## Model-Dependence in $0\nu\beta\beta$ Probes



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NF-CF Neutrino mass scale with beta decay kinematics, double beta decay, and cosmology

Community Summer Study – Snowmass – Seattle, July 17–26, 2022

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u\beta\beta$  and  $m_{\nu}$ 

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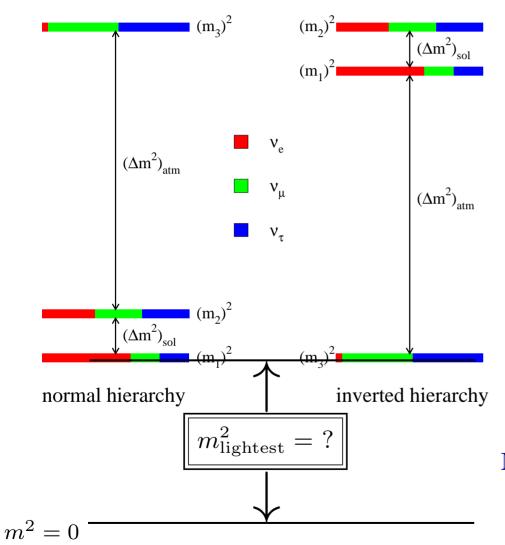
### Fork on the Road: Are Neutrinos Majorana or Dirac Fermions?



[9 out of 10 theorists agree: "Best" Question in Neutrino Physics Today!]

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#### And How Light is the Lightest Neutrino Anyway?



So far, we've only been able to measure neutrino mass-squared differences.

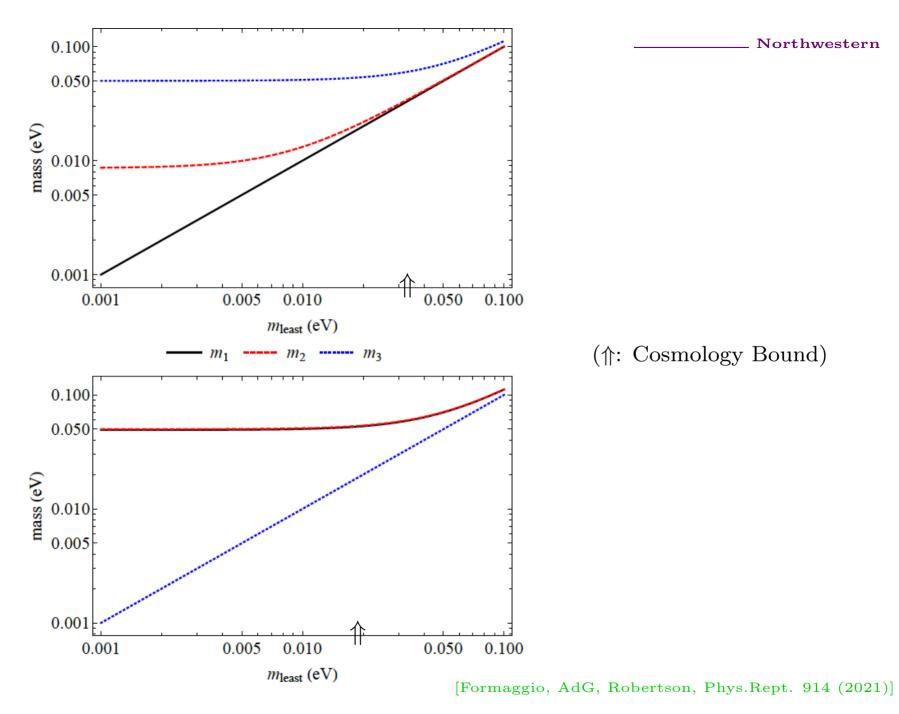
The lightest neutrino mass is only relatively poorly constrained.

qualitatively different scenarios allowed:

- $m_{\text{lightest}}^2 \equiv 0;$
- $m_{\text{lightest}}^2 \ll \Delta m_{12,13}^2$ ;
- $m_{\text{lightest}}^2 \gg \Delta m_{12,13}^2$ .

Need information outside of neutrino oscillations:

[Cosmology,  $\beta$ -Decay,  $0\nu\beta\beta$ ]



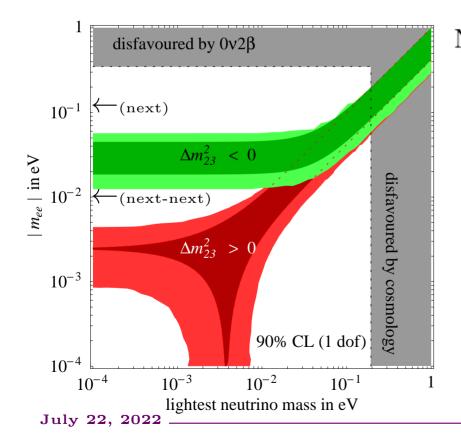
## Searches for Lepton-Number Violation Depend on The Neutrino Masses

