

FRCM CHAPTER 5 RADIOLOGICAL HEALTH SUPPORT OPERATIONS

Revision History

Author	Description of Change	Revision Date
M. Quinn	<ul style="list-style-type: none">• Added article 514 Passive Area Monitoring Dosimeters.• Removed procedures from Article 522.• Added additional clarification to requirements for surveys to Part 5.• Removed Part 7 so that procedures can be added to dosimetry program procedures.• Removed Appendix 5E parts A,B to be added to ES&H standard operating procedures.• Reviewed and updated uses of “should” vs “shall”.• Added clarification throughout.	January 2022
J. D. Cossairt	Editorial change made to fix a broken web link in Appendix E.	October 2017
J. D. Cossairt	Reformulated in light of Fermilab-wide ESH&Q consolidation and reorganization.	February 2017
J. D. Cossairt	Changes to reflect evolution of Fermilab’s ESH&Q Section.	July 2015
J. D. Cossairt	<ul style="list-style-type: none">• Incorporate suggestions made since the last revision.• Incorporate modifications needed to implement amendments of 10 CFR 835 finalized on April 13, 2011 pertaining to Derived Air Concentrations (DACs).• Incorporate modifications to implement the new Derived Concentration Standards announced in DOE-STD-1196-2011 April 2011.	September 2011

CHAPTER 5 RADIOLOGICAL HEALTH SUPPORT OPERATIONS

TABLE OF CONTENTS

<u>Article</u>	<u>Page</u>
PART 1 EXTERNAL DOSIMETRY.....	3
511 Requirements	3
512 Technical Requirements for External Dosimetry.....	4
513 Real Time Supplemental Dosimeters.....	5
514 Passive Area Monitoring Dosimeters	6
PART 2 INTERNAL DOSIMETRY	7
521 Participation in Internal Dosimetry Program	7
522 Programmatic Requirements.....	8
523 Dose Assessment	8
PART 3 RADIOLOGICAL RESPIRATORY PROTECTION PROGRAM	10
531 Requirements	10
532 Half-Face Respirators	10
PART 4 HANDLING RADIOLOGICALLY CONTAMINATED PERSONNEL.....	11
541 Skin Contamination	11
542 Exposures to Airborne Radioactivity.....	11
PART 5 RADIOLOGICAL MONITORING AND SURVEYS.....	13
551 Requirements	13
552 Area Radiation Monitors	15
553 Contamination Surveys.....	16
554 Airborne Radioactivity Monitoring	17
555 Collection and Analysis of Analytical Samples.....	18
556 Characterization of Accelerator Radiation Fields.....	19
PART 6 INSTRUMENTATION AND CALIBRATION	20
561 Inspection, Calibration and Performance Tests of Radiation Safety Instrumentation	20
562 Maintenance.....	21
563 Calibration Facilities.....	22
Appendix 5A Radiation Dosimeters Used at Fermilab	23
Table 5-1 Integrating Radiation Dosimeters Used at Fermilab.....	23
Appendix 5B Real Time Supplemental Radiation Dosimeters Used At Fermilab	26
Appendix 5C Portable Radiation Survey Instruments Used At Fermilab	27
Appendix 5D Stationary Radiation Instrumentation Used At Fermilab.....	29
Appendix 5E Procedures And Equipment Used To Measure Radioactivity Samples And Airborne Radioactivity Concentrations	31

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PART 1 EXTERNAL DOSIMETRY

511 Requirements

Unless stated otherwise, “dosimeter” or “primary dosimeter” refers to the dosimeter of record known as the personnel dosimetry monitoring badge. Due to past habits, the personnel dosimetry monitoring badges of record are commonly, and incorrectly, called "TLD badges" or even "film badges" reflecting past usage of a now obsolete dosimetry technology. Other dosimeters called “supplemental dosimeters” may be used in conjunction with the personnel dosimetry monitoring badge to provide additional information about workplace radiological conditions. Recordkeeping requirements for the external dosimetry program are found in Chapter 7, Part 2 of this Manual.

1. Personnel dosimetry shall be required for:

- a. Radiological workers who, under typical conditions, are likely to receive a total effective dose to the whole body of 0.1 rem (0.001 sievert) or more in a year or an equivalent dose to the extremities, lens of the eye, or skin of 10 percent or more of the corresponding limits specified in Table 2-1;
- b. Declared pregnant workers who are likely to receive from external sources a dose to the embryo/fetus in excess of 10 percent of the applicable limit stated in Table 2-1 (See Article 213).
- c. Occupationally exposed minors likely to receive a dose in excess of 50% of the applicable limit contained in Table 2-1 in a year from external sources. (See Articles 212 and 931.)
- d. Members of the public entering a controlled area likely to receive a dose in excess of 50% of the appropriate limit in Article 212.3 in a year from external sources.
- e. Individuals entering a Radiation Area, High Radiation Area or Very High Radiation Area.
- f. Extremity monitoring, as determined by the assigned Radiation Safety Officer (RSO).

2. To maximize the efficiency of the personnel dosimetry program, the issuance of permanent dosimeters to personnel who are not radiological workers is discouraged.

3. Radiological Worker training is the minimum training necessary for those using a personnel dosimetry monitoring badge. Exceptions shall be made only with the approval of the assigned RSO. Written justification of the exception shall be provided to the Dosimetry Program Manager.

- 82
83 4. Personnel shall return dosimeters for processing as scheduled or upon request.
84
85 5. Personnel shall wear their primary dosimeters on the chest area, or between the waist and the
86 neck, in the manner prescribed by the Radiological Control Organization. Compliance with
87 this sub article will be encouraged by reinforcement during training sessions.
88
89 6. The practice of taking dosimeters off site is discouraged.
90
91 7. Exposures of the dosimeters to sources of radiation not related to Fermilab work should be
92 prevented.
93
94 a. Personnel shall not wear dosimeters issued by Fermilab while being monitored at
95 another radiological facility.
96
97 b. Personnel shall not knowingly expose their dosimeters to security X-ray devices,
98 excessive heat, or medical sources of radiation. (See Article 962.)
99
100 c. If the potential for such exposures is discovered, the dosimeter must be returned to the
101 ES&H Section with an account of the non-occupational source of exposure.
102
103 d. Should such an exposure be discovered in the course of an exposure investigation or
104 the examination of a suspect dosimetry report, the Dosimetry Program Manager should
105 notify the appropriate division/section personnel and the assigned RSO.
106
107 8. A person whose dosimeter is lost or damaged in a Radiological Area should place work in a
108 safe condition, immediately exit the area and report the occurrence to the assigned RSO or
109 designee. Reentry of the person into radiological areas should not be made until a review has
110 been conducted and line supervision has approved reentry with appropriate replacement
111 dosimetry provided.
112
113 9. Technical details of integrating personnel dosimeters that have been used at Fermilab are
114 described in Appendix 5A. These devices do not provide a measurement in “real time”.

