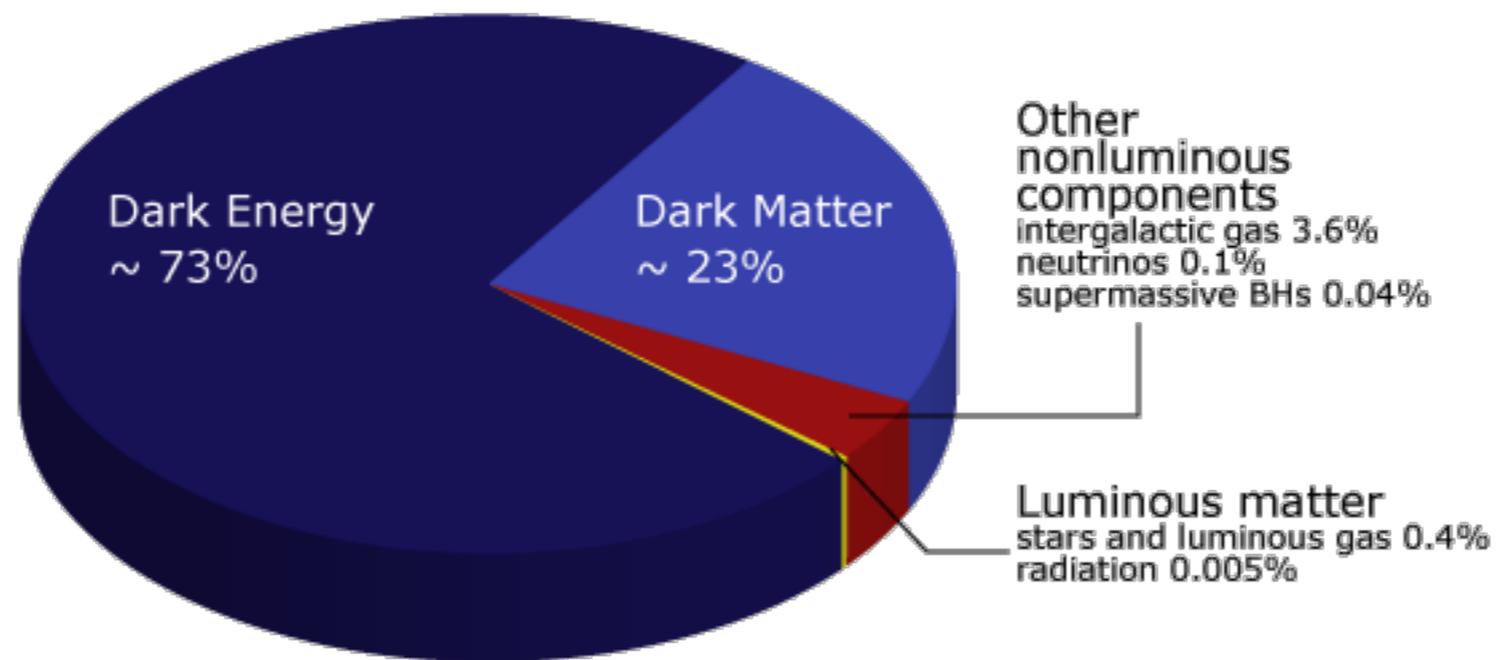


# **DARK MATTER HALOS FROM PARAMETRIC RESONANCE AND THEIR SIGNATURES**

*Asimina Arvanitaki  
Perimeter Institute*

*with S. Dimopoulos, M. Galanis, L. Lehner, J. Thompson, and  
K. Van Tilburg*

# The Mystery of Dark Matter

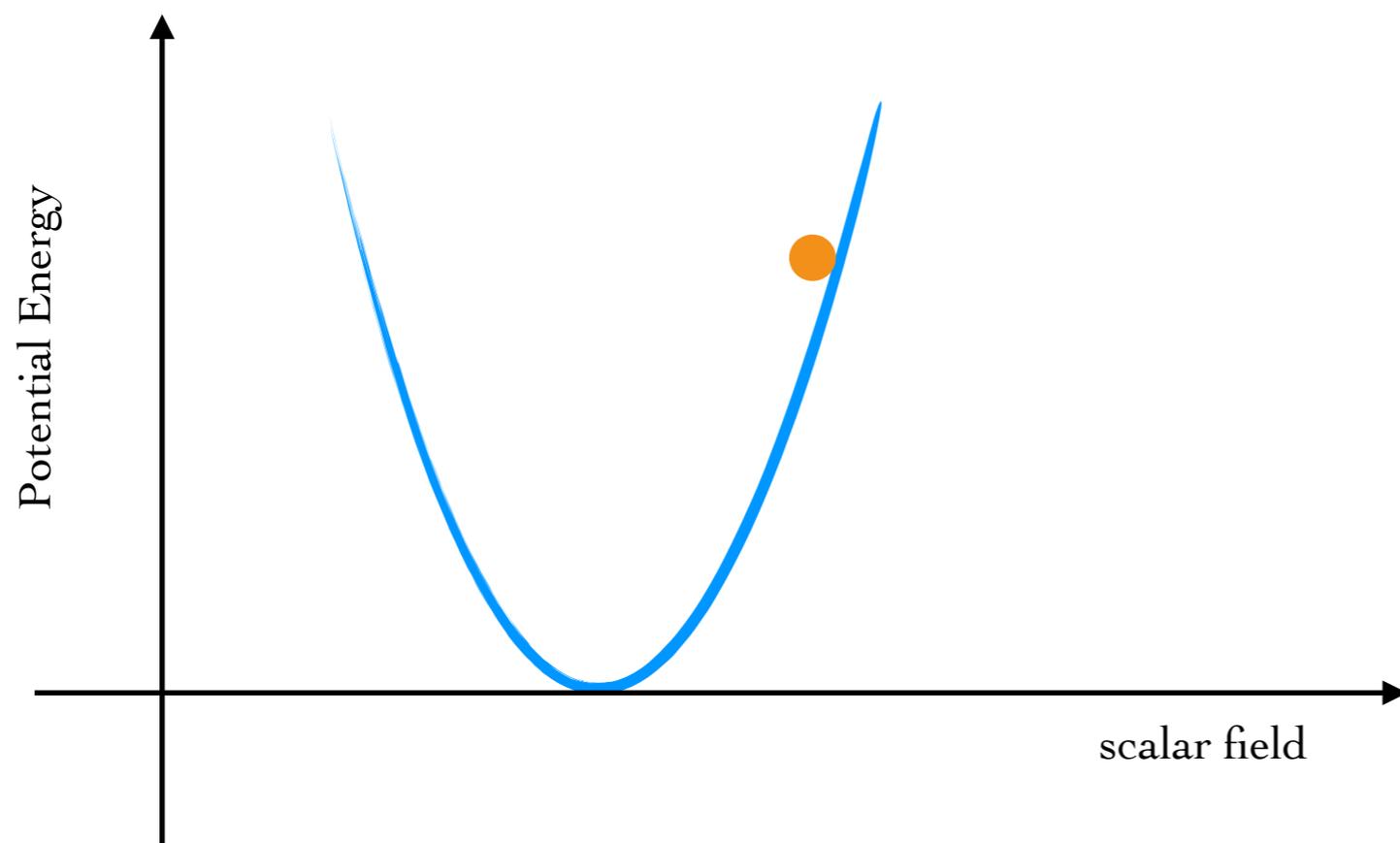


# Light Scalar Dark Matter

- Just like a harmonic oscillator

$$\ddot{\phi} + 3 H \dot{\phi} + m_{\phi}^2 \phi = 0$$

$$\ddot{x} + \gamma \dot{x} + \omega^2 x = 0$$



Frozen when:  
Hubble  $>$   $m_{\phi}$

Initial conditions set by inflation

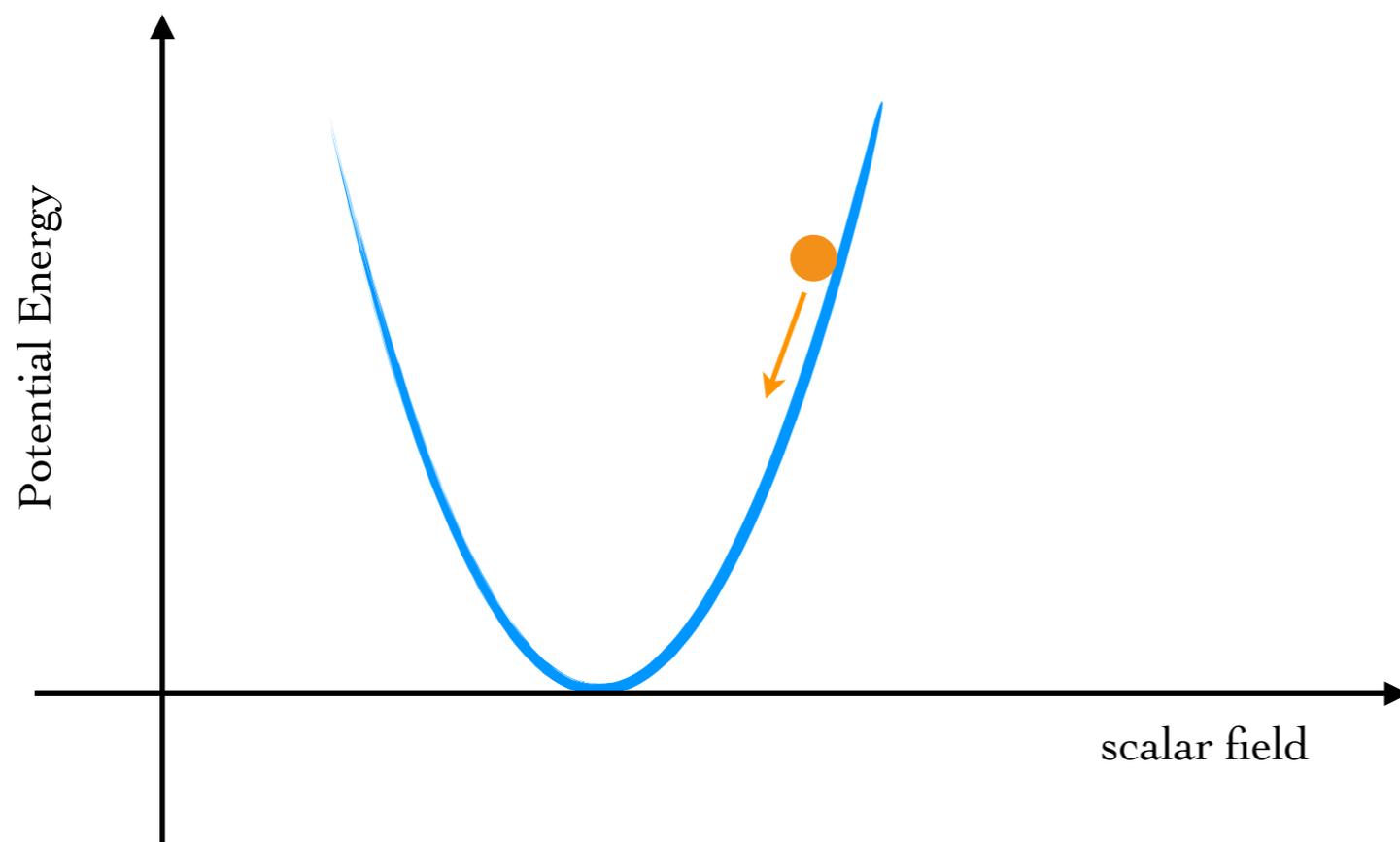
\*The story changes slightly if DM is a dark photon

# Light Scalar Dark Matter

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Oscillates when:  
Hubble  $<$   $m_{\phi}$

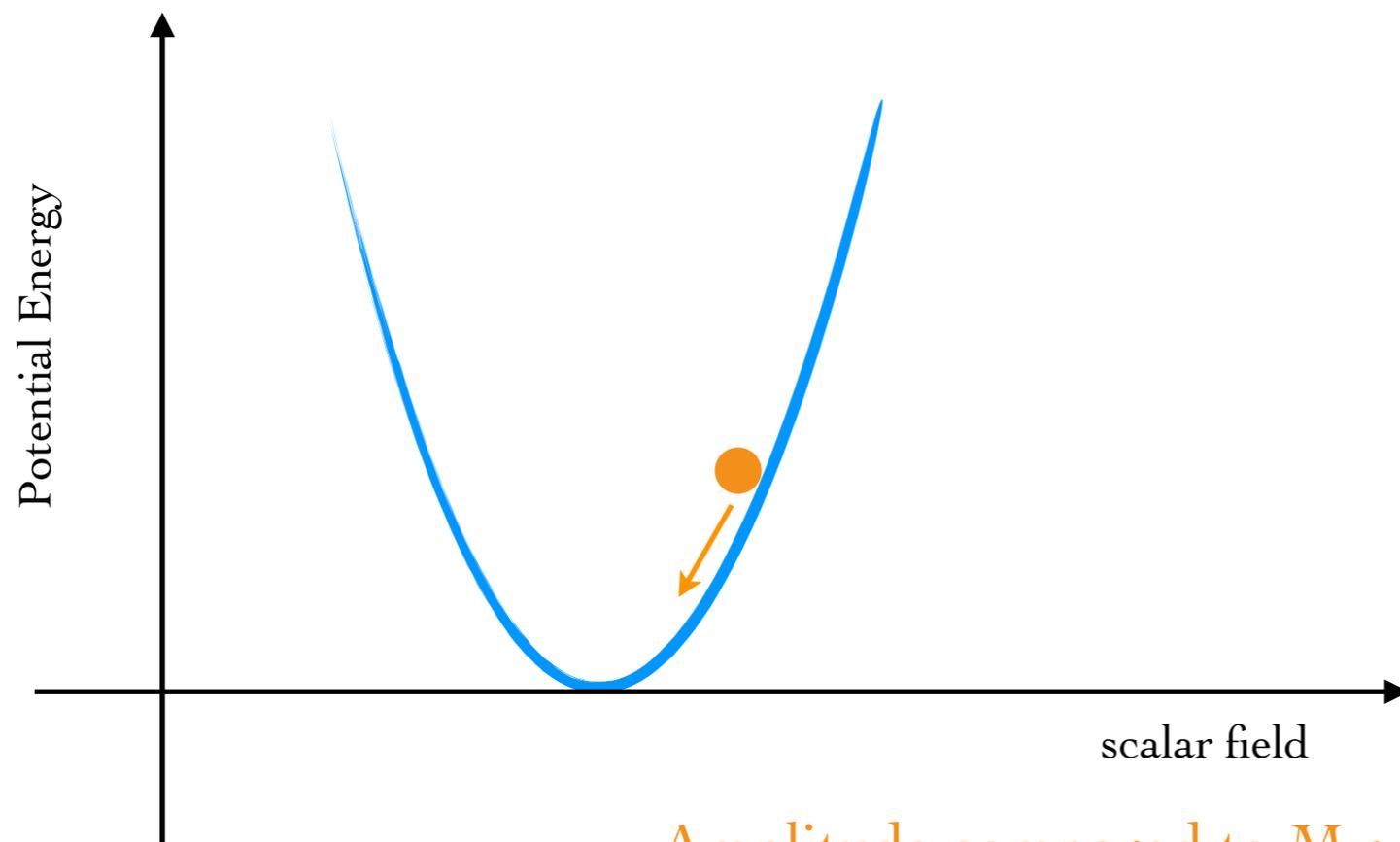
$\rho_{\phi}$  scales as  $a^{-3}$   
just like **Dark Matter**

Initial conditions set by inflation

\*The story changes slightly if DM is a dark photon

# Light Scalar Dark Matter Today

- If  $m_\phi < 1$  eV, can still be thought of as a scalar field today



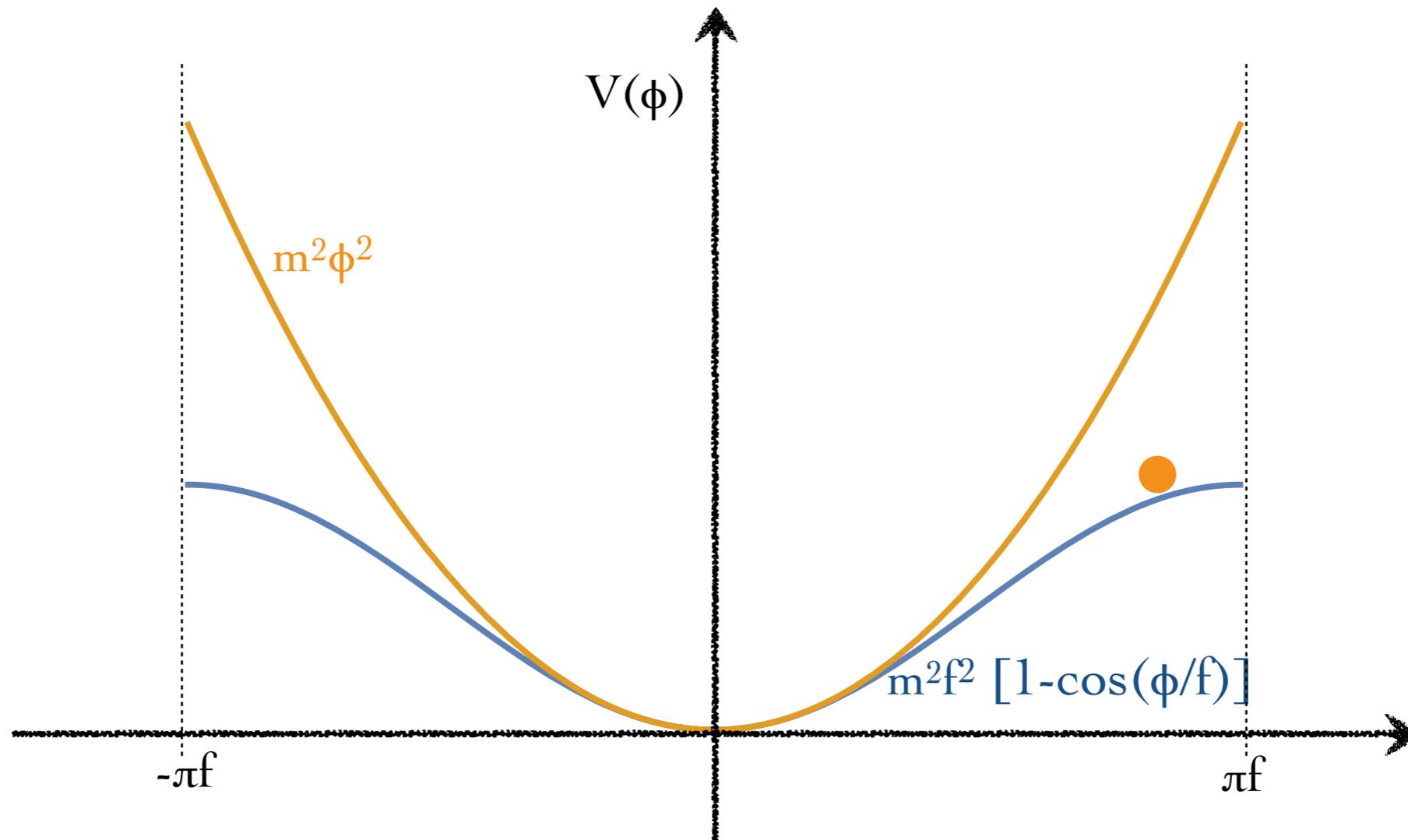
$$m_\phi^2 \phi_0^2 \cos^2(m_\phi t) \sim \rho_\phi$$

Coherent for  $\nu_{\text{vir}}^{-2} \sim 10^6$  periods

Amplitude compared to  $M_{\text{Pl}}$  in the galaxy:

$$\kappa\phi_0 = \frac{\sqrt{8\pi\rho_\phi}}{m_\phi M_{\text{Pl}}} = 6.4 \cdot 10^{-13} \left( \frac{10^{-18} \text{ eV}}{m_\phi} \right)$$

# Axion Dark Matter and the Large Misalignment Mechanism



Axions generically have attractive self-interactions

Axion self-interactions affect evolution at  $H \sim m$

# Structure growth due to axion self-interactions

Attractive self-interactions boost scales of size

$\lambda^* \sim 2\pi/m$  at the time of oscillation

corresponding today to:

