Dark Energy

massive gravity

quintessence

k-essence

barotropic fluids

modified gravity

frustrated defects

coupled quintessence

Theory

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Outline

- Accelerating expansion history

- Dark energy phenomenology

- Cosmological constant

- Quintessence

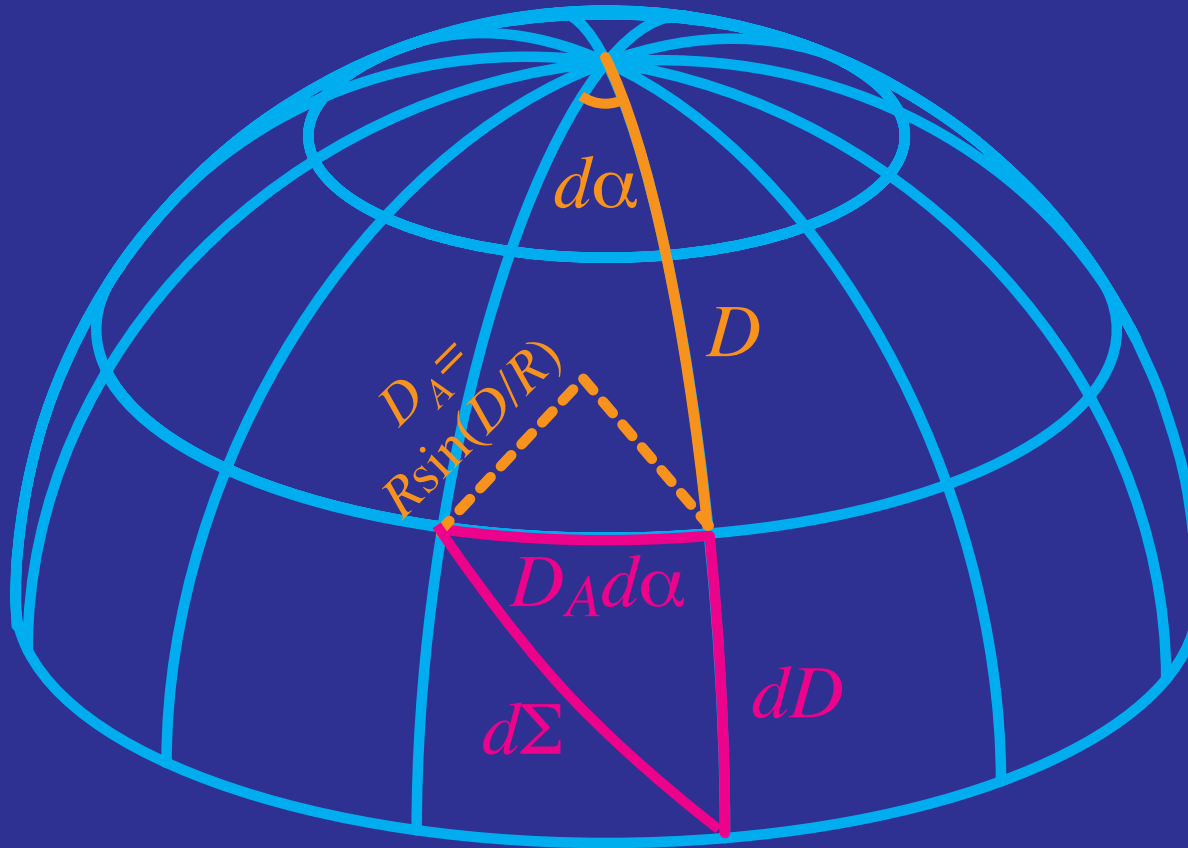- Couplings, modified forces

- Modified gravity

Cosmic Acceleration

Homogeneity & Isotropy

- Homogeneity and isotropy $\rightarrow$ FRW line element

$$ds^2 = -dt^2 + a^2(t)\left[dD^2 + D_A^2 d\alpha^2\right]$$

$$d\alpha^2 = d\theta^2 + \sin^2\theta d\phi^2$$

Distance-Redshift

- Photons travel on null-geodesics

$$D = \int \frac{dt}{a} = \int \frac{da}{aH} = \int \frac{dz}{H}$$

where the expansion rate $H = \dot{a}/a$ and redshift $(1 + z) = a^{-1}$

- Given a measure of distance D (which measures time t)

    to an object at redshift z (which measures size a)

    infer the expansion history of universe $a(t)$

Acceleration

- Relative distances between high and low z supernovae are further $H_0 D = \int dz (H_0/H)$ than expected in a matter only universe $\rightarrow$ expansion rate

    does not increase with redshift

    does not decrease with expansion a

  as quickly

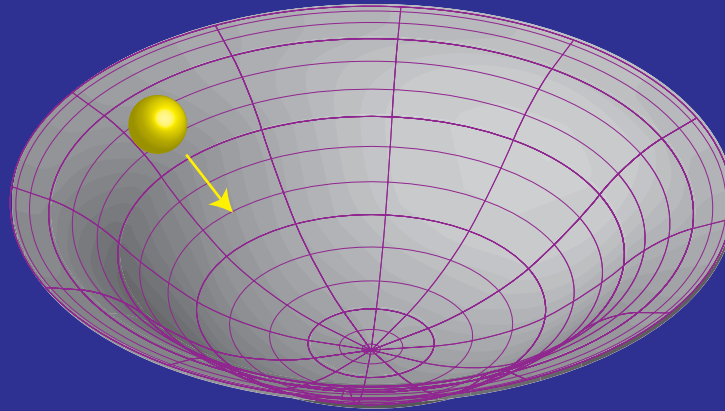- If expansion rate drops with a as $H \propto a^{-3(1+w)/2}$ then