512 Technical Requirements for External Dosimetry

- 115
116
117
118 1. Accreditation of personnel external dosimetry monitoring programs by the DOE Laboratory
119 Accreditation Program (DOELAP) is mandated in 10 CFR 835. Fermilab performs extremity
120 monitoring on a discretionary basis and the dosimeter used for that purpose is accredited by
121 DOELAP. Program details are maintained by the Radiological Control Organization in a
122 technical basis document *Technical Basis for External Dosimetry at Fermilab* (RP Note 124).
123

- 124 2. In the absence of specific monitoring, the equivalent dose to the lens of the eye is taken to be
125 equal to the dose equivalent at a tissue depth of 300 mg/cm².
126
- 127 3. Multiple dosimeters should be issued to personnel to assess whole body exposure in
128 non-uniform radiation fields as recommended by the authorized members of the Radiological
129 Control Organization, in most situations the assigned RSO, or as required on Radiological
130 Work Permits. For example, ring badges have been found to be especially helpful in certain
131 types of radiological work where exposures to the hands are anticipated. Non-uniform radiation
132 fields exist when the dose to a portion of the whole body will exceed the dose to the primary
133 dosimeter by more than 50 percent and the anticipated whole body dose is greater than 100
134 millirem.
135
- 136 4. An exposure investigation (dose assessment) shall be performed for each instance of a lost,
137 damaged, or contaminated personnel dosimeter.
138

139 **513 Real Time Supplemental Dosimeters**

140
141 Pocket and electronic dosimeters are supplemental dosimeters that provide real-time indication of
142 exposure to radiation. While they are not the dosimeter of record, such dosimeters can help to
143 maintain worker doses ALARA, to indicate the presence of unanticipated radiological hazards, or
144 assist in the completion of an exposure investigation in the event that a primary dosimeter is lost
145 or damaged. Technical details of these devices are given in Appendix 5B.
146

- 147 1. Real time supplemental dosimeters shall be issued to personnel prior to entry into a radiological
148 area in which a person's dose could exceed 40 mrem from external radiation in 1 workday,
149 when entering a High or Very High Radiation Area, or when required by a Radiological Work
150 Permit (RWP).
151
- 152 2. Real time supplemental dosimeters shall be worn close to the primary personnel dosimetry
153 monitoring badge and located in accordance with Article 511.5 and Articles 333 and 334.
154
- 155 3. Use of electronic dosimeters is encouraged for entry into High Radiation Areas when planned
156 doses greater than 100 mrem in 1 workday are expected. An electronic dosimeter provides an
157 early warning of elevated exposure through the use of alarm set points at specified dose rates
158 or integrated doses. Several types of electronic dosimeters, each with somewhat different
159 features, are now in use at Fermilab. These are supplied and maintained by the ES&H Section.
160 Such devices may not function properly in Very High Radiation Areas (See Article 333 for
161 VHRA entry requirements).
162
- 163 4. Supplemental dosimeters should be read periodically while in use and should not be allowed
164 to exceed 75 percent of full scale. Work authorized by an RWP should be stopped when
165 supplemental dosimeter readings indicate dose rates or integrated dose greater than limiting

166 radiological conditions, or substantially greater than planned. The Radiological Control
167 Organization should be consulted prior to restart of work.

168
169 An exposure investigation shall be initiated by the Dosimetry Program Manager or assigned RSO
170 to explain certain discrepancies between pocket and electronic dosimeter readings and the primary
171 dosimeter result.

172
173 **514 Passive Area Monitoring Dosimeters**

174
175 Fermilab uses a passive area monitoring program to help demonstrate compliance with regulations
176 in 10 CFR 835; document radiological conditions; detect changes in radiological conditions; detect
177 the gradual buildup of radioactive material; verify the effectiveness of engineering and process
178 controls in containing radioactive material and reducing radiation exposure; and identify and
179 control potential sources of individual exposure to radiation and/or radioactive material.

- 180
181 1. The establishment and maintenance of a comprehensive area monitoring program can
182 minimize the number of areas requiring the issuance of personnel dosimeters and demonstrates
183 that doses outside radiological areas are negligible.
- 184
185 2. Area monitoring dosimeters should be used to record and document radiation levels in
186 routinely occupied areas adjacent to areas where radiation or operations with radiation exist.

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PART 2 INTERNAL DOSIMETRY

521 Participation in Internal Dosimetry Program

1. In accordance with the requirements of 10 CFR 835 for monitoring individual exposures to internal radiation, internal dosimetry programs (including, but not limited to, bioassay programs) shall be conducted for:
 - a. Radiological workers who, under typical conditions, are likely to receive a committed effective dose of 0.1 rem (0.001 sievert) or more in a year, from all occupational radionuclide intakes in a year.
 - b. Declared pregnant workers likely to receive an intake or intakes resulting in a committed effective dose to the embryo/fetus in excess of 10 percent of the limit stated in Table 2-1.
 - c. Occupationally exposed minors who are likely to receive a dose in excess of 50 percent of the applicable limits stated at Table 2-1 from all radionuclide intakes in a year.
 - d. Members of the public entering a controlled area likely to receive a dose in excess of 50 percent of the limit in Article 212.3 from all radionuclide intakes in a year.
2. Radiation Physics Note #7, *Fermilab Internal Dosimetry Technical Basis Document*, documents for normal operations that no individual approaches the criteria defined above in paragraph (1) and thus, no routine internal dosimetry program is necessary. Fermilab may still perform discretionary internal monitoring when:
 - a. the assigned RSO requests such a measurement to verify the effectiveness of engineered and administrative controls designed to prevent internal exposure;
 - b. imposed engineered and/or administrative controls designed to prevent internal exposure inadvertently fail; or
 - c. someone is exposed under accidental or emergency conditions, in particular those requiring the use of the Decontamination or Beam-On Dose Assessment Facility.
3. Personnel shall participate in follow-up monitoring when their bioassay results or alternative assessment method indicates an uptake greater than the decision level.

229 522 Programmatic Requirements

230

231 1. Fermilab's internal dosimetry measurements are presently provided under an arrangement with
232 Argonne National Laboratory. Argonne National Laboratory (ANL) has been accredited by
233 the Department of Energy Laboratory Accreditation Program for Radiobioassay. Should
234 Argonne be unable to provide such services, Fermilab is committed to securing another
235 DOELAP accredited vendor.

236

237 2. When it has been determined that internal monitoring is required, the Dosimetry Program
238 Manager shall be notified to make the appropriate arrangements for submitting bioassay
239 samples or whole body counting at Argonne National Laboratory.