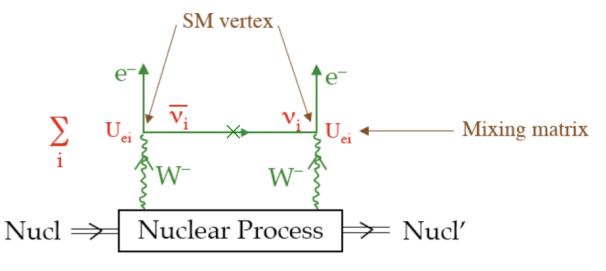
Best Bet: search for

Neutrinoless Double-Beta

Decay:

$$Z \to (Z+2)e^-e^-$$





Helicity Suppressed Amplitude  $\propto \frac{m_{ee}}{E}$ 

Observable:  $m_{ee} \equiv \sum_{i} U_{ei}^{2} m_{i}$ 

← no longer lamp-post physics!

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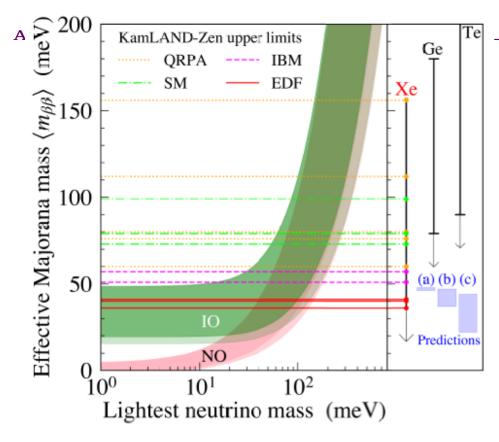


FIG. 4: Effective Majorana neutrino mass  $\langle m_{\beta\beta} \rangle$  as a function of the lightest neutrino mass. The dark shaded regions are predictions based on best-fit values of neutrino oscillation parameters for the normal ordering (NO) and the inverted ordering (IO), and the light shaded regions indicate the  $3\sigma$  ranges calculated from oscillation parameter uncertainties [23, 24]. The regions below the horizontal lines are allowed at 90% C.L. with <sup>136</sup>Xe from KamLAND-Zen (this work) considering an improved phase space factor calculation [25, 26] and commonly used nuclear matrix element estimates, EDF [27-29] (solid lines), IBM [30, 31] (dashed lines), SM [32–34] (dot-dashed lines), QRPA [35-39] (dotted lines). The sidepanel shows the corresponding limits for <sup>136</sup>Xe, <sup>76</sup>Ge [40], and <sup>130</sup>Te [41], and theoretical model predictions on  $\langle m_{\beta\beta} \rangle$ ,  $J_{u}(a)$  Ref. [2] Ref. [3], and (c) Ref. [4] (shaded boxes), in the IO region.

Lots of Experimental Activity!

Moving Towards Ton-Scale Expts.

(LEGEND, CUPID, nEXO, etc)

[KamLAND-Zen Coll. (Abe et al), 2203.02139 [hep-ex]]

## Caveats: $0\nu\beta\beta$ searches and informing neutrino properties

- Non-observation does not imply the neutrinos are Dirac fermions ("you can't prove a negative");
- Only informs the neutrino masses if the neutrinos are Majorana fermions;
- Model-dependent, indirect probe of neutrino masses. While a nonzero rate for  $0\nu\beta\beta$  implies neutrinos are massive Majorana fermions, the connection to nonzero neutrino masses can be very indirect. How do we learn that we are measuring what we think we are measuring?
- Real life is hard. Large uncertainties in translating the half-life to the effective neutrino mass (nuclear matrix elements).

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## Comments on the "funnel" region, $m_{\beta\beta} = 0$

- $m_{\beta\beta} = \sum_{i} U_{ei}^{2} m_{i}$ . Sum of three complex numbers. It can vanish if they define a triangle in the complex plane. Easy to see this only happens in the Normal Ordering.
- This possibility can be ruled out by other experiments. For example, we could learn that  $m_{\text{least}} > 0.01 \text{ eV}$ . Other example, in some theoretical models,  $m_{\beta\beta} = 0$  is not an option (e.g., in models where  $m_{\text{least}}$  vanishes.)
- However,  $m_{\beta\beta}$  very small is not "fine-tuning."  $m_{\beta\beta} \equiv m_{ee}$ :

$$m_
u = \left(egin{array}{ccc} m_{ee} & m_{e\mu} & m_{e au} \ m_{e\mu} & m_{\mu\mu} & m_{\mu au} \ m_{e au} & m_{\mu au} & m_{ au au} \end{array}
ight)$$

It is easy to imagine a hierarchy to the elements of the mass matrix (remember, e.g.,  $m_e \ll m_\mu \ll m_\tau$ ).