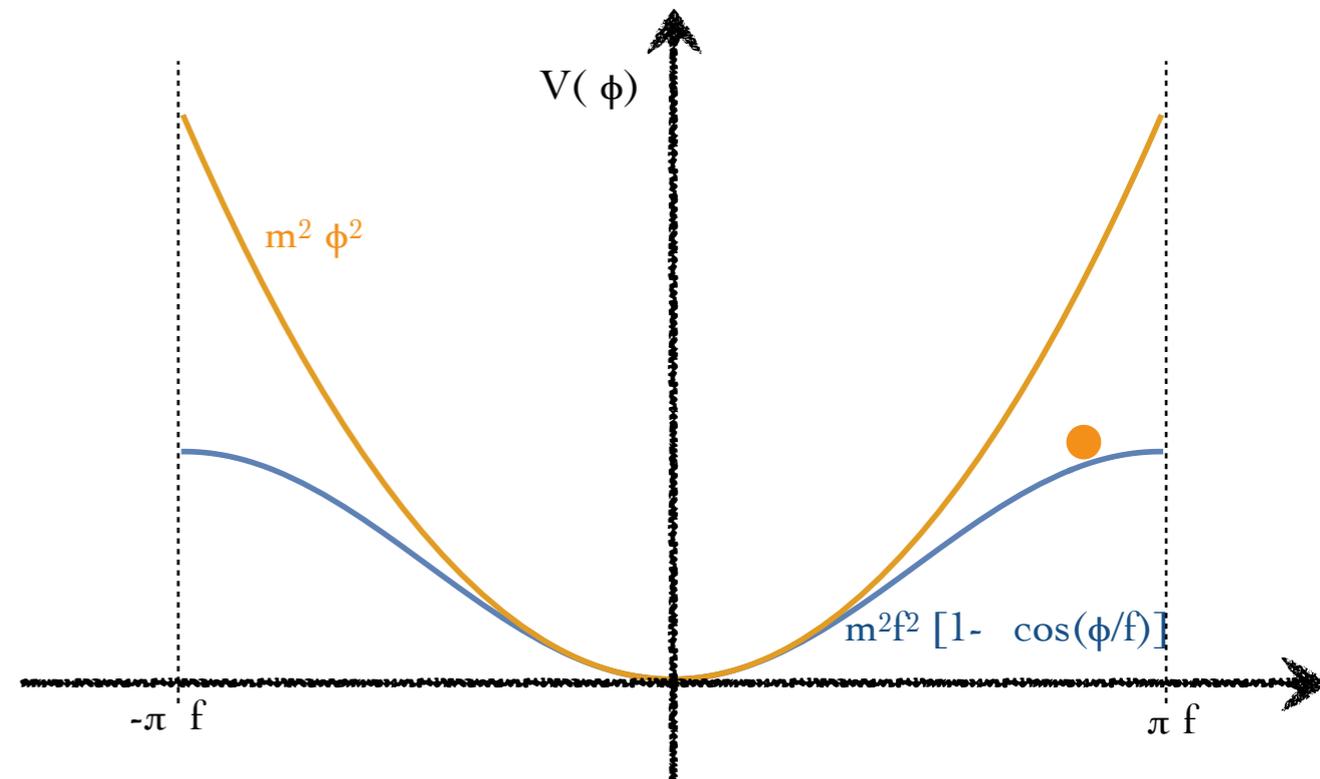
$$0.69 \text{ Mpc} \sqrt{10^{-22} \text{ eV}/m}$$

or mass of:

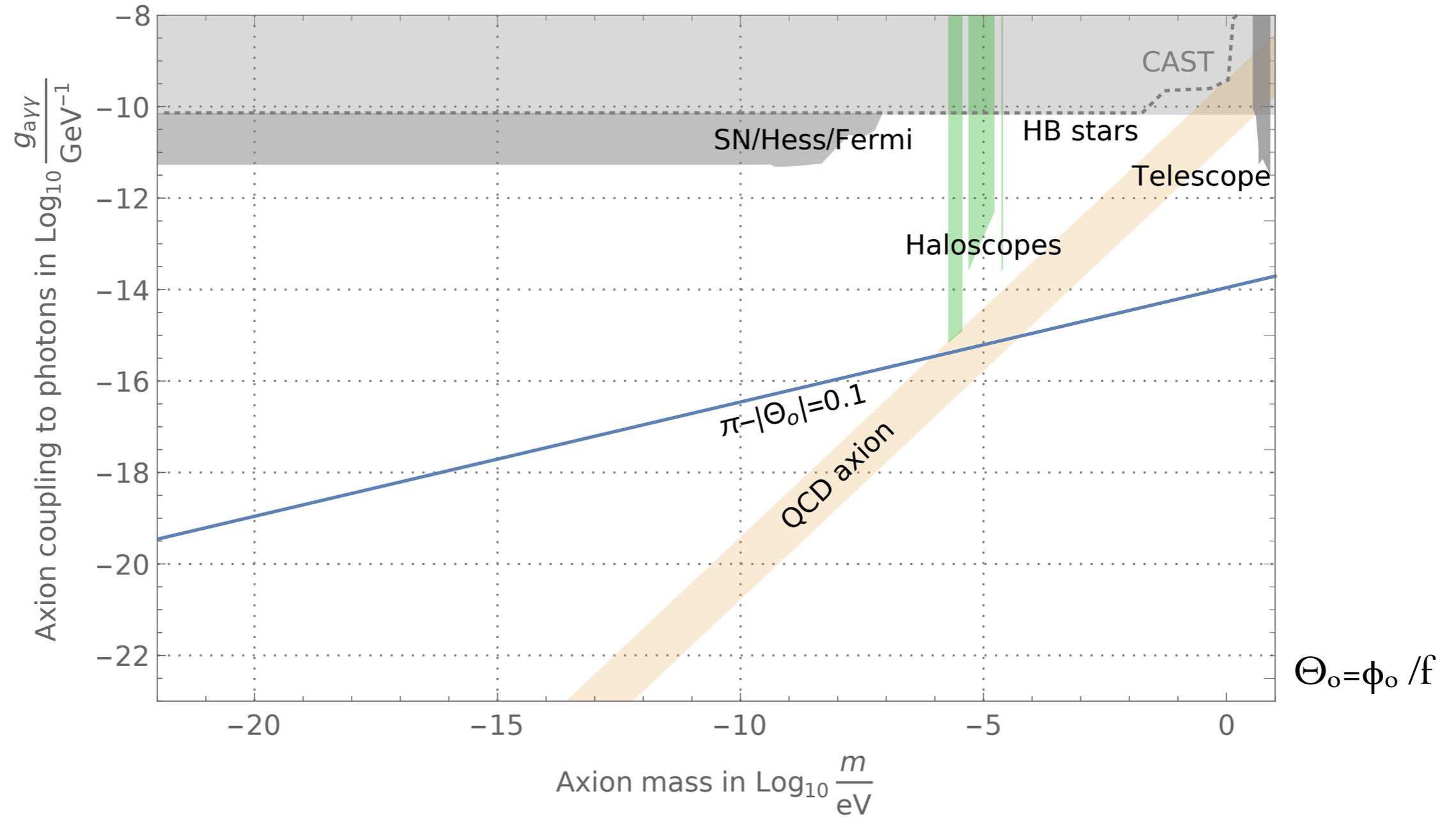
$$M_s^* = \frac{4\pi\rho_{\text{DM}}^0}{3} \left(\frac{\lambda_*}{2}\right)^3 \approx 5 \times 10^9 M_\odot \left[\frac{10^{-22} \text{ eV}}{m}\right]^{3/2}$$

or physical size of:

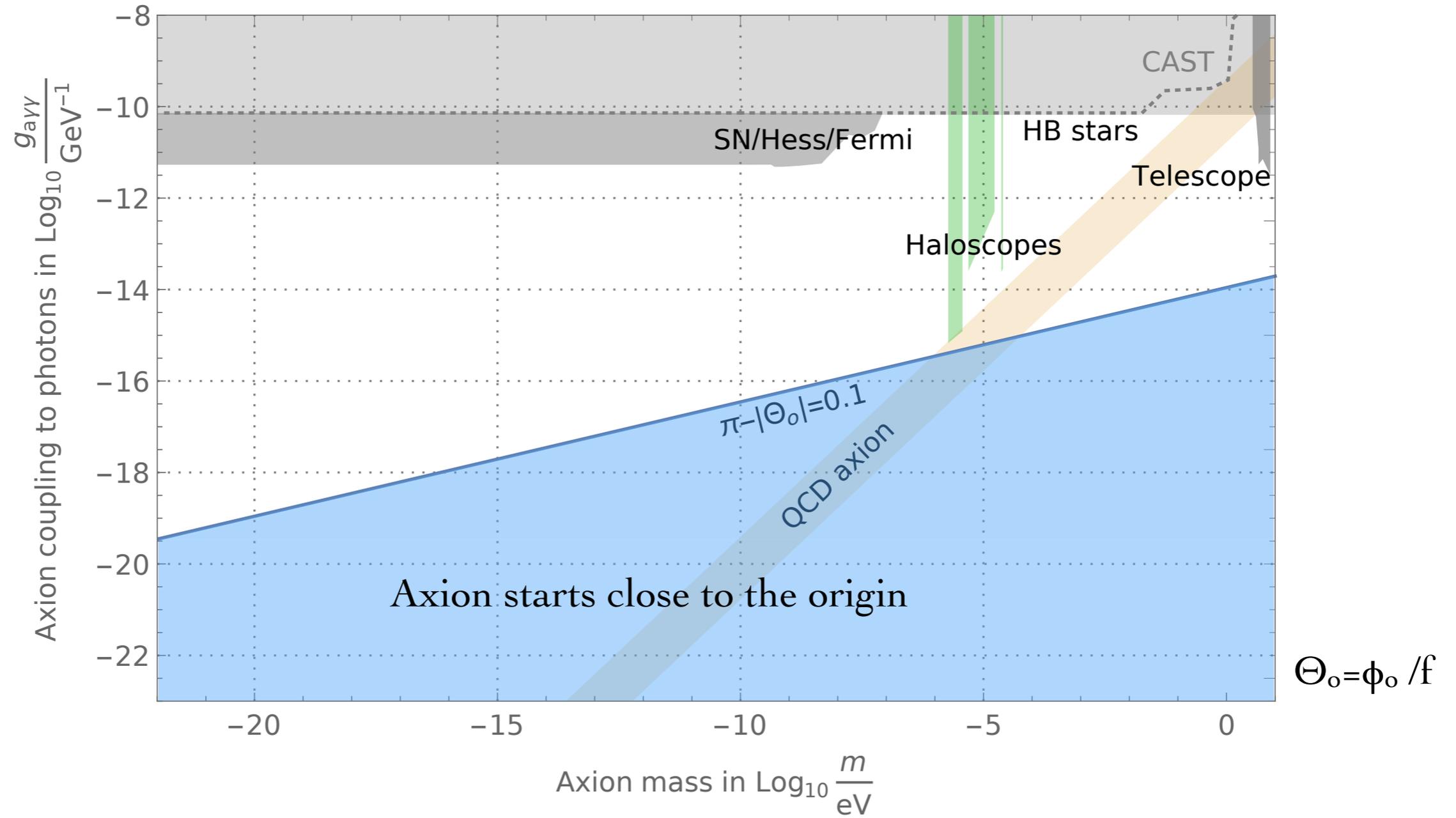
$$r_s = 87 \text{ pc} \left(\frac{M_s}{5 \times 10^9 M_\odot}\right)^{1/3} \left(\frac{10^5}{\mathcal{B}}\right)^{1/3}$$



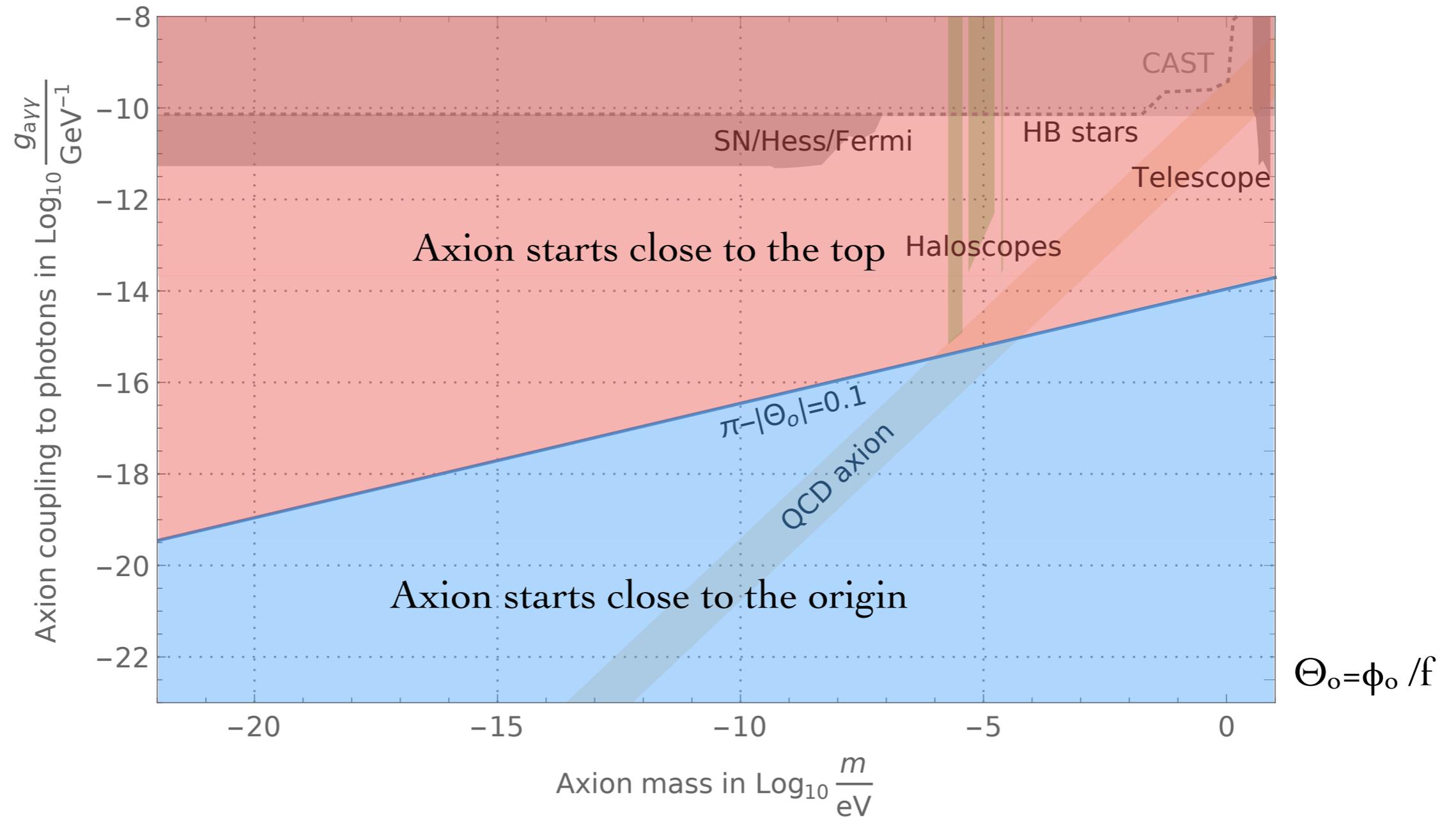
# Large Misalignment vs Small Misalignment



# Large Misalignment vs Small Misalignment



# Large Misalignment vs Small Misalignment



Large Misalignment is most relevant where experiments have good sensitivity

# Effects of the large misalignment mechanism

- Formation of compact halos as a component of DM

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- Formation of solitons as a component of DM

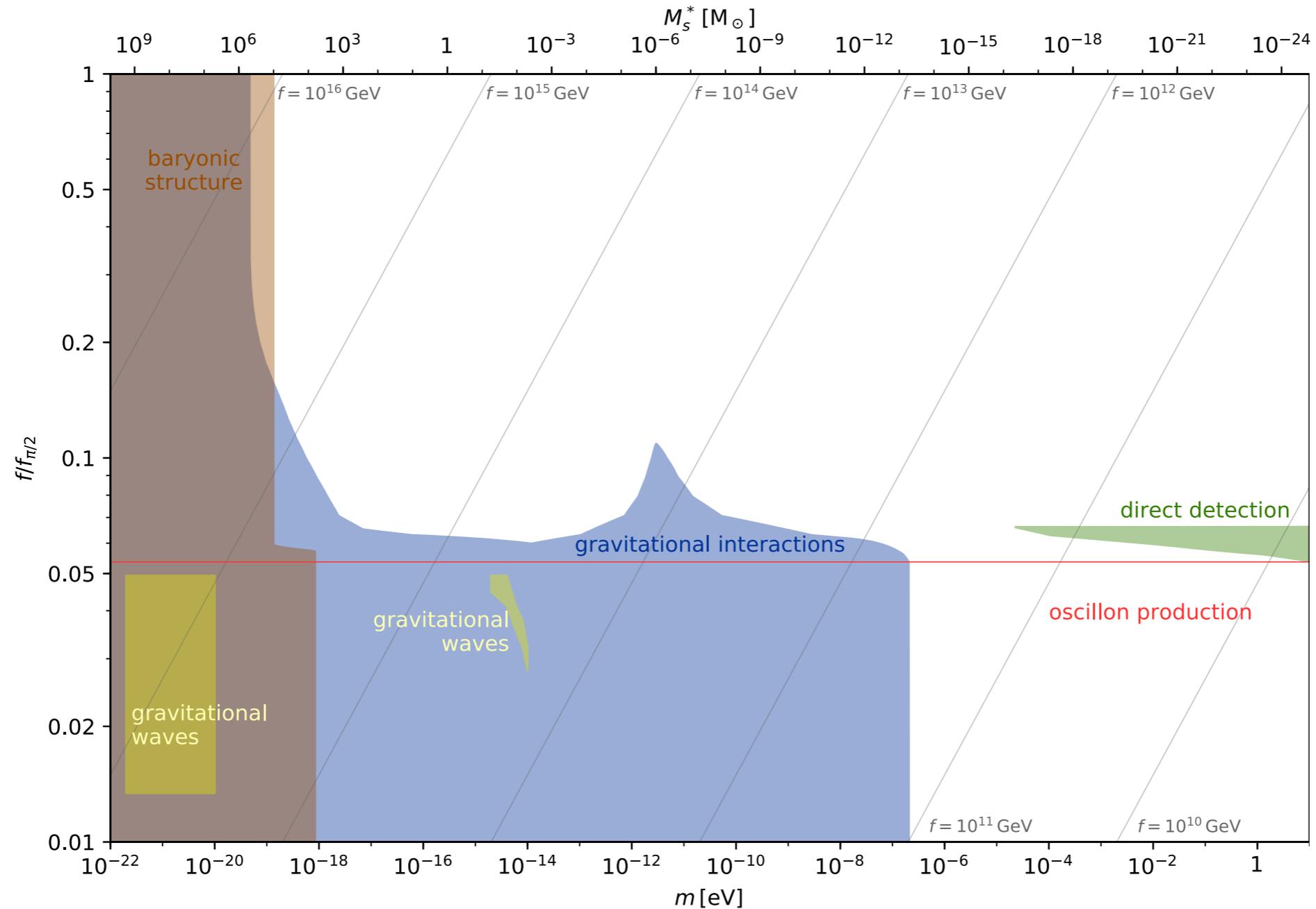
# Effects of the large misalignment mechanism

- Formation of compact halos as a component of DM
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- **Formation of structures well before matter-radiation equality:**  
Oscillons as an (early) component of Dark Matter

# Effects of the large misalignment mechanism

- Formation of compact halos as a component of DM
- Formation of solitons as a component of DM
- **Formation of structures well before matter-radiation equality:**  
Oscillons as an (early) component of Dark Matter
- Happens without the need of a phase transition, starting from a scale-invariant spectrum

# Signatures of the large misalignment mechanism



$$V(\phi) = m^2 f^2 (1 - \cos(\phi/f))$$

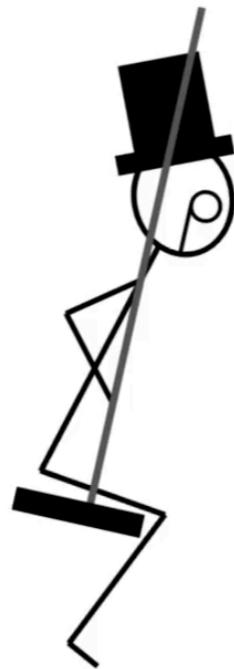
# Outline

- Dynamics of the large misalignment mechanism
- Signatures of the large misalignment mechanism
- Comments and future prospects