240

241 523 Dose Assessment

242

243 1. The estimation of internal dose shall be based on bioassay data rather than air concentration
244 values unless bioassay data are:

245

246 a. unavailable;

247

248 b. inadequate;

249

250 c. internal dose estimates based on representative air concentration values are
251 demonstrated to be as or more accurate.

252

253 2. Interpretations of bioassay results and subsequent dose assessments will be documented and
254 should include the following:

255

256 a. Characteristics of the radionuclide(s), such as chemical and physical form.

257

258 b. Initial and follow-up bioassay results and the person's previous exposure history to the
259 extent known.

260

261 c. Exposure information, such as the route of intake and time and duration of exposure.

262

263 d. Biological models used for dosimetry of radionuclides.

264

265 e. Calculations used to estimate intake or deposition and to assess committed equivalent
266 dose to any organ or tissue of concern and the committed effective dose.

267

268 3. Affected personnel shall be notified promptly of bioassay results and the results of any dose
269 assessment.

270

- 271 4. The interpretations of bioassay results and subsequent dose assessments shall be incorporated
272 into the affected individual's exposure history and maintained and reported according to the
273 requirements in Chapter 7 of this Manual.
274
- 275 5. For exposures that could be mitigated though medical intervention, the Fermilab Medical
276 Office shall be notified.
277
- 278 6. Exposures that exceed the Fermilab Administrative Goal for radiological workers or any of the
279 limits stated in Part 1 of Chapter 2 of this Manual will be reported in accord with the
280 requirements in [Fermilab ES&H Manual Chapter 3010](#).
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PART 3 RADIOLOGICAL RESPIRATORY PROTECTION PROGRAM

Respiratory protective devices include respirators with particulate or gas-filtering cartridges, supplied air respirators, self-contained breathing apparatus and airline supplied-air suits and hoods, excluding nuisance level dust mask sometimes, incorrectly, called “respirators”. The use of such respiratory equipment is governed by industrial hygiene considerations covered in [Fermilab ES&H Manual Chapter 4050](#), which should also be consulted before the use of such equipment as the requirements of that chapter are only summarized here to assure their application to radiological work in accordance with the principals of integrated safety management. Fermilab requirements for addressing heat stress hazards are given in detail in [Fermilab ES&H Manual Chapter 4250](#)

531 Requirements

1. Use of respiratory protection shall be reduced to the minimum practicable by implementing engineering controls and work practices to contain radioactivity at the source.
2. Respirators shall be issued only to personnel who are trained, fitted and medically qualified to wear the specific type of respirator. Training and fit testing shall be performed annually. Medical qualification testing shall be performed every two years.
3. Positive controls shall be maintained for the issue, use and return of respirators to ensure that only qualified personnel wear respirators.
4. Facility safety analyses should not take credit for the use of respiratory protection for routine work involving potential exposure to airborne radioactive materials. Engineering controls should be designed to control radioactive materials at the source, so that the use of respiratory protection can be reduced.

532 Half-Face Respirators

1. Half-face respirators shall not be used on a routine basis as a precautionary measure for protecting workers from potential airborne radioactive materials.
2. The use of half-face respirators may be permitted in situations where intakes of radioactive material are expected to be low and where industrial and safety considerations warrant, such as during the operation of heavy equipment.

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PART 4 HANDLING RADIOLOGICALLY CONTAMINATED PERSONNEL

541 Skin Contamination

1. Survey techniques are described in Appendix 3C (Chapter 3) to determine the extent of skin contamination.
2. When personnel detect skin contamination, they shall call the Emergency phone number, ext. 3131. If injuries are also involved in a contamination incident, the medical treatment of injuries takes precedence over decontamination. National Council on Radiation Protection and Measurements Report Number 161, *Management of Persons Contaminated with Radionuclides: Handbook*, contains applicable information.
3. The extent of skin contamination should be determined prior to initiating decontamination procedures.
4. Skin decontamination procedures have been established at Fermilab. These are posted at the Decontamination Facility at Site 39 South [adjacent to the Radionuclide Analysis Facility (RAF)] for use by those individuals specifically trained to perform personnel decontaminations.
5. Levels of skin contamination that identify candidates for dose assessments have been established for site-specific radionuclides (see [Radiation Physics Note No. 7](#)).
6. Individuals with skin contamination that triggers the need for dose assessment should be informed of the initial dose estimate to their skin as soon as practicable. An injured individual should be counseled promptly on the medical and radiological implications resulting from contaminated wounds that are likely to result in internal doses greater than 2 percent of the FRCM Table 2-1 limits. The counseling should be performed by senior radiological control and medical professionals

542 Exposures to Airborne Radioactivity

The most common form of airborne radioactivity at Fermilab is activated air. Activated air typically contains a variety of short-lived radionuclides that produce an external immersion hazard rather than an internal exposure hazard (see Articles 347 and 554). Airborne radioactive particulates are less common but may exist under special conditions, such as machining radioactive materials. If intakes of radioactive material which could result in an individual receiving a committed effective dose greater than 100 millirem or an exposure of 40 DAC-hours or more in a year are suspected by the assigned RSO, the following actions should be taken:

- 364 1. Identify personnel potentially exposed to airborne radioactivity.
365
366 2. Obtain nasal smears for qualitative indication of intakes, where appropriate.
367
368 3. Analyze air samples to determine airborne concentrations, where appropriate.
369
370 4. Determine duration of potential exposure to airborne radioactivity.
371
372 5. Perform bioassay appropriate for the type and quantity of radionuclides involved.
373
374 6. Use dose evaluation as soon as practicable to determine what actions, if any, are to be taken.
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377 **PART 5 RADIOLOGICAL MONITORING AND SURVEYS**

378

379 Radiological Control Programs require the performance of radiation, airborne radioactivity and
380 contamination surveys to determine existing conditions in a given location. Maps with sufficient
381 detail to permit identification of original survey and sampling locations should be maintained.
382 Records shall contain sufficient detail to be meaningful even after the originator is no longer
383 available. Appendix 5C contains summary technical descriptions of portable survey instruments
384 used at Fermilab.

385

386 **551 Requirements**

387

388 1. Radiological monitoring of radiation exposure levels, contamination and airborne radioactivity
389 shall be conducted to:

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391 a) Characterize workplace conditions and detect changes in those conditions

392

393 b) Verify the effectiveness of engineered and administrative controls

394

395 c) Demonstrate regulatory compliance

396

397 d) Detect the gradual buildup of radioactive material in the workplace

398

399 e) Identify and control potential sources of personnel exposure

400

401 f) Determine exposure rates during each entry to a high or very high radiation area

402

403 2. Monitoring shall be performed only by trained and qualified personnel using properly
404 calibrated instruments which are appropriate for the type(s), levels and energies of the
405 radiation(s) encountered and appropriate for the existing environmental conditions in which
406 the instruments will be used. Consideration should be given to the possible presence of hard
407 to detect radionuclides (^7Be , ^3H , etc.)

