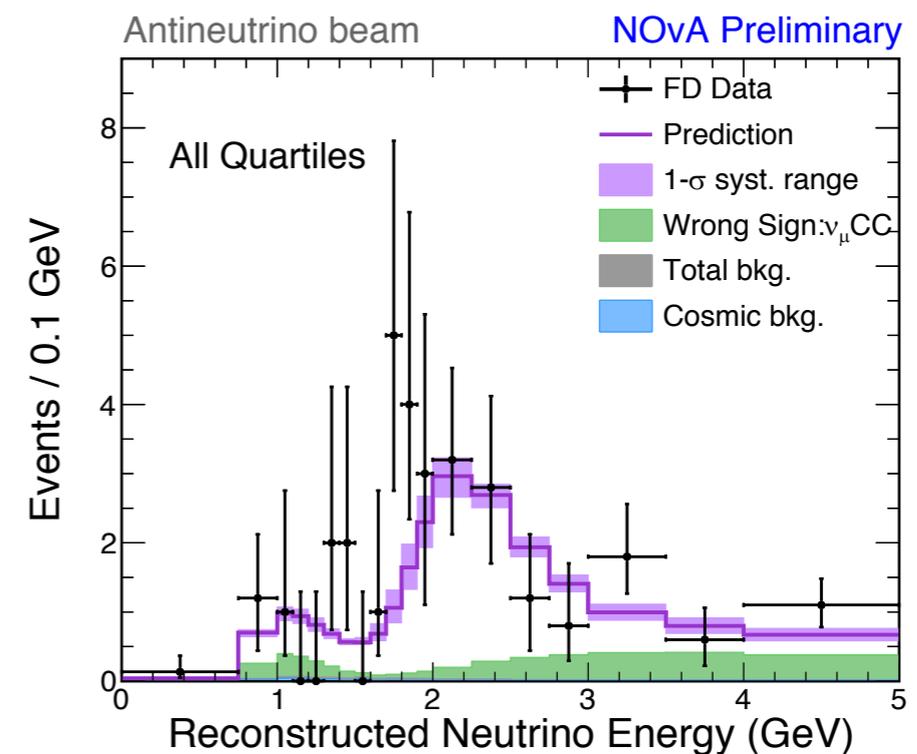
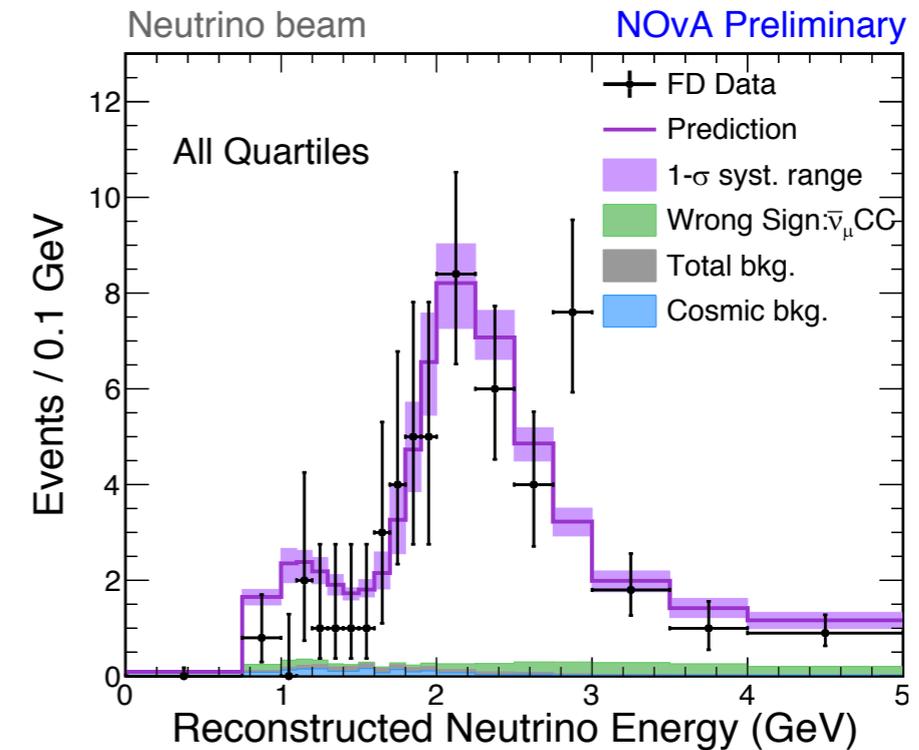