$$\frac{\ddot{a}}{a} \propto -(1+3w)a^{-3(1+w)}$$

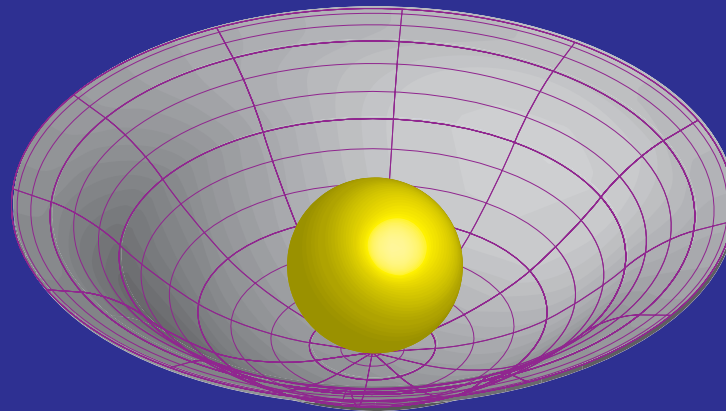 acceleration if $w < -1/3$ or expansion rate falls slower than $H \propto a^{-1}$

- Purely geometric so far, inference about missing dark energy requires Friedmann equation (Einstein equations)

Mercury or Pluto?

- General relativity says Gravity = Geometry

- And Geometry = Matter-Energy

- Could the missing energy required by acceleration be an incomplete description of how matter determines geometry?

Dark Energy

Dark Energy

- Under the Einstein equations

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

  and the FRW metric, 00 and ii give the Friedmann equations

$$H^2 = \frac{8\pi G}{3}(\bar{\rho} + \rho_K)$$

$$\frac{\ddot{a}}{a} = -\frac{4\pi G}{3}(\bar{\rho} + 3\bar{p})$$

  where $\bar{\rho}$ and $\bar{p}$ are the average energy density and pressure and are the only things allowed in $T_{\mu\nu}$ by symmetry

- The index $w = \bar{p}/\bar{\rho}$ is known as the equation of state parameter

- Observationally $w \approx -1$ to $\sim 10\%$ ruling out some possibilities like frustrated domain walls and strings

$w \neq$ Equation of State

- $w = \bar{p}/\bar{\rho}$ is a relationship between average energy density and pressure not local energy density and pressure

- Consider a barotropic fluid $p(\rho)$

$$\bar{p} = w\bar{\rho} \to \nabla p = w \nabla \rho$$

which for $0 < w < -1$ is an imaginary sound speed and violently unstable for constant w

- The only baryotropic equation of state that is allowed and accelerates the expansion is

$$p(\rho) = f(\rho - \text{const}) - \text{const}.$$

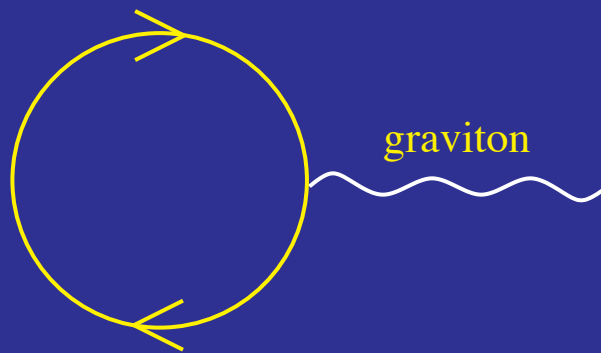with $f' > 0$ – "Chaplygyn gas" models RIP

- Even more generally beyond $p(\rho)$: one non-dynamical dominant piece, zero or more subdominant dynamical piece
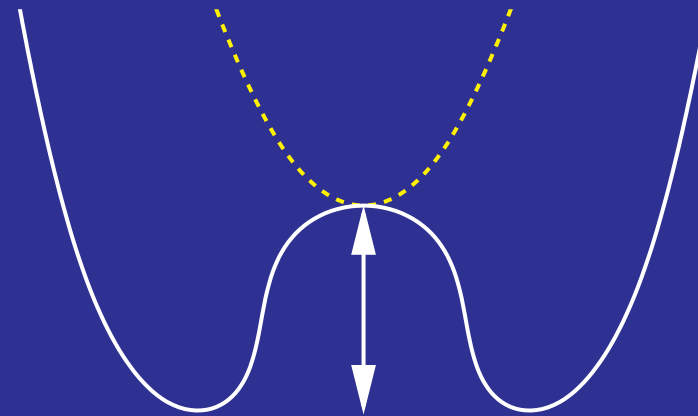
Cosmological Constant

Cosmological Constant

- **Simplest** possibility, consistent with all data to date, is a constant: Einstein's Cosmological Constant

- **Particle physics** provides **sources** for such a constant

graviton

Zero Point Energy   Phase Transitions

- But the **energy scales** associated with particle physics scale **cutoffs** and **transitions** give **energy densities** ($\rho \sim E^4$) at least ~60 orders of magnitude **too large**

- For a **bare CC** to cancel these contributions would seem to require **exquisite fine tuning**

String Landscape?

- String landscape provides ~10^{500} metastable vacua
  [Kachru, Kallosh, Linde, and Trivedi 2003]

- At some of these, this cancellation is achieved [so if they can be populated and selected anthropically...]

String Landscape?

- **String landscape** provides ~10^{500} metastable vacua
  [Kachru, Kallosh, Linde, and Trivedi 2003]

- Meets some resistance from people with flat backgrounds who think landscapes are artificial!