408

409 3. Surveys for radiation, contamination and airborne radioactivity shall be performed as specified
410 by the assigned RSO in Radiological Work Permits, standard operating procedures, or other
411 technical documents.

412

413 4. The assigned RSO should review the adequacy of sampling and monitoring systems when
414 facility or operational changes occur. Records shall be maintained to document changes in
415 monitoring equipment, techniques, and procedures.

416

417 5. Instruments used to perform radiation surveys shall be response-checked daily if in regular use
418 or prior to operation if used intermittently. When response checks are not within the labeled

- 419 tolerance specified for the particular instrument, the instrument should be taken out of service.
420 When response checks are not feasible, such as with instruments used to measure neutrons or
421 tritium, alternate methods should be established to ensure proper instrument performance.
422
- 423 6. Assessment of radiological conditions should include a sufficient number of survey points to
424 characterize the radiation present and to verify boundaries.
425
- 426 7. Surveys should be performed, at the discretion of the RSO or RCT, before, during and after
427 the completion of work that has the potential for causing changes in levels of radiation and
428 radioactivity.
429
- 430 8. Survey frequencies should be established based on potential radiological conditions,
431 probability of change in conditions and area occupancy factors.
432
- 433 9. Monitoring results should be reviewed by the assigned RSO. The review should ensure that
434 all required surveys have been performed and that the documentation is accurate and complete.
435
- 436 10. Radiological surveys should be recorded on appropriate standard forms and include the
437 following common elements:
438
- 439 a. Date, time and purpose of the survey.
 - 440
 - 441 b. General and specific location of the survey.
 - 442
 - 443 c. Name of the surveyor.
 - 444
 - 445 d. Pertinent special information needed to interpret survey results (e.g., unusual
446 background levels, special survey distances, etc.).
447
 - 448 e. Reference to a specific Radiological Work Permit if the survey is performed to support
449 the permit.
450
- 451 11. Results of current surveys or survey maps should be conspicuously posted or made otherwise
452 available to inform personnel of the radiological conditions.
453
- 454 12. Monitoring results should be made available and used in support of pre- and post-job
455 evaluations, ALARA preplanning, contamination control, and management of radiological
456 control operations.
457
- 458 13. Radiation surveys should include, at the discretion of the RSO or RCT, dose rate measurements
459 of the general area, dose rates at a distance of 30 centimeters from a source or surface of interest
460 to evaluate potential whole body exposures, and dose rates on contact with potential sources
461 of radiation where there is a potential for hands-on work.

- 462
463 14. Surveys should be conducted whenever operations are being performed that might result in
464 personnel being exposed to small intense beams of radiation, such as those generated by
465 shielded x-ray devices or due to removal or alteration of shielding.
466
- 467 15. Personnel shall check instruments for proper response, usually against a check source, and for
468 being within their designated calibration period prior to use. No instrument shall be used for
469 surveys used in personnel protection beyond their designated calibration period as indicated
470 by the affixed label.
471
- 472 16. Technical details of the portable survey instruments used at Fermilab to accomplish these
473 objectives are summarized in Appendix 5C.
474

475 **552 Area Radiation Monitors**

- 476
- 477 1. In addition to the requirements of Article 551, area radiation monitors (not to include area
478 monitoring dosimeters) should be installed in frequently occupied locations with the potential
479 for unexpected increases in dose rates and in remote locations where there is a need for local
480 indication of dose rates prior to personnel entering remote locations. Summary technical
481 descriptions of the stationary instruments used to monitor radiation fields at Fermilab are given
482 in Appendix 5D, which includes both routinely used instruments and specialty instruments
483 developed for the accelerator radiation environment.
484
- 485 2. Area radiation monitors should not be substituted for radiation exposure surveys in
486 characterizing a workplace. They may be used to characterize the radiation fields associated
487 with accelerator/beamline operations or radiation generating devices.
488
- 489 3. The need and placement of area radiation monitors should be documented and assessed by the
490 assigned RSO when changes to facilities, systems or equipment occur.
491
- 492 4. Area radiation monitors shall be tested at least annually to verify audible alarm system
493 operability and audibility under ambient working conditions and operability of visual alarms
494 when so equipped and in circumstances in which the visible or audible alarm would actually
495 be used.
496
- 497 5. If installed instrumentation is removed from service for maintenance or calibration, a radiation
498 monitoring program providing at least equal detection capability shall be maintained,
499 consistent with the potential for unexpected increases in radiation dose rates.
500
- 501 6. The incorporation of area radiation monitors into radiation safety interlock systems is
502 described in Chapter 10 of this Manual.
503

504 7. Individuals are prohibited from defeating or modifying any area monitoring system feature
505 unless authorized to do so by the assigned RSO as approved by the Senior Radiation Safety
506 Officer (SRSO).
507

508 **553 Contamination Surveys**

509
510 Summary technical descriptions of instruments used for contamination surveys are given in
511 Appendix 5C.
512

513 1. In addition to the requirements of Article 551, contamination surveys should be conducted in
514 areas with the potential for the spread of contamination as follows:
515

516 a. Prior to transfer of equipment and material from contamination or high contamination
517 areas (see FRCM Chapter 4, Part 2).
518

519 b. Prior to transfer of equipment and material irradiated at primary beam irradiation
520 facilities.
521

522 c. Monthly, or upon entry if entries are less frequent, in contamination areas and other
523 areas where materials having removable contamination exceeding the Table 2-2 values
524 are handled or stored.
525

526 d. Monthly, or upon entry if entries are less frequent, where contamination area
527 boundaries or postings are located.
528

529
530 e. During initial entry into a known or suspected contamination area, periodically during
531 work, at completion of job, or as specified in a Radiological Work Permit.
532

533 f. After a leak or spill of contaminated materials or dispersible radioactive materials (e.g.,
534 dust, liquids).
535

536 2. Survey requirements for the release of materials are set forth in Articles 421 and 422.
537

538 3. Consideration should be given to the possible presence of hard to detect radionuclides (7Be,
539 3H, etc.). Measurement techniques shall be appropriate for type(s), levels and energies of the
540 radiation(s) encountered.
541

542 4. Items with inaccessible surfaces which were located in known or suspected contamination
543 areas and had the potential to become contaminated at levels likely to exceed Table 2-2 values
544 should be treated as potentially contaminated and subject to administrative controls specified
545 by the assigned RSO unless the items are dismantled and monitored or special survey
546 techniques are used to survey all surfaces.