# Parametric Resonance Growth

$$\ddot{x} + \gamma \dot{x} + \omega^2 (1 + h \cos((2\omega + \epsilon)t)) = 0$$

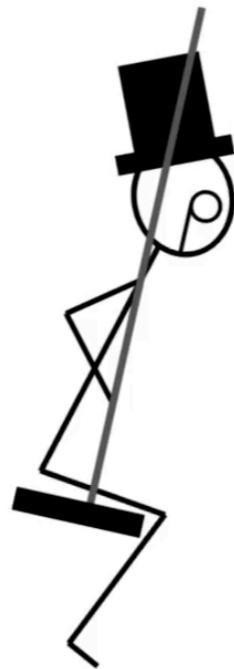
Instability occurs when  $h > \gamma/(2\omega)$  and  $\epsilon \sim 0$



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# Parametric Resonance Growth

For the axion field and small  $\Theta_0(t) + \theta_k e^{-ik \cdot x}$  ( $\theta = \phi/f$ ):

$$\ddot{\theta}_k + \underbrace{\frac{3}{2t_m}}_{\text{Friction term}} \dot{\theta}_k + \underbrace{\left(1 - \frac{\Theta_0(t_m)^2}{4} + \frac{\tilde{k}^2}{t_m}\right)}_{\text{resonant frequency}} - \underbrace{\frac{\Theta_0(t_m)^2}{4} \cos(2t_m)}_{\text{Driving term}} \theta_k = 0$$

$t_m$  :time in units of  $1/m$

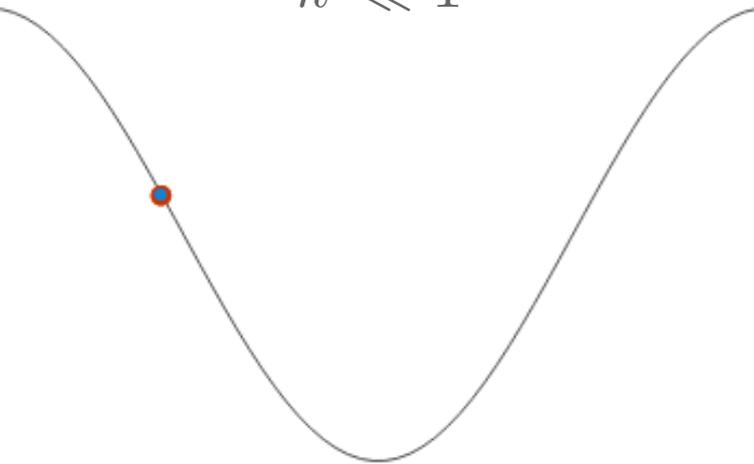
$\tilde{k}$  :dimensionless variable — size of the mode compared to  $m$  at  $t_m=1$

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nonrelativistic mode  
 $\tilde{k} \ll 1$



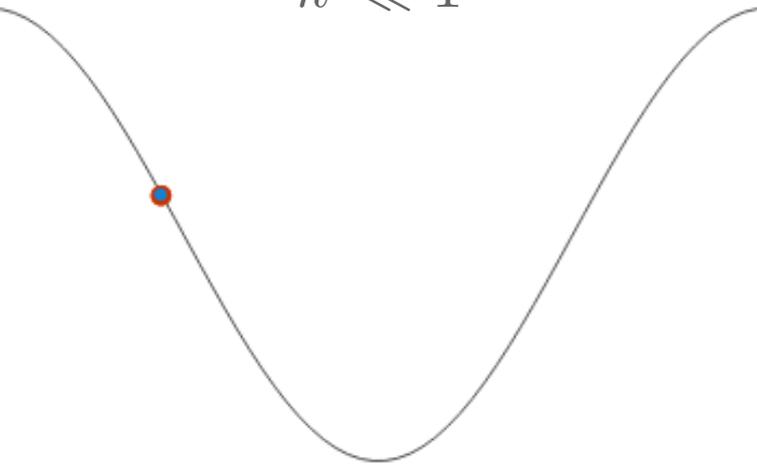
enters horizon when  
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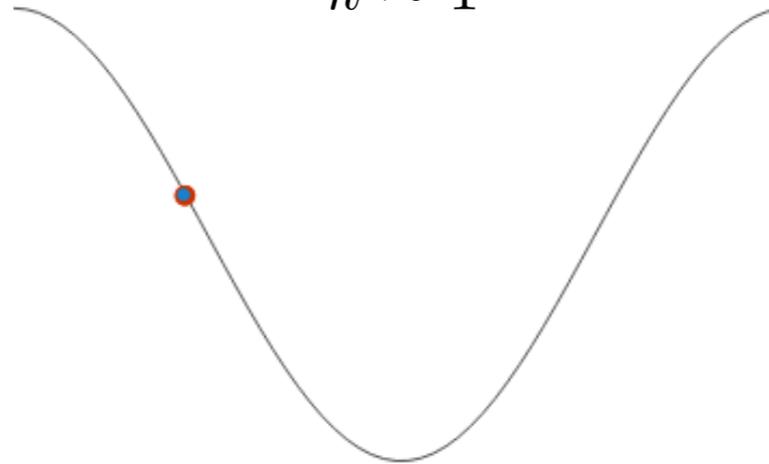
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semi-relativistic mode  
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frequency match;  
nonlinearity > friction

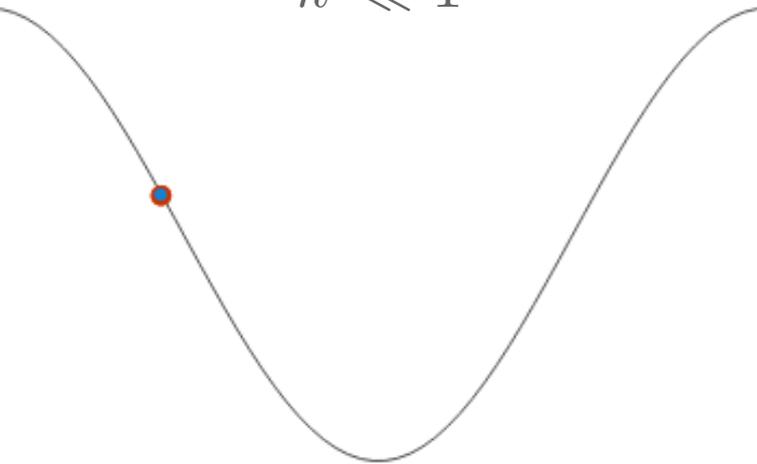
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nonrelativistic mode

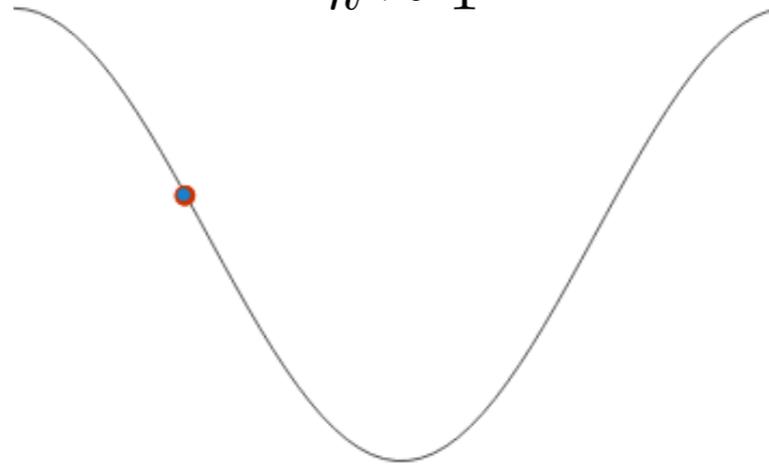
$$\tilde{k} \ll 1$$



enters horizon when  
nonlinearities are small

semi-relativistic mode

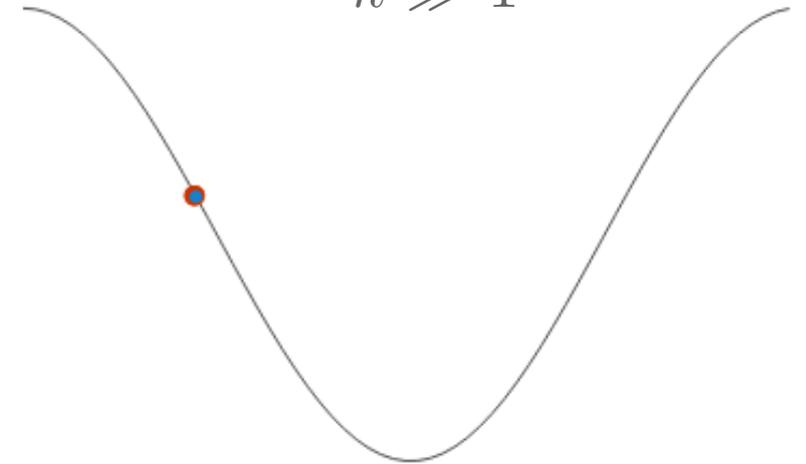
$$\tilde{k} \sim 1$$



frequency match;  
nonlinearity > friction

ultra-relativistic mode

$$\tilde{k} \gg 1$$



frequency mismatch

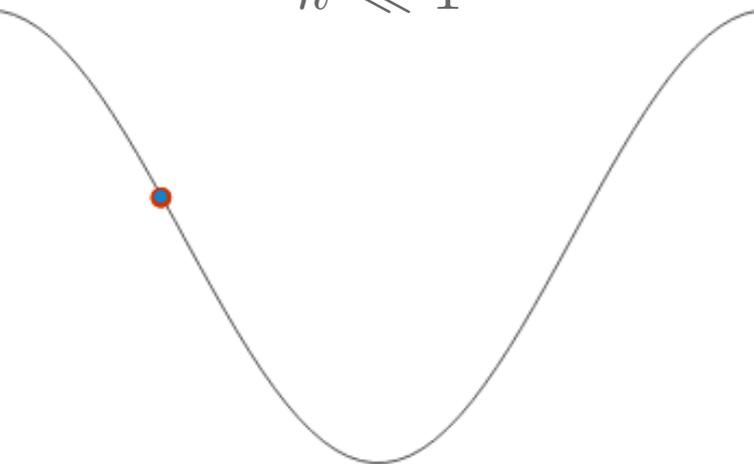
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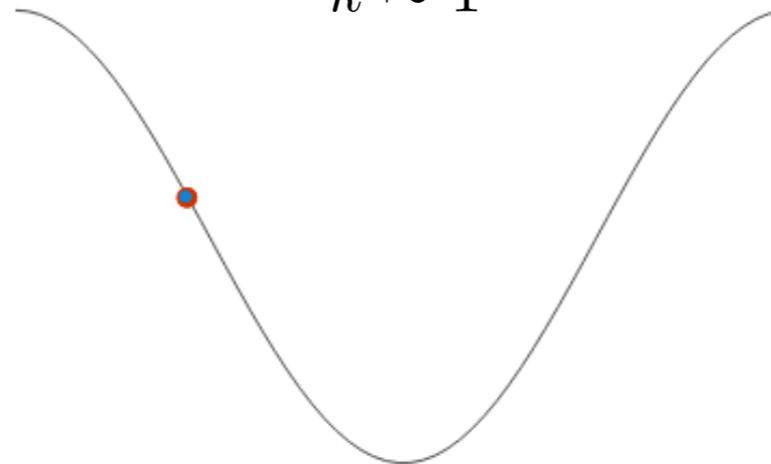
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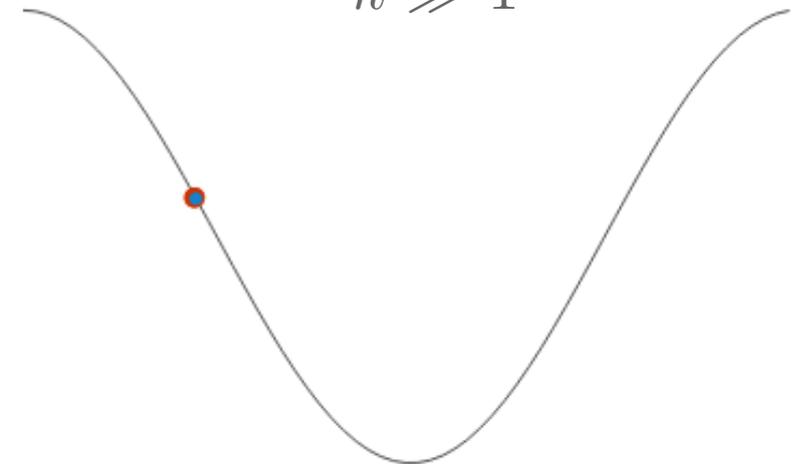
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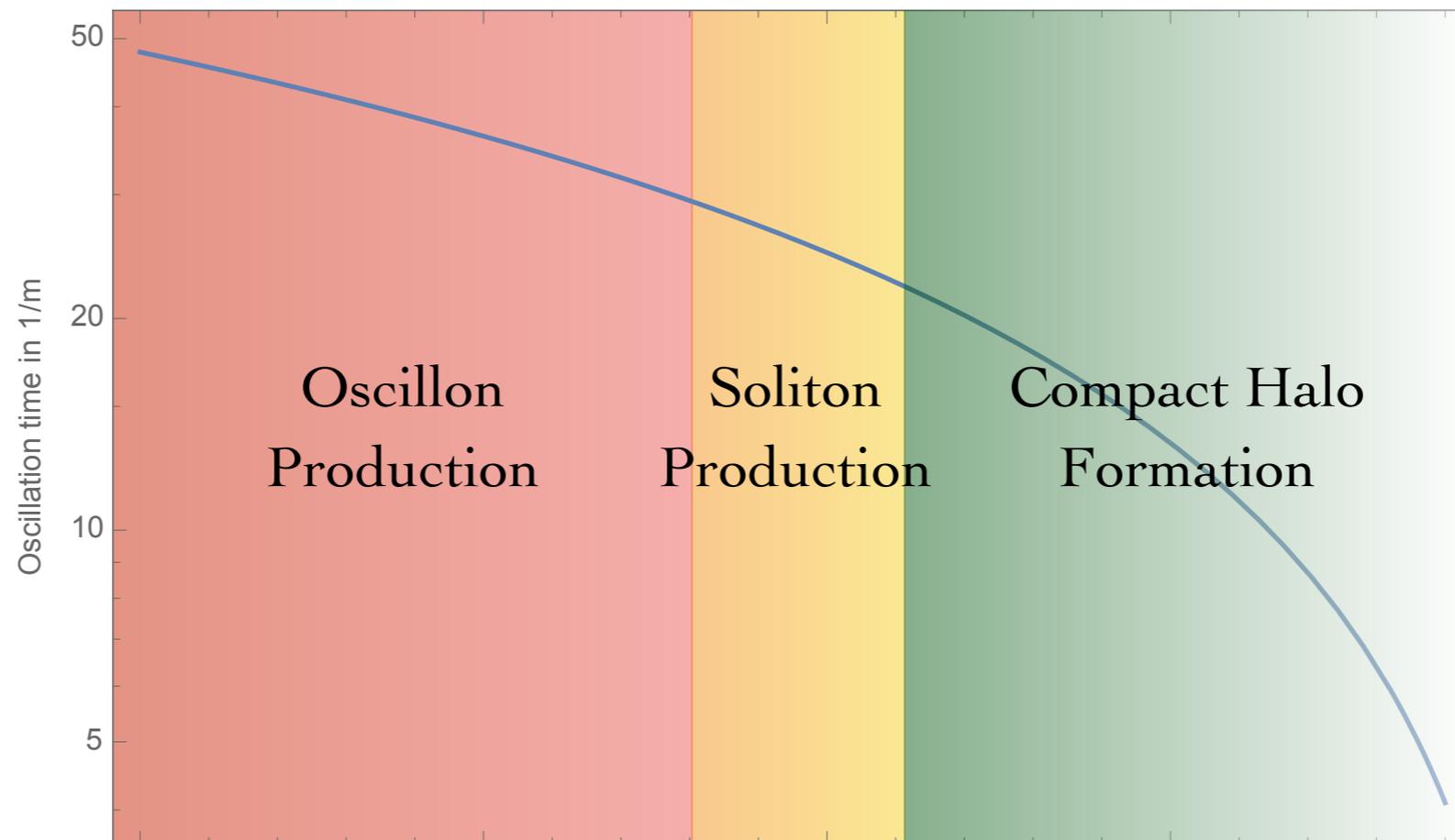
$$\tilde{k} \gg 1$$



frequency mismatch

In order to overcome the friction the field needs to start close to the top  
to delay the oscillation time

# Delayed onset of oscillation



← Starting closer and closer to the top

Boost relative to CDM  $\mathcal{B} \equiv \frac{\rho_s}{\rho_s^{\text{CDM}}} \sim \exp\{\xi m t_{\text{osc}}\}$

Need to start close to the top of the potential to get a non-trivial effect in structure formation

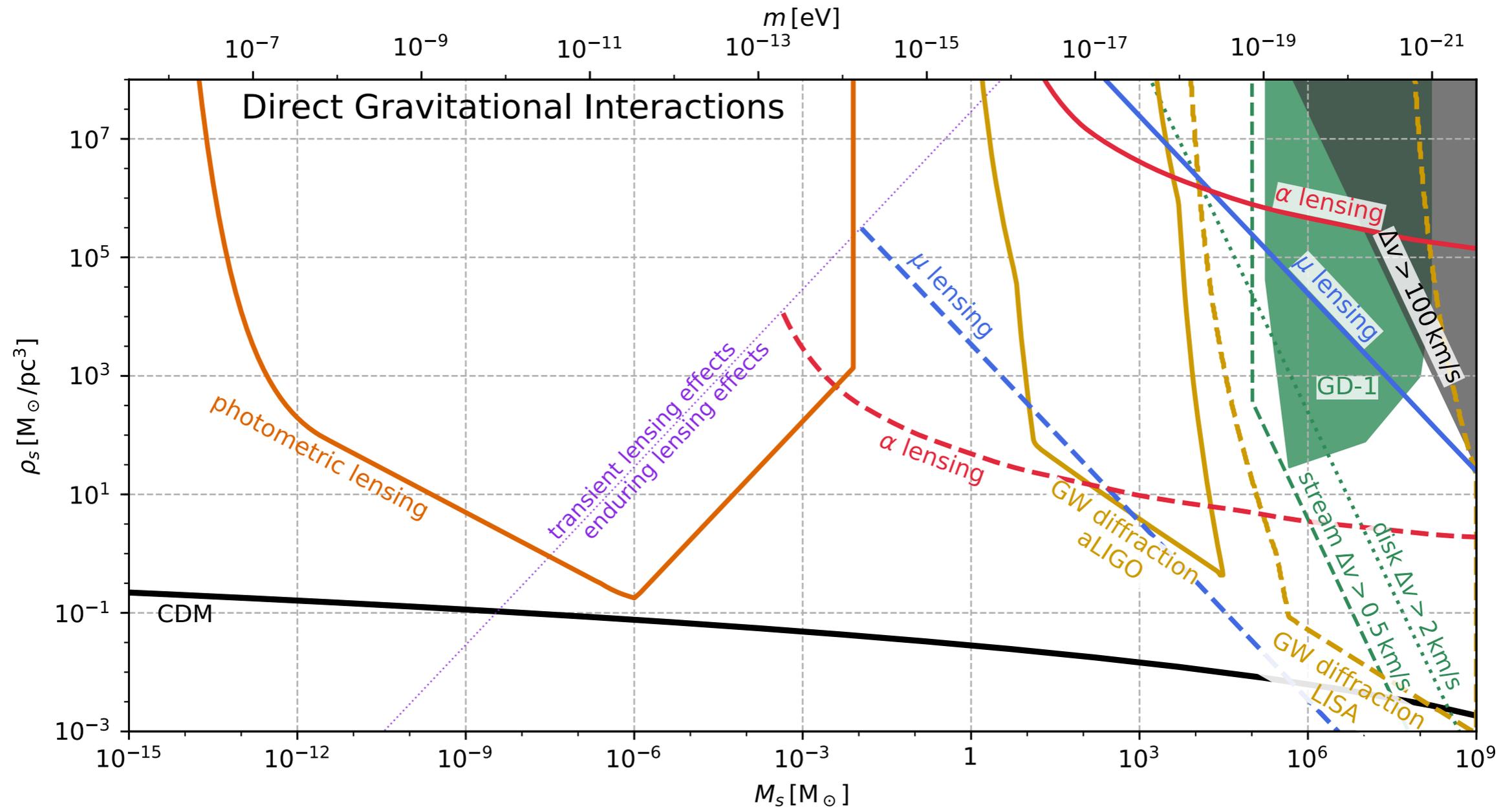
# Outline

- Dynamics of the large misalignment mechanism
- Signatures of the large misalignment mechanism
- Comments and future prospects