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## Another example: Everyone's Favorite Neutrino Mass Model

A simple<sup>a</sup>, renormalizable Lagrangian that allows for neutrino masses is

$$\mathcal{L}_{\nu} = \mathcal{L}_{\text{old}} - \frac{\lambda_{\alpha i}}{\lambda_{\alpha i}} L^{\alpha} H N^{i} - \sum_{i=1}^{3} \frac{M_{i}}{2} N^{i} N^{i} + H.c.,$$

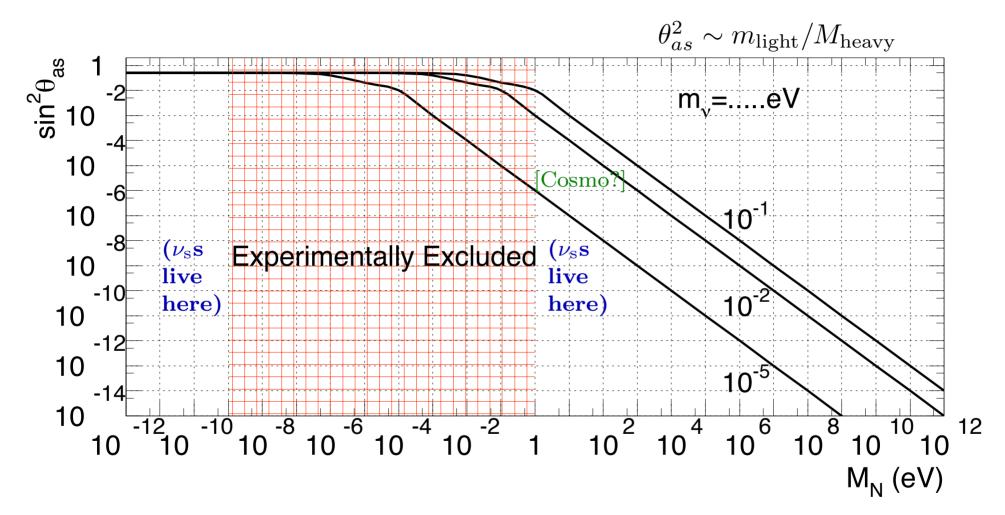
where  $N_i$  (i = 1, 2, 3, for concreteness) are SM gauge singlet fermions.  $\mathcal{L}_{\nu}$  is the most general, renormalizable Lagrangian consistent with the SM gauge group and particle content, plus the addition of the  $N_i$  fields.

After electroweak symmetry breaking,  $\mathcal{L}_{\nu}$  describes, besides all other SM degrees of freedom, six Majorana fermions: six neutrinos.

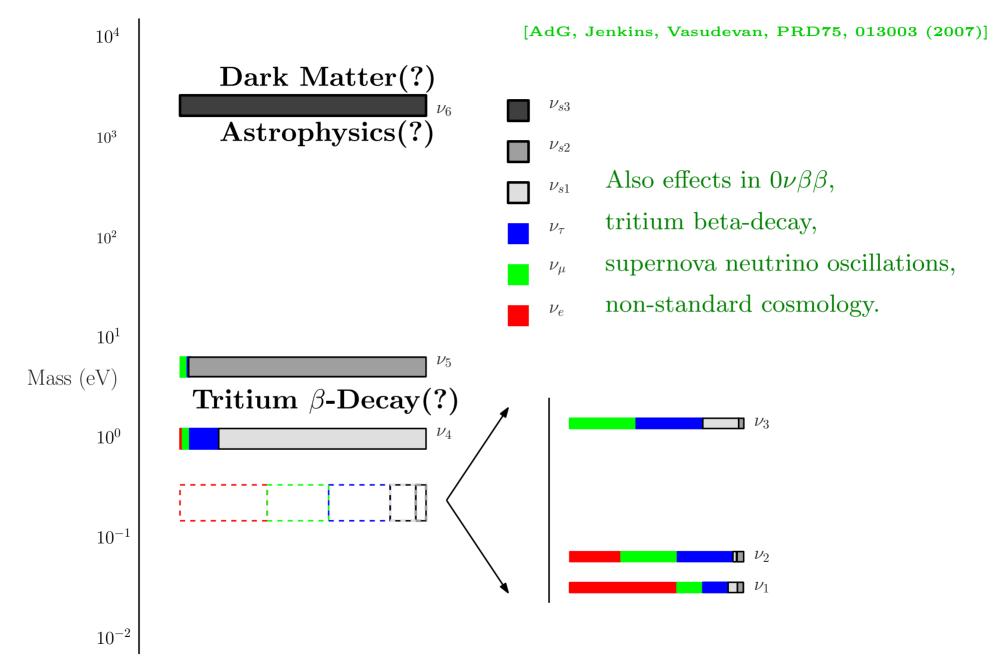
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<sup>&</sup>lt;sup>a</sup>Only requires the introduction of three fermionic degrees of freedom, no new interactions or symmetries.

