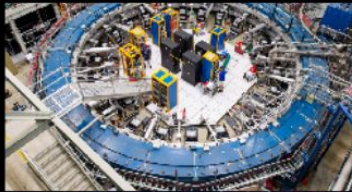


Virtual conference

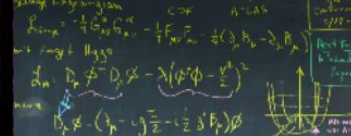
August 16-19 just 16-20

New Perspectives 2021

A conference for early career researchers



Photos: Fermilab



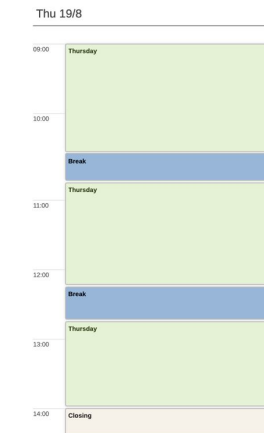
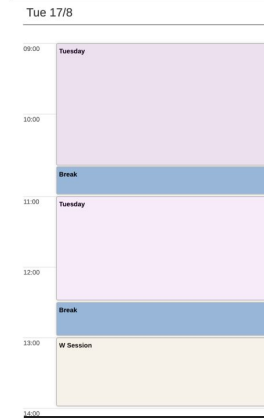
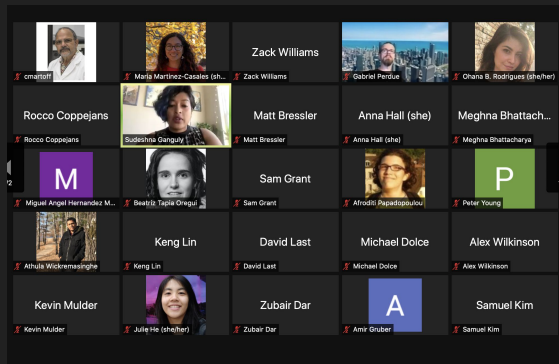
 **Fermilab**

 **Fermi
Research
Alliance LLC**

FSPA
Fermilab Students &
Postdoc Association

New Perspectives 2021

- Thank you for making this a successful and interesting conference!
 - 4 days
 - 67X12 minute talks,
 - Workshop
 - Social
 - Career Panel



FSPA presents

Jaime Weisberg

Working With Worry


Strategies to ease your mind

Do you worry about how much you worry?

Although worrying often carries a negative connotation, it plays a crucial role in our wellbeing and is part of our hard wiring. Worry is actually a beneficial emotion but when it becomes excessive or long term, can negatively impact your mental and physical health.

In this session we will look at the evolutionary role of worry, how it's tied to problem solving and learn strategies to work with worry before it becomes consuming.

Space is limited, so please sign up ahead of time. More info at the event page: [industrial.governance/99432/overview](#)



August 17, 2021
1 P.M. - 2 P.M. CDT
as part of New Perspectives 2021


FSPA presents

INDUSTRY CAREER PANEL

For any early career scientists as part of New Perspective 2021.

Hear about the transition from academia to industry, the options and opportunities in industry, and more!

August 18th, 2021
4 - 5 P.M. CDT
Via Zoom

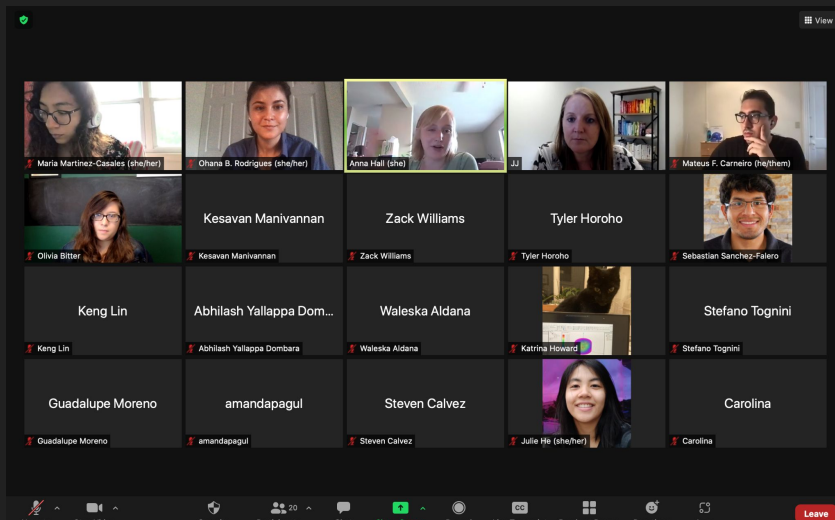


See the New Perspectives connection details for the Zoom link

*** See you there!

Working With Worry:

- We had Jaime Weisberg give a workshop titled 'Working With Worry'.
- Very useful advice to manage worry/anxiety.



