

Gravitational waves from Nnaturalness

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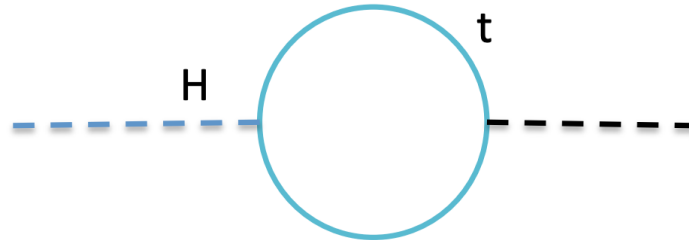
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Motivation

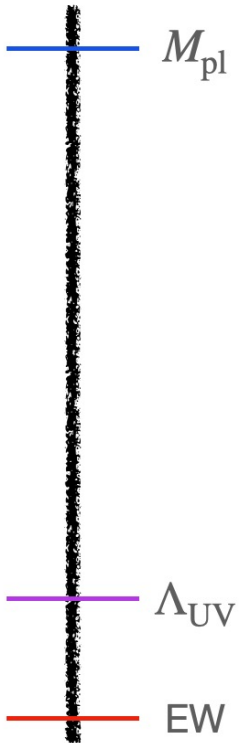
- Naturalness : EFT should not be extremely sensitive to the structure of the underlying UV theory.

- 1-loop corrections from SM fields to the Higgs mass give quadratic corrections :

$$\Delta m_h^2 \propto \Lambda_{UV}^2$$



- No evidence of new physics at TeV scale.
- If new physics should enter at a new scale, Λ_{UV} , say at $O(10)$ TeV then we want to explain this little hierarchy.



Nnaturalness (Arkani-Hamed et.al. 2016)

- ▶ Nnaturalness is a model which consists of a large N copies of the Standard Model with varying values of the Higgs mass parameter.
- ▶ Some sectors will accidentally have the Higgs mass parameters that are parametrically smaller than the cutoff.
- ▶ Our SM is to be identified with the sector having the smallest (negative) squared Higgs mass.
- ▶ Finally, a light 'reheaton' can naturally transfer most of its energy to our sector and only slight fractional energy densities to the other sectors.
- ▶ We choose $N = 10^4$ and $\Lambda_H = 10 \text{ TeV}$ for our study.

Nnaturalness : Model

- Consider N copies of SM, with the Higgs squared mass parameters assumed to vary uniformly from one sector to another, ($i=0$ corresponds to our SM)

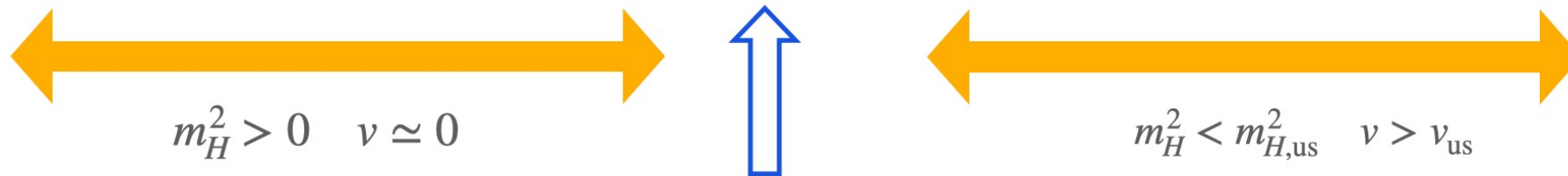
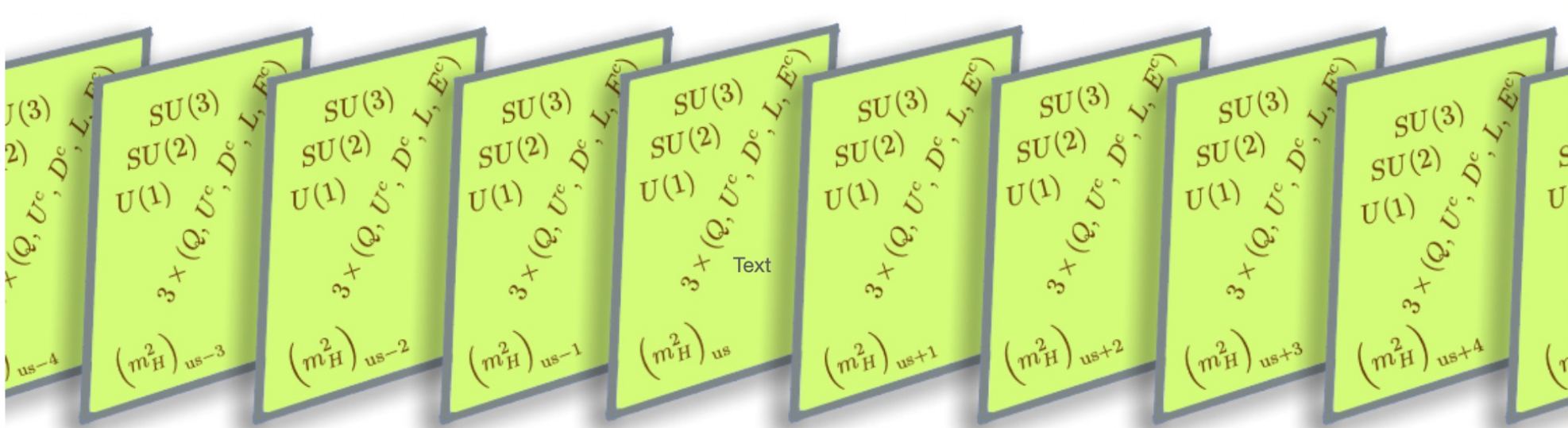
$$-\Lambda_{\text{UV}}^2 < m_{H,i}^2 < \Lambda_{\text{UV}}^2$$

$$m_{H,i}^2 = -\frac{\Lambda_H^2}{N}(2i + r) = -(88 \text{ GeV})^2 \left(1 + \frac{2i}{r}\right)$$