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5. Wipe surveys for removable contamination should be reported in units of disintegrations per minute per 100 cm² (dpm/100 cm²). For wipe surveys of small items covering less than 100 cm², the results should be reported in units of dpm per area wiped.
 6. Large area wipes may be used to supplement standard wipe techniques in areas generally assumed not to be contaminated, as specified by the assigned RSO, in accelerator/beamline enclosures and at entrances to Contamination Areas. If an evaluation indicates that an area wiped is contaminated, a thorough contamination wipe survey should be performed.
 7. In addition to the elements required by Article 551, records of surveys of removable contamination shall include, at a minimum, the following information:
 - a. Model and serial number of counting equipment and calibration due date, if applicable.
 - b. Contamination levels (using appropriate units) and appropriate supporting parameters including counting efficiency, counting time, correction factors, and type of radiation.
 - c. Location of areas found to contain hot particles or high concentrations of localized contamination.
 - d. Follow-up survey results for decontamination processes cross-referenced to the original survey.
 8. Wipes that indicate the possible presence of contamination should be submitted promptly to the Radionuclide Analysis Facility (RAF) for standardized counting by an RSO or RCT.

554 Airborne Radioactivity Monitoring

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1. Derived Air Concentrations (DAC) are listed in the appendices to 10 CFR 835 and summary values as provided in Article 347. Unless otherwise specified, DAC will be taken to mean the DAC for a radiological worker throughout this Manual.
 2. Samples shall be taken as necessary to detect and evaluate the level or concentration of airborne radioactive material at work locations. Air sampling shall be performed where an individual is likely to receive an exposure of 40 or more DAC-hours in a year, or as necessary to characterize the airborne radioactivity hazard where respiratory protective devices for protection against airborne radionuclides have been prescribed.
 3. Air monitoring equipment should be used in situations where airborne radioactivity levels can fluctuate and early detection of airborne radioactivity could prevent or minimize inhalation of radioactivity by personnel. Selection of air monitoring equipment should be based on the

- 589 specific job being monitored. Air monitoring equipment includes portable and fixed air
590 sampling equipment and continuous air monitors.
591
592 4. Air sampling equipment should be positioned to measure air concentrations to which persons
593 are exposed. If this cannot be achieved, a program of personal breathing-zone air sampling
594 should be initiated.
595
596 5. Air monitoring equipment shall be routinely calibrated and maintained at a frequency of at
597 least once per year. Continuous air monitors should be capable of measuring 1 DAC when
598 averaged over 8 hours (8 DAC-hours) under laboratory conditions.
599
600 6. Real-time air monitoring equipment required by Article 554.2 shall have alarm capability and
601 sufficient sensitivity to alert personnel if immediate action is necessary in order to minimize
602 or terminate inhalation or immersion exposures.
603
604 7. In addition to the elements provided in Article 551, records of airborne radioactivity should
605 include, at a minimum, the following information:
606
607 a. Model and serial number of the sampler and laboratory counting instrument and
608 calibration date if applicable; locations of fixed samplers may be used as identifiers
609 where model and serial numbers are not available.
610
611 b. Location of fixed air samplers.
612
613 c. Location of portable air samplers used for a survey.
614
615 d. Air concentrations in general airborne areas and breathing zones.
616
617 e. Supporting parameters, including collection efficiency, flow rate, duration of sampling,
618 correction factors and filter medium.
619

620 **555 Collection and Analysis of Analytical Samples**

- 621
622 Samples are collected and submitted for analysis to the Radionuclide Analysis Facility (RAF) for
623 a variety of purposes to support the Laboratory's occupational and environmental protection
624 programs as well as the Laboratory's primary mission of high energy physics research.
625
626 1. To ensure that the desired standard of quality assurance is met, these samples shall be submitted
627 for analysis following rigorous procedures. These procedures are specified in Appendix 5E,
628 Section A.
629
630 2. For activation analysis and unusual samples that do not appear to meet the standard
631 requirements for analysis, the RAF Group Leader shall be consulted prior to submittal. This

632 step is necessary to avoid the potential for contaminating the equipment and compromising the
633 results of analysis of other samples that might be underway.

634
635 3. Samples should be reasonably described in a manner that is unambiguous about their point of
636 origin or the method or methods used in their collection.

637
638 **556 Characterization of Accelerator Radiation Fields**

639
640 A variety of techniques and instrumentation has been developed to characterize accelerator
641 radiation fields. The technical details of the devices used at Fermilab to do this are within the
642 realm of the professional expertise of the radiation safety personnel and include relevant aspects
643 of radiation, nuclear, particle, and accelerator physics. In some cases, these special devices and
644 techniques are used in combination with other devices discussed elsewhere in this chapter and its
645 appendices.

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PART 6 INSTRUMENTATION AND CALIBRATION

561 Inspection, Calibration and Performance Tests of Radiation Safety Instrumentation

1. Calibrations shall use National Institute of Standards and Technology (NIST) traceable sources or other acceptable standards. This program is implemented at Fermilab by the ES&H Section's Instrumentation Team at the Radiation Physics Calibration Facility (RPCF).
2. Calibration procedures have been developed by the ES&H Section for each instrument type and include frequency of calibration, precalibration requirements, primary calibration requirements, periodic performance test requirements, calibration record requirements and maintenance requirements.
3. Pocket and electronic dosimeters and area radiation monitors shall be calibrated at least annually.
4. Radiation instrumentation response to interfering ionizing and non-ionizing radiation and environmental conditions should be determined when a potential for such interference is credible. The effects of such interfering radiation or conditions has on an instrument shall be known prior to routine use by the general workforce.
5. Functional tests should be used to assess instrumentation designs that include alarms or that involve a process control. A functional test should be developed to test all components involved in an alarm or trip function and performed at least annually.
6. In unusual and limited situations, it may be necessary to use an instrument in an application other than that envisioned by the manufacturer. Special use calibrations should be performed for use of instrumentation outside manufacturer's specifications. The instrument should be adjusted, calibrated and labeled to identify the special conditions and used only under the special conditions for which it was calibrated.
7. Instruments should bear a label or tag with the date of calibration and the date the instrument is due for recalibration.
8. Instruments whose "as found" readings as measured at RPCF indicate that the instrument may have been actually used while its performance was outside of calibration specifications shall be reported to the assigned RSO for the organization to which the instrument was assigned. The Radiological Control Organization should review surveys performed with the instrument while it was believed to be out of calibration.
9. Calibration records for fixed, portable and laboratory radiation measuring equipment and individual monitoring devices shall be maintained and include frequencies, method, dates,

691 personnel, training and traceability of calibration sources to National Institute of Science and
692 Technology or other acceptable standards.