# Muon neutrino results

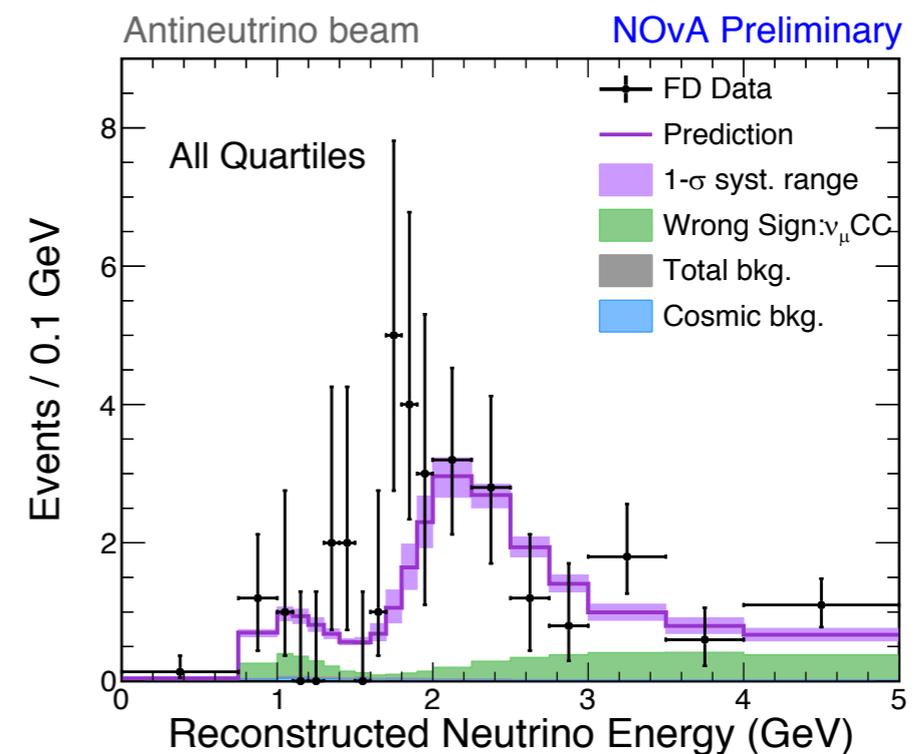
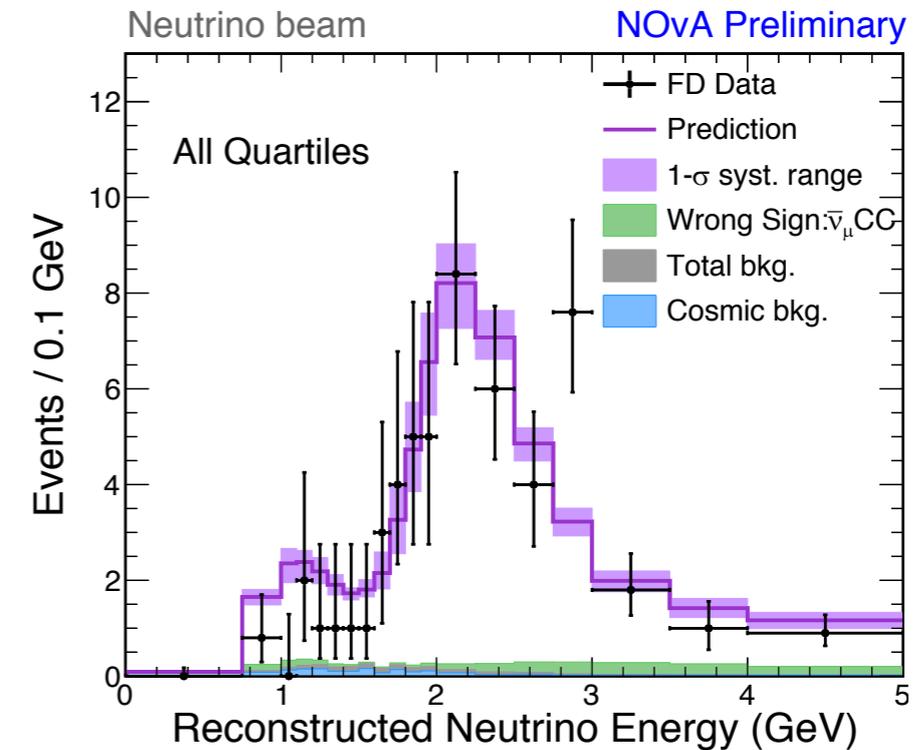
Measured 113 muon neutrino events at the far detector; 65 antineutrino events.

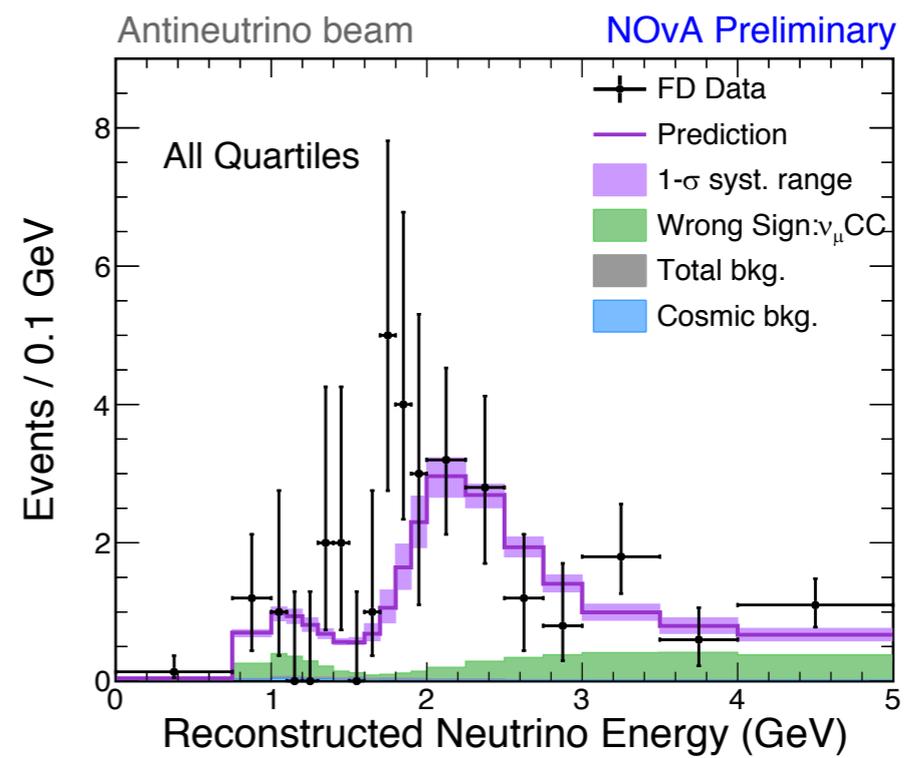
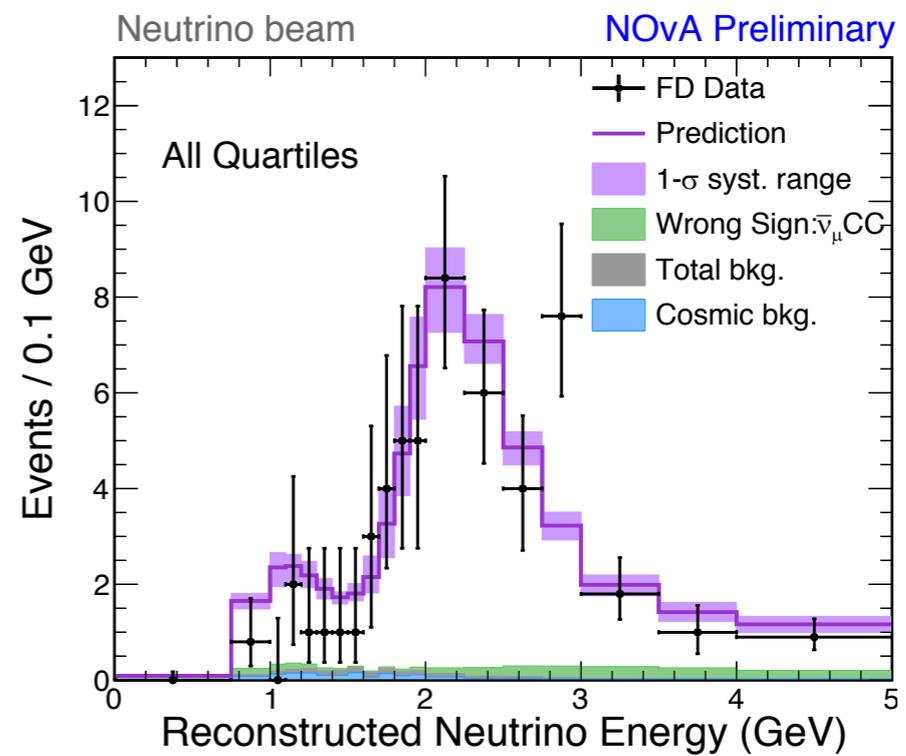
Expected 730 and 266 before oscillations