Coincidence

- Anthropic arguments attempt to address coincidence problem:
  matter/radiation dilutes with expansion
  dark energy constant or slowly diluting
  only comparable today

Carroll (2001)
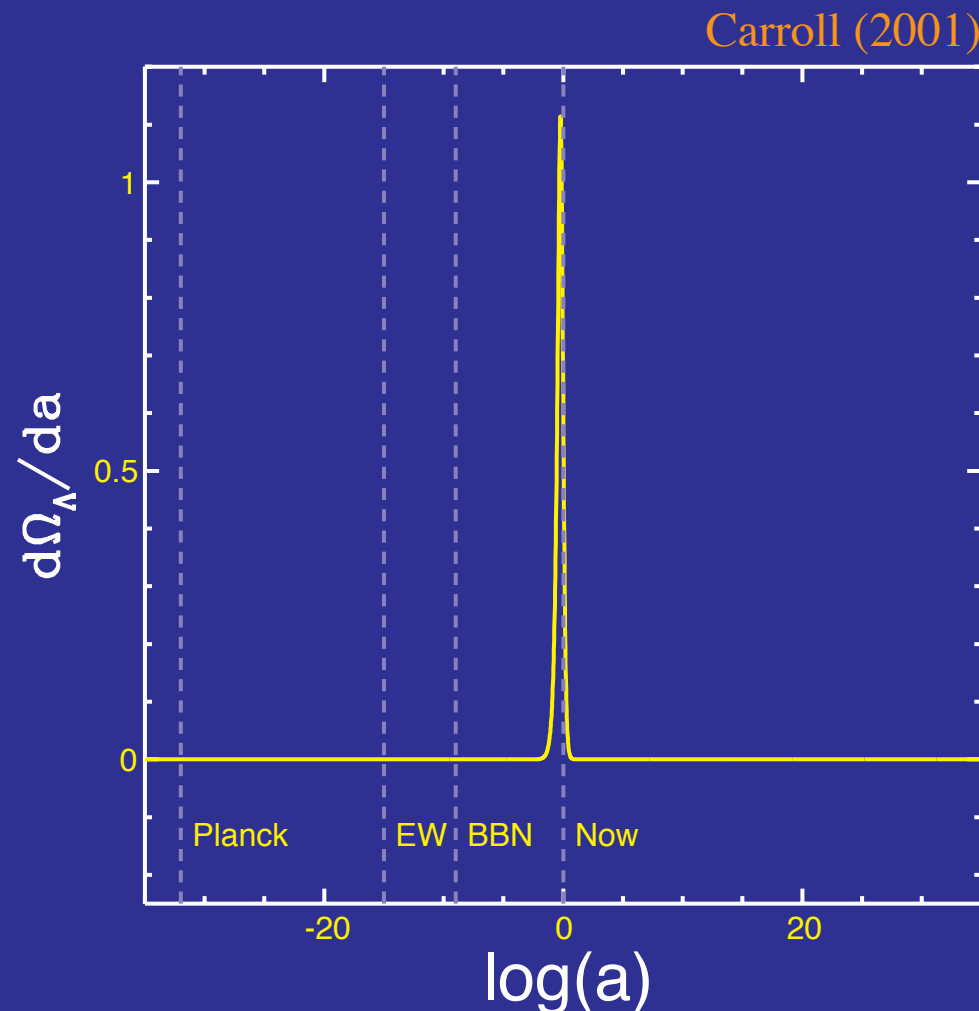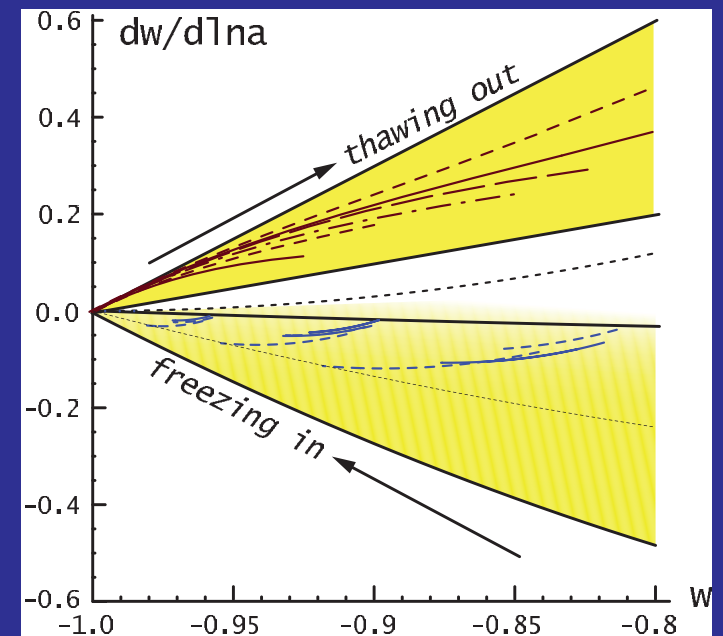
Quintessence

Quintessence

- Perhaps the true cosmological constant is zero and we are rolling in a (very!) flat direction of a landscape like inflation
[but what protects a $m \sim H_0 \sim 10^{-33}$eV mass and small couplings?]

Quintessence

- Perhaps the true cosmological constant is zero and we are rolling in a (very!) flat direction of a landscape like inflation [but what protects a $m \sim H_0 \sim 10^{-33}$eV mass and small couplings?]

- Two degrees of freedom:
  potential energy (driving acceleration)
  kinetic energy (associated with rolling)
  dynamical dark energy

Caldwell & Linder (2005)

- Typical models:
  thawing -
    frozen by Hubble drag,
    released to roll
  freezing
    rolling/tracking early
    on and slowing to potential domination
  [possibly trading coincidence with features in potential]

Beyond the Background

Beyond w

- Hallmark of cosmological constant / quintessence spatial smoothness relative to matter
   - for quintessence, sound speed of kinetic contribution $c_S = 1$ - smooth inside the horizon

- Beyond a minimally coupled light scalar field: self-interactions, coupling to dark matter or baryons etc.