693
694 10. Calibration records are maintained for the following equipment:

- 695
696 a. Portable survey instruments.
697
698 b. Laboratory, and fixed radiation measuring equipment.
699
700 c. Process and effluent monitors and sampling equipment.
701
702 d. Radiation area monitors.
703
704 e. Personnel contamination monitors.
705
706 f. Pocket and electronic dosimeters.
707
708 g. Air sampling equipment.

709
710 **562 Maintenance**

- 711
712 1. A program for preventive and corrective maintenance of radiological instrumentation has been
713 established and documented.
714
715 2. Preventive and corrective maintenance should be performed using components and procedural
716 recommendations at least as stringent as those specified by the manufacturer of the instrument.
717
718 3. Radiological instruments shall undergo calibration prior to use following any preventive or
719 corrective maintenance or any adjustment that voids the previous calibration. A battery change
720 is not normally considered to be a maintenance activity. Batteries for these instruments shall
721 be changed only by ESH&Q Instrumentation Technicians or Radiological Control Technicians
722 or others who have received appropriate instruction.
723
724 4. Maintenance histories and calibration results for each instrument shall be created and retained.
725 These records shall document the nature of any defects and corrective actions taken.
726
727 5. These records are maintained by the ES&H Section.

728
729

730 **563 Calibration Facilities**

- 731
- 732 1. Calibration facilities should perform inspections, calibrations, performance tests, calibration
- 733 equipment selection and quality assurance in accordance with the recommendations of ANSI
- 734 N323 and take the following actions:
- 735
- 736 a. Locate activities in a manner that minimizes radiation exposure to operating personnel
- 737 and to personnel in adjacent areas.
- 738
- 739 b. Minimize sources of interference, such as backscatter, environmental and non-ionizing
- 740 radiation, during the calibration of instrumentation and correct for interferences as
- 741 necessary.
- 742
- 743 c. Operate in accordance with the referenced standards.
- 744
- 745 d. Generate records of calibration, functional tests and maintenance in accordance with
- 746 the referenced standards.
- 747
- 748 e. Maintain traceability of calibration sources and equipment to National Institute of
- 749 Science and Technology or other acceptable standards.
- 750
- 751 2. Subcontracted calibration services, if utilized, should be performed in accordance with the
- 752 referenced standards.
- 753

Appendix 5A Radiation Dosimeters Used at Fermilab

1. Comparison of Integrating Dosimeters

Table 5-1 contains a short comparison of some of the important characteristics of a number of passive integrating dosimeters in use at Fermilab and described in various sections of this chapter. These are devices used supplementary to the personnel dosimetry monitoring badge of record that is accredited by the Department of Energy Accreditation Program (DOELAP) to better characterize accelerator radiation fields. Not all of these devices are suitable for use as personnel dosimeters. None of these devices provides information on a “real time” basis.

Table 5-1 Integrating Radiation Dosimeters Used at Fermilab

Dosimeter Type	Used to Measure	Lower Limit of Sensitivity	Upper Limit of Usefulness	Comments
TLD-100 (Natural mixture of Li isotopes)	γ -Rays and charged particles	5 mrad	100 krad	Very sensitive to thermal neutrons.
TLD-600 (^6LiF)	Fast neutrons using Bonner Spheres, and thermal neutrons when bare	3 mrem	60 krem	Used in 25.4 cm Bonner Sphere to monitor typical accelerator neutrons.
TLD-700 (^7LiF)	γ -Rays and charged particles	5 mrad	100 krad	Also used in a TLD-600-700 pair inside a moderator (Bonner Sphere) to roughly measure β - γ component of a neutron radiation field.
Polycarbonate Track Etch	Fast neutrons and α 's	20 mrem	25 rem	1 MeV to 10-15 MeV
CR-39 Track Etch	Fast neutrons and α 's	20-30 mrem	25 rem	Useful energy ranges 150 keV to 10-15 MeV.
Elastic Polymer Bubble Detector	Fast neutrons	0.1 mrem	1 rem	0.1 MeV to 14 MeV. Also sensitive to thermal neutrons. Insensitive to γ -rays. Very rarely used at Fermilab.
PIN Diode (Silicon)	Fast neutrons	2 rad	2 krad	Sensitive to neutron energies ≥ 0.2 MeV. Very low sensitivity to γ -rays. Not suitable for measuring personnel exposures, very rarely used at Fermilab.
Foil Activation	High-energy hadron flux	10^{11} particles/cm ² \cong 10^5 rads	10^{16} particles/cm ² \cong 10^{10} rads	Not sufficiently sensitive for measuring personnel exposures-See Appendix 5F

2. Personnel Dosimetry at Fermilab

The personal dosimetry badge of record currently in use at Fermilab, accredited by DOELAP, consists of an optically stimulated luminescence (OSL) dosimeter for gamma and charged particle detection and a track-etch detector for neutrons provided by a commercial vendor. OSL technology has replaced the use of thermoluminescence for the personnel dosimetry monitoring badge of record. However, thermoluminescent dosimeters (TLDs, see below) are still used for extremity dosimeters and for special measurements of radiation fields conducted at Fermilab. All personnel dosimeters are changed on the first working day of each calendar quarter.

a. Optically Stimulated Luminescence (OSL)

OSL dosimeters consist of a series of aluminum oxide crystal ($\text{Al}_2\text{O}_3:\text{C}$) detectors sandwiched between two layers of polyester, with various plastic and metal filters overlaid. Incoming ionizing radiation causes excited electrons to be entrapped between the valence and conduction bands in the crystal.

The readout process uses a light emitting diode (LED) array to stimulate the detectors, which frees some of the trapped electrons, which in turn emit photons due to radiative recombination. The photons emitted by the OSL material are detected and measured by a photomultiplier tube using a high-sensitivity photon counting system. The amount of light released during optical stimulation is directly proportional to the radiation dose and the intensity of stimulation light.

The OSL dosimeters used at Fermilab are capable of reporting dose from gamma, x-ray, and beta radiation with energies from 5 keV to 20 MeV, with a reporting range from 5 mrem to 1000 rem. Unlike TLDs, these dosimeters are capable of being re-read, as the LED array does not release all of the trapped electrons at once.

b. Thermoluminescent Dosimetry (TLD)

Lithium-7-enriched lithium fluoride (LiF) in the form of extruded ribbons cut in the shape of rectangles is used to measure dose in the range from 10 mrem to 1000 rem for photons and 10 mrem to 1000 rem for beta particles.