- We consider a scalar reheaton, which dominates the energy density of the universe at some time following inflation,

$$\mathcal{L}_\phi \supset -a\phi \sum_i |H_i|^2 - \frac{1}{2}m_\phi^2\phi^2$$

Nnaturalness



$$m_{H,us}^2 = -(88 \text{ GeV})^2 \quad v_{us} = 246 \text{ GeV}$$

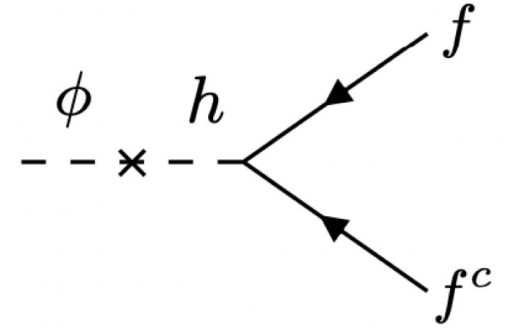
$$v_i \sim \frac{y_t \Lambda_{QCD,i}^3}{m_{H,i}^2} \ll \Lambda_{QCD,i} \sim O(100 \text{ MeV})$$

$$v_{i \geq 0}^2 = -(m_{H,i}^2) / \lambda = v^2 (2i/r + 1).$$

Model : Salient features

- ▶ Reheaton decays preferentially to lightest Higgs i.e. $\rho_i/\rho_{\text{SM}} \approx \Gamma_i/\Gamma_{\text{SM}} < 1$ and this ratio is independent of coupling a ($< \Lambda_H/N$).
- ▶ Coupling strength only controls reheating temperature.
- ▶ Naturalness cosmology is completely determined by $\{m_\phi, r\}$ with a weak dependence on N .
- ▶ SM has a very tiny coupling to other sectors, making colliders searches futile.

Reheaton decays : SM-like Sectors



- Reheaton decays to all kinematically available final states via it's mixing with the Higgs h_i (mixing angle $\theta_i \sim a/m_{H_i}$)

$$\Gamma_{\phi \rightarrow \{f_i\}} = \theta_i^2 \Gamma_{h_i \rightarrow \{f_i\}}(m_\phi) \propto 1/m_{h_i}^2 \sim \frac{1}{i}$$

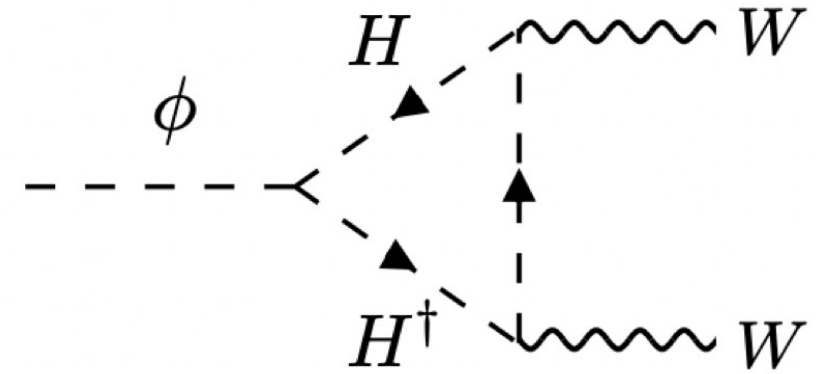
- Pre-dominant decay is to our SM (lightest higgs)

$$\rho_i/\rho_{\text{SM}} \approx \Gamma_i/\Gamma_{\text{SM}}.$$

- Energy density in other sectors contributes to relativistic d.o.f

$$\Delta N_{\text{eff}} \sim \sum_{i \neq 0} \frac{\Gamma_i}{\Gamma_{i=0}} \sim \log(N)$$

Reheaton decays : Exotic sector



- There's no higgs-scalar mass mixing in the absence of vev, and decays generally involve doublet Higgs