- From the matter standpoint these look like changes to the (gravitational) force law

- Currently, strongest evidence for acceleration is from expansion history

- Tests of growth of structure are starting to be incisive and can confirm or refute predictions of the paradigm

Post-Friedmann Parameterization

- Repeat the logic of the background geometry calculation

- Photons move on null geodesics of the perturbed post Friedmann metric

$$ds^2 = -(1 + 2\Psi)dt^2 + a^2(1 + 2\Phi)\left[dD^2 + D_A^2 d\alpha^2\right]$$

  and feels both the Newtonian potential Ψ and space curvature potential Φ

- Non-relativistic matter moves according to Ψ and sources metric fluctuations via Einstein equation (Poisson equation)

- Modified forces and couplings can break these relations and dark energy perturbations can provide additional sources

Dynamical vs Lensing Mass

- Newtonian potential: $\Psi = \delta g_{00}/2g_{00}$ which non-relativistic particles feel
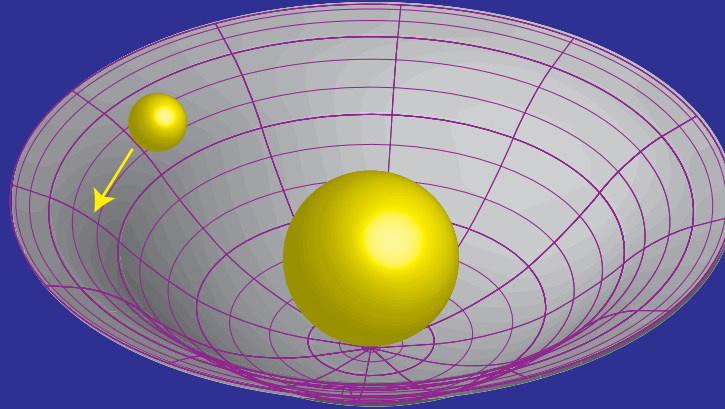
- Space curvature: $\Phi = \delta g_{ii}/2g_{ii}$ which also deflects photons
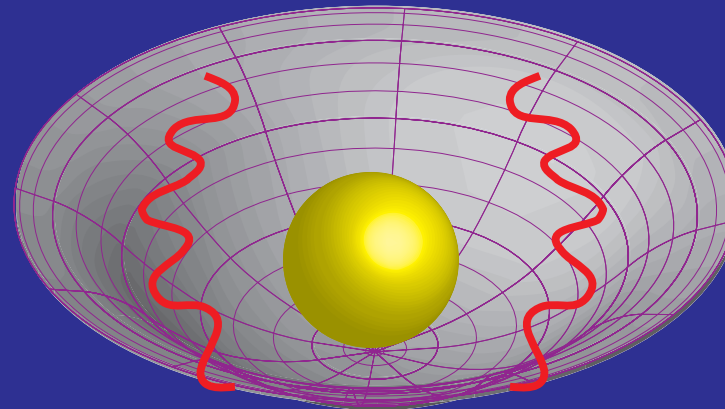
- Most of the incisive tests of gravity reduce to testing the space curvature per unit dynamical mass

Modified Gravity = Dark Energy?

- Solar system tests of gravity are informed by our knowledge of the local stress energy content

- With no other constraint on the stress energy of dark energy other than conservation, modified gravity is formally equivalent to dark energy

$$F(g_{\mu\nu}) + G_{\mu\nu} = 8\pi G T^{\mathrm{M}}_{\mu\nu} \qquad -F(g_{\mu\nu}) = 8\pi G T^{\mathrm{DE}}_{\mu\nu}$$

$$G_{\mu\nu} = 8\pi G [T^{\mathrm{M}}_{\mu\nu} + T^{\mathrm{DE}}_{\mu\nu}]$$

and the Bianchi identity guarantees $\nabla^{\mu} T^{\mathrm{DE}}_{\mu\nu} = 0$

- Distinguishing between dark energy and modified gravity requires closure relations that relate components of stress energy tensor

- For matter components, closure relations take the form of equations of state relating density, pressure and anisotropic stress