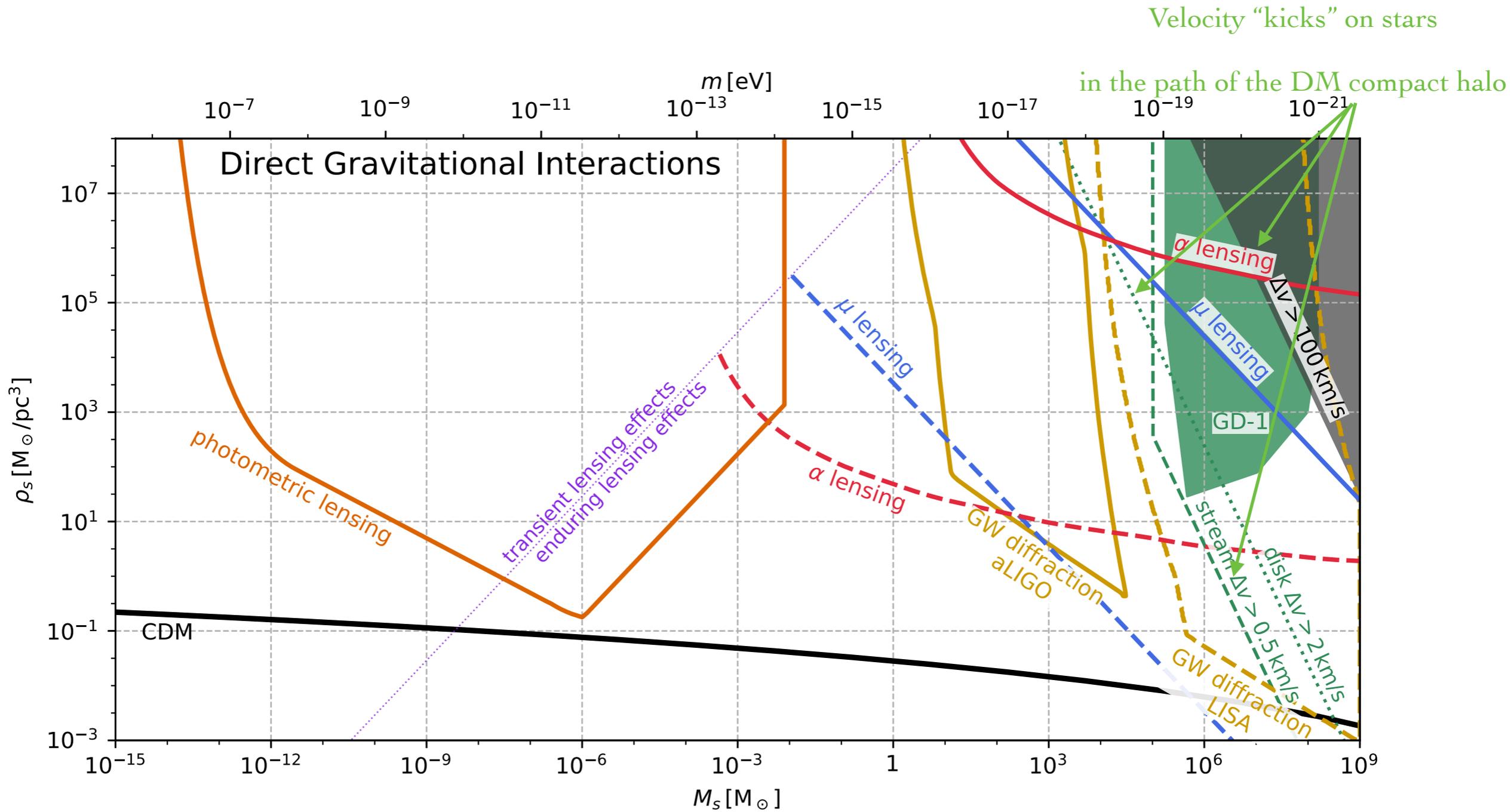
# Signatures of the Large misalignment mechanism

- Direct Gravitational Interactions
- Gravitational Waves
- Star Formation
- Direct Detection

# Direct Gravitational Signatures

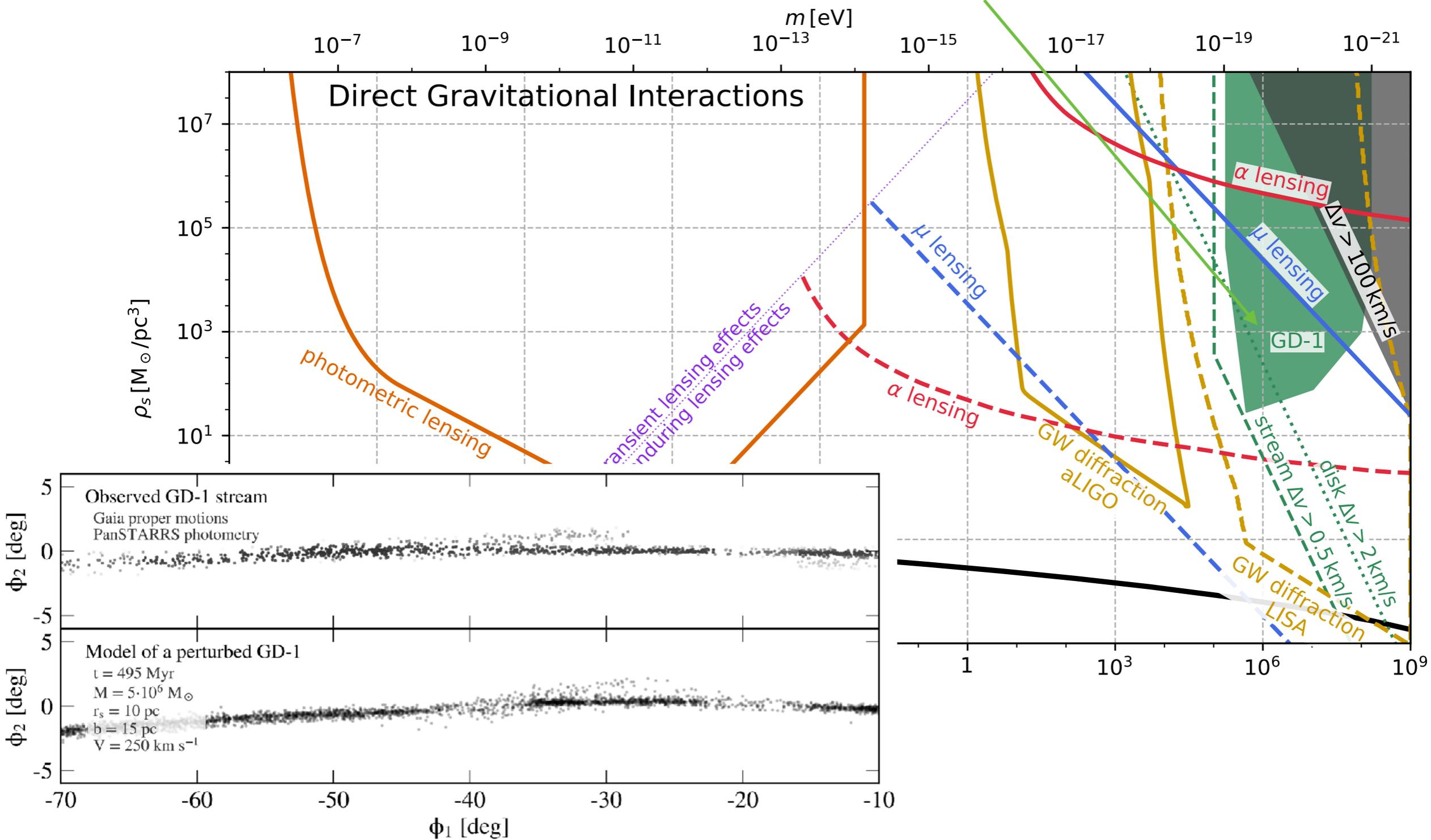


# Direct Gravitational Signatures

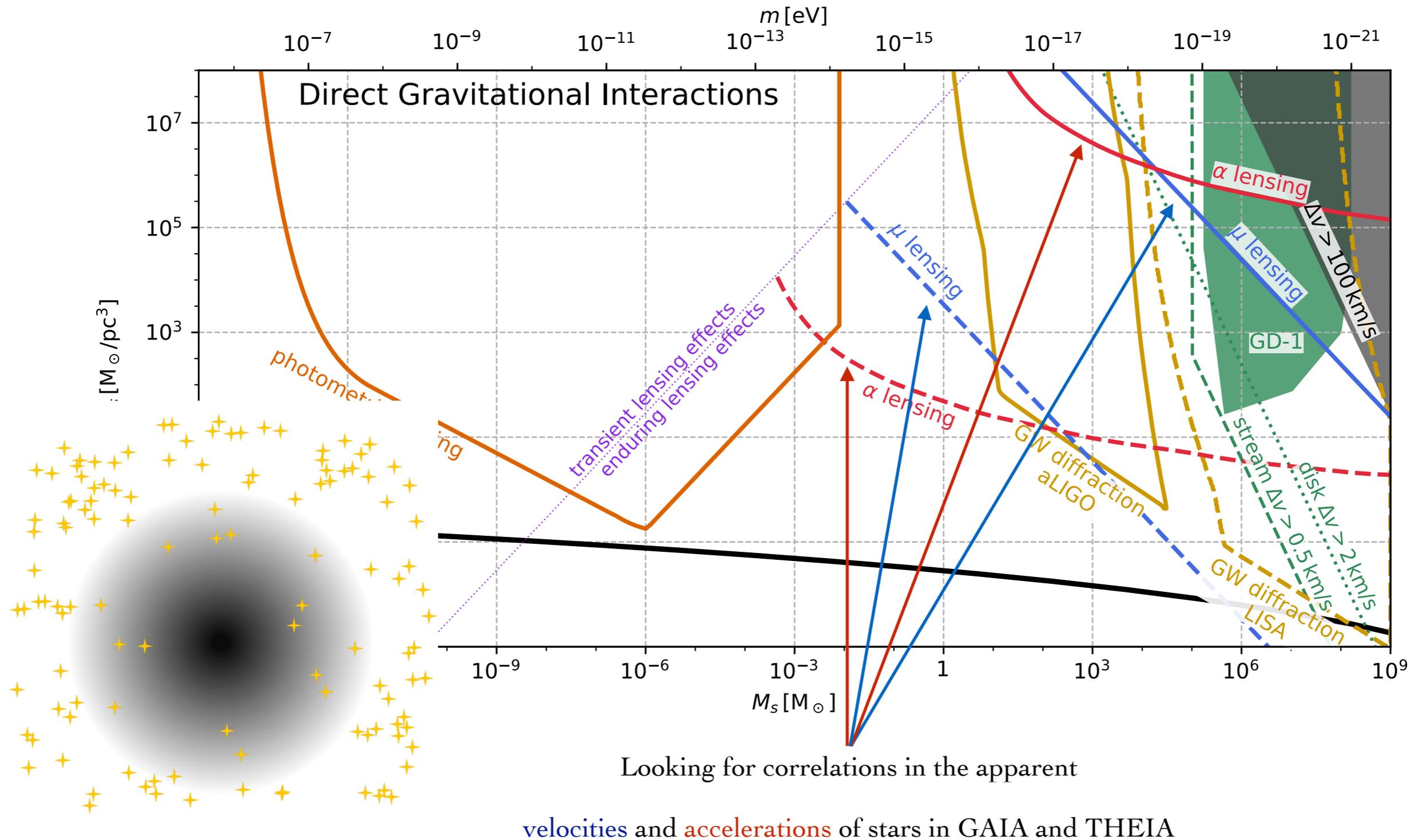


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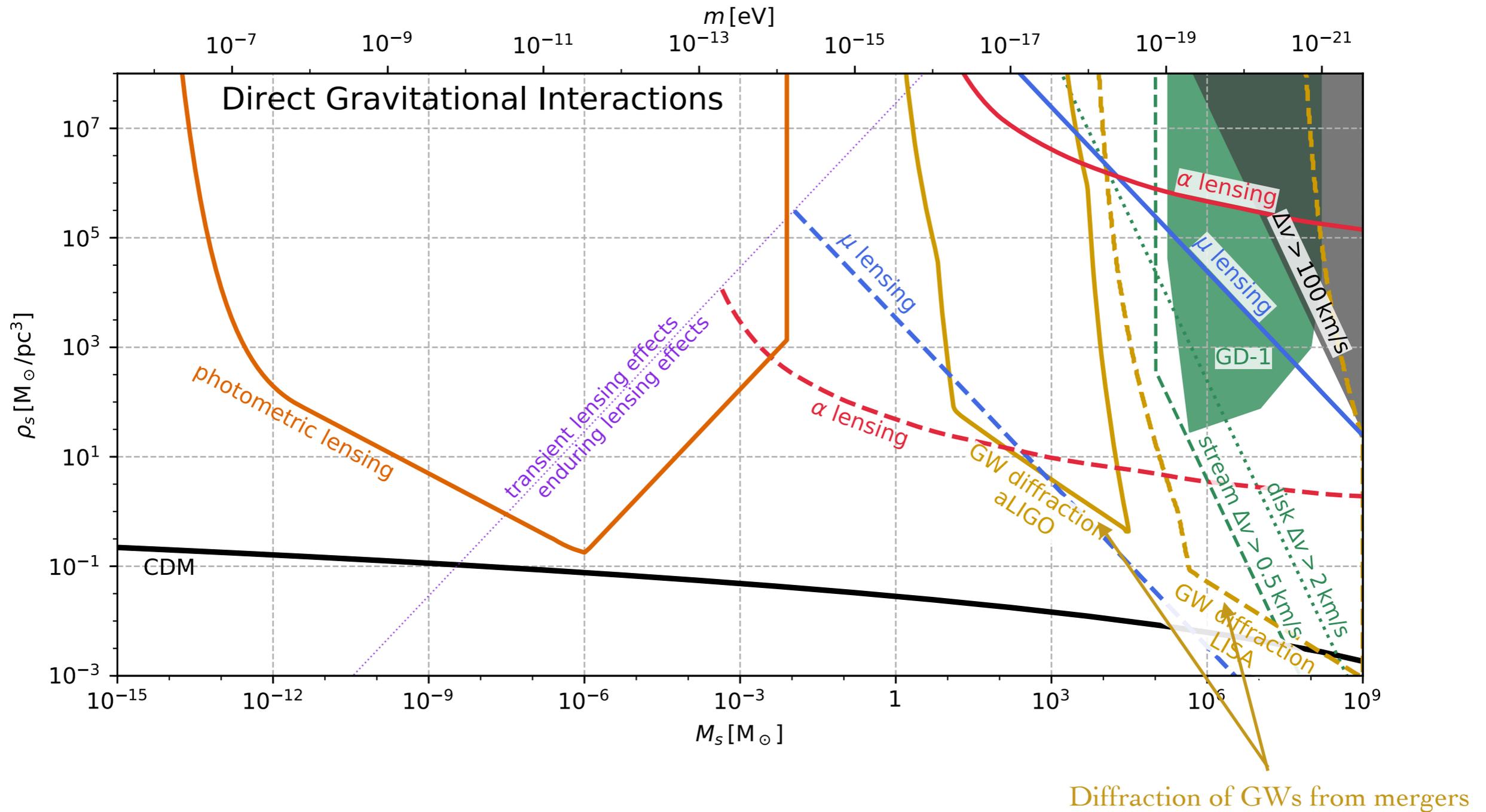
Preferred parameter space  
explaining GD-1 observation