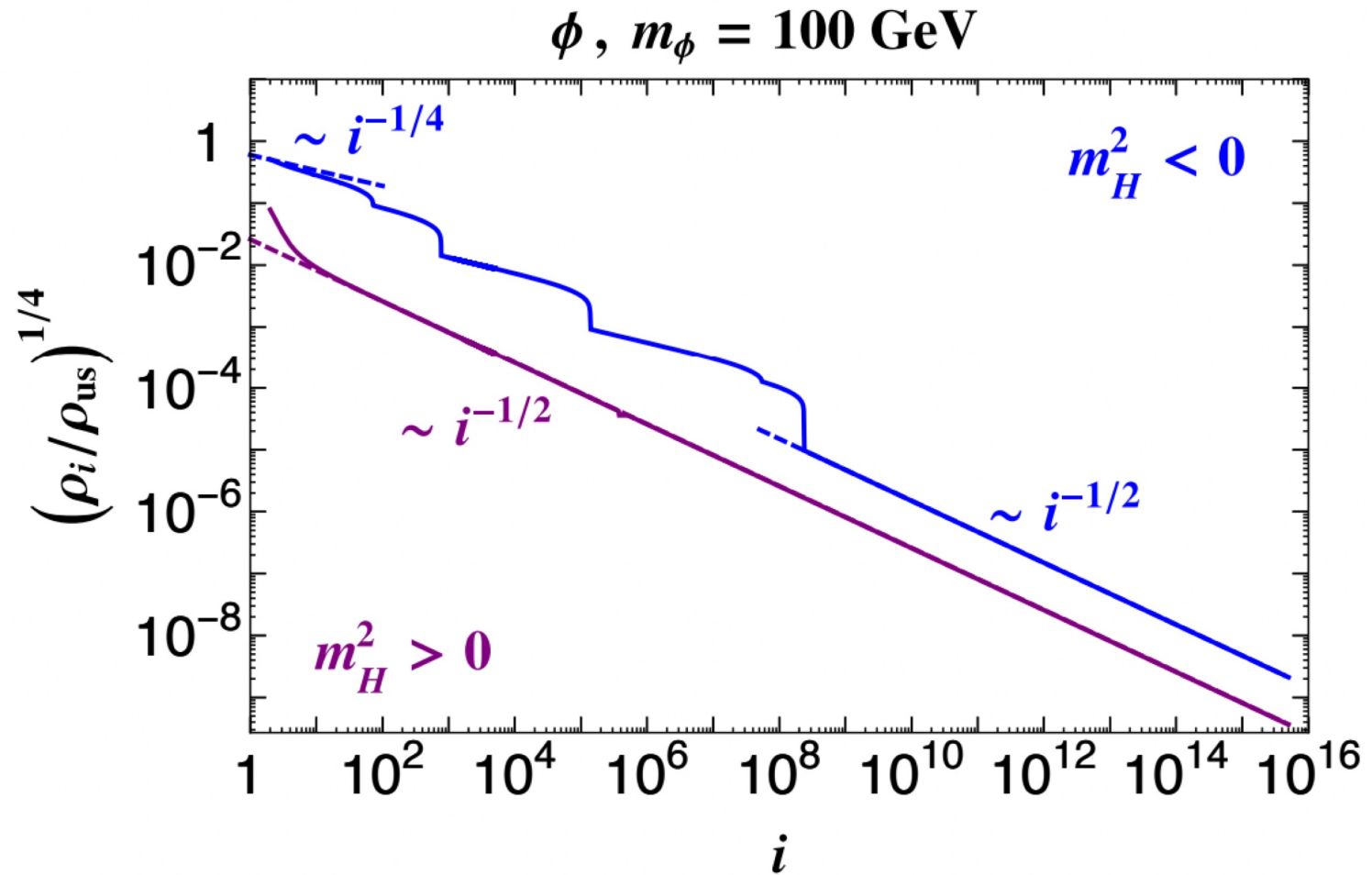
$$\Gamma_i \sim \frac{1}{m_{H,i}^4} \sim \frac{1}{i^2}$$

- The lightest $i = -1$ is the only relevant sector and gets reheated substantially

$$\Delta N_{\text{eff}} \sim \sum_{i=-1} \frac{\Gamma_{i=-1}}{\Gamma_{i=0}} \propto \frac{1}{m_{H,-1}^4}$$

- Decay's parametric dependence can be evaded by having H_{-1} light, $m_{H_{-1}} \leq \frac{m_\phi}{2}$ which opens on-shell or nearly on-shell two body decays.

Reheaton decay : recap



First exotic sector ($i=-1$) : mass spectrum

- Formation of quark condensates lead to spontaneous breaking of the electroweak (SU2) symmetry at around $T_{-1,c} \sim 85 \text{ MeV}$,

$$\langle q_L q_R \rangle \simeq 4\pi f_{\pi,-1}^3 \rightarrow v_{-1} \simeq \frac{f_{\pi}^3}{m_{H,-1}^2}$$

- 3 goldstones of $SU(6)_L \times SU(6)_R \rightarrow SU(6)_V$ gets eaten by W and Z

$$m_{W,Z} \simeq f_{\pi,-1} \simeq \mathcal{O}(10 \text{ MeV})$$

- The rest 32 gets their masses from the explicit symmetry breaking via Yukawas

$$m_{\pi,-1} \simeq \mathcal{O}(\text{keV} - \text{MeV})$$

- Leptons are the lightest

$$m_e \simeq \mathcal{O}(10^{-4} \text{ eV}), \quad m_{\mu} \simeq \mathcal{O}(10^{-2} \text{ eV}), \quad m_{\tau} \simeq \mathcal{O}(10^{-1} \text{ eV})$$

First order phase transition ($N_f=6$)

- ▶ We follow the conventional arguments by [Pisarski, Wilczek 1984] which suggests that the QCD with 3 or more massless quarks undergoes FOPT.
- ▶ First exotic sector with 6 massless quarks cools and as its temperature reaches $\Lambda_{QCD,-1} \sim 100 \text{ MeV}$, there's a FOPT due to quark condensates.
- ▶ $T_{-1,c} \sim 85 \text{ MeV}$ and $50 < T_{-1,perc} < 85 \text{ MeV}$, where the latter is the temperature by which 1/3 of the universe is in true vacuum.
- ▶ Near recombination ($T \sim 0.3 \text{ eV}$), the exotic sector relativistic species comprise of neutrinos as well as photons and electrons still in interacting bath.