#### Constraining the Seesaw Lagrangian



Theoretical upper bound: 
$$M_N < 7.6 \times 10^{24} \text{ eV} \times \left(\frac{0.1 \text{ eV}}{m_\nu}\right) \Rightarrow \Rightarrow \Rightarrow$$



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## Neutrinoless Double-Beta Decay

The exchange of Majorana neutrinos mediates lepton-number violating neutrinoless double-beta decay,  $0\nu\beta\beta$ :  $Z \to (Z+2)e^-e^-$ .

For light enough neutrinos, the amplitude for  $0\nu\beta\beta$  is proportional to the effective neutrino mass

$$m_{ee} = \left| \sum_{i=1}^{6} U_{ei}^2 m_i \right| \sim \left| \sum_{i=1}^{3} U_{ei}^2 m_i + \sum_{i=1}^{3} \vartheta_{ei}^2 M_i \right|.$$

However, upon further examination,  $m_{ee} = 0$  in the low-energy seesaw.

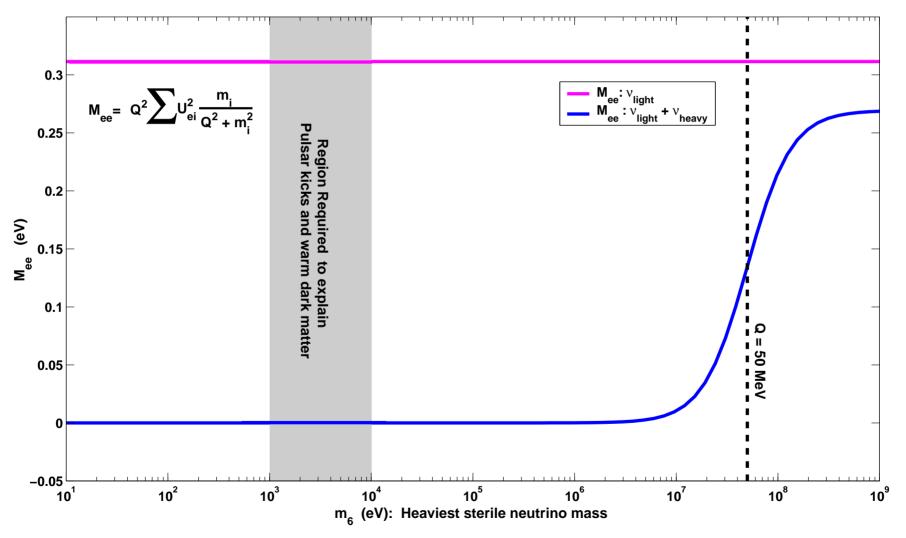
The contribution of light and heavy neutrinos exactly cancels! This remains a good approximation as long as  $M_i \ll 100 \text{ MeV}$ .

$$\left[\begin{array}{cc} \mathcal{M} = \begin{pmatrix} 0 & \mu^{\mathrm{T}} \\ \mu & M \end{array}\right) \rightarrow m_{ee} \text{ is identically zero!} \right]$$

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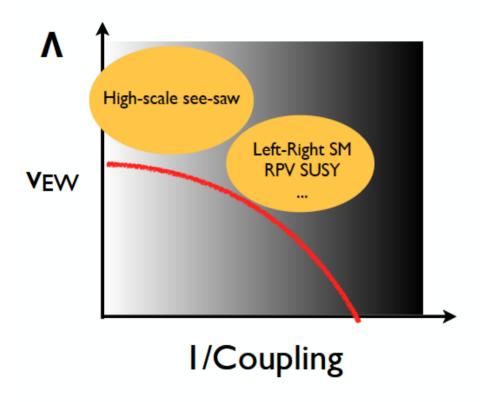
## (lack of) sensitivity in $0\nu\beta\beta$ due to seesaw sterile neutrinos

[AdG, Jenkins, Vasudevan, hep-ph/0608147]

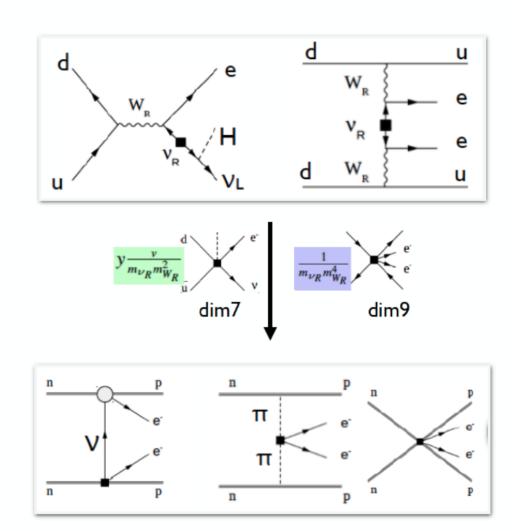


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These contributions can compete if scale is not too high (10-100 TeV) and lead to new mechanisms at the nuclear scale



[talk by V. Cirigliano, RP Plenary Session (07/21)]

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# There are many, many more, different ways to give neutrinos Majorana masses!