# Direct Gravitational Signatures

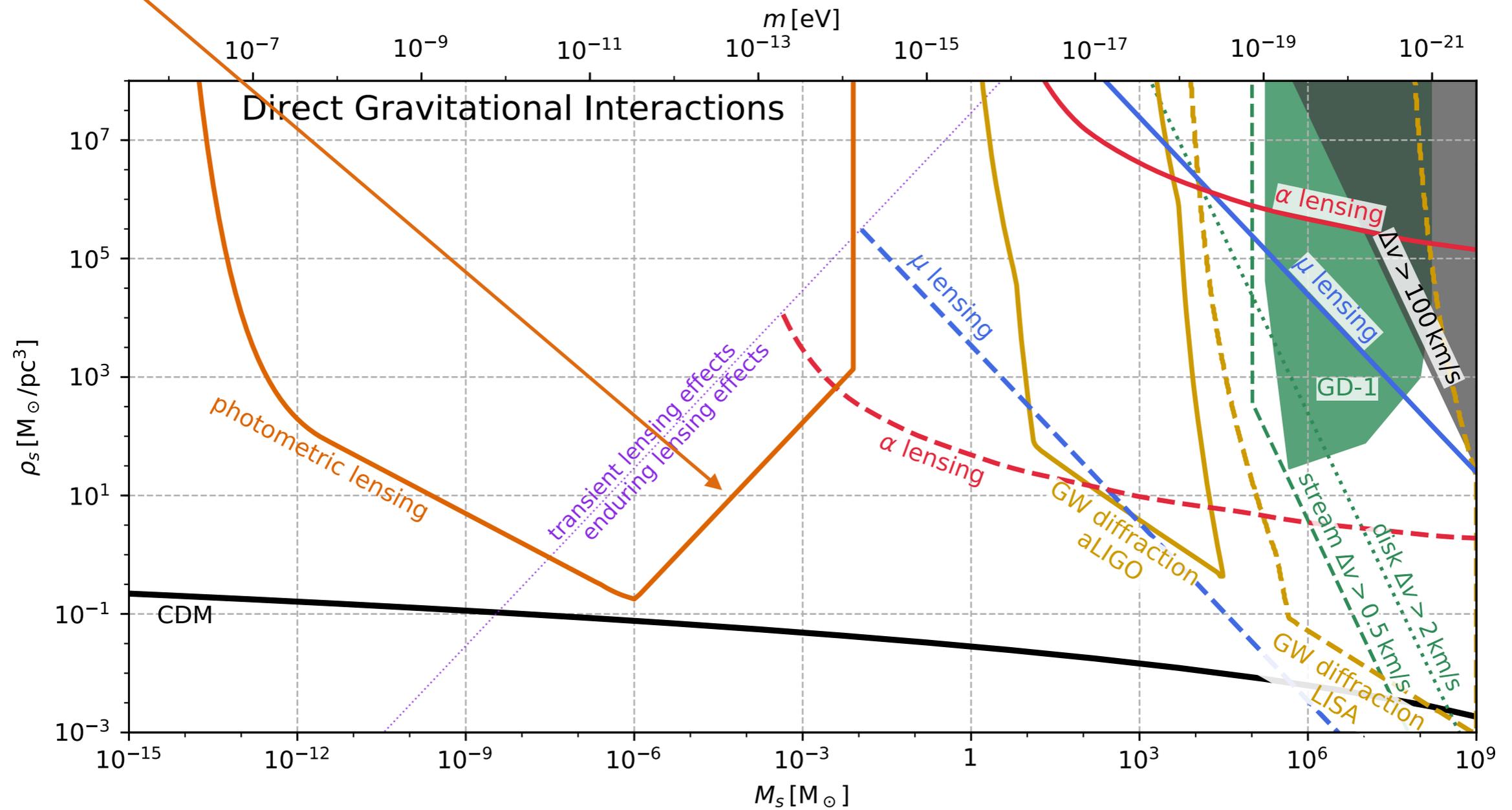


# Direct Gravitational Signatures



# Direct Gravitational Signatures

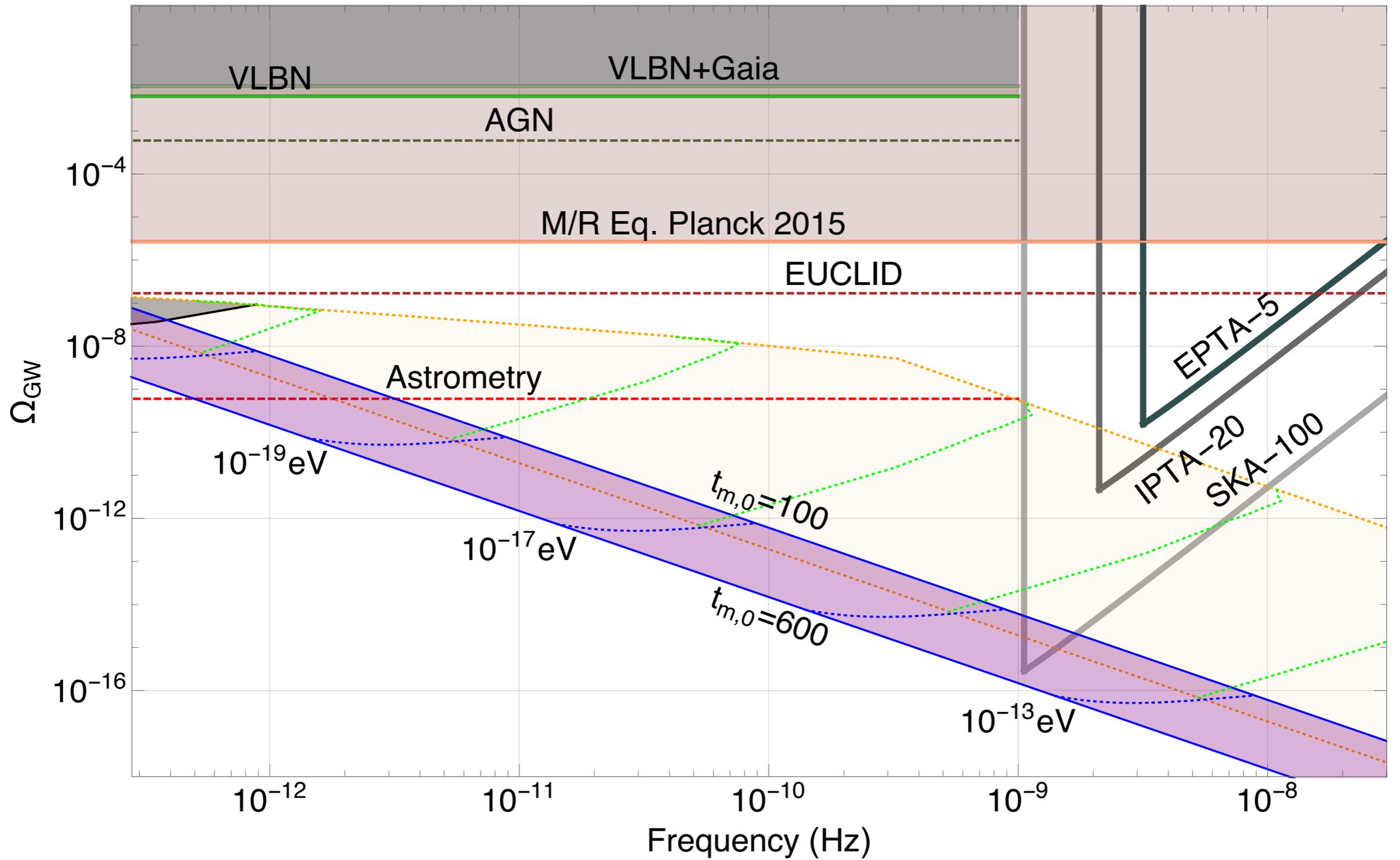
Modulations in rare high  
amplification of distant stars



# Gravitational Wave Emission

- Attractive self-interactions can overcome Hubble expansion long before matter radiation equality
- Dense structures collapsing can lead to gravitational wave production

# Gravitational Wave Emission



# Compact halos jumpstarting star formation

- Necessary (but not sufficient) requirements for star formation:
  - Gravitational pressure from Dark Matter needs to be bigger than kinetic pressure from baryons

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# Compact halos jumpstarting star formation

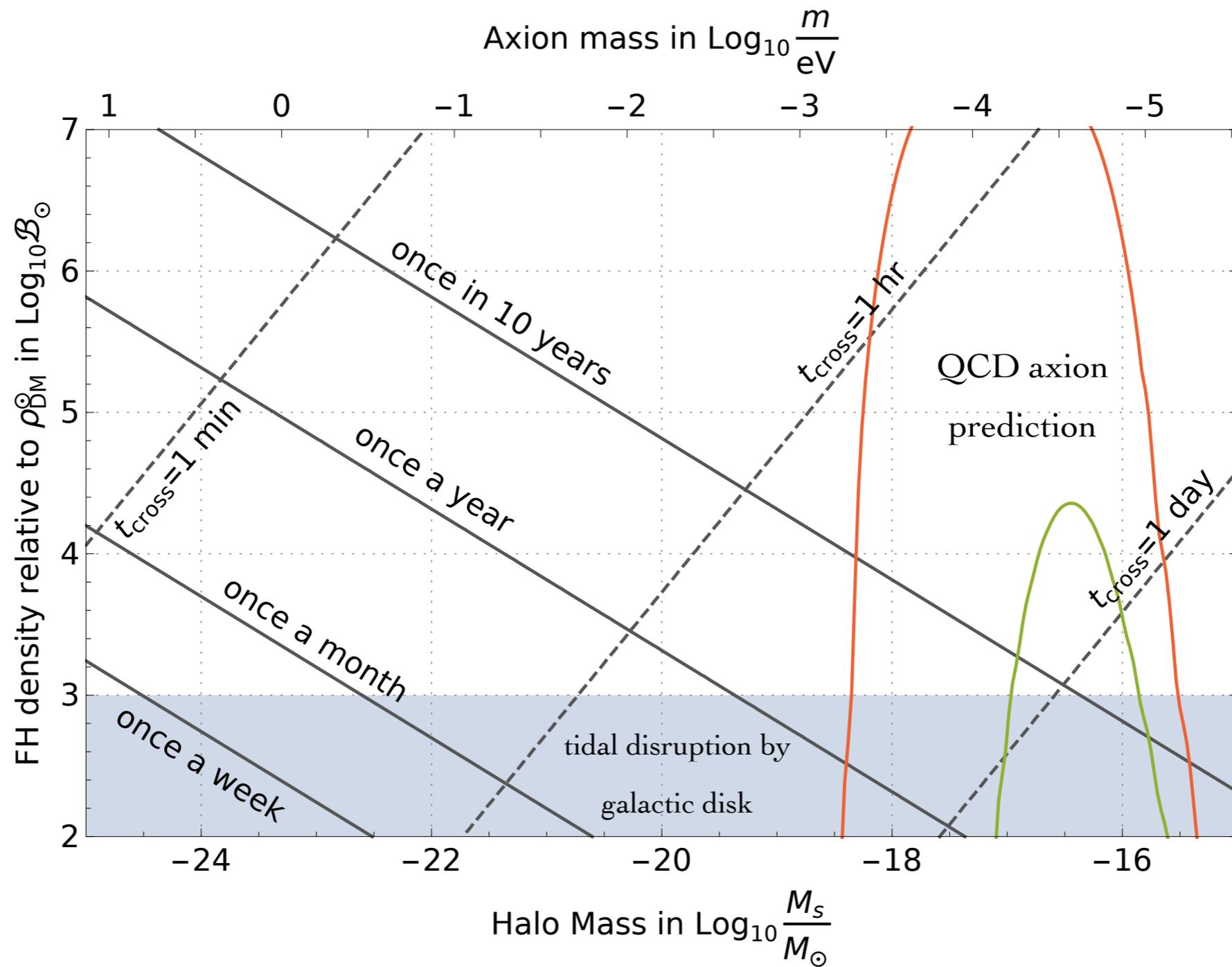
- Necessary (but not sufficient) requirements for star formation:
  - Gravitational pressure from Dark Matter needs to be bigger than kinetic pressure from baryons
  - Baryons need to lose energy
  - Need to have enough baryons

For pressure-less cold dark matter no stars in halos less than  $\sim 10^8 M_{\text{solar}}$

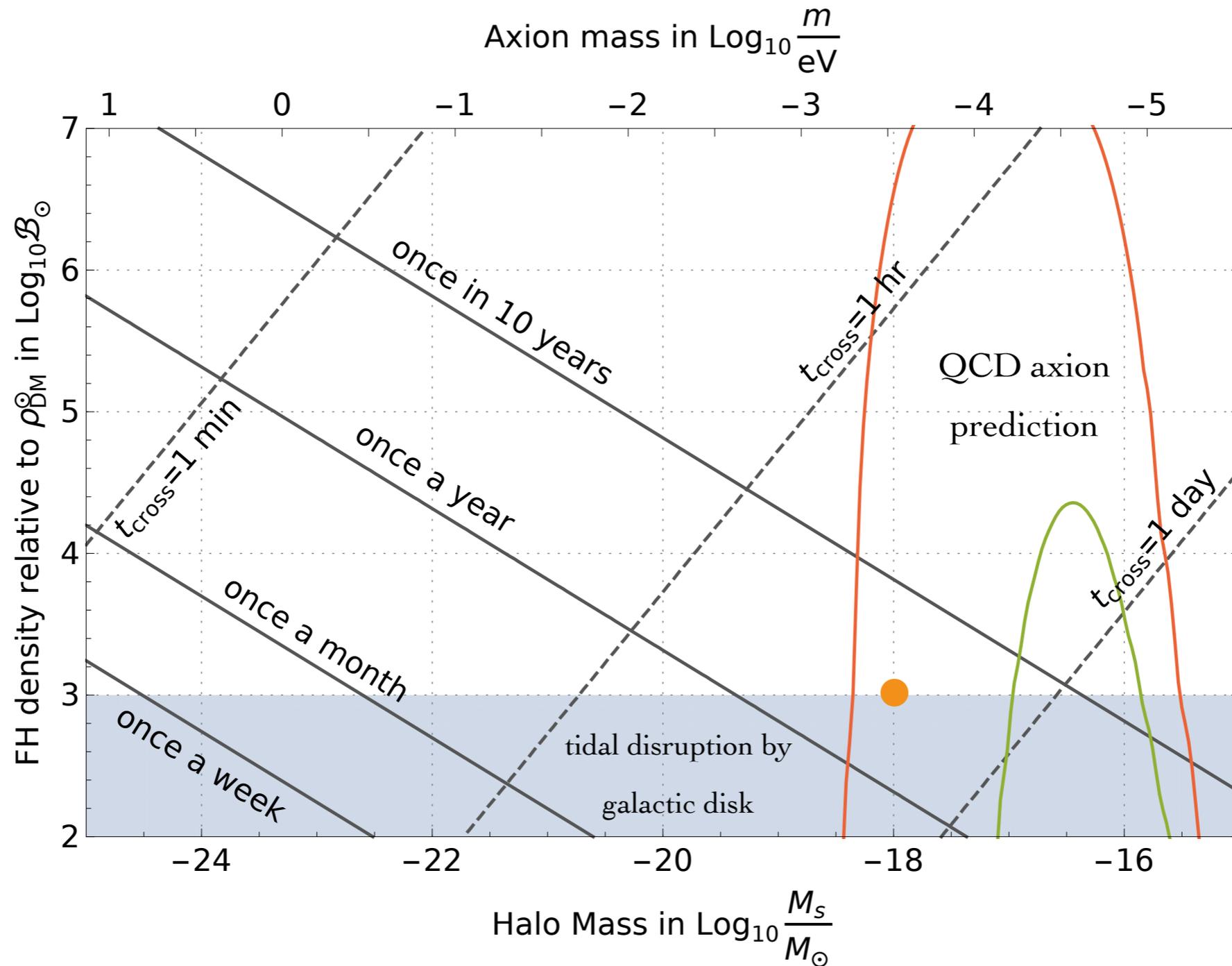
In our case, star forming halos as small as  $\sim 10^5 M_{\text{solar}}$

Could also jumpstart black hole formation

# Effects on Earth-bound Experiments

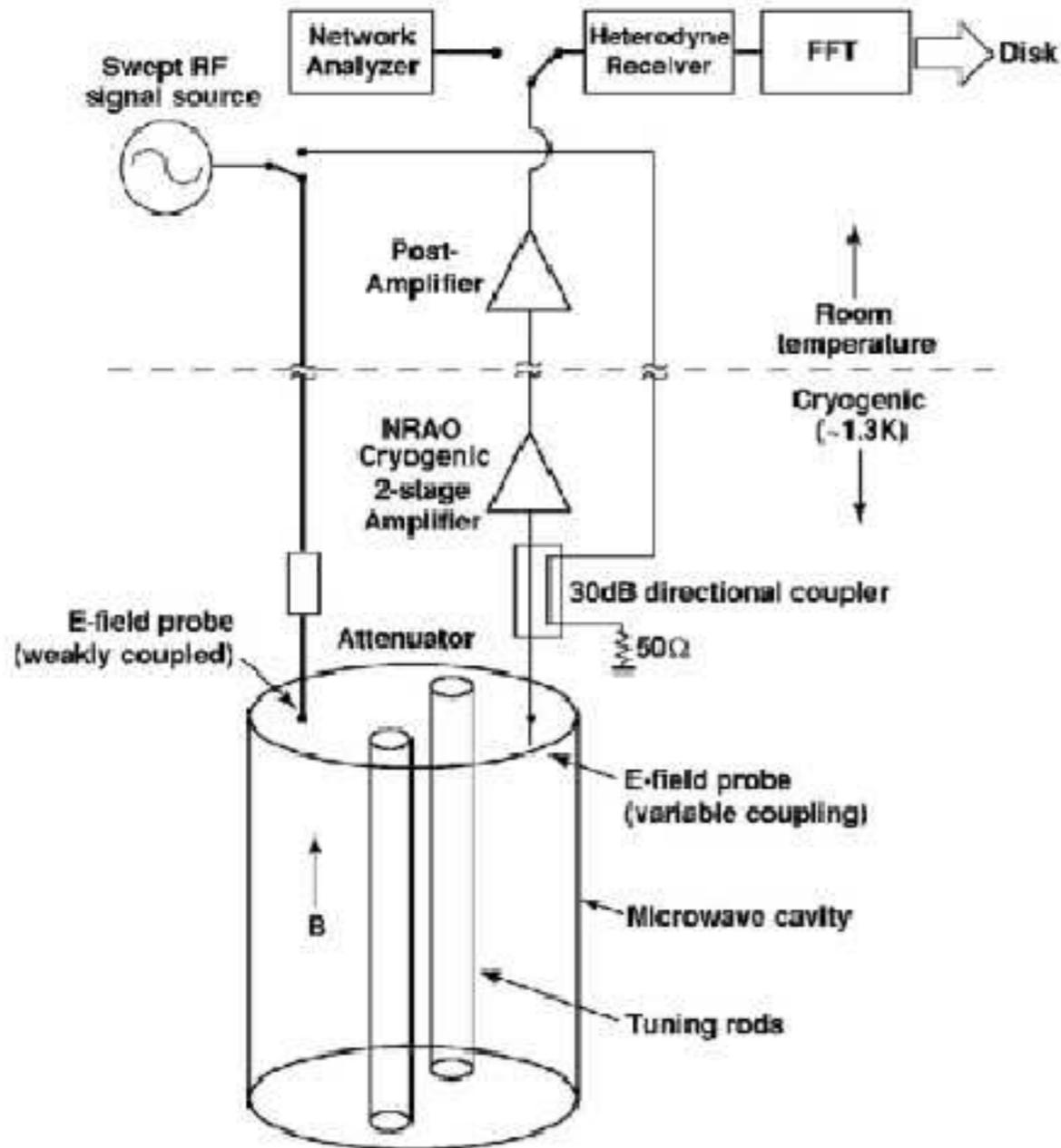


# Effects on Earth-bound Experiments

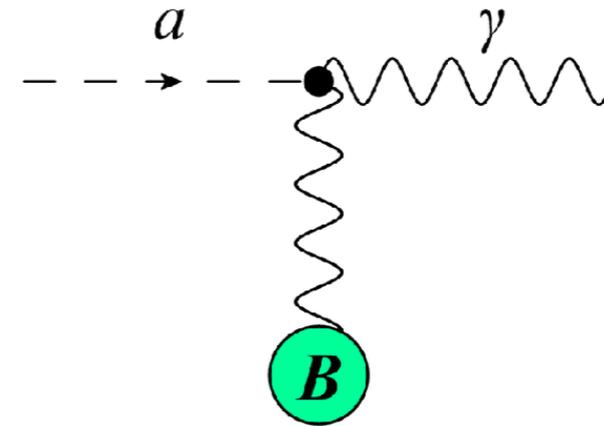


Let's examine the case of a  $10^{-18}$  solar mass halo  
that is 1000 times more dense than CDM

# Resonant Axion Searches



ADMX



$$g_{a\gamma\gamma} a(x) \vec{E} \cdot \vec{B}$$

Harmonic oscillator analog:

- Axion Dark Matter → Driving Force
- Cavity Mode → Displacement
- Cavity Size → Resonant Frequency
- DM coherence → Q Factor ( $\sim 10^6$ )

# Effects on Earth-bound experiments

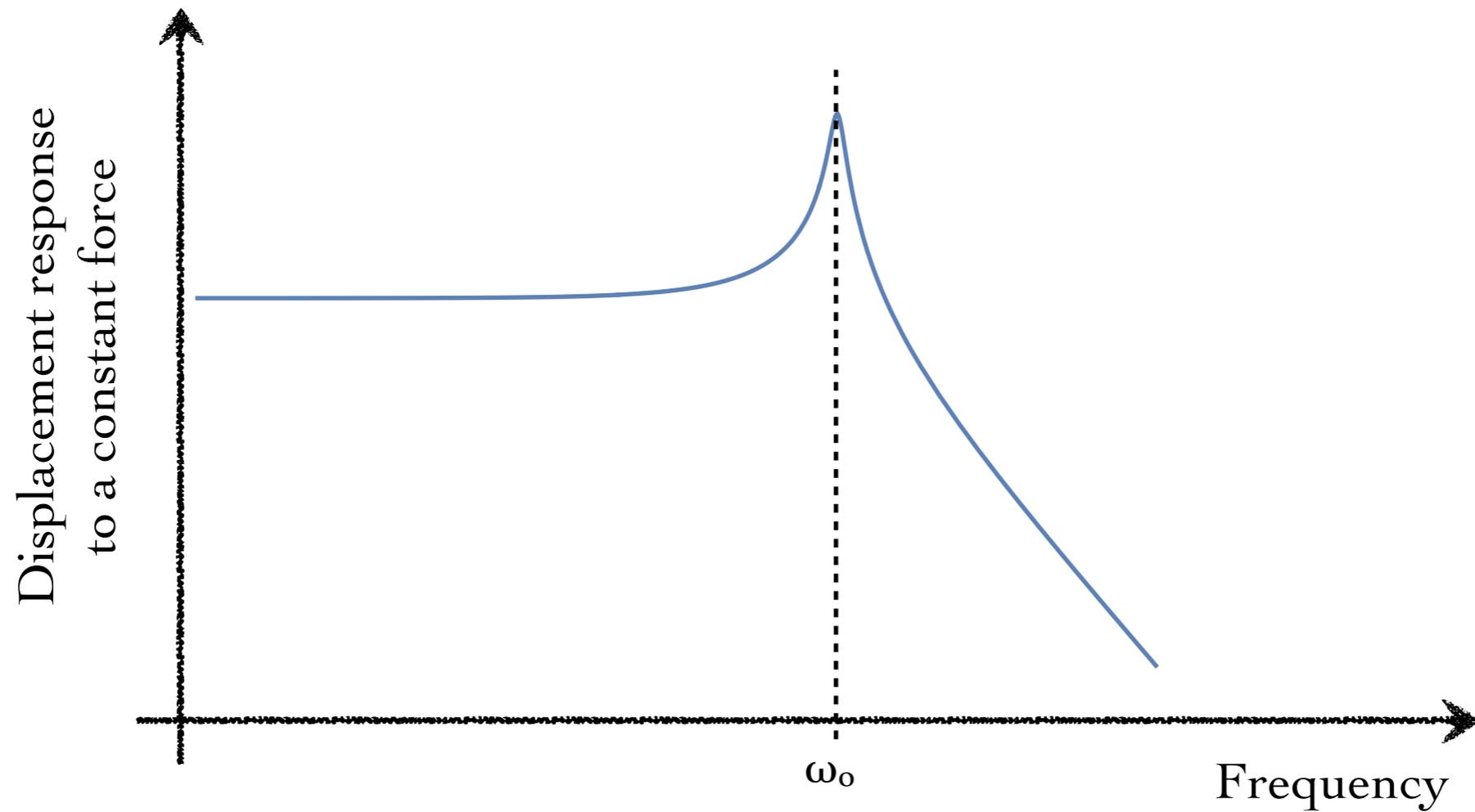
Ex.  $10^{-18}$  solar mass halo

1000 times more dense than CDM

- Every  $\sim 3$  years, power goes up by the over-density factor for approximately 6 hours
- Effective DM Q factor  $> 10^{11}$  vs  $10^6$  for CDM
- Need to make sure experiment is running at the right frequency  
Favors broadband approach