Phase transition : Strength

- Strength of the phase transition is roughly given by

$$\alpha_{-1} = \frac{\Delta V}{\rho_{\text{rad},-1}} \quad \alpha_{\text{tot}} = \frac{\Delta V}{\rho_{\text{rad,tot}}}$$

- First principles calculation of α_{-1} for QCD is complicated due to strong coupling regime, instead we consider distinct phase transition scenarios.
- Entropy ratio after and before the QCD FOPT is related via,

$$D_{s,-1} = \frac{s_{-1}^{rh}}{s_{-1}^{perc}} \propto (1 + \alpha_{-1})^{3/4}$$

ΔN_{eff} in Nnaturalness

- Phenomenologically, Nnaturalness can be probed via its effects on ΔN_{eff} during recombination.
- For our benchmarks, we use interacting radiation bound from CMB,

$$\Delta N_{eff}^{CMB} \leq 0.7 \quad (\text{Planck} + \text{SHOES})$$

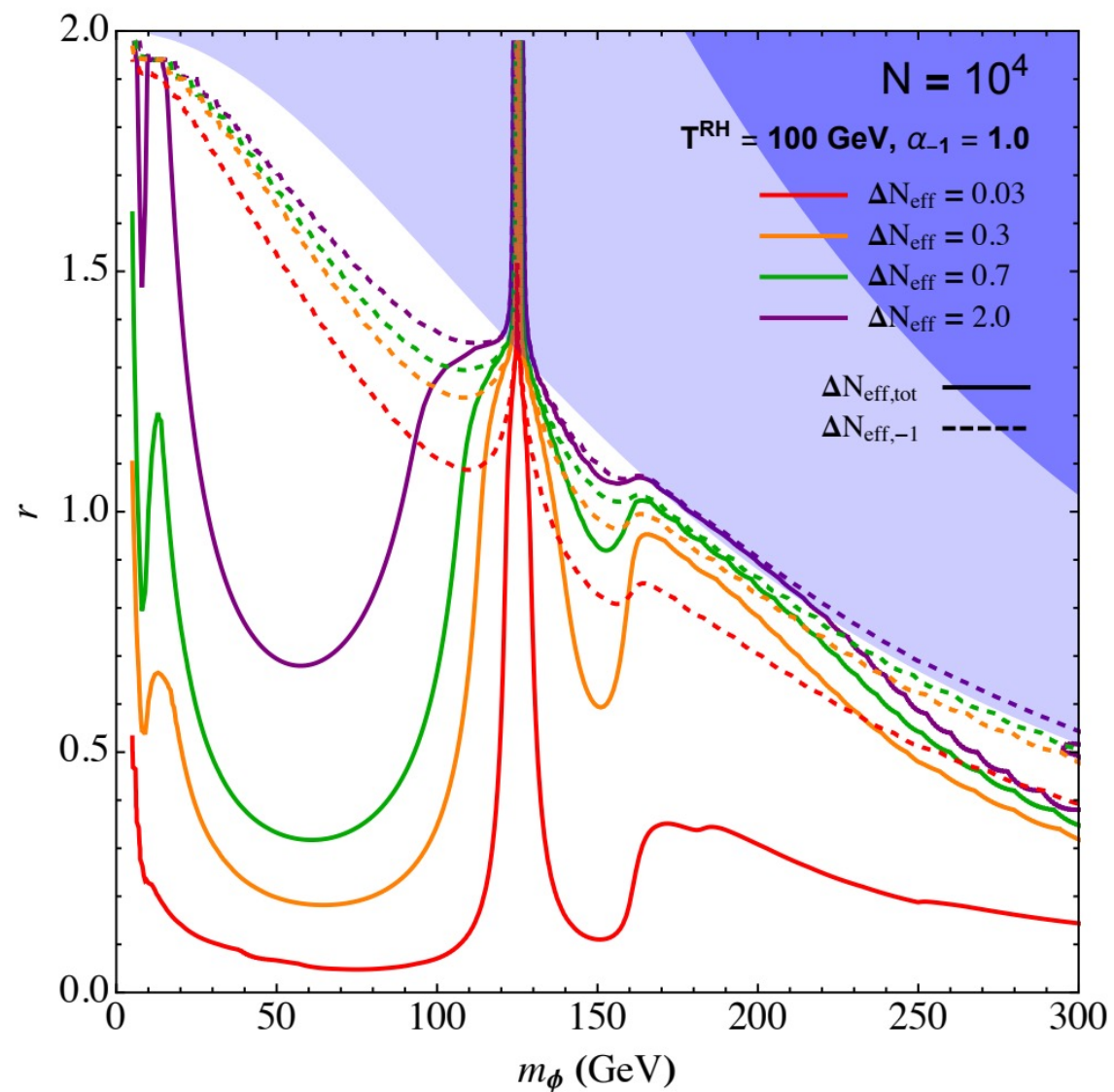
- SM like sectors have contributions via free streaming neutrinos

$$\Delta N_{eff,i>0}^{CMB} \propto \sum_{i>0} \frac{\Gamma_i}{\Gamma_{SM}}$$

- Exotic sectors contribute via free streaming neutrinos and interacting radiation

$$\Delta N_{eff,-1}^{CMB} \propto (1 + \alpha_{-1}) \frac{\Gamma_{-1}}{\Gamma_{SM}}$$

Cosmological Probes of NNaturalness



Gravitational waves parameters

- ▶ The spectra of GW from FOPT depends on :
- ▶ α : Strength of phase transition
- ▶ β : Inverse time scale of phase transition
- ▶ T_N : Nucleation Temperature at which first true vacuum bubble arise
- ▶ v_w : Bubble wall velocity, the expansion speed of true vacuum bubbles.