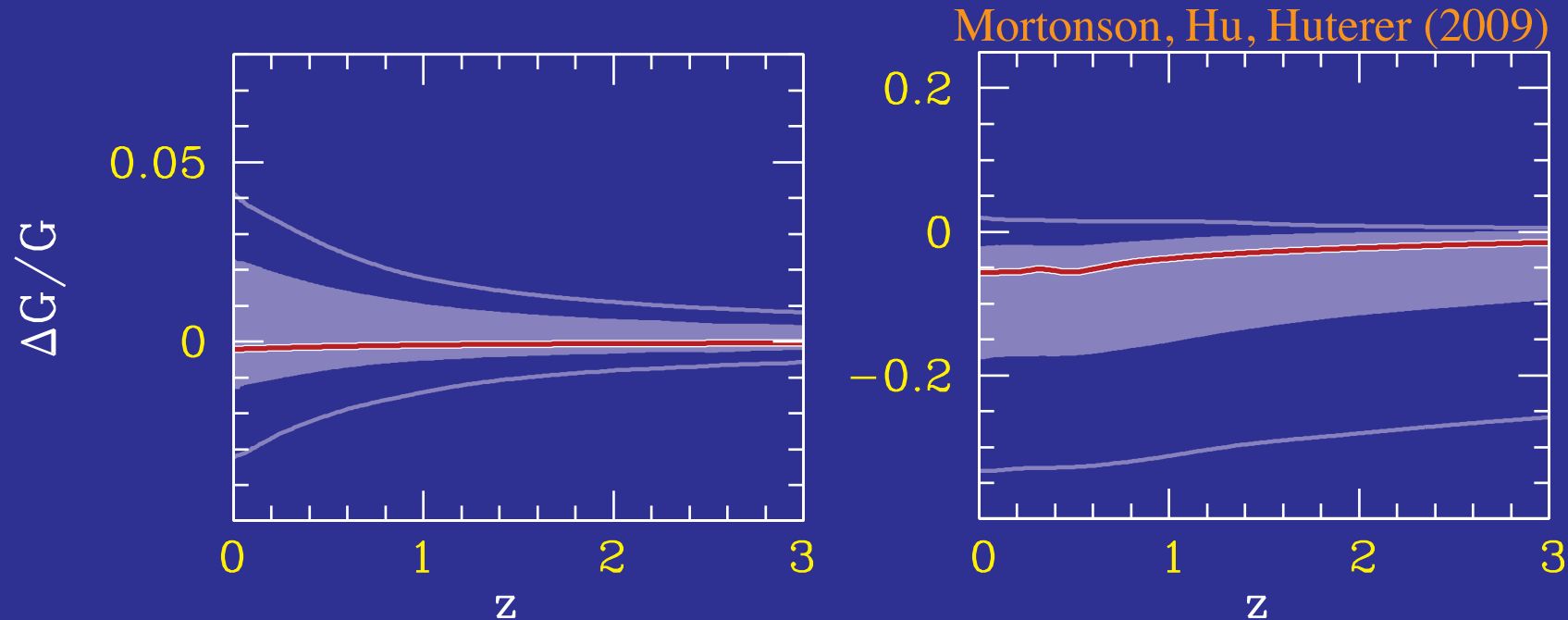# Geometry Predicts Growth

Falsifying ΛCDM

- Λ slows growth of structure in highly predictive way
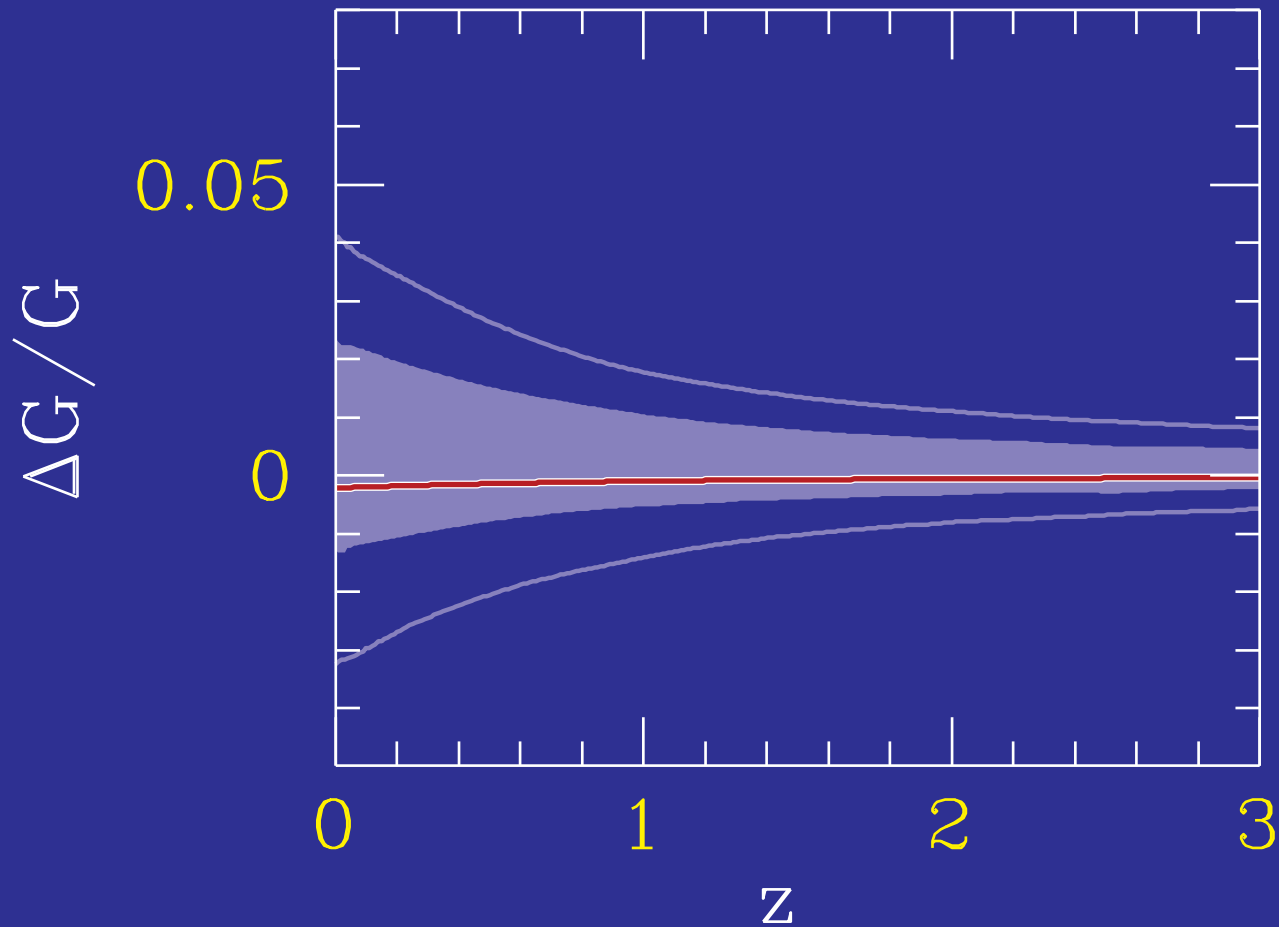
Cosmological Constant