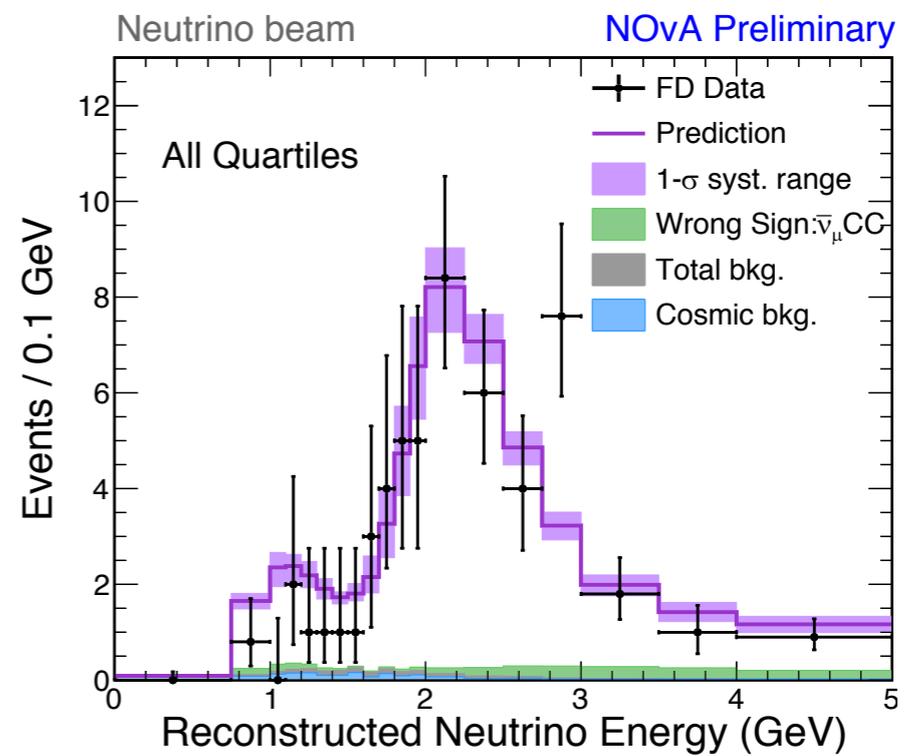


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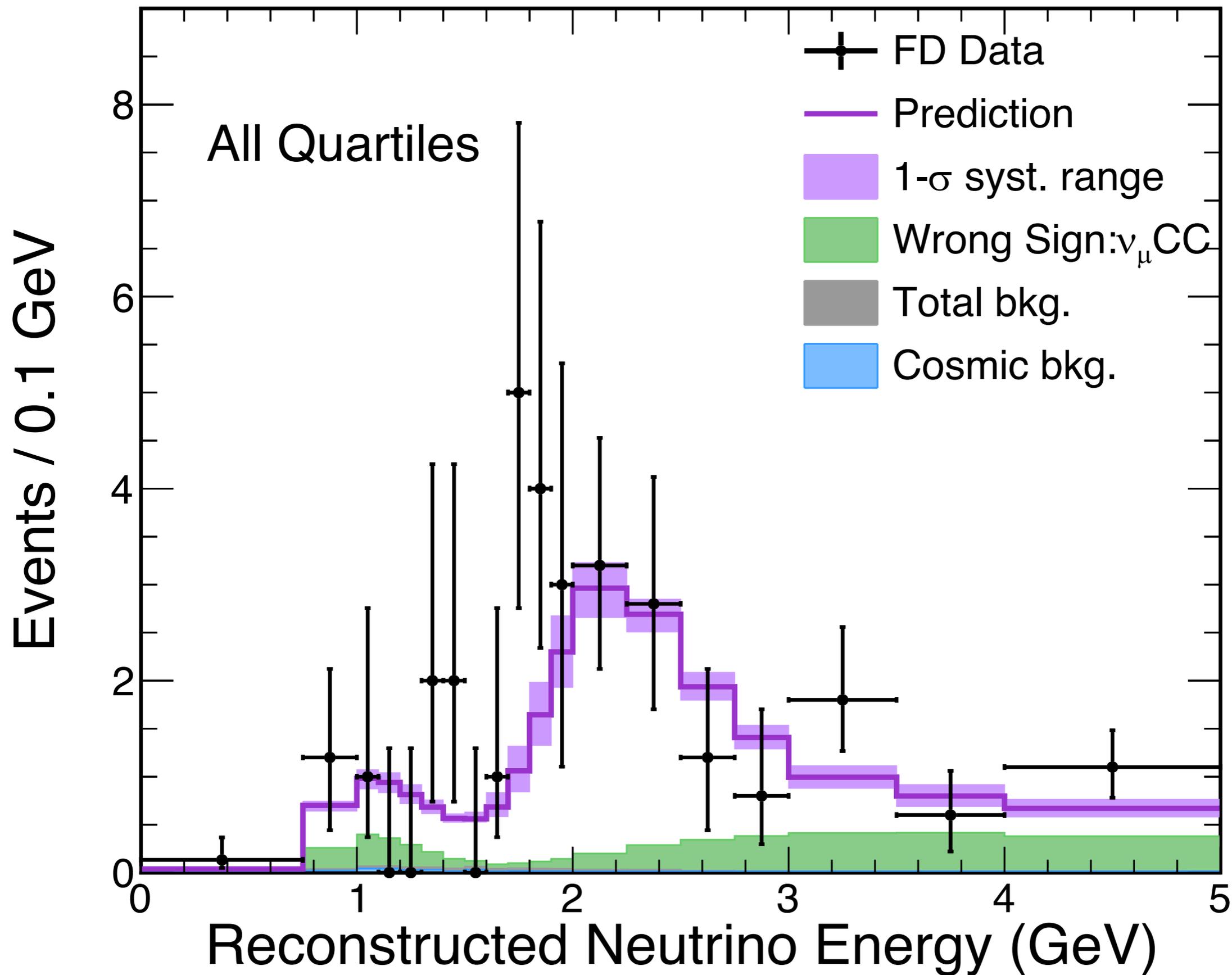






Antineutrino beam

NOvA Preliminary



Colloquium

**Seminar**

Research plan

**Audience:** Theorists and experimentalists drawn from your subfield and related subfields

**Content:** Place your work in the context of your subfield as a whole. Provide some detail you think the audience will find interesting.