Strength of GW signal

- Amplitude of GW signal is controlled by strength parameter, α_{tot} which is given in terms of product of α_{-1} and fraction of energy density in exotic sector.

$$\alpha_{tot} \simeq \alpha_{-1} \left[\frac{g_{*\rho,-1}^{\text{perc}}}{g_{*\rho,\text{SM}}^{\text{perc}}} (\xi_{-1}^{\text{perc}})^4 \right]$$

$$\simeq \begin{cases} 0.02 \times \left(\frac{\Delta N_{\text{eff},-1}^{\text{CMB}}}{0.7} \right) & (\alpha_{-1} = 0.3, \text{ Non-runaway scenario}), \\ 0.1 \times \left(\frac{\Delta N_{\text{eff},-1}^{\text{CMB}}}{0.7} \right) & (\alpha_{-1} = 10, \text{ Runaway scenario}). \end{cases}$$

Duration of PT

- ▶ This parameter gives a measure of the duration of PT
- ▶ Defined in terms of the Euclidean bounce action as,

$$\frac{\beta}{H} = T_{-1} \frac{d}{dT_{-1}} \frac{S_3}{T_{-1}} \Big|_{T_{-1, \text{nuc}}}$$

- ▶ Unfortunately, we cannot calculate it from first principles as QCD becomes strong.
- ▶ There has been studies which predict large values for beta, but none can be mapped 1-1 to our case.
- ▶ We thus consider a large range, $\beta/H \in [3, 10^4]$.

General features of Hidden sector PT

- ▶ Strong GW signal and safety from Neff constraints impose opposite conditions on hidden sectors.
- ▶ ΔN_{eff} constraints impose $\xi_H = \frac{T_H}{T_{SM}} < 1$, whereas $\alpha \propto \xi_H^4$ means that strong GW signals require it isn't much smaller than 1.
- ▶ Large β means faster transitions, which results in signals that are weaker and peaking at higher frequencies vs slower transitions.
- ▶ Duration parameter β/H is generally expected to be inversely correlated with the strength parameter α .

GW spectrum

- ▶ Cosmological FOPT leads to production of stochastic GW via :
 1. **Collisions of bubble walls**: This contribution depends only on the dynamics of scalar field, not on the effects of the background plasma.
 2. **Collision of sound waves** : Bubble expansion leads to production of sound waves from plasma surrounding the bubbles. Lasts longer, enhanced by factor of β/H .
 3. **Hydrodynamic turbulence** in the plasma¹ : Happens after collision of sounds waves, generally suppressed by O(5-10 %) compared to sounds waves.

1. neglected in this study

Gravitational Waves signal

- Differential GW density parameter characterizes them :

$$\Omega_{GW} = \frac{1}{\rho_c} \frac{d\rho_{GW}}{d \log f}, \quad \rho_c = 3M_{pl}^2 H^2$$

- Semi-analytical parametrizations can be used to describe them,

$$\Omega_{GW}^{\text{em}}(f_{\text{em}}) = \sum_{I=\text{BW, SW}} N_I \Delta_I(v_w) \left(\frac{\kappa_I(\alpha_{-1}) \alpha_{\text{tot}}}{1 + \alpha_{\text{tot}}} \right)^{p_I} \left(\frac{H}{\beta} \right)^{q_I} s_I(f_{\text{em}}/f_{p,I}).$$

$$\longrightarrow h^2 \Omega_{GW}^0(f) = h^2 \mathcal{R} \Omega_{GW}^{\text{em}} \left(\frac{a_0}{a_{\text{perc}}} f \right).$$

GW signal parametrization

- Normalization factors and exponents :

$$(N_{\text{BW}}, N_{\text{SW}}) = (1, 0.159) \quad (p_{\text{BW}}, p_{\text{SW}}) = (2, 2) \quad (q_{\text{BW}}, q_{\text{SW}}) = (2, 1)$$

- Potential suppression due to wall velocity :

$$(\Delta_{\text{BW}}, \Delta_{\text{SW}}) = \left(\frac{0.11 v_w^3}{0.42 + v_w^3}, 1 \right)$$

- Spectral shape function and peak frequencies :

$$s_{\text{BW}}(x) = \frac{3.8 x^{2.8}}{1 + 2.8 x^{3.8}}, \quad s_{\text{SW}}(x) = x^3 \left(\frac{7}{4 + 3 x^2} \right)^{7/2},$$

$$f_{\text{p,BW}} = 0.23 \beta, \quad f_{\text{p,SW}} = 0.53 \beta / v_w.$$

Scenario I : Runaway phase transition

- ▶ Bubble walls overcome friction from plasma, accelerating to become ultra-relativistic.
- ▶ Gravitational waves are sourced by bubble wall collisions.
- ▶ α_{-1} should be large to create sufficient pressure resulting in accelerating bubble.
- ▶ Benchmark scenario :

$$v_w = 1, \quad \kappa_{\text{BW}} = 1, \quad \kappa_{\text{SW}} = 0,$$
$$(\alpha_{-1}, \beta/H) = (10, 3), (5, 10), (1, 10^3).$$