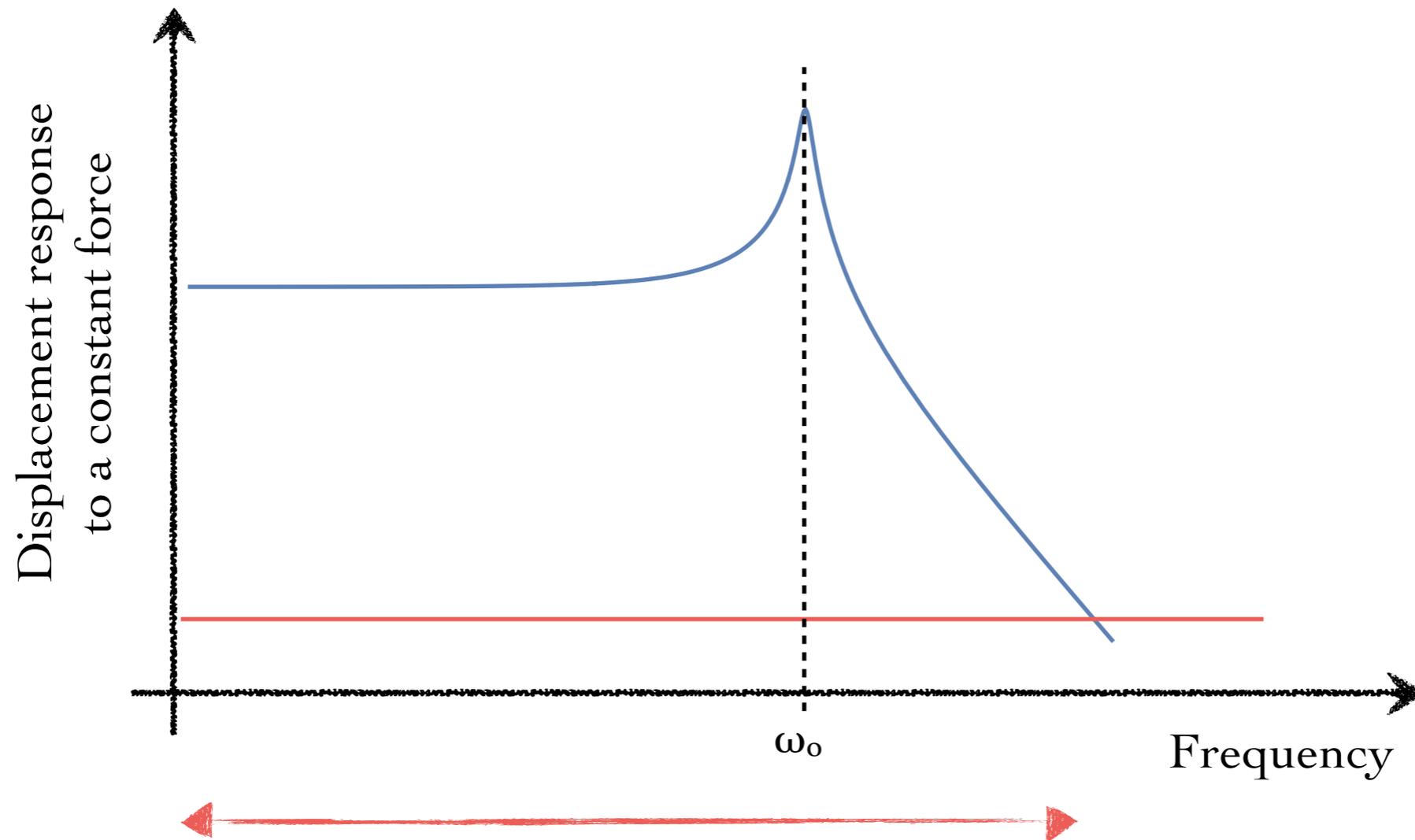
# Can a resonant detector run in broadband mode?

For a harmonic oscillator



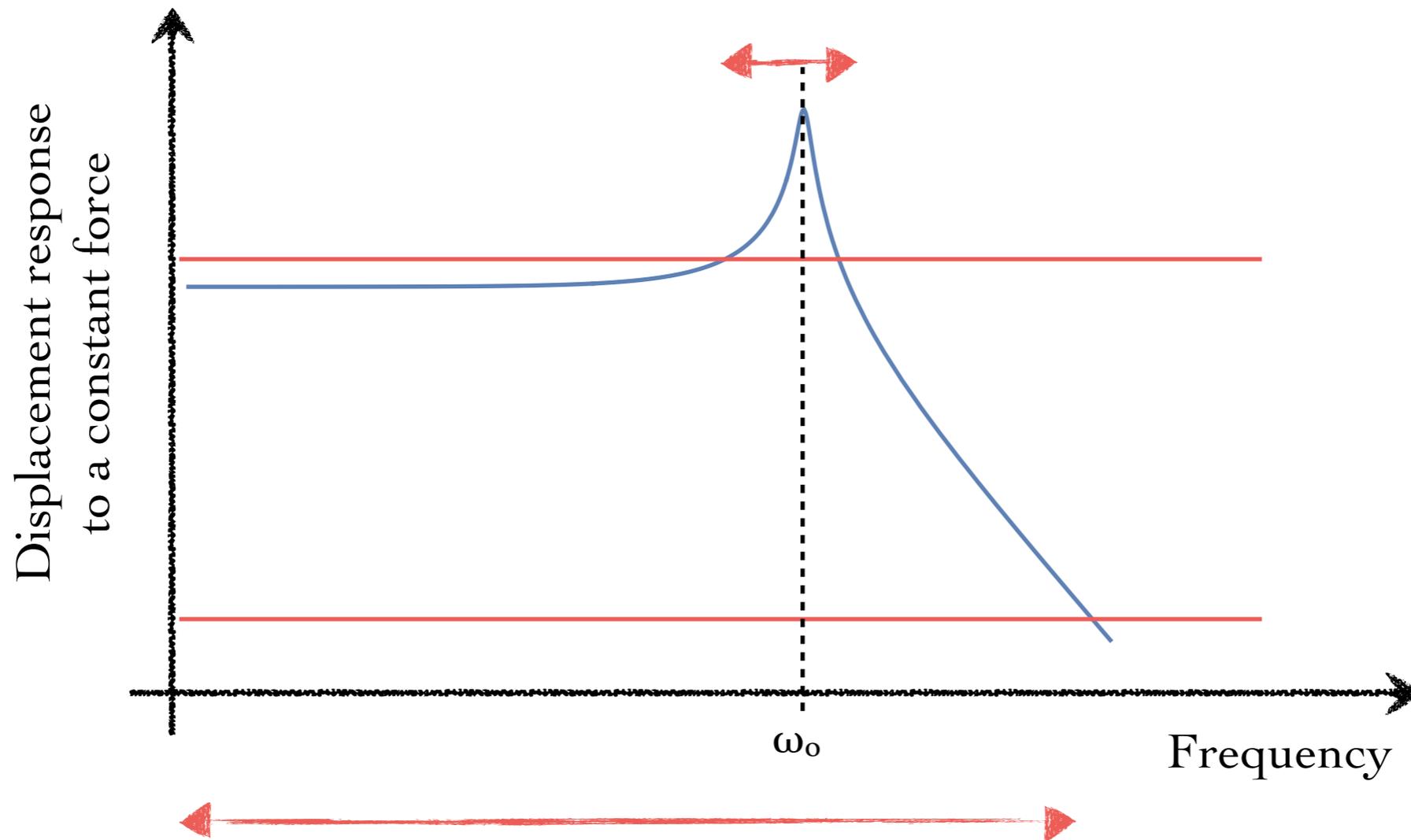
# Can a resonant detector run in broadband mode?

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# Can a resonant detector run in broadband mode?

For a harmonic oscillator



The bandwidth is determined by the detector sensitivity for displacement

# Effects on Earth-bound DM Searches

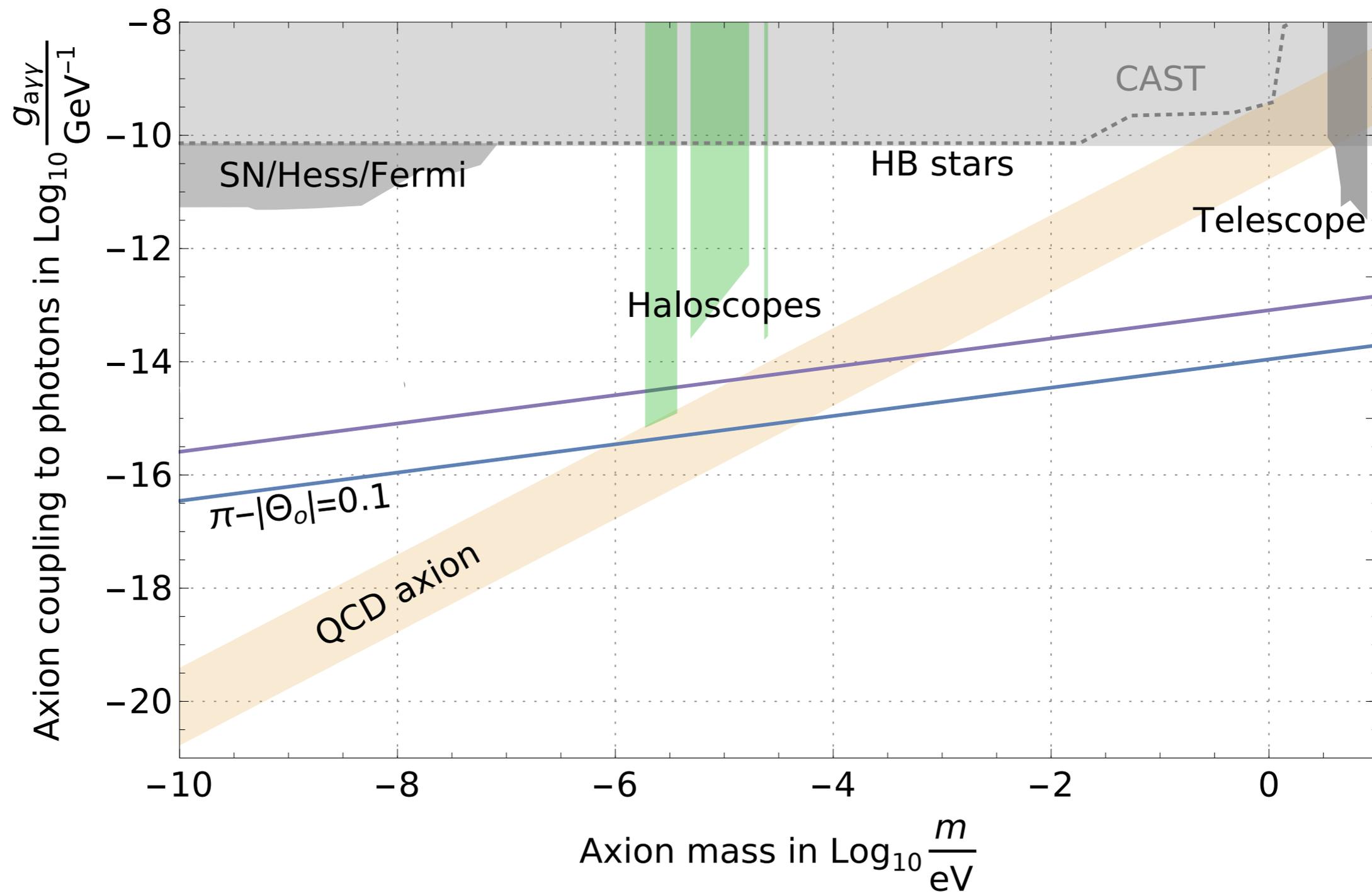
Ex.  $10^{-18}$  solar mass halo

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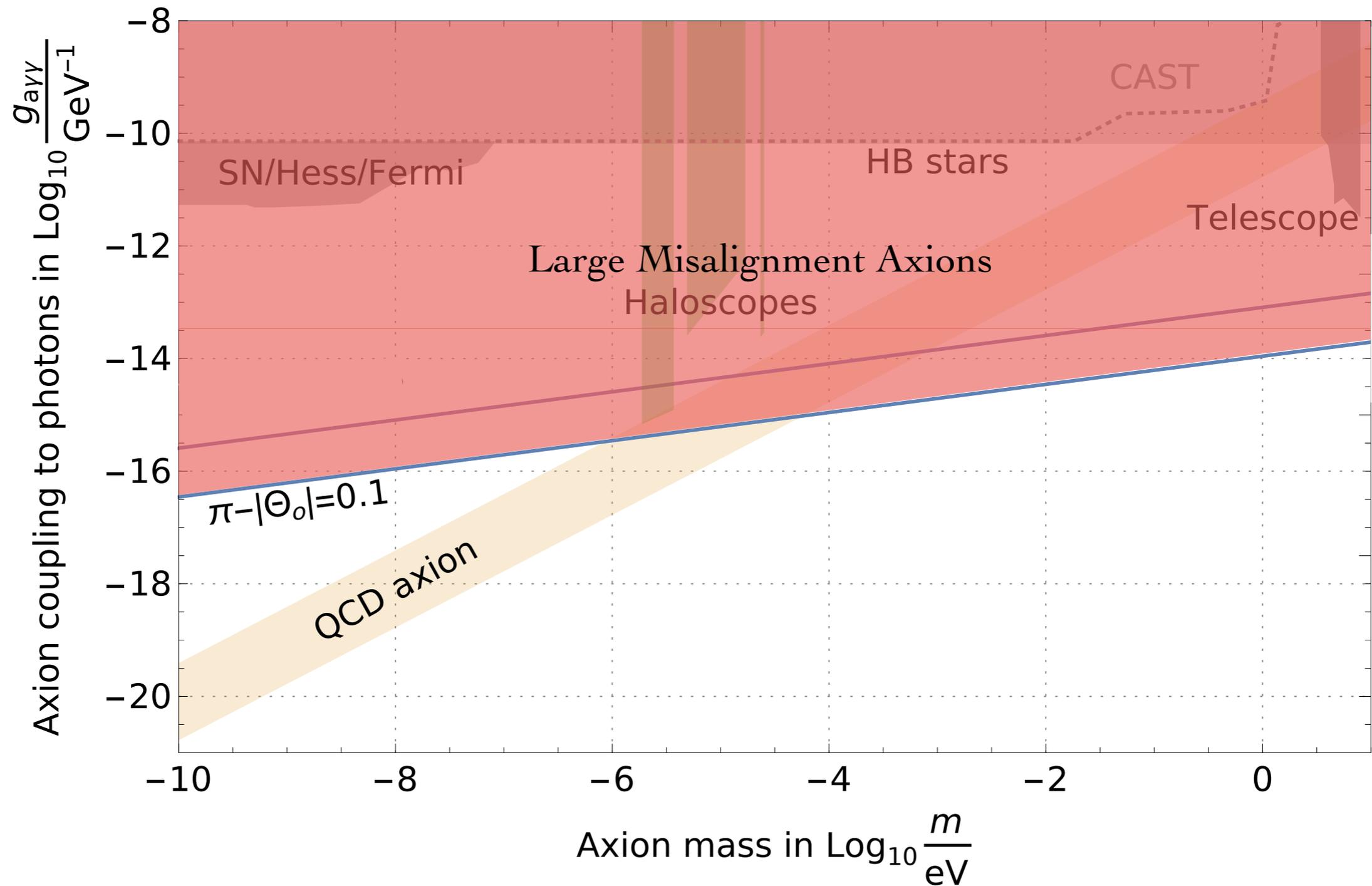
Search strategy in resonant axion searches

- Record data outside the resonance frequency
- Data taking time bins of 6 hours and look for excesses
- $Q_{\text{DM in clump}} \gg Q_{\text{DM-diffuse}}$

# Summary of effects on earth-bound experiments



# Summary of effects on earth-bound experiments



Need to reconsider existing bounds and search strategies

What about the QCD axion?

# The QCD axion

Temperature dependent mass

$$V(\phi, T) = m^2(T) f^2 \left[ 1 - \cos\left(\frac{\phi}{f}\right) \right]$$

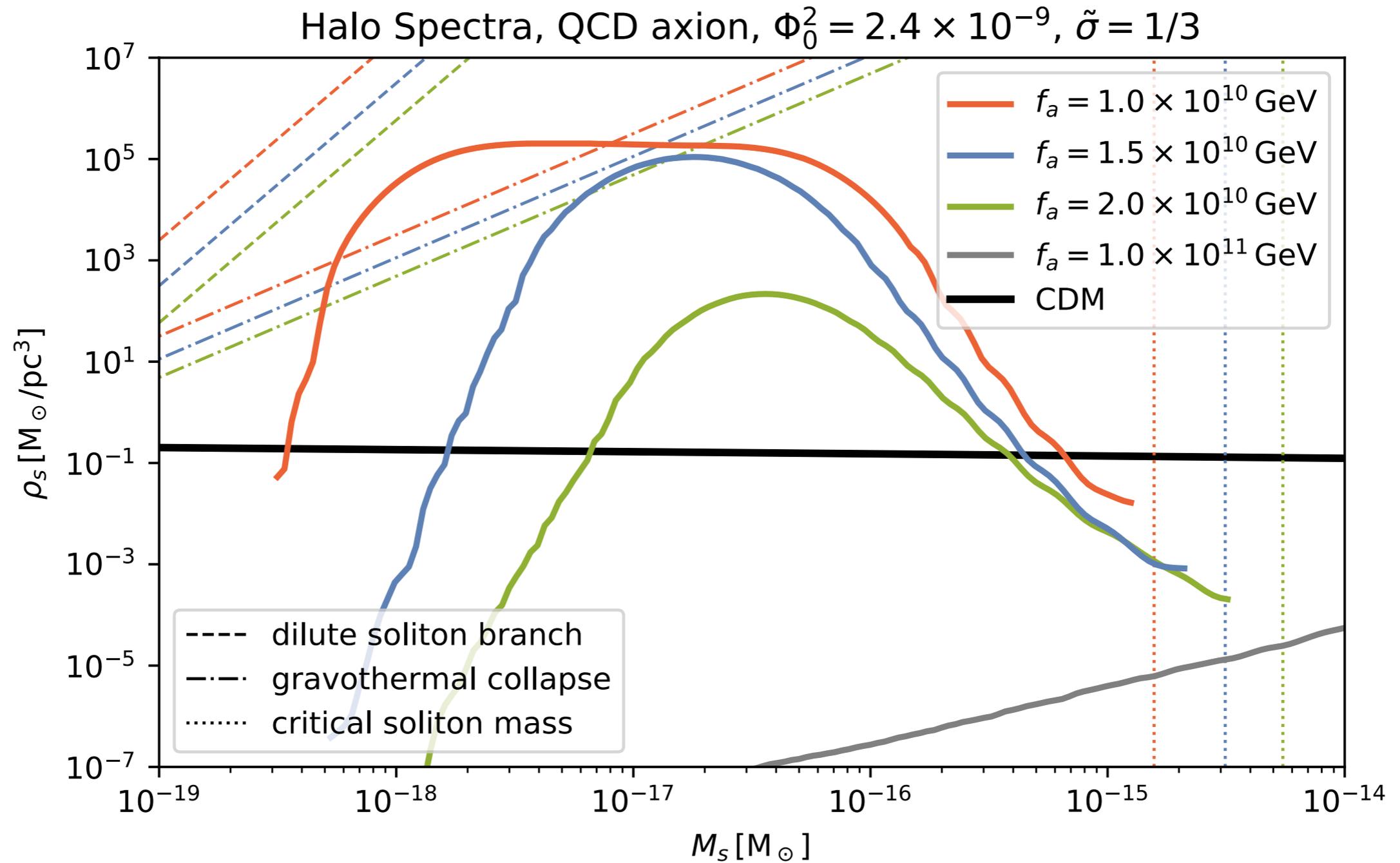
with

$$\begin{aligned} m(T)^2 &\equiv \chi_{QCD}(T) m(T=0)^2 \\ &\propto T^{-8.16}, \quad T > 1 \text{ GeV} \end{aligned}$$