E.g., Higher Order Neutrino Masses from  $\Delta L = 2$  Physics

Imagine that there is new physics that breaks lepton number by 2 units at some energy scale  $\Lambda$ , but that it does not, in general, lead to neutrino masses at the tree level.

We know that neutrinos will get a mass at some order in perturbation theory – which order is model dependent!

0	Operator	$\Lambda \ [{ m TeV}]$
$\mathcal{O}_1$	(LH)(LH)	$6 \times 10^{10-11}$
$\mathcal{O}_2$	(LL)(LH)	$e^c \left  4 \times 10^{6-7} \right $

$\mathcal{O}_2$	$(LL)(LH)\epsilon$	$e^c \left  4 \times 10^{6-7} \right $
$\mathcal{O}_{3_a}$	(LL)(QH)	$d^c = 2 \times 10^{4-5}$
$\mathcal{O}_{3_b}$	(LQ)(LH)	$d^c \left[ 1 \times 10^{7-8} \right]$
$\mathcal{O}_{4_a}$	$(L\overline{Q})(LH)$	$\overline{u^c} \stackrel{4 \times 10^{8-9}}{}$
$\mathcal{O}_{4_b}$	$(LL)(\overline{Q}H)\overline{Q}$	$\overline{u^c}$ 2 – 7
$\mathcal{O}_8$	$(LH)\overline{e^cu^c}$	$\begin{array}{c c} l^c & 6 \times 10^{2-3} \end{array}$

0	Operator	Λ [TeV]
$\mathcal{O}_5$	$(L\overline{H})(LH)(QH)d^c$	$6 \times 10^{4-5}$
$\mathcal{O}_6$	$(LH)(L\overline{H})(\overline{Q}H)\overline{u^c}$	$2 \times 10^{6-7}$
07	$(LH)(QH)(\overline{Q}H)\overline{e^c}$	$4 \times 10^{1-2}$
$\mathcal{O}_9$	$(LL)(LL)e^{c}e^{c}$	$3 \times 10^{2-3}$
$\mathcal{O}_{10}$	$(LL)(LQ)e^cd^c$	$6 \times 10^{2-3}$
$\mathcal{O}_{11_a}$	$(LL)(QQ)d^cd^c$	3 – 30
$\mathcal{O}_{11_b}$	$(LQ)(LQ)d^cd^c$	$2\times10^{3-4}$

$\mathcal{O}_{12_a}$	$(L\overline{Q})(L\overline{Q})\overline{u^cu^c}$	$2 \times 10^{6-7}$
$\mathcal{O}_{12_b}$	$(LL)(\overline{QQ})\overline{u^cu^c}$	0.3 - 0.6
$\mathcal{O}_{13}$	$(L\overline{Q})(LL)\overline{u^c}e^c$	$2 \times 10^{4-5}$
$\mathcal{O}_{14_a}$	$(LL)(Q\overline{Q})\overline{u^c}d^c$	10 <sup>2-3</sup>
$\mathcal{O}_{14_b}$	$(L\overline{Q})(LQ)\overline{u^c}d^c$	$6 \times 10^{4-5}$
$\mathcal{O}_{15}$	$(LL)(L\overline{L})d^c\overline{u^c}$	10 <sup>2-3</sup>
O <sub>16</sub>	$(LL)e^{c}d^{c}\overline{e^{c}u^{c}}$	0.2 - 2
$\mathcal{O}_{17}$	$(LL)d^cd^c\overline{d^c}\overline{u^c}$	0.2 - 2

$\mathcal{O}_{18}$	$(LL)d^cu^c\overline{u^cu^c}$	0.2 - 2
$\mathcal{O}_{19}$	$(LQ)d^cd^c\overline{e^cu^c}$	0.1 - 1
$\mathcal{O}_{20}$	$(L\overline{Q})d^c\overline{u^c}e^c\overline{u^c}$	4 – 40
$\mathcal{O}_s$	$e^c e^c u^c u^c \overline{d^c d^c}$	10-3

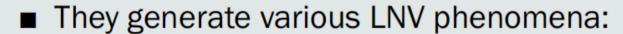
- Ignore Lorentz, SU(3)<sub>C</sub> structure
- SU(2)<sub>L</sub> contractions denoted with parentheses
- $\Lambda$  indicates range in which  $m_{\nu} \in [0.05 \text{ eV}, 0.5 \text{ eV}]$

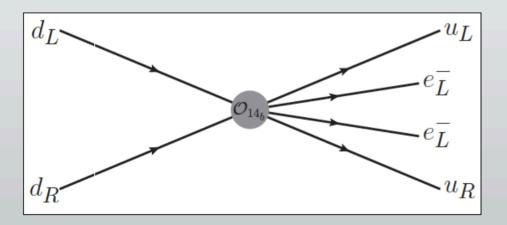
hep-ph/0106054; K.S. Babu & C.N. Leung arXiv:0708.1344; A. de Gouvêa & J. Jenkins arXiv:1212.6111; P.W. Angel, et al. arXiv:1404.4057; A. de Gouvêa, at al.

