Probing Dark Matter with Gravitational Waves

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Gravitational waves may shed light on dark matter









Binary merger events ($M_1 \approx M_2$)

- >50 LIGO/Virgo observations
 - 2017 Nobel Prize in Physics
- Can be used to learn about dark matter in various ways
- Most GW radiation from the inspiral phase, ending in $f_{\rm ISCO}$
- Solvable in a (v/c) expansion
 - → Weak gravity, small velocity



What can we learn from the inspiral waveform?*

A lot, for example,

- 1. Component masses
- 2. Tidal effects \rightarrow equation of state
- 3. Dynamical friction \rightarrow environmental effects
- 4. Long-range (dark) forces \rightarrow BSM effects
- 5. Extra dissipation channels \rightarrow BSM effects
- 6. Redshift distribution of events \rightarrow age of objects
- 7. "Hair": multipolar metric deviations (EMRIs) \rightarrow tests of GR

So what about Dark Matter? Let's look at two examples: exotic compact objects and neutron star mergers. *Further information could come from (for example)

MassGap

NSBH

Hints of mass-gap mergers: • S190814bv \rightarrow downgraded mas gap probability <1% • S190924h (24 September '19) • S190930s (30 September '19) • $_{5 M_{\odot}}$

3Ma

from multi-messenger signals (or absence thereof),

or post-merger quasi-normal modes or "echoes"

5 M .

3Mc

1 M .

Exotic compact object merger sensitivity

- Best detection prospects for $f_{\rm min} < f_{\rm peak}$ ~ $f_{\rm ISCO} < f_{\rm max}$
- Defines an ECO sensitivity band

$$f_{\rm ISCO} = \frac{C_*^{3/2}}{3^{3/2} \pi G_N (M_1 + M_2)} \rightarrow C_* = \frac{G_N M_*}{R_*}$$

$$C_{\odot} = 2 \times 10^{-6}$$
 $C_{\rm BH} = 0.5$
 $C_{\oplus} = 7 \times 10^{-10}$ $C_{\rm NS} \sim 0.1$

• Sensitivity determined by masses, compactness and luminosity distance



Giudice, McCullough, Urbano [JCAP, 1605.01209]

DC, Nelson, Sun, Walker, Xianyu [ApJ, arXiv:1711.02096]

Dark Matter inside Neutron Stars

Asymmetric dark matter with a light mediator may collect inside a neutron star. What does that mean for the BNS inspiral phase?



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Mediator mass 10³ $m_V = 0 \text{ eV}$ $m_V \,[{ m eV}]$ 10^{-12} 10^{-10} 10^{-14} $m_V = 10^{-13.5} \text{ eV}$ 10^{-11} 10^{-15} $m_V = 10^{-13.0} \text{ eV}$ $m_V = 10^{-12.5} \text{ eV}$ $f_{\rm GW}$ (Hz) 10² 0.01 $\Delta \alpha$ 24 ALigo A+ ■ A++ 10^1 Vrt 25 50 75 100 125 150 175 0 10^{-4} Voyager t(s) CE1 ■ CE2 narrow CE2 wide ■ ET-B ET-D White line: GW170817 Continuous lines: repulsion 10^{-6} Effective coupling 10 1000 100 10° Dashed: + dipole radiation λ [km] $\alpha' q_1 q_2$ $\tilde{\alpha}' \equiv$ From Alexander, McDonough, Sims, Yunes, [CQG, arXiv:1808.05286] Gm_1m_2 More follow-ups: Kopp, Laha, Opferkuch, Shepherd [JHEP, arXiv:1807.02527]

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Dror, Laha, Opferkuch [arXiv:1909.12845]



Primordial black hole mergers

• Direct evidence

ightarrow

- Stellar evolution: no BHs $< 1.4~{\rm M}_{\odot}$ (Chandrasekhar mass)
- No astrophysical BH mergers with ${
 m z}>40$ (which will be probed by ET and CE)

Koushiappas, Loeb [PRL, 1708.07380]

- Statistical evidence (population studies)
 - PBH binaries could form abundantly before matter-radiation equality
 - PBHs are expected to have different spin distributions than astrophysical BHs
 - Recently: interesting discussions about the merger rate E.g. Fernandez, Profumo [1905.13019]

E.g. Boehm, Kobakhidze, O'Hare, Picker, Sakellariadou, [2008.10743]

• (Maybe) incompatible with WIMPs

E.g. Adamek, Byrnes, Gosenca, Hotchkiss [PRD, 1901.08528]