After exposure, the dosimeters are read by heating the LiF and measuring the light emitted by thermal luminescence using a photomultiplier tube and picoammeter. Within certain limits, the amount of light emitted is proportional to the dose absorbed. The dosimeters are prepared for reuse by annealing.

c. Track-Etch Neutron Dosimeters

The track-etch neutron dosimeter is manufactured from a commercially available plastic monomer known as allyl diglycol carbonate, more commonly by its trade name CR-39. The dosimeter consists of a piece of CR-39 plastic in contact with a charged particle radiator made of polyethylene. Recoil protons from this radiator damage the

810 CR-39. Chemical or electrochemical etching of the CR-39 will render visible these ion
811 tracks, the number of which are proportional to the neutron dose. CR-39 is useful for
812 fast, intermediate, and thermal neutrons with energies between 0.25 eV and 40 MeV
813 and has a dose measurement range from 10 mrem (20 mrem for fast neutrons) up to 25
814 rem.

815
816 A principal advantage of track etch neutron dosimeters is that they are not affected by
817 moisture. The dosimeter badge used to measure gamma-ray exposure is paired with a
818 track etch dosimeter to monitor neutron dose equivalent at Fermilab.
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821 **Appendix 5B Real Time Supplemental Radiation Dosimeters Used At Fermilab**

822

823 **1. Pocket Dosimeters:**

- 824
- 825 • Primarily used during beam-off conditions.
 - 826 • Designed for gamma and x-rays only.
 - 827 • Useful for beam-on exposures outside of thick shielding when the radiation field is dominated by muons.
 - 828 • Give questionable readings in neutron fields.
 - 829 • Detects gamma rays and charged particles.
 - 830 • Integrating dosimeter.
 - 831 • Small ion chamber.
 - 832 • Must be recharged.
 - 833 • Visual readout.
 - 834 • These are the cheapest, most common supplemental dosimeters.

835

836 **2. Electronic Dosimeters:**

- 837
- 838 • Small Geiger counter used during beam-off conditions.
 - 839 • Primarily sensitive to gamma rays.
 - 840 • Has an LED readout displaying the exposure in mR (milliroentgen).
 - 841 • The instrument can be set to alarm audibly either once per mR or 30-40 times per mR.
 - 842 • Very useful for controlling exposure in High Radiation Areas.
 - 843 • These devices should not be used as a survey instrument or in prompt radiation fields.
 - 844 • There are various manufacturers and types of these instruments.

Appendix 5C Portable Radiation Survey Instruments Used At Fermilab

Note: The monitoring devices listed below are designated as being beam-on or beam-off (in some cases both). A beam-off instrument may not be suitable for beam-on use due to excessive dead time or insensitivity to particles of interest. A beam-on instrument may not be suitable for beam-off use.

1. **Geiger Counter:** Exposure rate meters, suitable for beam-off use only. Primarily sensitive to gamma and X-rays. The primary use is to check for residual activity and to measure exposure rates. The instrument consists of a portable box with a detachable probe. There are several major types of Geiger Counters used at Fermilab:
 - a. **Ludlum 14C-1:** Side window, T-shaped energy compensated probe with minimal beta sensitivity. Ratemeter has 5 linear ranges.
 - b. **LSM (Log Survey Meter)** Side window T-shaped energy compensated probe with minimal beta sensitivity. Displays 3 decades on 1 range.
 - c. **Bicron Survevor 50:** The instrument has a probe with an energy compensated housing. The housing provides a sliding beta-particle shield. It has a linear ratemeter with 3 ranges: 0-0.5, 0-5, and 0-50 mR/hr.
 - d. **Teletector/Extender 1000W:** A Geiger counter dose ratemeter suitable for beam-off use only. Detects gamma/X-rays and some charged particles. A very useful instrument in high radiation fields due to its high range capabilities and the relative isolation provided by its integral 4 meter collapsible probe extension. It resembles a fishing pole when fully extended.
 - e. **E140N:** A pulse ratemeter with associated 2 inch diameter thin end window Geiger counter probe. Beam-off use only. Detects charged particles and gamma/X-rays and is used primarily to detect low-levels of contamination. Average beta-gamma sensitivity is 10%. Minimum detectable activity is about 0.3 nCi per wipe (about 60 counts per minute). The calibration for a typical Fermilab contamination sample is 200 cpm/nCi.
2. **Smart Ion:** A programmable multi-use ion chamber for beam-off use. Digital display shows dose rate (mR/hr) or integrated dose (mR). Simulated analog display shows dose rate trend or dose. A movable shield can be adjusted for beta/X-ray or gamma sensitivity. Ion chamber is also sensitive to neutrons. Alarms at set point. Scale changes automatically when readings are outside of current range. The useful energy range for photons ($\pm 20\%$) is 10 keV to 1.3 MeV (shield open) or 22 KeV to 1.3 MeV (shield closed). Energy cutoff for betas is 70 keV (shield open) or 1 MeV (shield closed).

- 888 3. **Bicron Analyst:** A pulse ratemeter with single-channel analyzer calibrated as a count rate
889 instrument (CPM), with associated NaI (TI) scintillation probe sensitive to gamma-rays. For
890 beam-off use only. The gamma ray energy detection threshold is about 60 keV.
891
- 892 4. **Bicron Micro Rem:** A light weight, top-handle, box shaped ratemeter with 5 linear ranges
893 measuring photon tissue dose rate from background levels to 200 mrem/hr. The detector is an
894 internally mounted organic scintillator yielding a tissue equivalent response to gammas and X-
895 rays from 40 keV to 1.3 MeV.
896
- 897 5. **Eberline RO-2:** Thin window air ionization chamber for beta, gamma, X-ray detection. Dose
898 rate only. 4 linear ranges from 5-5000 mR/hr full scale. Specifically designed for flat response
899 into the X-ray region. Beam-off use only.
900
- 901 6. **HPI 1010:** This instrument uses a tissue-equivalent proportional chamber to measure
902 integrated absorbed dose (mrads) or dose rates (mrads per hour) when exposed to neutrons,
903 gamma rays, and charged particles under either beam-on or beam-off conditions. It is delicate
904 and should be handled with care. They are the most appropriate instruments for beam-on
905 surveys, with integration being the preferred measurement technique. This instrument consists
906 of an electronics box with top mounted handle and a front mounted detector. The user should
907 have a good understanding of its response in diverse radiation fields.
908
- 909 7. **Snoopy:** A heavy, portable neutron counter consisting of an Anderson/Braun type moderated
910 BF₃ counter connected to a ratemeter body. This instrument should be used only in low dose
911 rate accelerator produced fields with long spill times to avoid saturation of the proportional
912 counter. An Eberline ESP-2 supplies HV and all data measurement functions. It can be
913 operated in either dose rate (mrem/hr) or integrate (mrem) modes. Care needs to taken in the
914 use of the meter in a pulsed radiation field. A scaler (with pulse shaper adaptor) should be
915 attached to the AUDIO/SCALER connector and the pulses counted on the X10³ range.
916 Calibration is 7500 cts/mrem (AmBe response). Used for beam-on low dose rate neutron
917 surveys.
918
919

Appendix 5D Stationary Radiation Instrumentation Used At Fermilab

Note: The monitoring devices listed below are designated as being beam-on or beam-off (in some cases both). A beam-off instrument may not be suitable for beam-on use due to excessive dead time or insensitivity to particles of interest. A beam-on instrument may not be suitable for beam-off use.