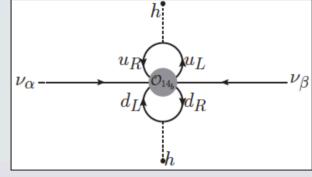
## LNV from Effective Operators

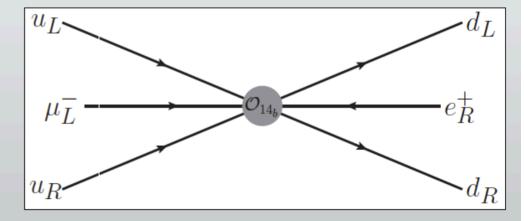
What do these operators do? Consider  $0 \downarrow 14b = (LQ)(LQ)u^{\dagger}c d^{\dagger}c$ .

■ They generate neutrino masses:

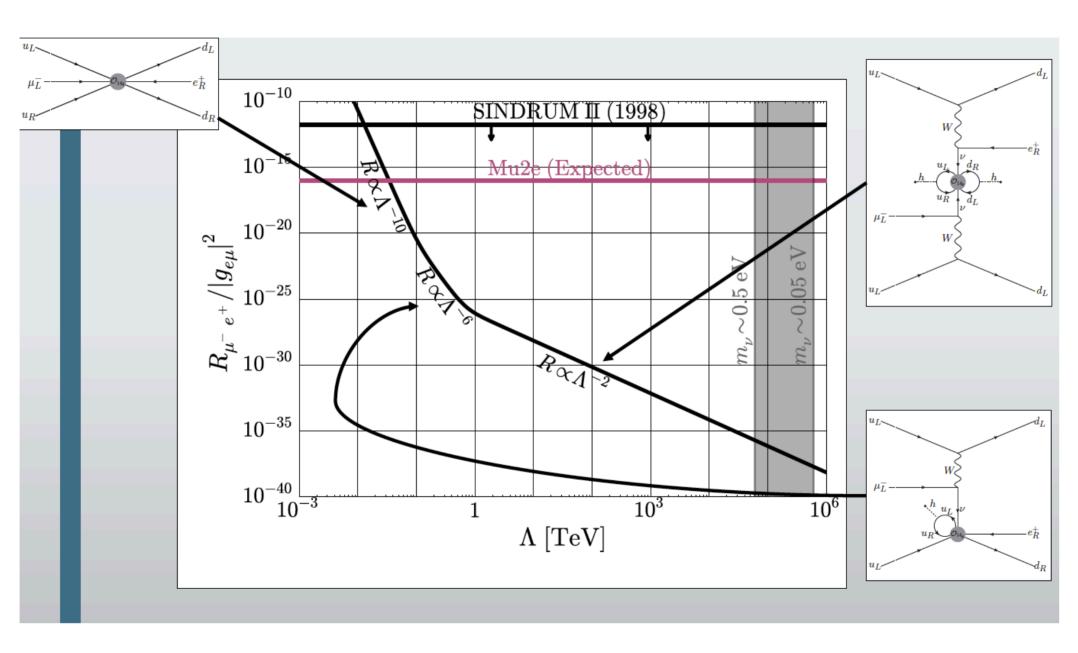


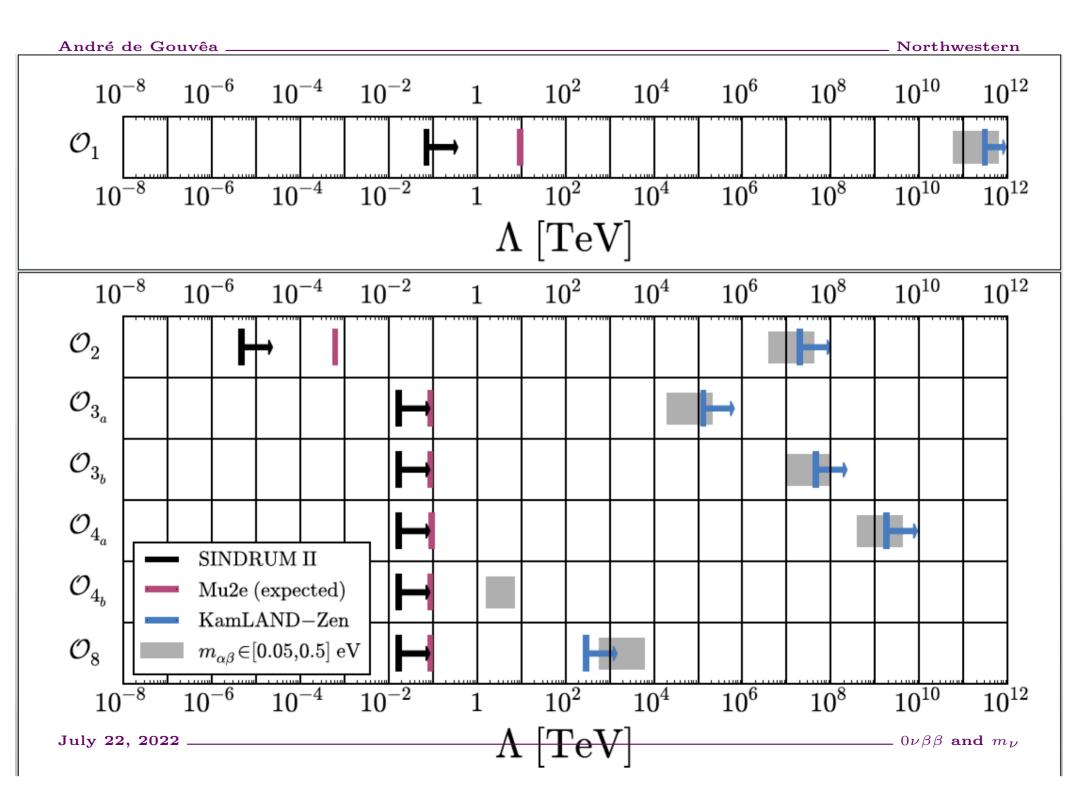


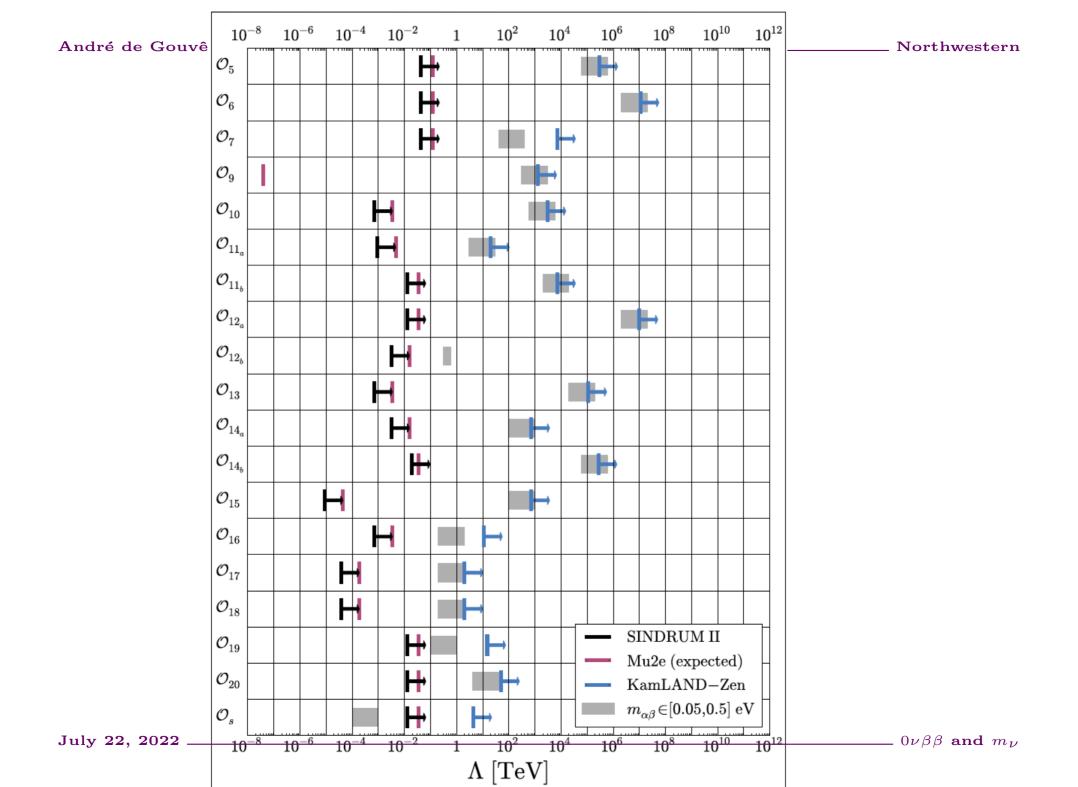


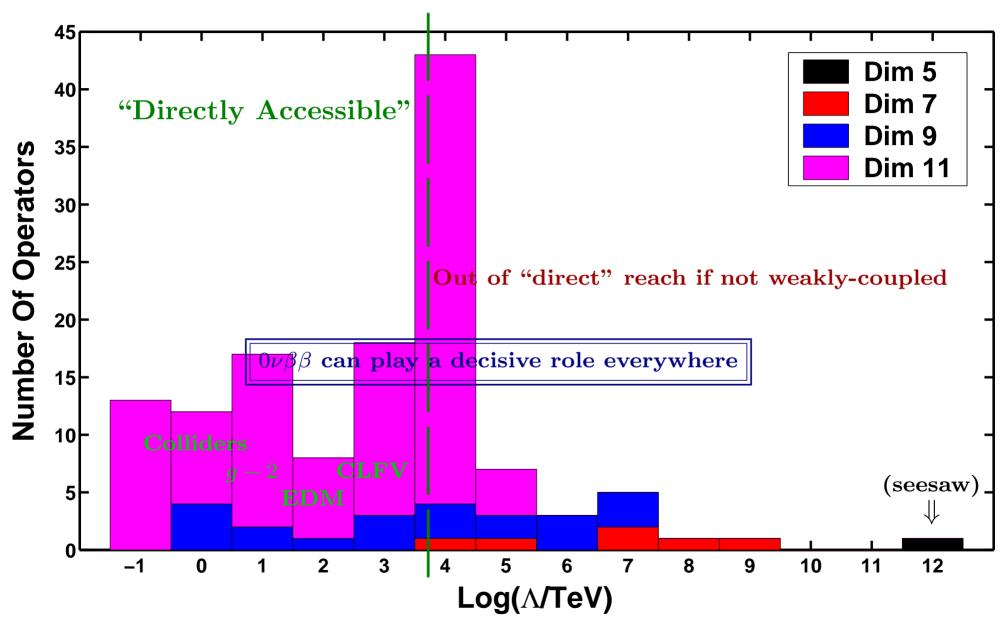


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 $-0
u\beta\beta$  and  $m_{\nu}$ 

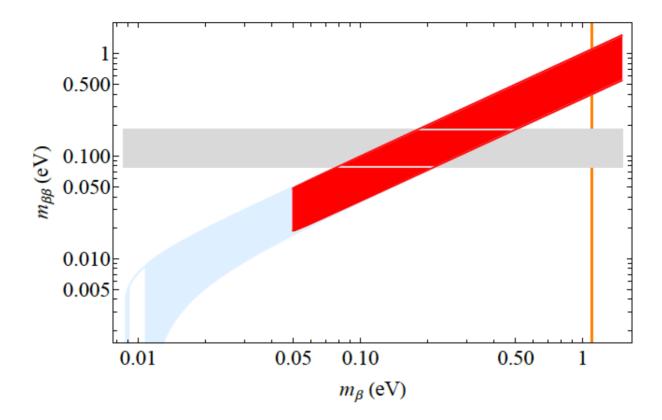


FIG. 5:  $m_{\beta\beta}$  as a function of  $m_{\beta}$ , for both the normal (lighter, blue) and inverted (darker, red) mass orderings. The bands are a consequence of allowing for all possible values of the relative Majorana phases. For everything else, we use the current best-fit values of