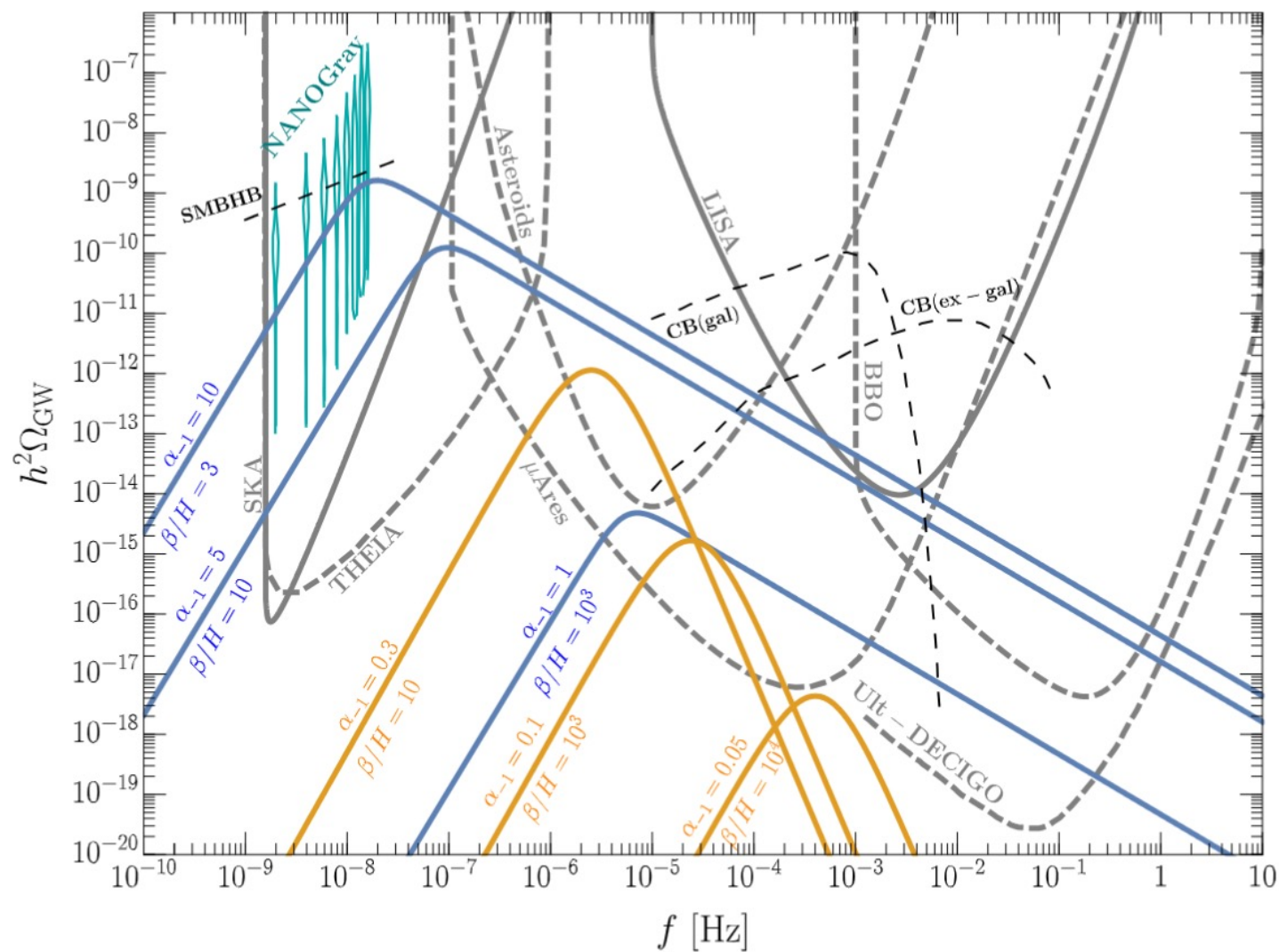
Scenario II : Non-runaway phase transition

- ▶ Bubble walls cannot overcome friction due to plasma and reaches terminal velocity.
- ▶ Expanding walls pushes plasma creating a coherent motion of plasma.
- ▶ Gravitational waves are sourced by sounds waves.
- ▶ Benchmark scenario :