Falsifying Quintessence

- Dark energy slows growth of structure in highly predictive way

Mortonson, Hu, Huterer (2009)

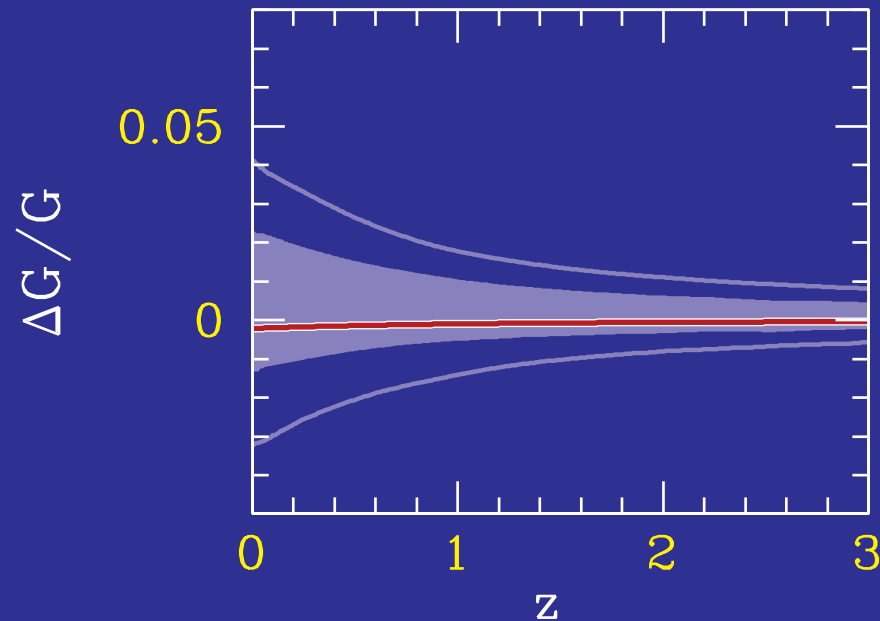Cosmological Constant   Quintessence

- Deviation significantly >2% rules out Λ with or without curvature

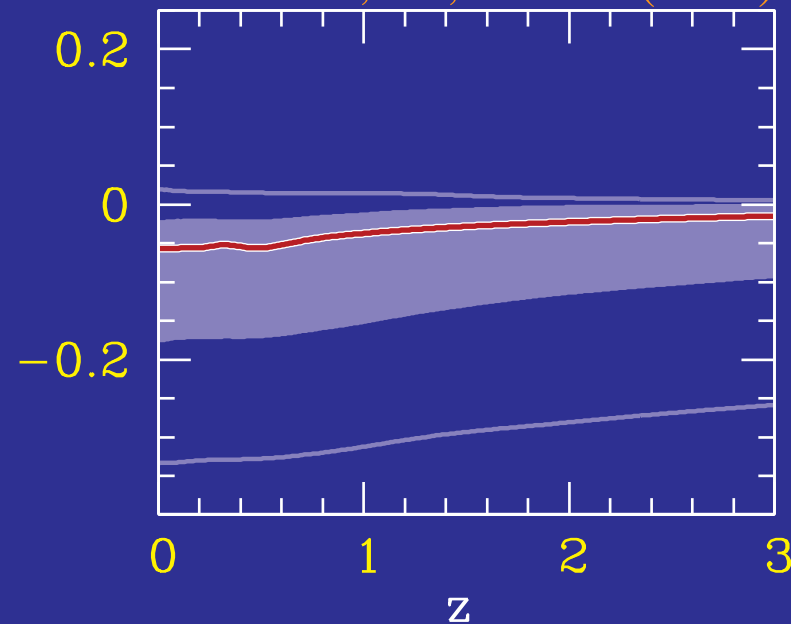- Excess >2% rules out quintessence with or without curvature and early dark energy [as does >2% excess in H_0]

Dynamical Tests of Acceleration

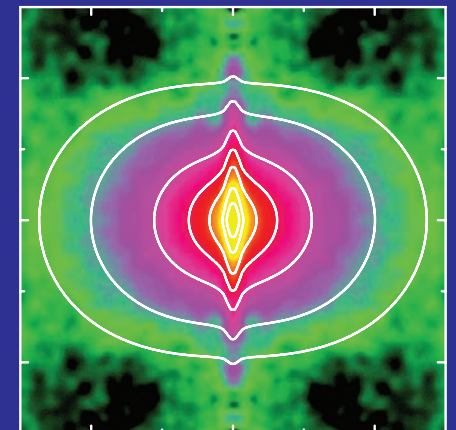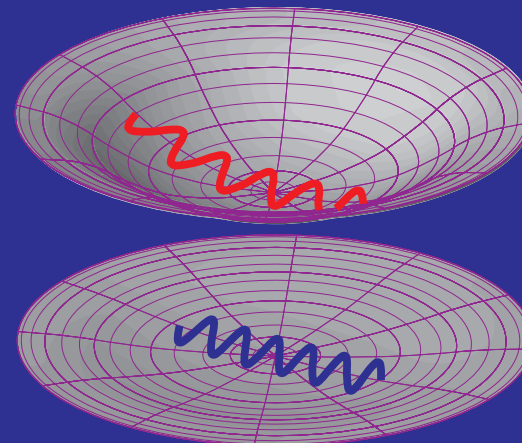- Dark energy slows growth of structure in highly predictive way
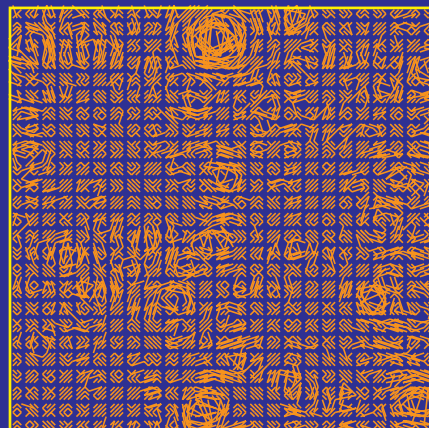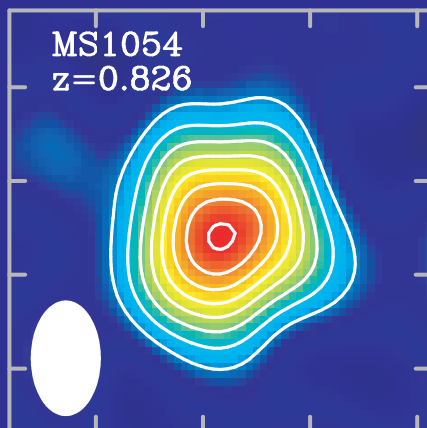
Cosmological Constant