Environmental effects and EMRIs/IMRIs

- Merger of a ~ M_{\odot} object and a SMBH (~ $10^{6}~M_{\odot}$) or MBH (~ $10^{4}~M_{\odot}$)
 - LISA will detect EMRIs up to $z{=}4$
 - Inspirals are slow: LISA typically probes 10^{4} - 10^{5} cycles
- Potential to probe black hole spacetime
 - Nonzero Love numbers imply tidal forces

E.g. Pani, Maselli [IJMPD, 1905.03947]

E.g. Eda, Itoh, Kuroyanagi, Silk [PRD, 1408.3534]

- For black holes these effects are absent, while for mimickers they are present
- Potential to probe matter distribution around a MBH
 - Dark matter mini-spikes modify the waveform
 - Axion cloud implies an EM signal for an inspiraling pulsar



Non-perturbative particle production

• Chern—Simons coupling $(\phi/f)A_{\mu\nu}\tilde{A}_{\mu\nu}$ between the inflaton and a dark photon leads to a tachyonic instability in a photon helicity \rightarrow Exponential particle production and *chiral* GW

E.g. Turner and Widrow, [PRD, 1988] Anber and Sorbo, [JCAP, arXiv:0606534]

- Oscillating bosonic condensate is in general unstable to spatial perturbations, leading to,
 - Self-resonance (parametric and tachyonic)
 - Rapid fragmentation
 - Spatial clustering in the condensate

Sources a stochastic GW background E.g. *Kusenko and Mazumdar, [PRL, arXiv:0807.4554]*







First order phase transitions imply a stochastic GW background

Gravitational waves released in the Early Universe travel unimpeded until today

Population studies (LIGO/Virgo O1+O2)

Population studies (LIGO/Virgo O1+O2)

The black hole mass gap

Oxygen remains in the core Core-collapse heats the star, Oxygen causes an explosion

No remnant is left

During a long period of helium burning, the star produces Carbon and Oxygen

Electron-positron pairs destabilize the core

The mass gap is a robust prediction from stellar structure theory

The black hole mass gap and BSM physics

Core-collapse heats the star,

Oxygen causes an explosion

No remnant is left

During a long period of helium burning, the star produces Carbon and Oxygen

Electron-positron pairs destabilize the core

The core has less Oxygen and more Carbon

New light particles speed up helium burning: less Oxygen is produced The explosion as there is less

Electron-positron pairs destabilize the core

The explosion is less violent as there is less Oxygen

The core collapses into a black hole

New physics changes the location of the mass gap

To conclude,

- Gravitational waves offer an exciting new opportunity to study open questions in particle astrophysics and cosmology
- Uniquely, gravitational waves may offer a probe of the dark. We discussed a few examples, but there are others! *G. Bertone, DC, et al. arXiv:1907.10610*
- Ground, space and atom interferometers, as well as PTAs and astrometry give information across many decades in frequency
- We *will* learn more about dark matter through gravity!

Thank you!

...ask me anything you like!

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Example ECO: boson stars

- Non-relativistic, ultralight scalars appear in many theories of particle physics → may condense into boson stars
- Many-body system with a single wave function → solve a simple set of equations to find the properties of the star

QFT:
$$\mathcal{L} = \frac{1}{2} g^{\mu\nu} \nabla_{\mu} \phi^* \nabla_{\nu} \phi - \frac{1}{2} m^2 |\phi|^2 - \frac{\lambda}{4} \left(\frac{m^2}{f^2}\right) |\phi|^4$$

GR: $ds^2 = B(r) dt^2 - A(r) dr^2 - r^2 d\theta^2 - r^2 \sin^2 \theta d\phi^2$

→ Einstein-Klein-Gordon
 equations for A, B, and Φ
 (NR limit: Schrödinger Newton, but may miss
 effects, see DC, J. Fan, C. Sun,
 [JCAP, arXiv:1810.01420])

 Stabilized against gravitational collapse by kinetic pressure or a repulsive self-interaction

Example ECO: boson stars

• Solutions for $M = M_{\rm ADM}$, $R = R_{90}$

$$R_{\max} \propto \sqrt{\lambda} \frac{M_p}{m^2}$$

$$M_{\max} \propto \sqrt{\lambda} \frac{M_p^3}{m^2}$$

$$C_{\max} \sim 0.1 - 0.2$$

$$\Rightarrow \text{ Similar to a neutron star}$$

See also first study by Colpi, Shapiro, Wasserman [PRL, 1987]

- Ultralight pGB have effective higher order interactions, resulting in a smaller compactness
- Tidal forces my distinguish boson stars

DC, Fan, Sun, [JCAP, 1810.01420]