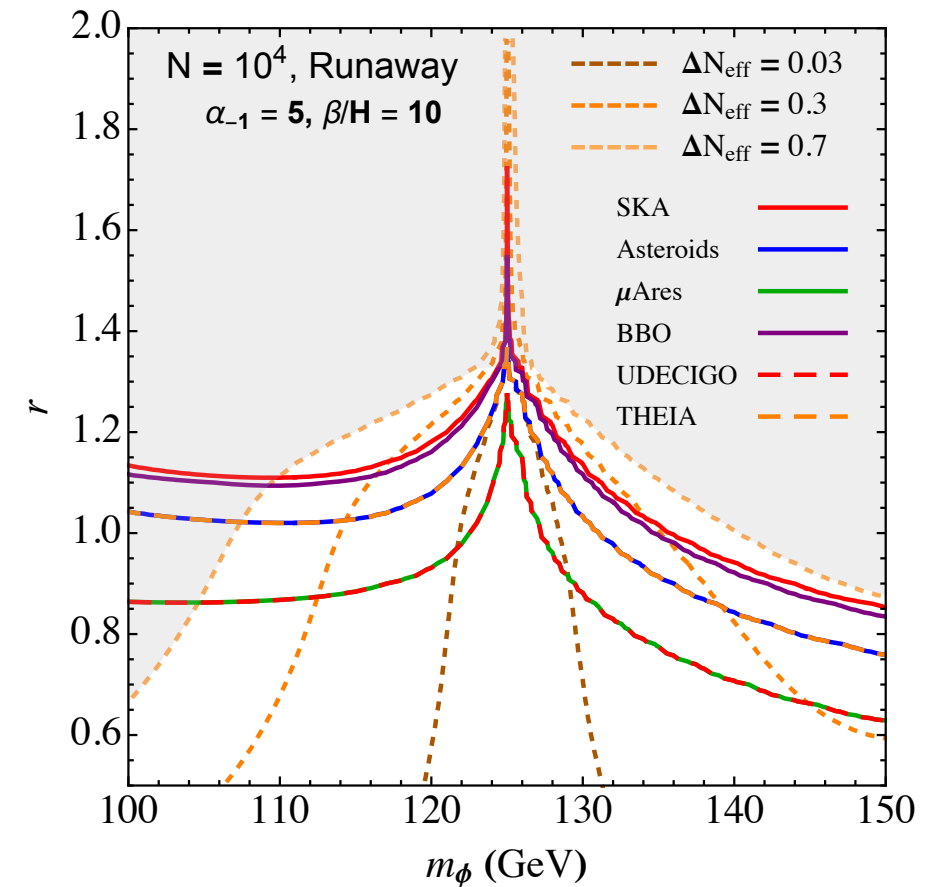
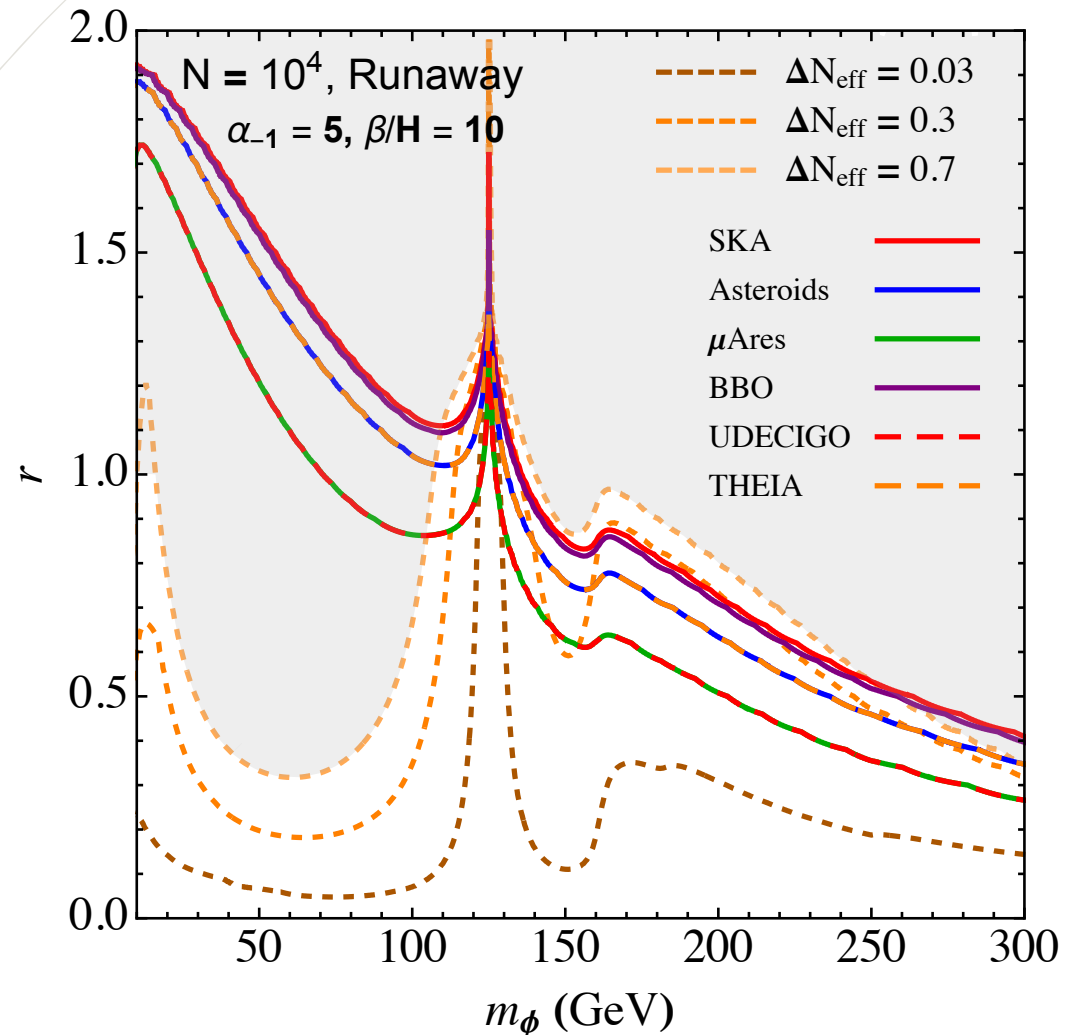
$$v_w = \frac{1}{\sqrt{3}}, \quad \kappa_{\text{BW}} = 0, \quad \kappa_{\text{SW}} = \frac{\alpha_{-1}^{2/5}}{0.017 + (0.997 + \alpha_{-1})^{2/5}},$$
$$(\alpha_{-1}, \beta/H) = (0.3, 10^2), (0.1, 10^3), (0.05, 10^4).$$