**Language:** Use language shared by experimentalists and theorists from your subfield that a beginning graduate student can understand.

**Format:** Your audience is in the room, talk to them!

Colloquium

**Seminar**

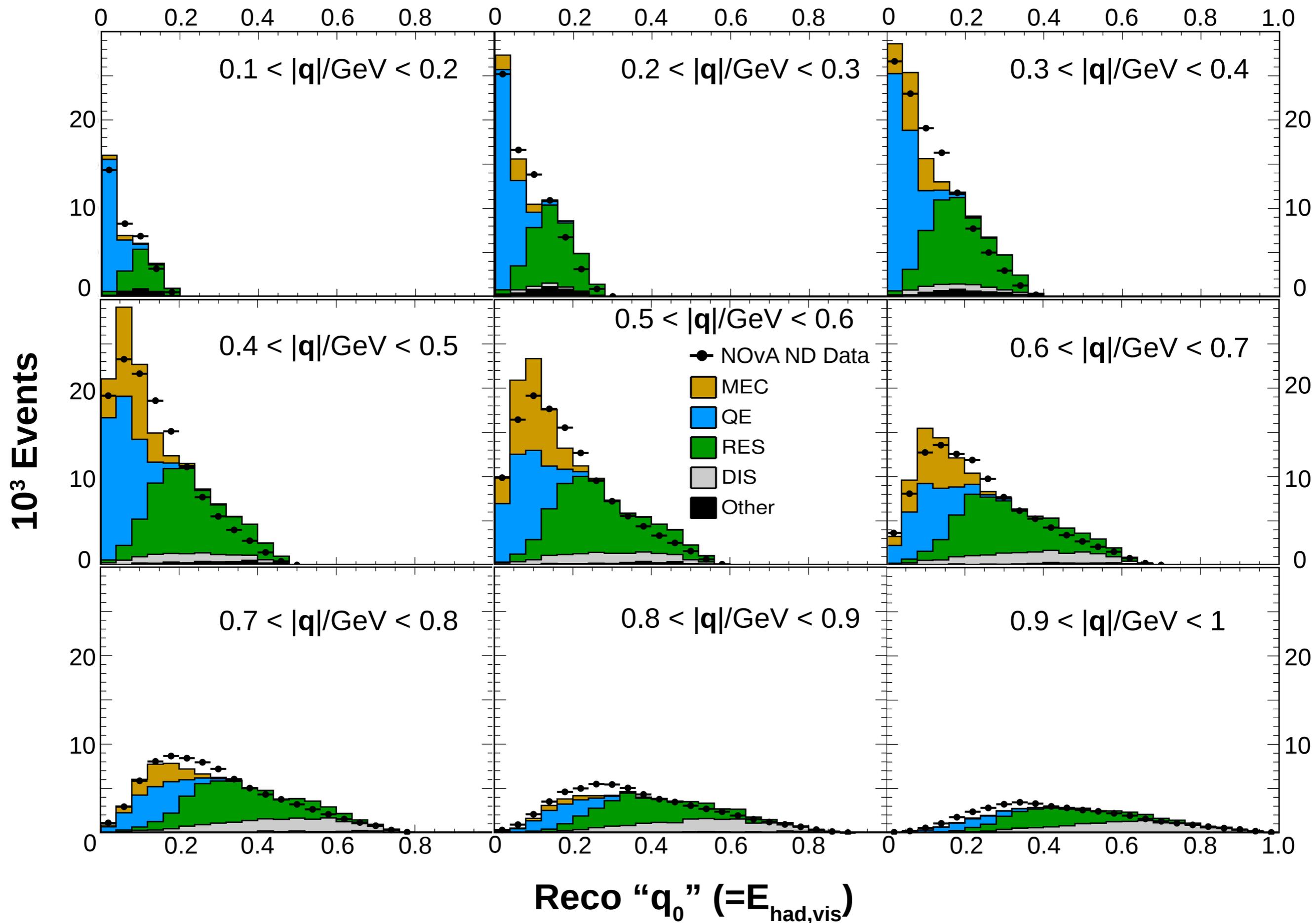
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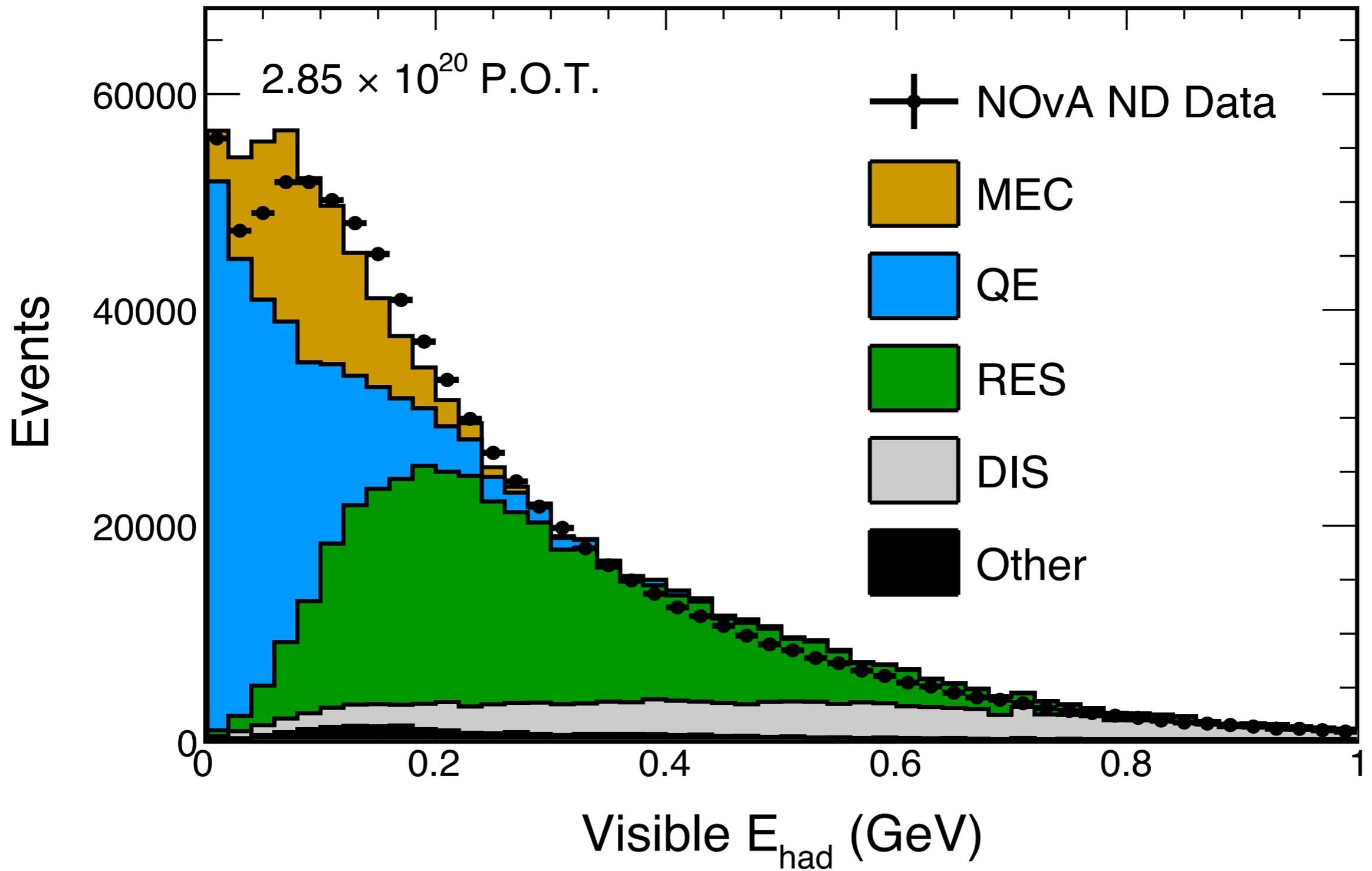
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# NOvA Preliminary