Quintessence

Modified Forces

Modified Forces

- Extra scalar propagating degree of freedom

- Cosmological IR modification hidden from local constraints on gravity and fifth forces $\rightarrow$ non-linear mechanism (strong interactions or changes in the potential or coupling)

  Chameleon mechanism (running mass or coupling)

  Vainshtein mechanism (strong coupling, derivative interactions)

- Concrete (but toy) models that exhibit these

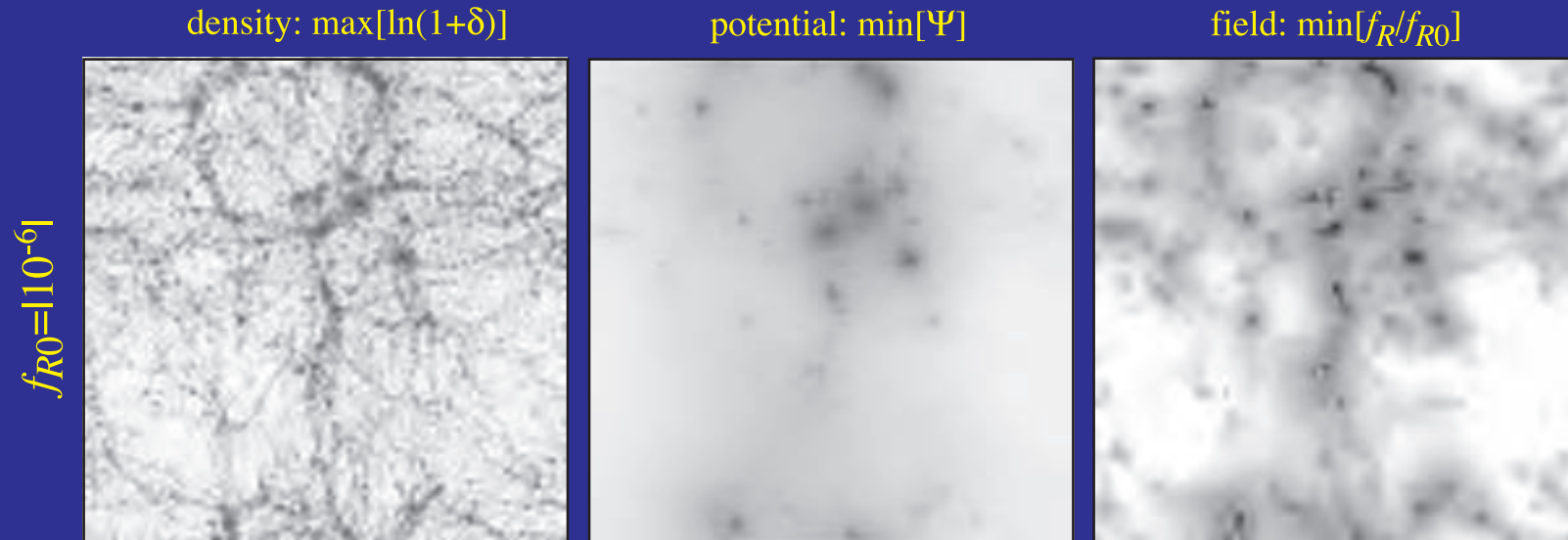 Modified Action $f(R)$

  $$S = \int d^4x \sqrt{-g} \left[\frac{R + f(R)}{16\pi G} + \mathcal{L}_{\mathrm{m}} \right]$$