FSPA presents

Jaime Weisberg

Working With Worry

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indico.fnal.gov/event/49432/overview

August 17, 2021
1 P.M. CDT
as part of New
Perspectives 2021

Career Panel:

- We heard different stories about the transition to industry and a lot of great advice from our panelists.
- The session was recorded and will be uploaded to our webpage.

FSPA
presents

INDUSTRY CAREER PANEL



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August 18th, 2021

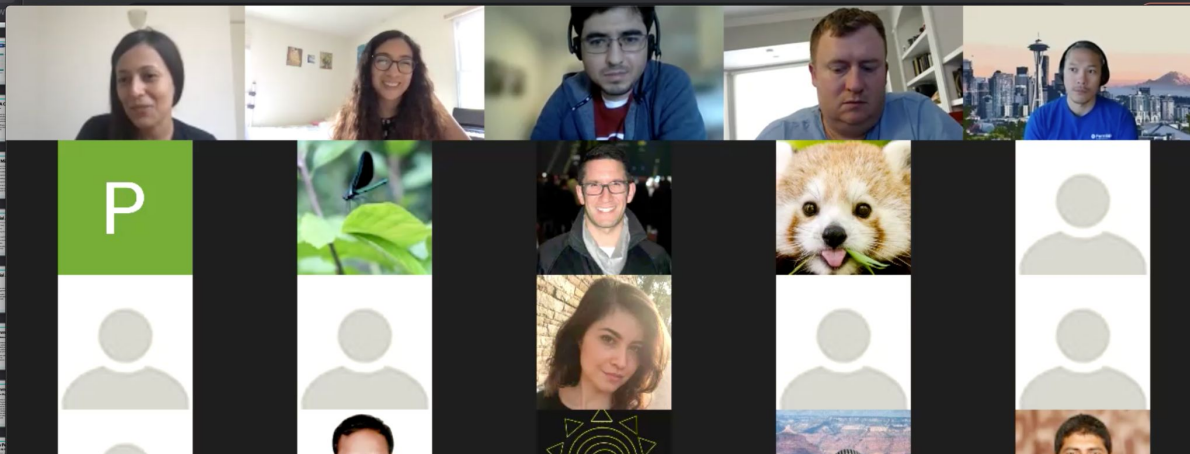
4 - 5 P.M. CDT

Via Zoom

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See you there!



Presentations

- **Prizes:**
 - Amazon vouchers up for grabs for 1st, 2nd, and 3rd place in each of two categories
 - Most accessible talk for non-experts
 - Best plot (Aesthetic, or novel information presentation)
 - Nominated by session chairs
- We will announce winners next week and get in touch with you via email.
- Most presentations were recorded. We will be uploading those to indico in the next few days.
 - Please sign the audio/video release form.

Acknowledgements

- Thanks to all of our session chairs:
 - Yuanyuan Zhang, Josh Frieman, Stefano Tognini, Gabe Perdue, Bryan Ramson, Mateus Carneiro, Alex Himmel, Xuan Chen, Saptaparna Bhattacharya, Dan Bowring, Monica Nunes, Manolis Kargiantoulakis, Afroditi Papadopoulou
- Career panelists
 - Kanika Sachdev, José Sepulveda, Rizki Syarif, Wesley Gohn
- Fellow FSPA officers
- Thank you speakers!

The Fermilab Student & Postdoc Association (FSPA)

- We represent the community of early career researchers at Fermilab, including all students, postdocs, summer students, and interns.
- We organize events throughout the year, including the New Perspectives to engage the community of students, postdocs, and other early career researchers from the Fermilab community
 - <https://fspa.fnal.gov/>
- Elections are coming up soon, so be on the lookout for that in your email if you are interested.
- Contact us with any questions/feedback at fspa_officers@fnal.gov

Thank you!