Colloquium

**Seminar**

Research plan

*"Job Talk Seminar"*

**Audience**<sup>\*</sup>: Theorists and experimentalists drawn from your subfield and related subfields

**Content**<sup>\*</sup>: Place your work in the context of your subfield as a whole. Provide some detail you think the audience will find interesting.

**Language**<sup>\*</sup>: Use language shared by experimentalists and theorists from your subfield that a beginning graduate student can understand.

**Format**: Your audience is in the room, talk to them!

Similar in most respects to the “job talk seminar” but you should address some specific questions:

- ▶ What are the important questions in your field?
- ▶ Which ones are you interested in and why?
- ▶ Why are these the important ones?
- ▶ How will your future research address these?
- ▶ What science do you expect to deliver in 3 years? 6 years?
- ▶ What do you expect your group to look like?
- ▶ What resources do you need? Which of them exist at the university / lab? Which will you need to bring in?



**Story first**

# Story first

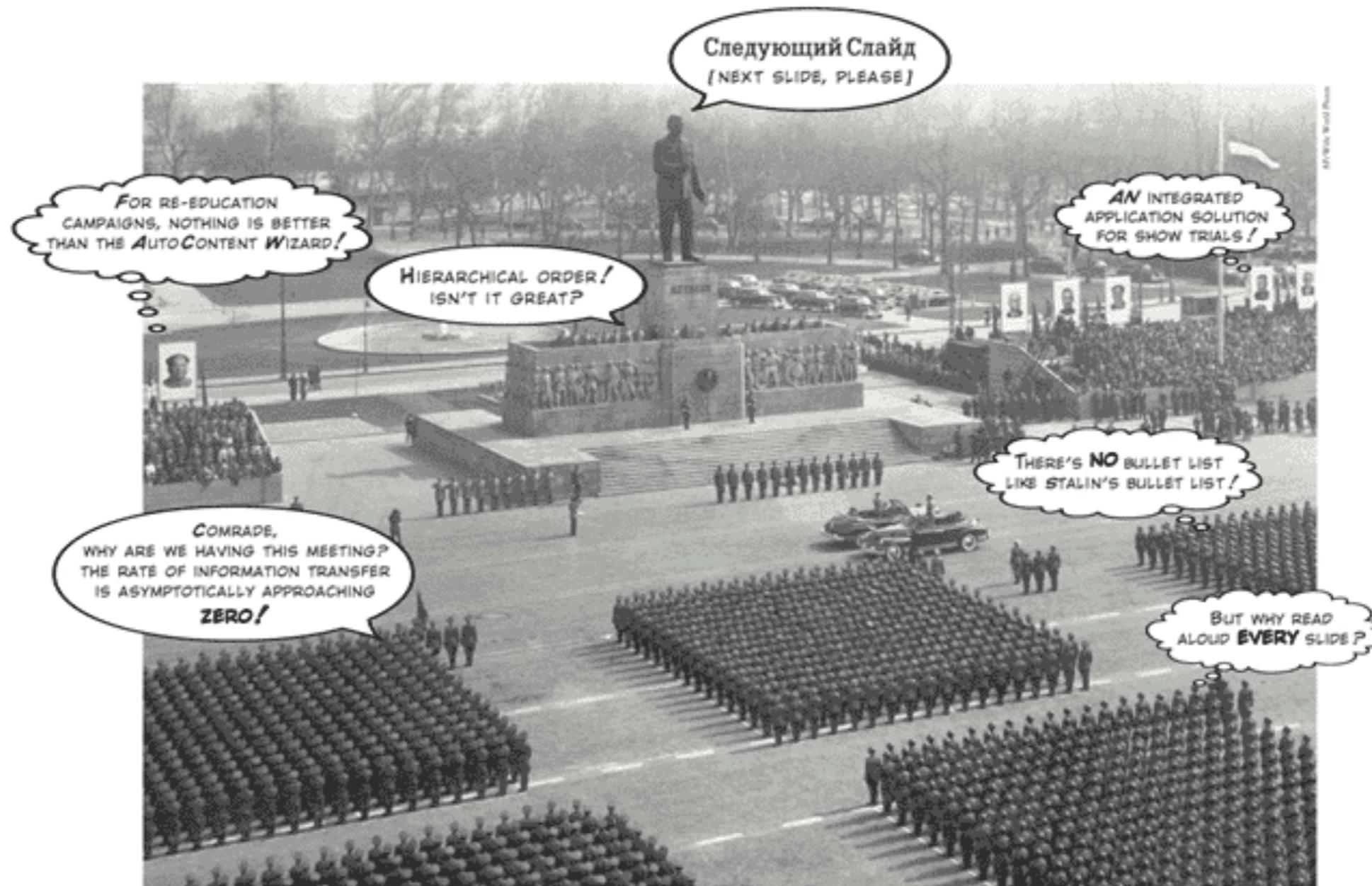
**What ~three things do I want people to remember after my talk?**

# Story first

**Start with words, not visuals**

Edward R. Tufte

# The Cognitive Style of PowerPoint: Pitching Out Corrupts Within



Military parade, Stalin Square, Budapest, April 4, 1956.