1. **Chipmunk:** The “standard” area monitor used in experimental areas. It is an AC powered beam-on or beam-off neutron, gamma ray and charged particle detector. The instrument consists of a tissue equivalent ion chamber mounted in a yellow box with a blue electronics/indicator box on top. The upper box contains visual and audible indicators (ratemeter, lights, alarm) to display dose rates and alarm levels. External signal connectors provide remote readout and interlock capability and a digital pulse train for dose integration (2.5 $\mu\text{rem/pulse}$). The quality factor may be set to values of 1, 2.5, 5, or 10. A built-in check source provides a background of about 0.6 mrem/hr on the quality factor 5 setting. Its portable analogs are the tissue equivalent survey meters (Appendix 5C). These instruments may be used as ratemeters or in an integrate mode.
2. **Scarecrow:** A high range version of the Chipmunk. The specifications are identical to those of the Chipmunk with the following exceptions: (1) the ion chamber enclosure is RED; (2) the quality factor is preset at 4; (3) background level from the check source is 100 mrem/hr (ratemeter zero); (4) the digital pulse train calibration is 25 $\mu\text{rem/pulse}$; and (5) the high level alarm is user adjustable.
3. **FOX:** An area monitor similar in function to a Chipmunk. It is an AC powered beam-on or beam-off X-ray, gamma ray and charged particle detector. The instrument consists of a 3.8 liter, desiccated, air filled ion chamber mounted in a Faraday type cage enclosure with a blue electronics box on the end. The blue box contains a visual indicator to display an output pulse. External signal connectors provide interlock capability and a digital pulse train for dose integration (1 $\mu\text{R/pulse}$). The quality factor is fixed to 1. A built-in check source provides a background of about 0.26 mR/hr.
4. **Hippo:** A very large detector consisting of a 55 gal. ion chamber and associated electrometer integrator. This instrument is used for detecting small amounts of accelerator-produced prompt radiation (principally muons) or gamma rays due to induced radioactivity far from the accelerator and experimental areas. It is primarily used as an environmental monitor near the site boundary.
5. **Wallflower:** A wall mounted, AC powered, Geiger counter ratemeter used for beam-off gamma ray detection. The instrument consists of a blue box with detachable probe. The instrument is generally mounted at labyrinth or enclosure exits and is used only to assign radioactivity classes (see Article 413) to radioactive items leaving beamline enclosures. The meter face displays an activity class rating that corresponds to labels found in the vicinity of the instrument. Its portable analog is the portable Geiger counter (Appendix 5C).

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6. **Frisker:** An AC powered pulse ratemeter with detachable pancake type Geiger counter probe. It is normally used to check for low-levels of contamination on personnel and for radioactive material leaving enclosures. It possesses a pre-settable audible alarm level. It is similar in operation to the portable E140N. The instrument is generally mounted at labyrinth or enclosure exits.

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971 **Appendix 5E Procedures And Equipment Used To Measure Radioactivity Samples And**
972 **Airborne Radioactivity Concentrations**
973

974 **A. Procedures for Submission of Analytical Samples to the Radionuclide Analysis Facility**

975 In order to minimize the potential for sample cross contamination and to facilitate sample handling
976 and analysis at the Radionuclide Analysis Facility (RAF), the following guidelines shall be
977 followed. Exceptions to these guidelines must be approved by the RAF Group Leader before the
978 samples in question are submitted to the RAF for analysis.
979

- 980 1. Samples submitted to the RAF for analysis must be delivered to the east entrance of the Annex
981 at Site 39.
982
- 983 2. All samples submitted to the RAF for analysis must be accompanied by a properly completed
984 Chain of Custody (COC) Radiation Physics Form No. 33 (see [List of Radiation Physics](#)
985 [Forms](#)). Ensure that all parties who require analysis results are clearly communicated to the
986 RAF staff member receiving the samples.
987
- 988 3. Any rush job must be cleared through the RAF Group Leader. Otherwise, analyses will be
989 performed in the order of receipt. A routine gamma ray analysis requires a minimum of 1
990 business day and routine ^3H analyses require a minimum of 3 business days for preliminary
991 results and 5 business days for final results.
992
- 993 4. Each sample submitted to the RAF must have a unique FNAL identification number associated
994 with it as directed in the Fermilab [RAF Procedure 100](#). This number and a brief description
995 of the location from which the sample was taken must be clearly indicated on the sample and
996 the COC form. The location from which the sample was taken must be explained clearly and
997 in detail on the COC form.
998
- 999 5. Samples submitted for gamma ray analysis only or for gamma ray analysis and tritium analysis
1000 must be submitted in 250 ml sealed Nalgene plastic bottles obtainable at the Fermilab
1001 Stockroom. At least 200 mL of sample is required for most RAF gamma ray analyses. Smaller
1002 volumes may be acceptable but require prior authorization from the RAF Group Leader.
1003 Samples submitted for tritium analysis only may be submitted in 125 or 250 ml sealed Nalgene
1004 plastic bottles. At least 100 mL of sample is required for most tritium analyses.
1005
- 1006 6. **Prior** clearance from the RAF Group Leader must be obtained before any sample greater than
1007 Class 1 in radioactivity is brought to the RAF.
1008
- 1009 7. All integral solid samples, wipes, and filters should be contained in a sealed plastic bag to
1010 minimize the potential for cross contamination of samples. Such bags should be clearly marked
1011 with the sample's ID and location.
1012

- 1013 8. All sample containers must be sealed and the outside thoroughly cleaned before they are taken
1014 to the RAF.
1015
- 1016 9. Personnel entering the RAF must ensure that they carry no contaminated material into the
1017 building. A Frisker is provided in the RAF sample receiving room.
1018
- 1019 10. Only personnel trained on RAF standard operating procedures are allowed to transfer or in any
1020 other way alter samples after they have entered the RAF.
1021
- 1022 11. RAF normally disposes of samples after analysis is completed, through the ES&H Hazard
1023 Control Technology Team. If the sample requestor would like samples returned to them, they
1024 must indicate that on the COC before submitting samples. Once the report has been issued,
1025 the samples be disposed after 2 weeks unless advance arrangements are made with the RAF
1026 Group Leader. During sample return, the person picking up the samples should ensure that the
1027 corresponding COC is properly signed back to him/her by an RAF technician.

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