The QCD axion field starts oscillating when  $H \ll m(T=0)$

corresponding to  $\tilde{k} \sim 0.1$

# The QCD axion: Density perturbation growth



Affects high-frequency QCD axion searches ( $m > 10^{-4}$  eV)

# Other lessons learned from the large misalignment mechanism

- Produces axions stars, miniclusters or oscillons of mass:

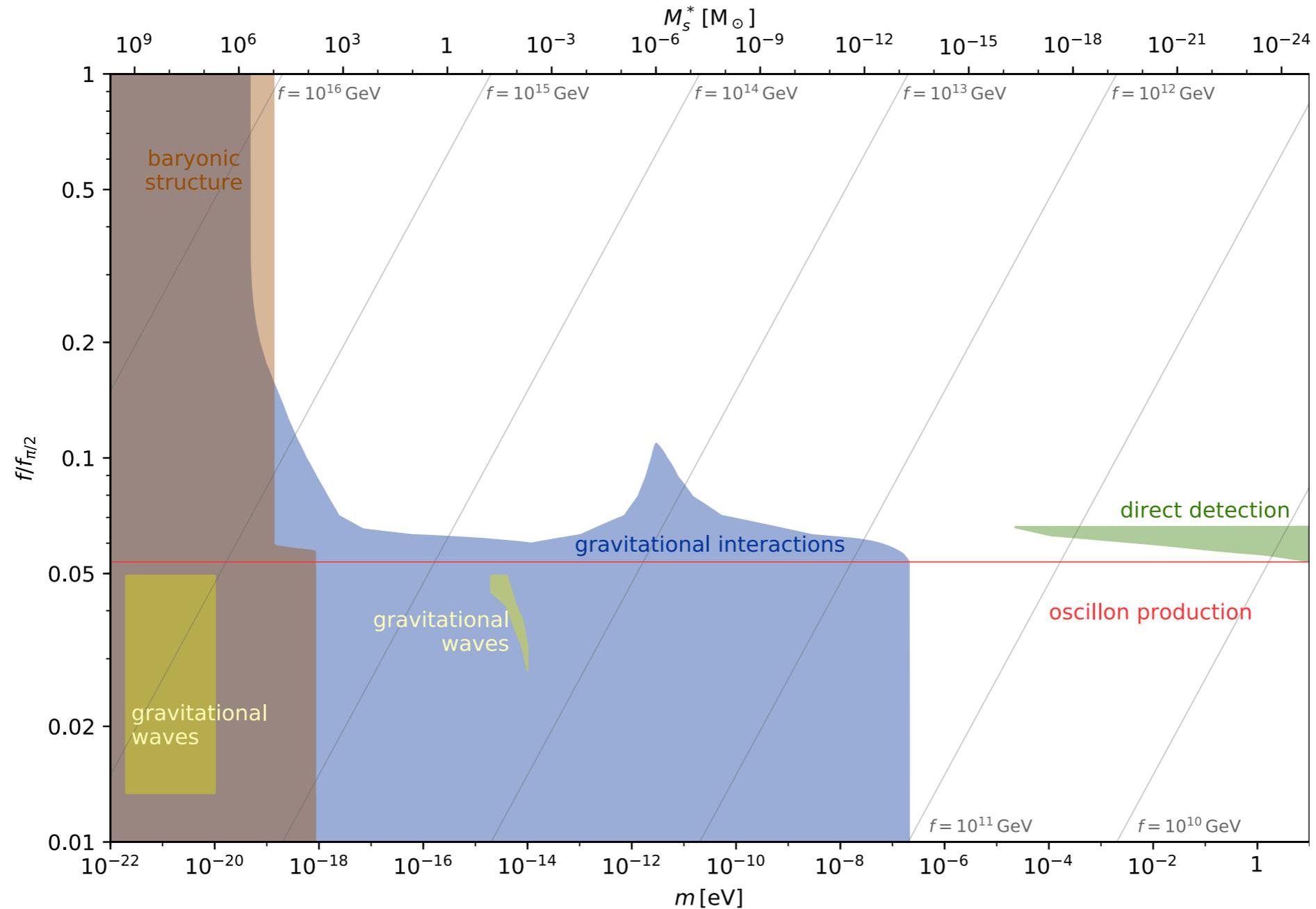
$$M_s^* = \frac{4\pi\rho_{\text{DM}}^0}{3} \left(\frac{\lambda_*}{2}\right)^3 \approx 5 \times 10^9 M_\odot \left[\frac{10^{-22} \text{ eV}}{m}\right]^{3/2}$$

- Cannot produce dense axion stars without overclosing the universe with Dark Matter
- For earth-bound experiments the relevant frequency range is that of ADMX and higher
- Oscillons DM should be a possibility but exact mechanism of longevity or appropriate potential has yet to be identified

# Open Questions

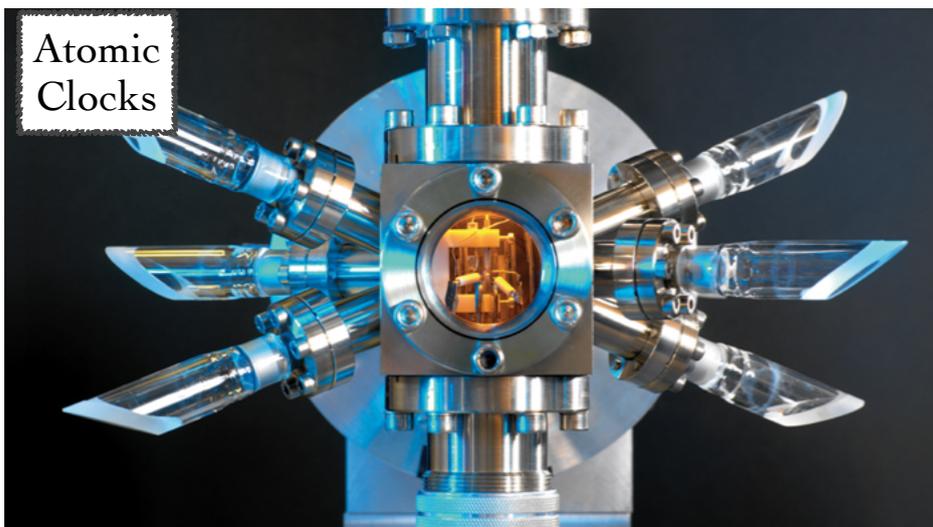
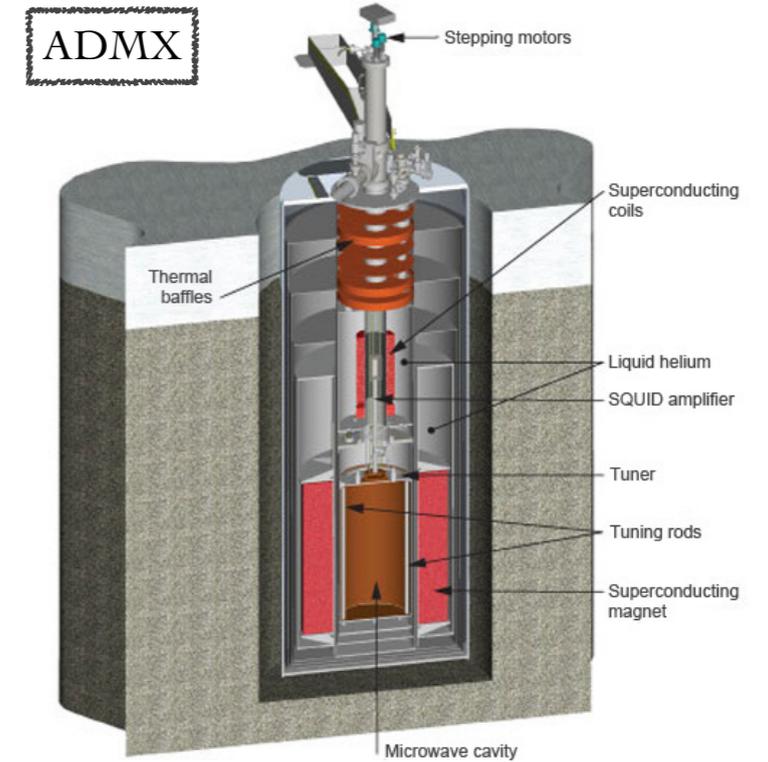
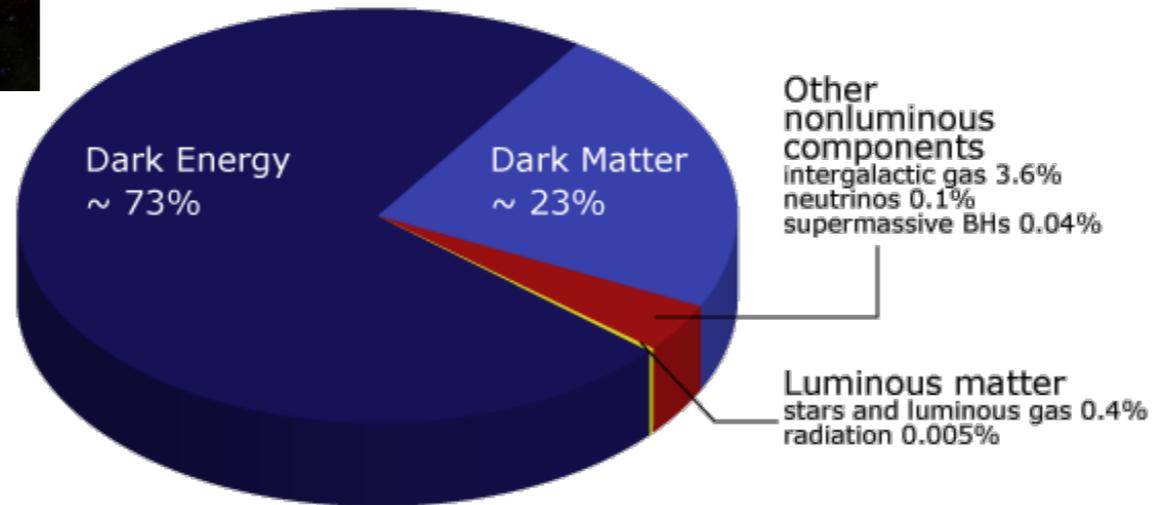
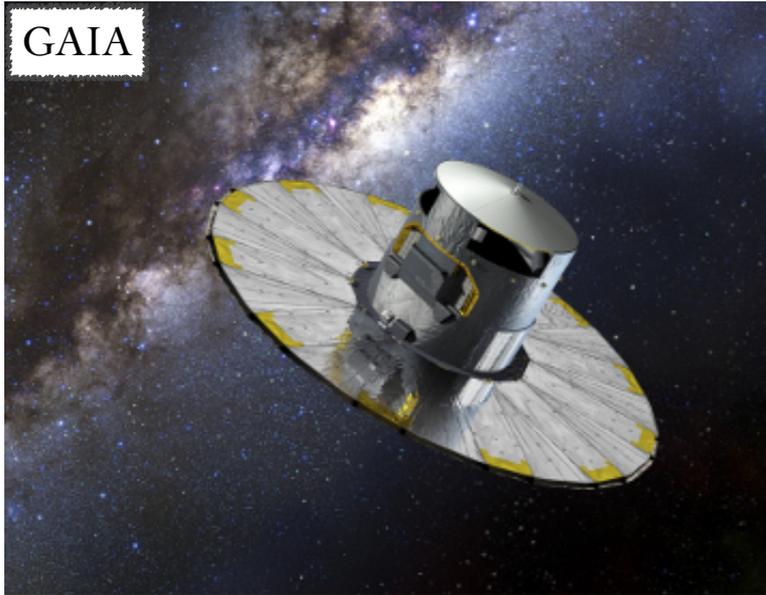
- How much can we really tell about star formation?
- Are there non gravitational probes of large DM halos?
- What fraction of DM is in these halos?  
What are the optimal strategies for laboratory DM searches?

# Signatures of the large misalignment mechanism



$$V(\phi) = m^2 f^2 (1 - \cos(\phi/f))$$

# Shining Light on Dark Matter

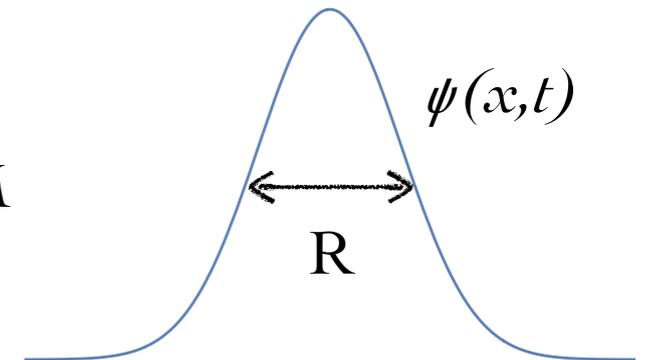




# Back-up slides

# What are solitons? What are oscillons?

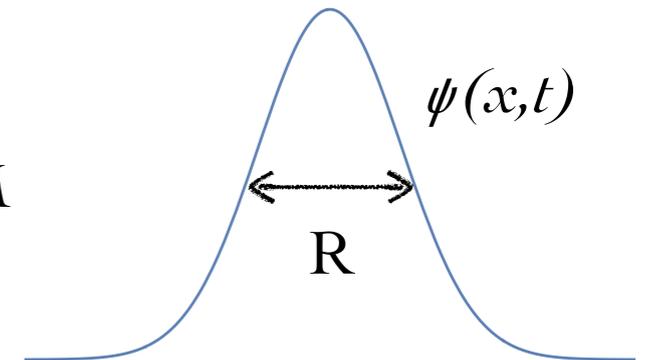
Scalar field configuration of size  $R$  and total mass  $M$



$$\text{Hamiltonian energy density} = \frac{|\nabla\psi|^2}{2m} + V_{grav}(\psi) - \lambda|\psi|^4 + \lambda'|\psi|^6$$

# What are solitons? What are oscillons?

Scalar field configuration of size  $R$  and total mass  $M$



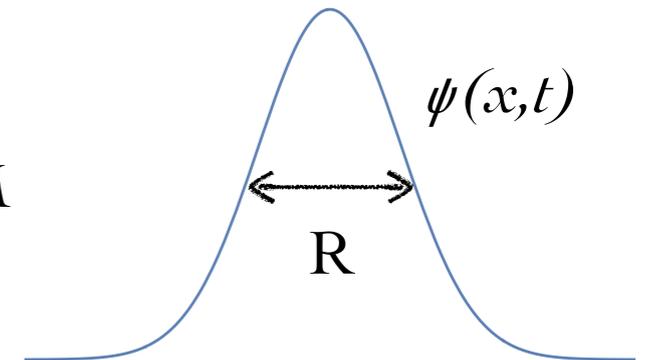
$$\text{Hamiltonian energy density} = \frac{|\nabla\psi|^2}{2m} + V_{grav}(\psi) - \lambda|\psi|^4 + \lambda'|\psi|^6$$

Integrate over volume

$$\text{Energy}(M, R) = \frac{M}{m^2 R^2} - \frac{G_N M^2}{R} - \lambda \frac{M^2}{m^2 R^3} + \lambda' \frac{M^3}{m^3 R^6}$$

# What are solitons? What are oscillons?

Scalar field configuration of size  $R$  and total mass  $M$



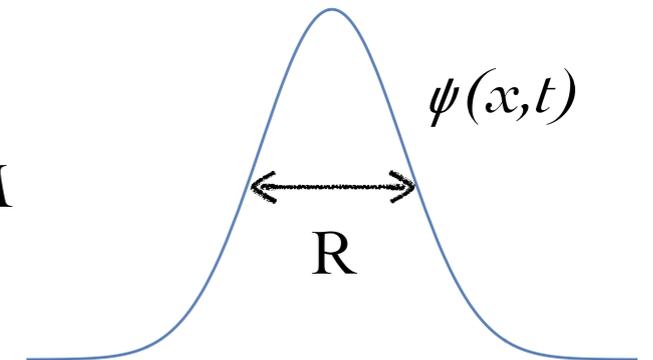
$$\text{Hamiltonian energy density} = \frac{|\nabla\psi|^2}{2m} + V_{grav}(\psi) - \lambda|\psi|^4 + \lambda'|\psi|^6$$

$$\text{Energy}(M, R) = \boxed{\frac{M}{m^2 R^2} - \frac{G_N M^2}{R}} - \lambda \frac{M^2}{m^2 R^3} + \lambda' \frac{M^3}{m^3 R^6}$$

**Solitons:** Large ( $R > 1/m$ ) scalar field configurations balancing kinetic pressure against gravity

# What are solitons? What are oscillons?

Scalar field configuration of size  $R$  and total mass  $M$



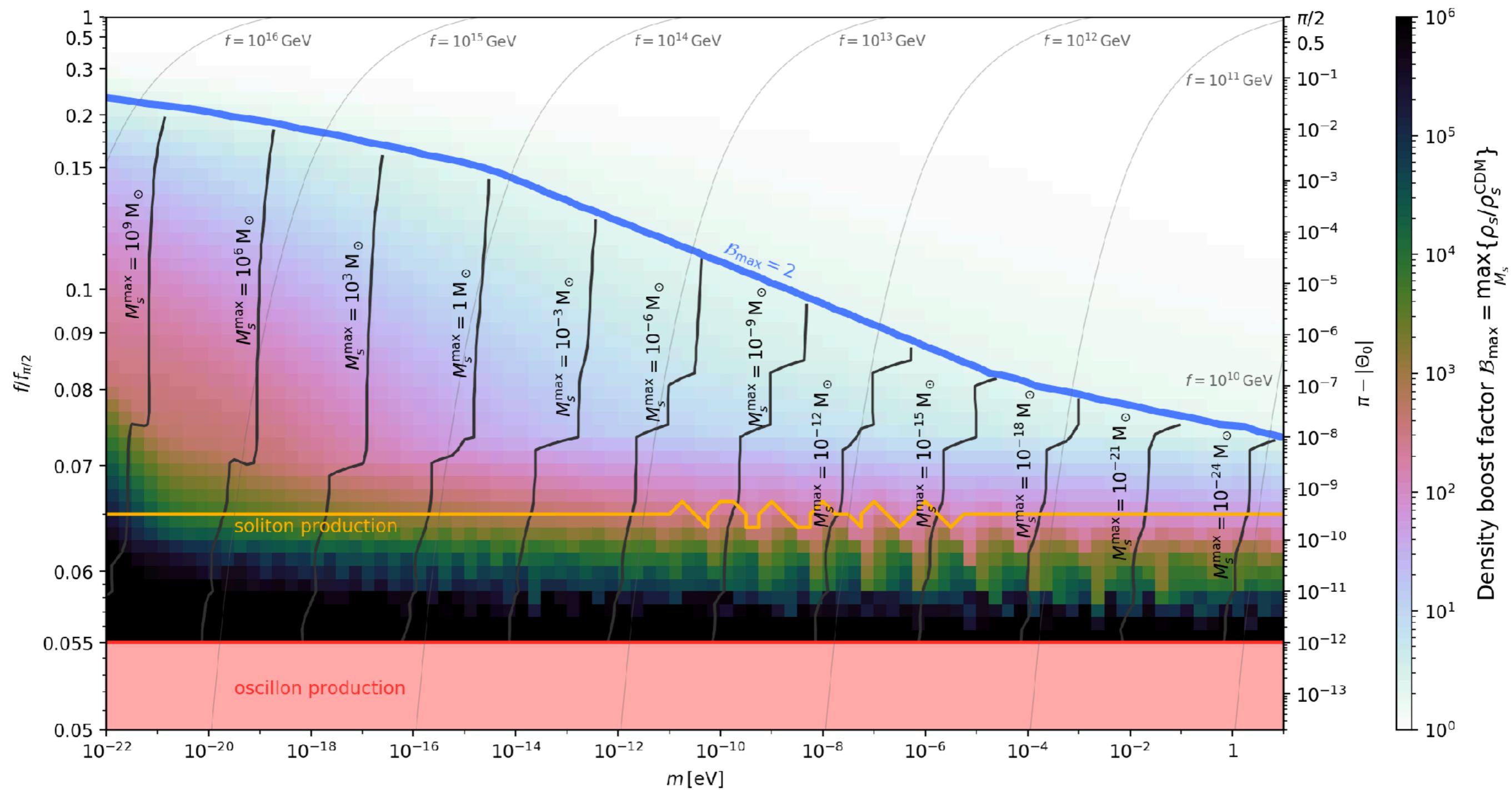
$$\text{Hamiltonian energy density} = \frac{|\nabla\psi|^2}{2m} + V_{grav}(\psi) - \lambda|\psi|^4 + \lambda'|\psi|^6$$

$$\text{Energy}(M, R) = \boxed{\frac{M}{m^2 R^2} - \frac{G_N M^2}{R}} - \boxed{\lambda \frac{M^2}{m^2 R^3} + \lambda' \frac{M^3}{m^3 R^6}}$$