# Powerpoint is easy for presenter, hard for audience

“The traditional kind of corporate meeting starts with a presentation. Somebody gets up in front of the room and presents with a powerpoint presentation, some type of slide show. In our view you get very little information, you get bullet points. This is easy for the presenter, but difficult for the audience. And so instead, all of our meetings are structured around a 6 page narrative memo.”

# All meetings are structured around a 6 page memo

“When you have to write your ideas out in complete sentences, complete paragraphs it forces a deeper clarity.”



Jeff Bezos, Amazon.com

# **Mechanics of the talk**

Think of talk as three 15 minute units

Don't go over time!

Face the audience and make eye contact

Make purposeful movements

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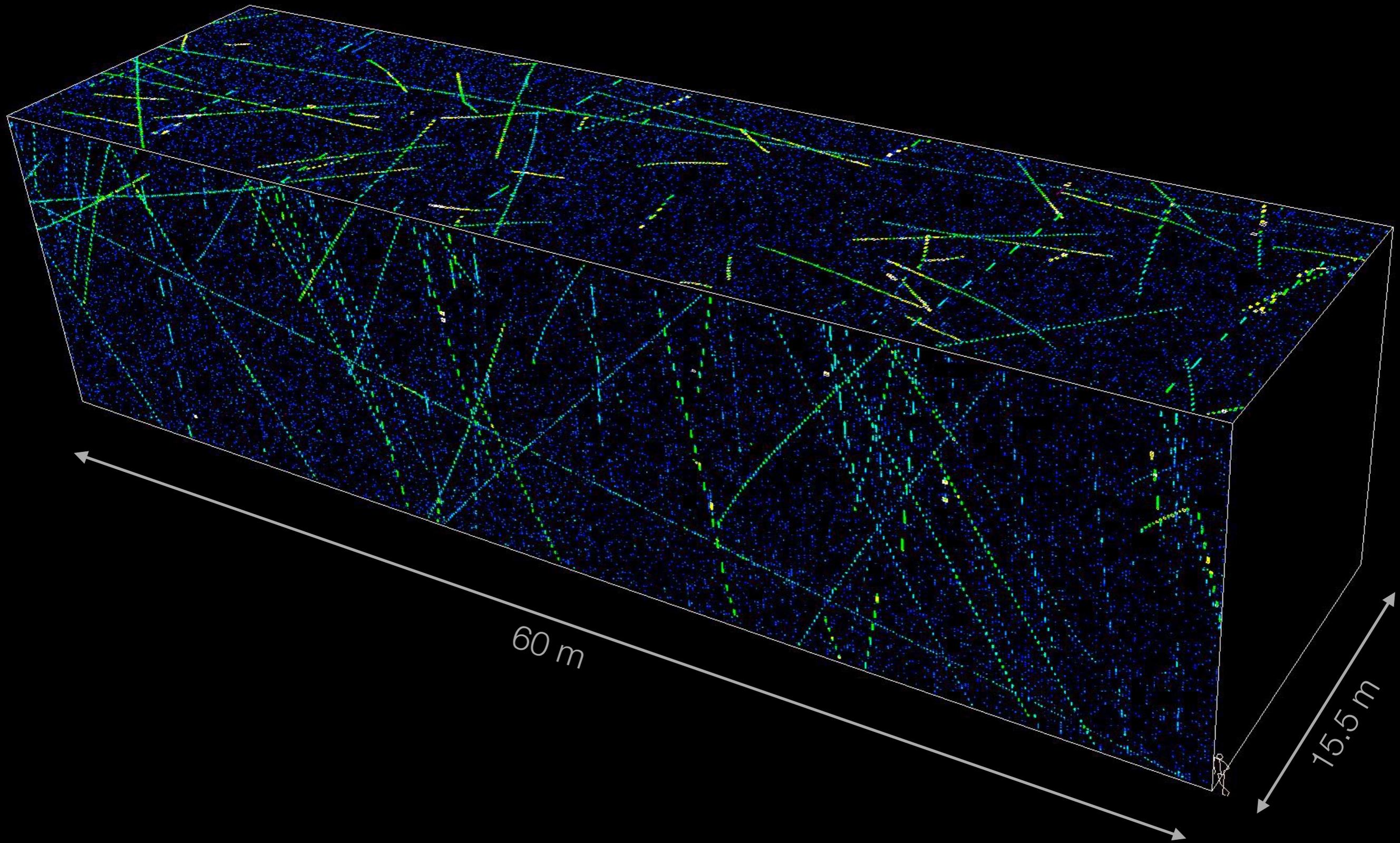
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# Showing your passion

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We exclude maximal mixing at  $2.4\sigma$ !