  Dvali-Gabadadze-Porrati (DPG) Braneworld

  $$S = \int d^5x \sqrt{-g} \left[\frac{{}^{(5)}R}{2\kappa^2} + \delta(\chi) \left(\frac{{}^{(4)}R}{2\mu^2} + \mathcal{L}_m \right) \right]$$
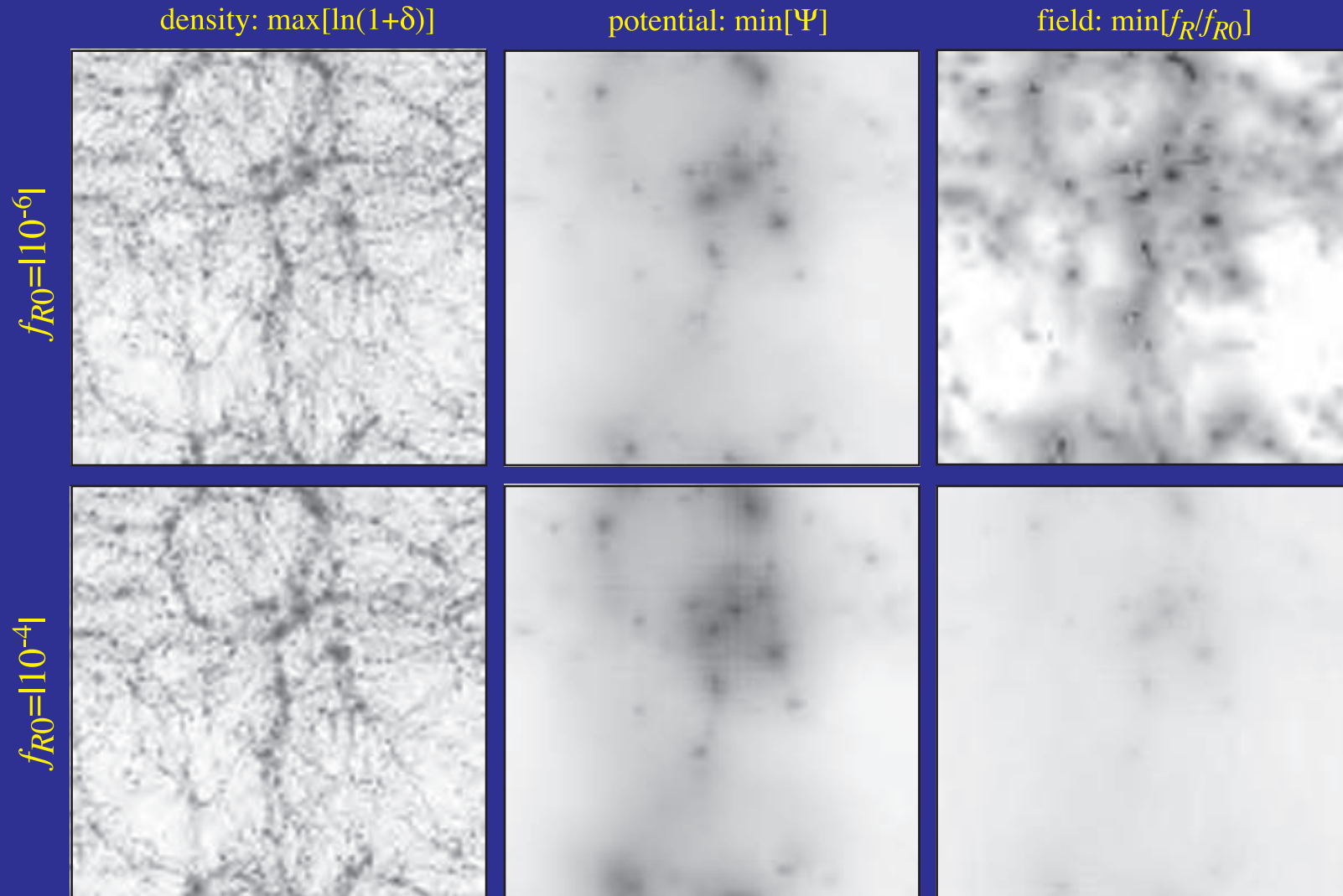
Environment Dependent Force

- Chameleon suppresses extra force (scalar field) in high density, deep potential regions

density: max[ln(1+δ)]   potential: min[Ψ]   field: min[f_R/f_{R0}]

$f_{R0}=|10^{-6}|$

Environment Dependent Force

- For large background field, gradients in the scalar prevent the chameleon from appearing

density: max[ln(1+δ)]   potential: min[Ψ]   field: min[f_R/f_{R0}]

$f_{R0}=|10^{-6}|$

$f_{R0}=|10^{-4}|$

Oyaizu, Lima, Hu (2008)

Massive Gravity

- DGP model motivated re-examination of massive gravity models
  [de Rham, Gabadadze, et al, Koyama et al, Hassan & Rosen (2010-2011)

- Graviton mass $\sim H_0$ provides self-acceleration

$$H^2 = m^2 + \frac{8\pi G}{3}\rho$$

  while also not seeing the cosmological constant contribution "degravitation"

- Key: add extra terms to Fierz-Pauli action to make it nonlinearly ghost free [Arkani-Hamed, Georgi, Schwartz (2003)], exhibit Vainshtein strong coupling (Galileon symmetry, restoring vDVZ continuity)

$$S = \int d^4x \sqrt{-g} \frac{1}{16\pi G} \left(R + m^2[\mathcal{L}^{(2)}(\mathcal{K}) + \alpha_3 \mathcal{L}^{(3)}(\mathcal{K}) + \alpha_4 \mathcal{L}^{(4)}(\mathcal{K})] \right)$$

with $\mathcal{K}^\mu_\nu = \delta^\mu_\nu + \sqrt{g^{\mu\alpha}\partial_\alpha\phi^a \partial_\nu\phi^b \eta_{ab}}$

- Much progress in the last year! stay tuned...

Summary

- Strong evidence for cosmic acceleration from distance-redshift or geometric probes

- Einstein/Friedmann equations imply negative pressure component $\bar{p}/\bar{\rho} < -1/3$

- Dark energy looks like const (+ small dynamical component) - must look phenomenologically like cosmological constant

- Why small but finite cosmological constant? string landscape?

- Quintessence: dynamics of minimally coupled, very light, slowly rolling scalar field

- Couplings $\rightarrow$ fifth forces, difficult to hide - Chameleon, Vainshtein

- Fifth forces subset of "modified gravity" explanations

- Recent progress on making massive gravity explain acceleration, cosmological constant problem...