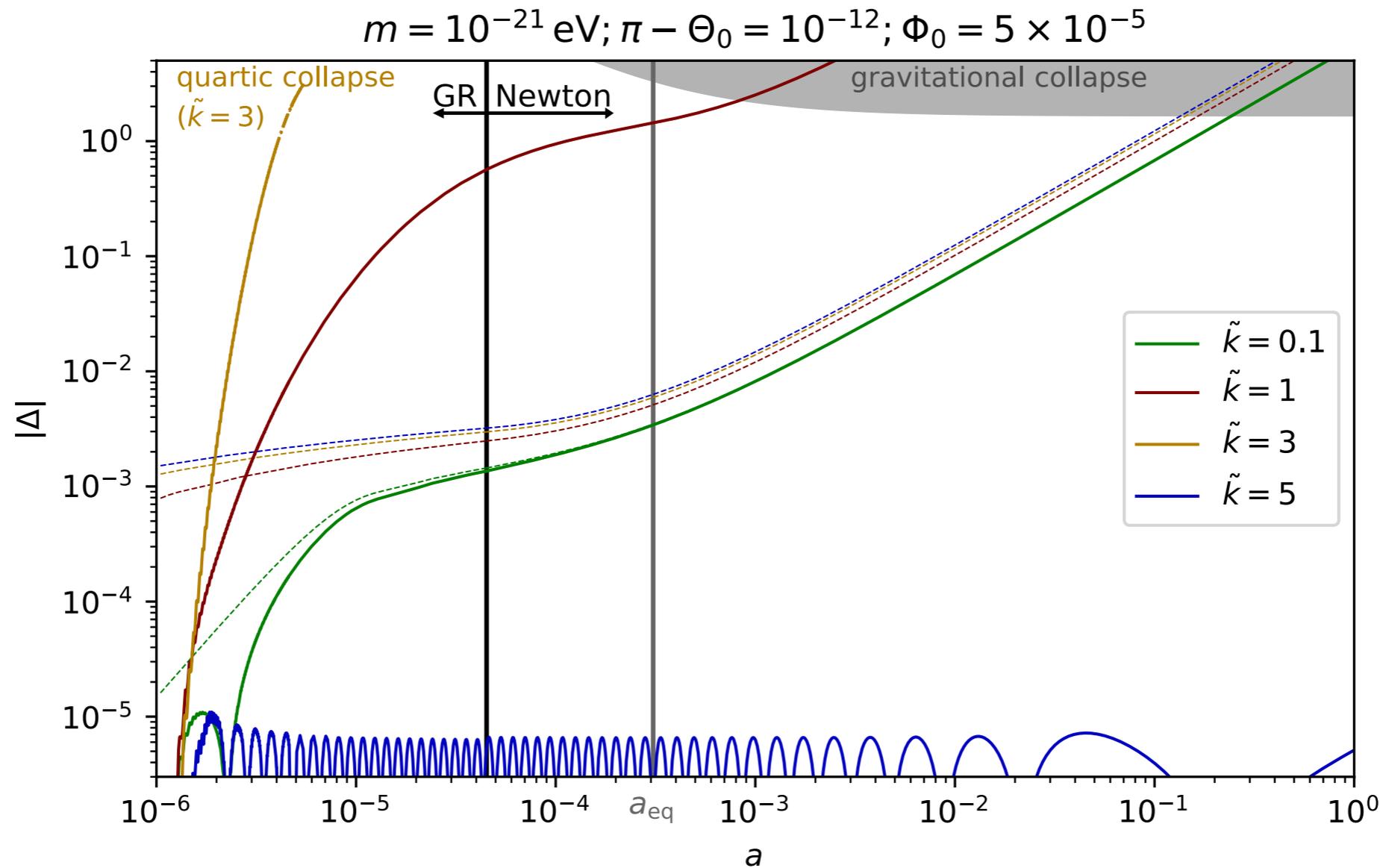
**Solitons:** Large ( $R > 1/m$ ) scalar field configurations balancing kinetic pressure against gravity

**Oscillons:** Small ( $R \sim 1/m$ ) scalar field configurations balancing kinetic pressure against gravity

# Delayed Onset of Oscillation

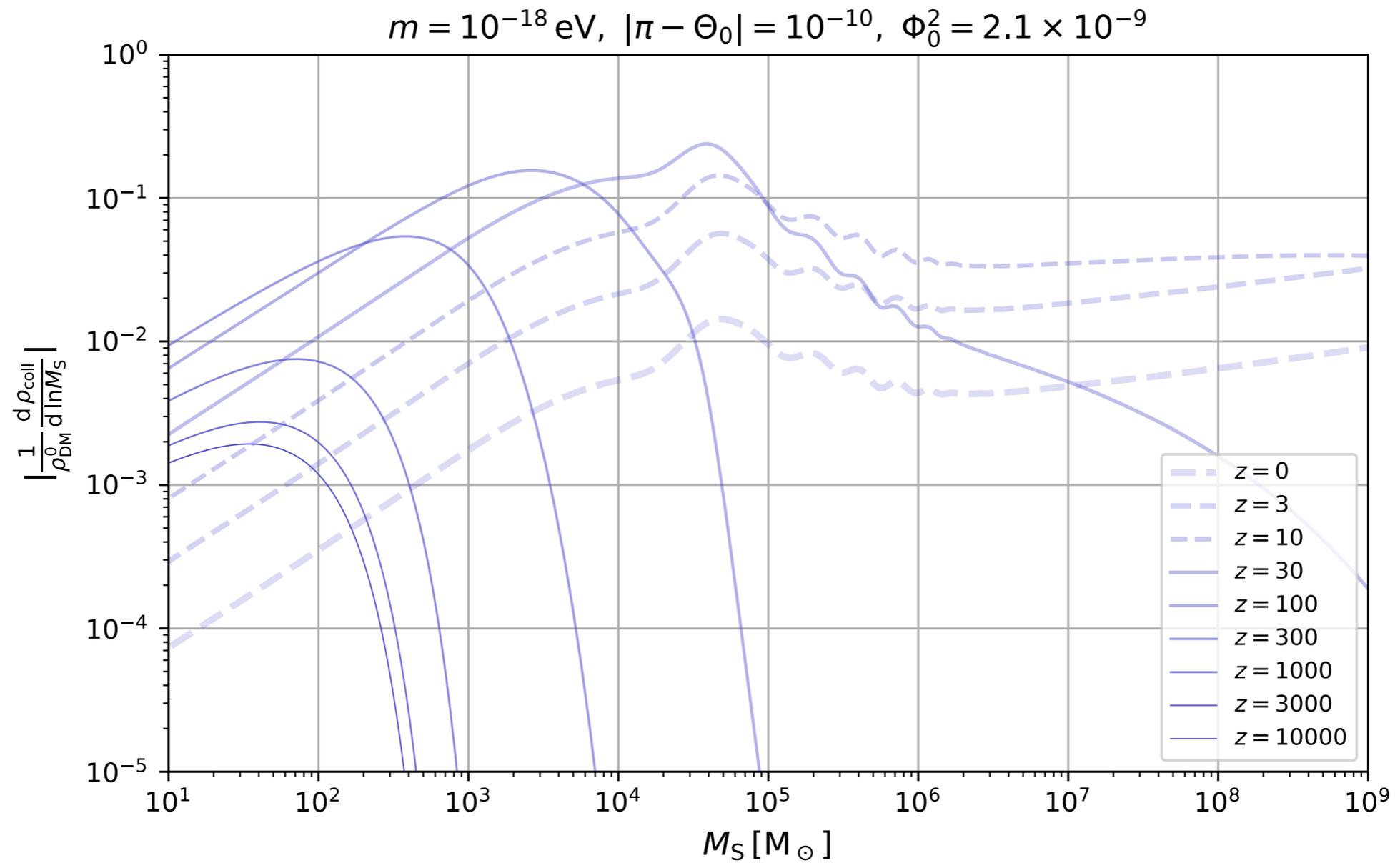


# Growth of density perturbations as a function of scale and time



Initial conditions: scale invariant spectrum

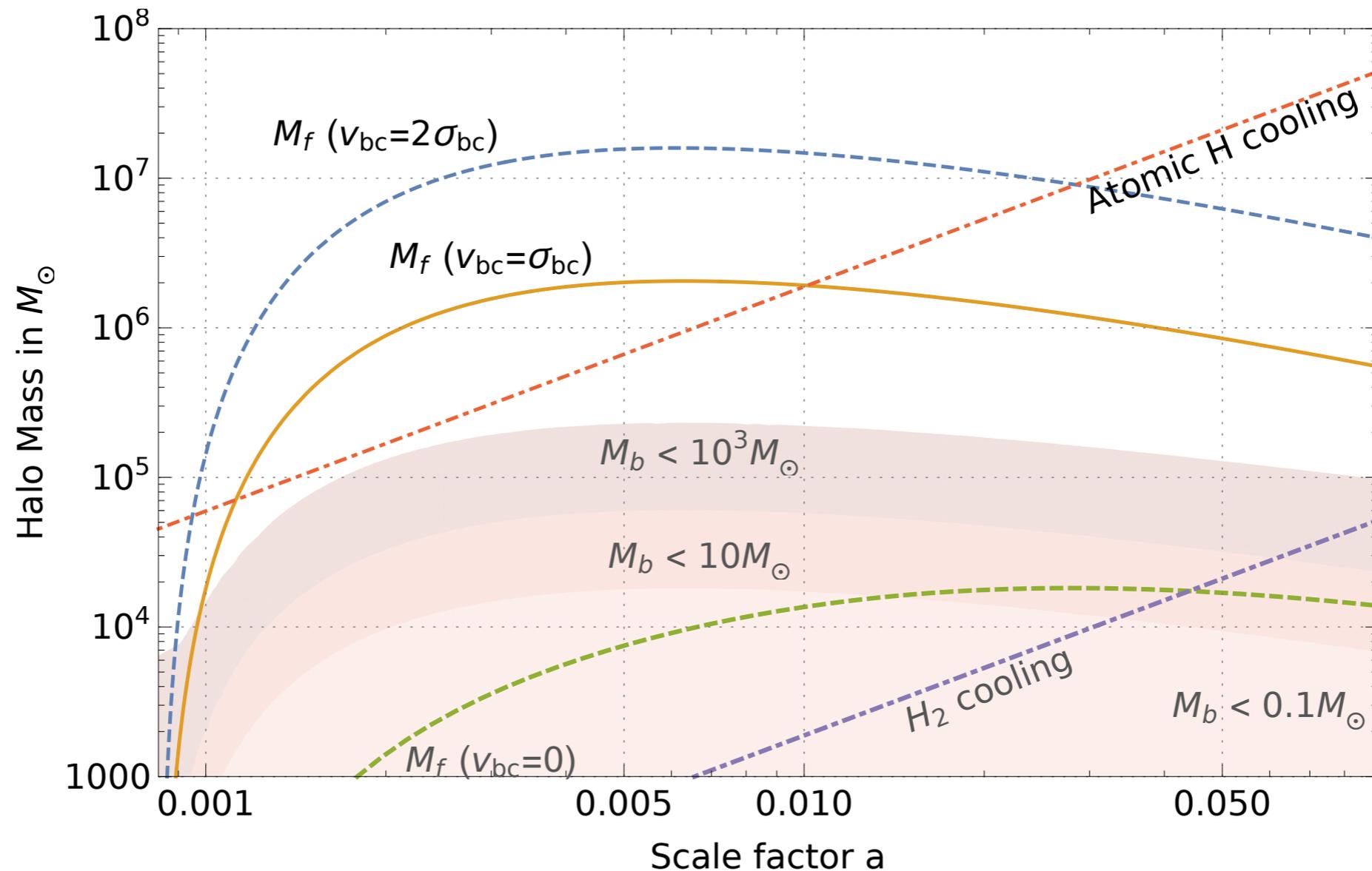
# Press-Schechter



# Compact DM Halos jumpstart star formation

Successful star forming halos need to have:

1. enough baryons
2. the ability to cool the baryons



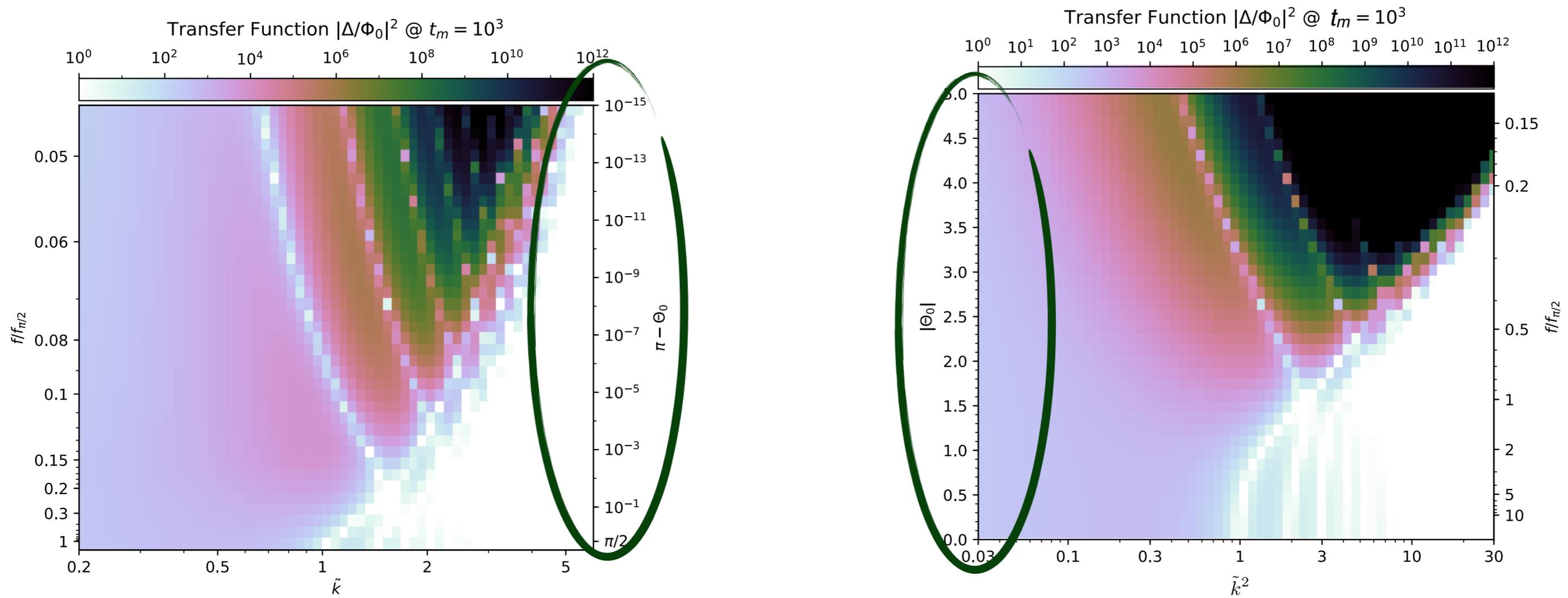
Minimum halo size that forms stars can be as smaller than  $10^8$  solar masses

# What about tuning?

- Dynamics fixing  $\Theta=\pi$  during inflation
- Environmental selection just like the case of the QCD axion outside the traditional axion window
- For string axions, a cosine potential is not the only option

# What about tuning?

An example of “untuned” axion potential



$$V(\Theta) \propto (1 - \cos(\Theta))$$

$$V(\Theta) \propto \frac{\Theta^2}{2 + \Theta^2}$$

# Outline

- Dynamics of the large misalignment mechanism
- Signatures of the large misalignment mechanism
- **The QCD axion**
- Comments and future prospects

# The QCD axion

Temperature dependent mass

$$V(\phi, T) = m^2(T) f^2 \left[ 1 - \cos\left(\frac{\phi}{f}\right) \right]$$

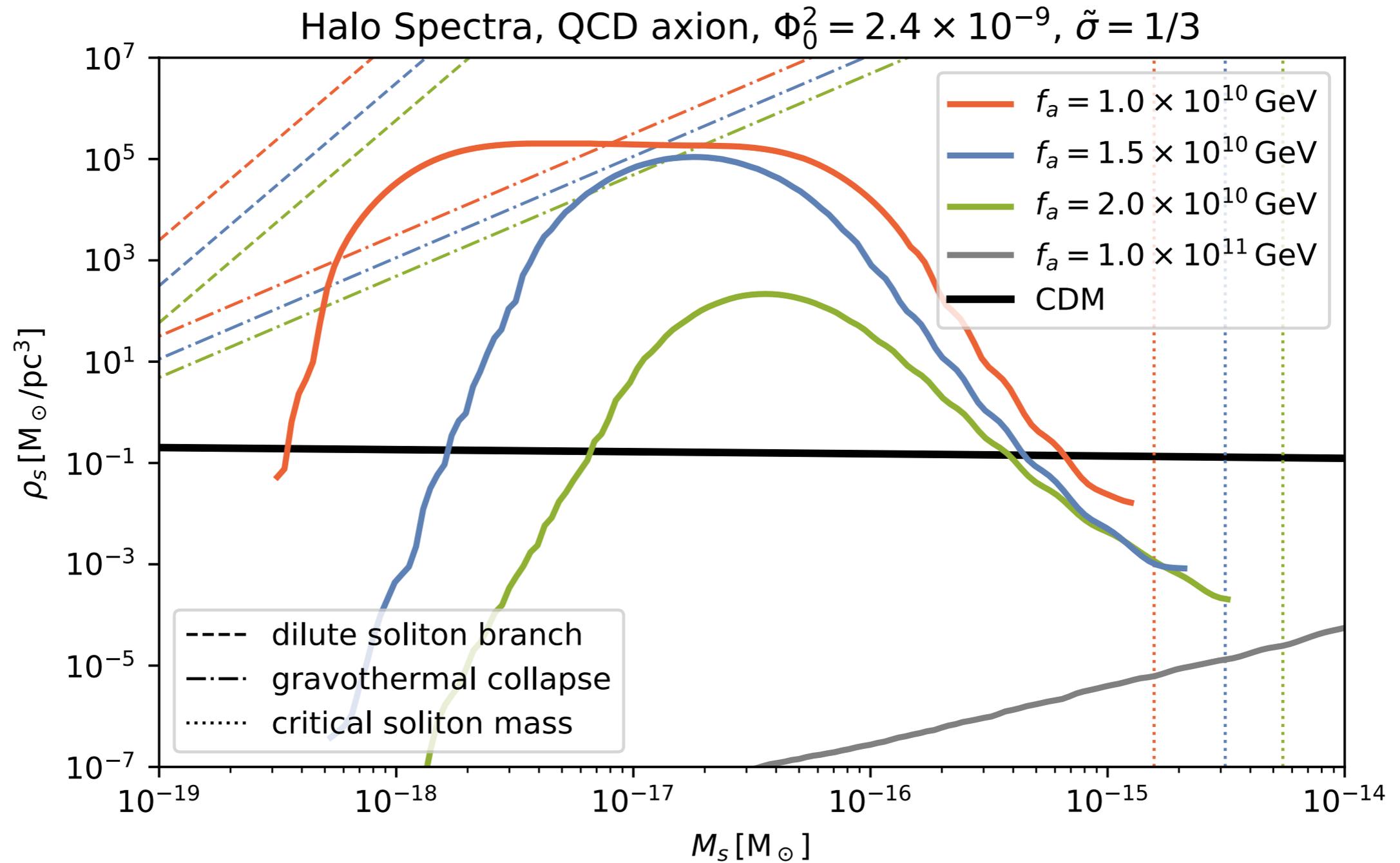
with

$$\begin{aligned} m(T)^2 &\equiv \chi_{QCD}(T) m(T=0)^2 \\ &\propto T^{-8.16}, \quad T > 1 \text{ GeV} \end{aligned}$$

The QCD axion field starts oscillating when  $H \ll m(T=0)$

corresponding to  $\tilde{k} \sim 0.1$

# The QCD axion: Density perturbation growth



Affects high-frequency QCD axion searches ( $m > 10^{-4}$  eV)

# Outline

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