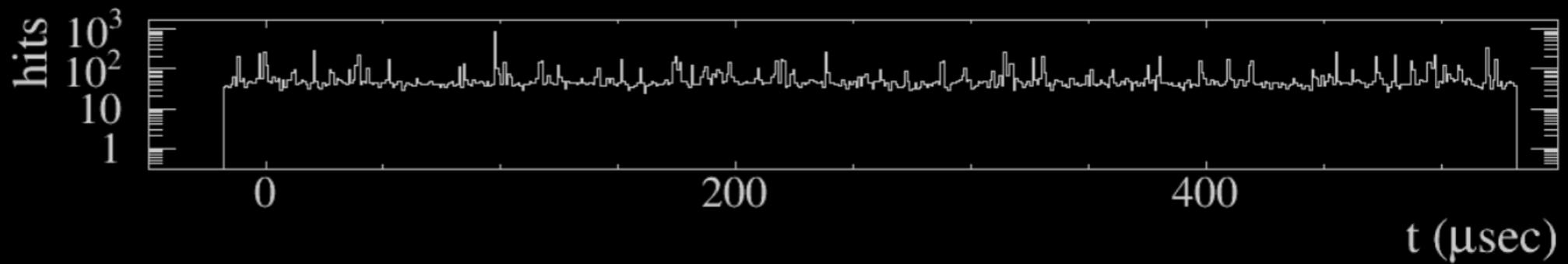
**NOvA - FNAL E929**

Run: 18605 / 0

Event: 161 / PerCal

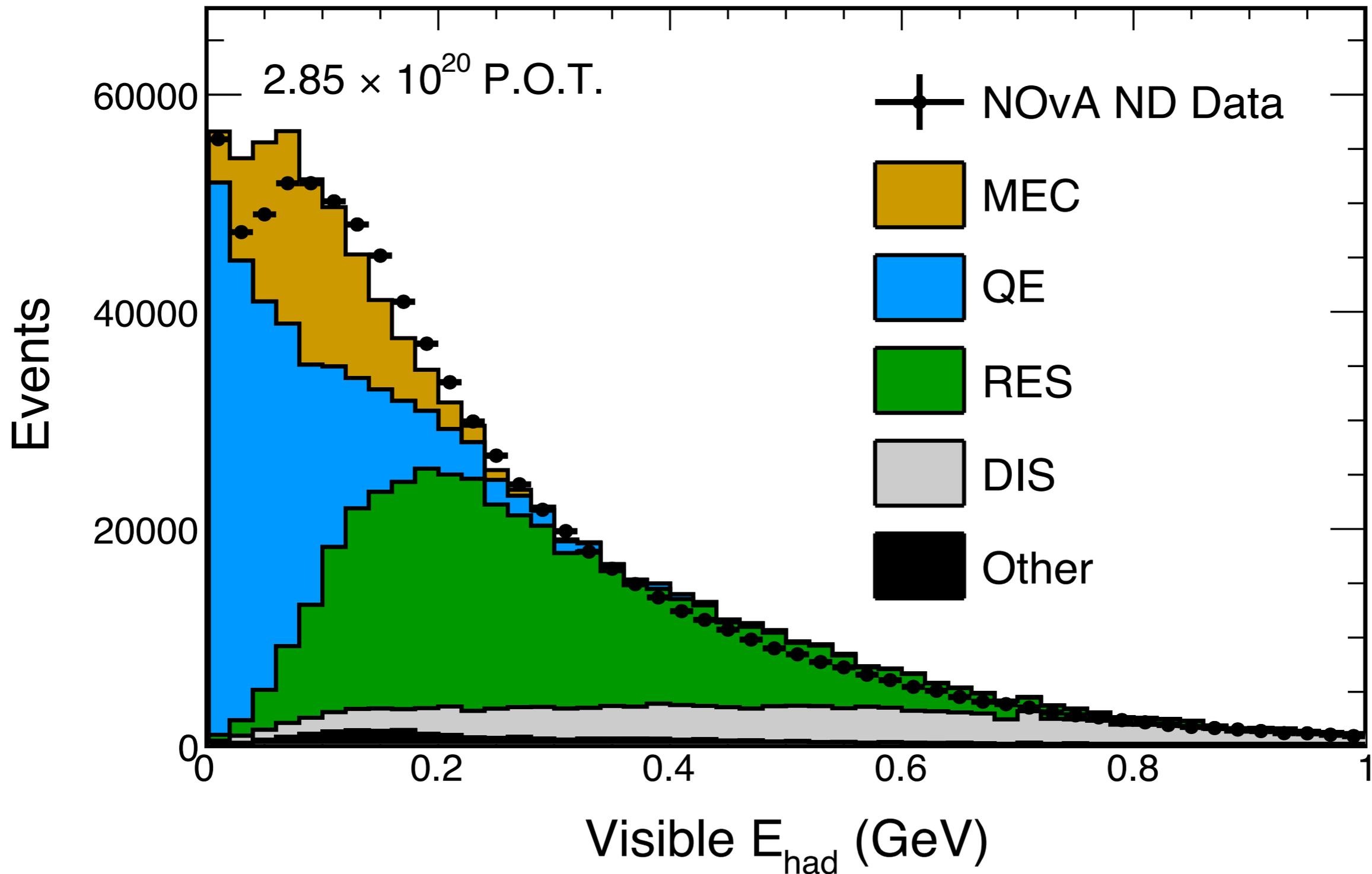
UTC Tue Jan 6, 2015

23:25:55.172218000



# Showing your passion

NOvA Preliminary



***Teach: "You can get this"***



# Taking questions

Relax, listen to the questions

Prepare to avoid being blind-sided

Don't fake it

Don't engage with hostile questioners

# Taking questions

## **Relax, listen to the questions**

Prepare to avoid being blind-sided

Don't fake it

Don't engage with hostile questioners

# Taking questions

Relax, listen to the questions

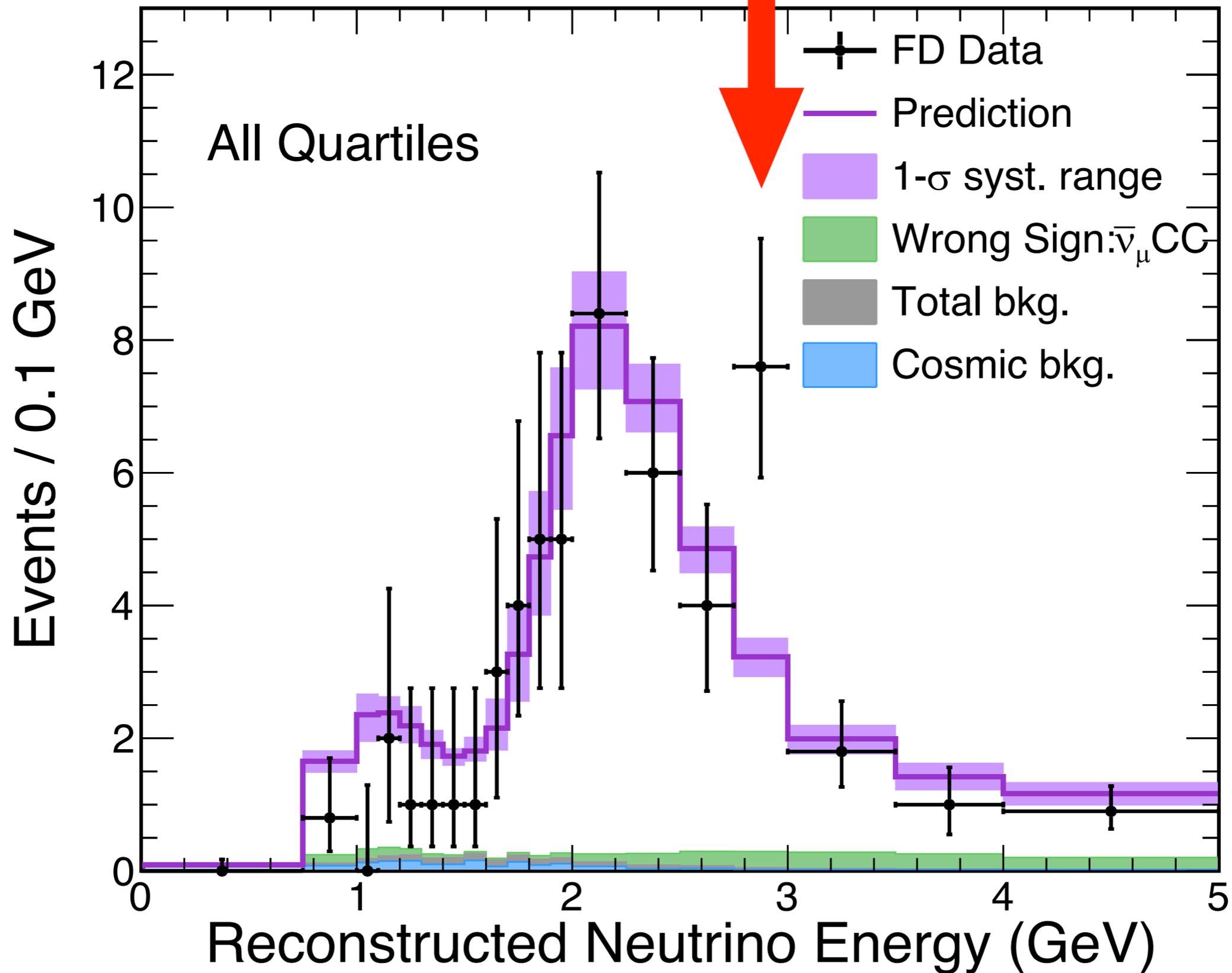
**Prepare to avoid being blind-sided**

Don't fake it

Don't engage with hostile questioners

Neutrino beam

NOvA Preliminary



# Taking questions

## High Energy Physics – Experiment

### Authors and titles for recent submissions

- [Thu, 13 Jun 2019](#)
- [Tue, 11 Jun 2019](#)
- [Mon, 10 Jun 2019](#)
- [Fri, 7 Jun 2019](#)
- [Thu, 6 Jun 2019](#)

[ total of 54 entries: [1–25](#) | [26–50](#) | [51–54](#) ]  
[ showing 25 entries per page: [fewer](#) | [more](#) | [all](#) ]

#### Thu, 13 Jun 2019

[1] [arXiv:1906.05056](#) [[pdf](#), [other](#)]

#### **ATLAS Measurements of CP Violation and Rare Decays in Beauty Mesons**

[Wolfgang Walkowiak](#) (On behalf of the ATLAS Collaboration)

Comments: 6 pages, 10 figures, Proceedings of the 2019 Conference on Flavor Physics and CP Violation (FPCP2019)

Subjects: **High Energy Physics – Experiment (hep-ex)**

[2] [arXiv:1906.04963](#) [[pdf](#), [other](#)]

#### **Measurements of particle spectra in diffractive proton–proton collisions with the STAR detector at RHIC**

[Lukasz Fulek](#)

Subjects: **High Energy Physics – Experiment (hep-ex)**; Nuclear Experiment (nucl-ex)

[3] [arXiv:1906.04907](#) [[pdf](#), [other](#)]

#### **First measurement of neutrino oscillation parameters using neutrinos and antineutrinos by NOvA**

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# Practice and performance

Practice

Attend talks. Think about them critically.

Be physically prepared

Give the talk you want to give

# Practice and performance

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# Practice and performance

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**Be physically prepared**

Give the talk you want to give

# Get a good night's sleep

Table 6 Equating the effects of sleep deprivation and alcohol consumption

>0.08 BAC = legally drunk

| Test and measure                            | Hours (decimal) of wakefulness equivalent to BAC concentrations |                |    |          |                |    |
|---|---|----------------|----|----------|----------------|----|
|   | BAC 0.05%   |                |    | BAC 0.1% |                |    |
|   | Mean  | 95% CI         | %* | Mean     | 95% CI         | %* |
