# Double-Beta Decay and Nuclear Theory

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Example: <sup>136</sup>Xe Others: <sup>76</sup>Ge, <sup>130</sup>Te, <sup>150</sup>Nd ...

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can observe two neutrons turning into protons, emitting two electrons and nothing else.

Different from already observed two-neutrino process.



#### Neutrino Physics in Neutrinoless Double-Beta Decay



Diagram is proportional to effective "Majorana mass" of light neutrinos,

$$m_{\beta\beta} = \sum_{i} U_{ei}^2 m_i,$$

so if  $O \nu \beta \beta$  decay is seen neutrinos are their own antiparticles!

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Whatever the hierarchy, the Majorana mass must come from somewhere, and the Standard Model by itself doesn't allow it.

Its presence implies new particles, which could make the low masses of neutrinos natural, and could also change  $O_{\nu\beta\beta}$  rate.

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Heavy-particle exchange can occur at the same rate as light- $\nu$  exchange (or even a larger rate) if  $m_N \approx m_{W_R} \approx 1$  TeV.

#### New Physics at Hadronic Level

Light-v exchange:



Effective field theory lists pionnucleon-level operators and determines their importance.

Lattice QCD can then compute dependence of blobs on new particle masses and couplings.

#### New-physics operators



New physics inside blobs

#### New Physics at Hadronic Level



### Light-v Exchange in a Nucleus

 $[T_{1/2}^{O\nu}]^{-1} = G(Z, N) |M_{O\nu}|^2 m_{\beta\beta}^2$ Phase-space factor Nuclear matrix element

"Traditional" part of matrix element:

$$M_{Ov} = M_{Ov}^{GT} - \frac{g_V^2}{g_A^2} M_{Ov}^F + \dots$$



$$M_{Ov}^{GT} = \langle F | \sum_{i,j} H(r_{ij}) \sigma_i \cdot \sigma_j \tau_i^+ \tau_j^+ | I \rangle + \dots$$
$$M_{Ov}^F = \langle F | \sum_{i,j} H(r_{ij}) \tau_i^+ \tau_j^+ | I \rangle + \dots$$
$$H(r) \approx \frac{2R}{\pi r} \int_0^\infty dq \frac{\sin qr}{q + \overline{E} - (E_i + E_f)/2} \quad \text{roughly} \propto 1/r$$

Corrections are from "forbidden" terms, weak nucleon form factors, many-body currents, other effects of high-energy physics that depend on framework.

# Light-v-Exchange Matrix Elements

**Recent Values** 

Significant spread. And all the models may miss important physics.

Uncertainty hard to quantify.



Starting point is always mean field(s)



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"Energy-Density Functional Theory" mixes many such states with different collective properties.

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protons	neutrons

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<u>QRPA</u>: Large single-particle spaces in arbitrary single mean field; simple correlations and excitations within the space.



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<u>Shell Model:</u> Small single-particle space in simple spherical mean field; arbitrarily complex correlations within the space.

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These models are all phenomenological representations of nuclear states with parameters that are fit to data in the nuclei of interest. They are not systematically improvable, and don't allow estimates of uncertainty.



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eld:

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#### The Way Forward: Ab Initio Nuclear Theory

Starts with chiral effective field theory.

Nucleons, pions sufficient below chiral-symmetry breaking scale.



#### Decay operators in EFT

Recent realization (Cirigliano et al., PRL 120, 202001 (2018)):

Usual light neutrino exchange,

must be supplemented, even at leading order in chiral EFT, by short-range operator (representing high-energy v exchange):

Coefficient of this leading-order term is also unknown. Results in uncertainty of order 100%

Higher-order corrections have also been worked out.





# Ab Initio Many-Body Methods

Partition of Full Hilbert Space



P = subspace you want Q = the rest

Task: Find unitary transformation to make H block-diagonal in P and Q, with  $H_{\rm eff}$  in P reproducing most important eigenvalues.

Simpler calculation done here.

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Must must apply same unitary transformation to transition operator.

Simpler calculation done here.

# Ab Initio Many-Body Methods



Simpler calculation done here.

# In-Medium Similarity Renormalization Group

One way to determine the transformation

Flow equation for effective Hamiltonian. Gradually decouples selected set of states.



from H. Hergert

 $\frac{d}{ds}H(s) = \left[\eta(s), H(s)\right], \qquad \eta(s) = \left[H_d(s), H_{od}(s)\right], \qquad H(\infty) = H_{eff}$ 

Trick is to keep all 1- and 2-body terms in *H* at each step *after normal ordering* (**IMSRG-2**, includes most important parts of 3, 4-body ... terms).

If selected set is a single state, end up with g.s. energy. If it is a valence space, get effective shell-model interaction and operators.

### **Coupled-Cluster Theory**

Slater

Ground state in closed-shell nucleus:

Here the Hamiltonian is transformed in a non-unitary way:

 $H \longrightarrow \tilde{H} \equiv e^{-T} H e^{T}$ 

so that  $|\varphi_0\rangle$  is its ground state. Must solve algebraic equations for the *t*'s.

Excited states, states in closed-shell + a few nucleons, constructed from simple excitations of  $|\varphi_0\rangle$ .

### Ab Initio Calculations of Spectra



# <sup>48</sup>Ca: Ab-Inito $O_{\nu\beta\beta}$ Matrix Elements vs. Older Ones



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- 2. Chiral EFT + new many-body methods are the tools required to compute matrix elements with controlled uncertainty.
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