the oscillation parameters from [29]. The whited-out region inside the light-blue contour is meant to highlight the values of  $m_{\beta}$  for which  $m_{\beta\beta}$  can vanish exactly. We assume the neutrinos are Majorana fermions. If neutrinos are Dirac fermions,  $m_{\beta\beta} = 0$ . The grey, horizontal band corresponds to the 95% CL upper bound on  $m_{\beta\beta}$  from GERDA [37]. The width of the band is a consequence of uncertainties in the nuclear matrix element for the neutrinoless double-beta decay of <sup>76</sup>Ge. The vertical line corresponds to the current 90% upper bound on  $m_{\beta}$  [56].

[Formaggio, AdG, Robertson, Phys.Rept. 914 (2021)]

## Concluding Remarks

- Searches for  $0\nu\beta\beta$  are the most promising way to learn about the nature of neutrinos.
  - However, not guaranteed to make a discovery, even if the neutrinos are
     Majorana fermions. (Flavor effects, new physics "cancellations.")
  - It is wise to consider other possibilities.  $\mu^- \to e^+$ -conversion is an excellent second-best. Independently, it is wise to search everywhere!
- Searches for  $0\nu\beta\beta$  can provide non-trivial information on the neutrino mass ordering and the absolute values of the neutrino masses.
  - However, they are an indirect probe of neutrino masses. There aren't any real neutrinos here. It is right there in the name!
  - After a discovery is made, deciding the connection between  $0\nu\beta\beta$  and  $m_{\nu}$  will be the next big challenge.
  - Other  $m_{\nu}$  probes cosmic surveys,  $\beta$ -decay can help a lot.
- What if the neutrinos are Dirac fermions?

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