| Reaction time task:                         | <i>~18 hours w/o sleep</i>                                      |                |    |          |                |    |
| Speed (ms)                                  | 18.04   | 17.12 to 18.96 | 76 | 18.71    | 17.56 to 19.86 | 64 |
| Accuracy (misses)                           | 17.31   | 16.51 to 18.11 | 42 | 17.74    | 16.51 to 18.97 | 45 |
| Dual task:                                  |   |                |    |          |                |    |
| Speed (ms)                                  | 17.73   | 16.75 to 18.71 | 84 | 19.65    | 18.58 to 20.77 | 67 |
| Hand-eye coordination (level of difficulty) | 18.43   | 17.41 to 19.45 | 79 | 19.42    | 18.40 to 20.44 | 58 |
| Tracking task:                              |   |                |    |          |                |    |
| Hand-eye coordination (level of difficulty) | 18.25   | 17.37 to 19.13 | 74 | 19.01    | 18.91 to 19.97 | 61 |
| Mackworth clock vigilance:                  |   |                |    |          |                |    |
| Speed (ms)                                  | 17.08   | 16.20 to 17.96 | 82 | 18.10    | 16.85 to 19.35 | 58 |
| Accuracy (misses)                           | 17.64   | 16.72 to 18.56 | 68 | 18.80    | 17.93 to 19.67 | 76 |
| Symbol digit task:                          |   |                |    |          |                |    |
| Speed (ms)                                  | 18.55   | 17.43 to 19.67 | 50 | 18.91    | 17.92 to 19.90 | 48 |
| Speed (symbols inspected (n))               | 18.52   | 17.46 to 19.58 | 57 | 18.64    | 17.65 to 19.63 | 79 |
| Accuracy (correct (%))                      | 16.91   | 15.72 to 18.10 | 41 | 18.39    | 17.01 to 19.77 | 42 |
| Spatial memory task:                        |   |                |    |          |                |    |
| Accuracy (length of recalled sequence)      | 18.05   | 17.09 to 19.01 | 86 | 17.88    | 16.92 to 18.84 | 64 |

\*Numerator=number of subjects contributing data; denominator=number of subjects whose range of BAC incorporated 0.05% (n=37 or 38) or 0.1% (n=33).

Amount of sleep deprivation required to produce performance decrements equivalent to varying concentrations of blood alcohol (BAC), and the time of day at which the equivalence occurred in this study.

# Practice and performance

Practice

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Be physically prepared

**Give the talk you want to give**

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# EFFORTLESS MASTERY

KENNY WERNER



LIBERATING THE  
MASTER MUSICIAN WITHIN

Book and CD

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# The Inner Game of Music

By  
Barry Green  
with  
W. Timothy Gallwey  
author of "The Inner Game of Tennis"

**Know your audience**

**Story first**

**Give the talk you want to give**