GW detection

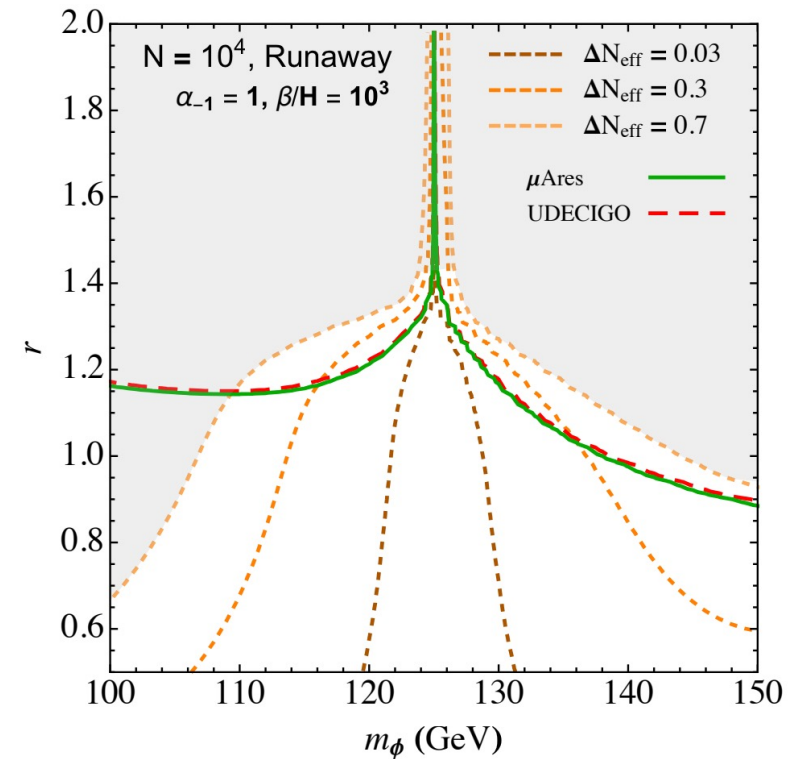
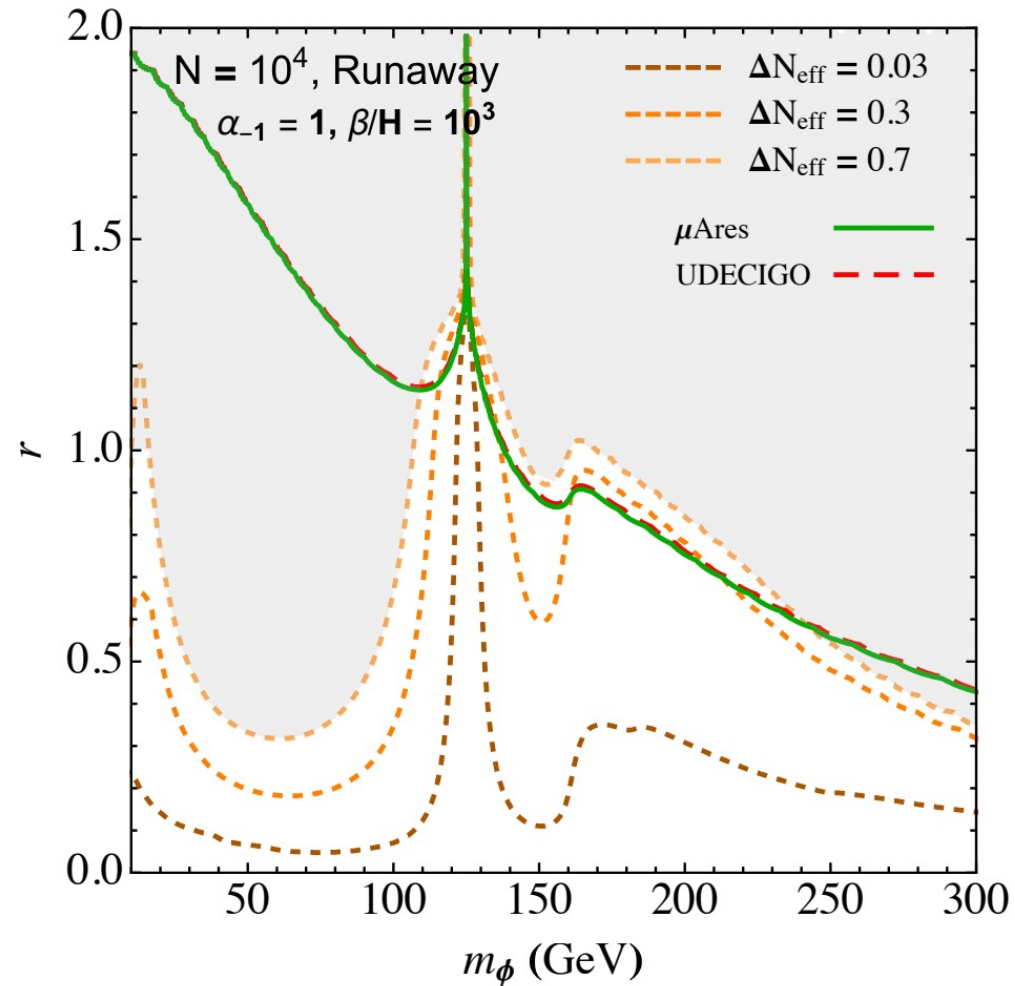
$$\Delta N_{eff,-1}^{CMB} = 0.7$$

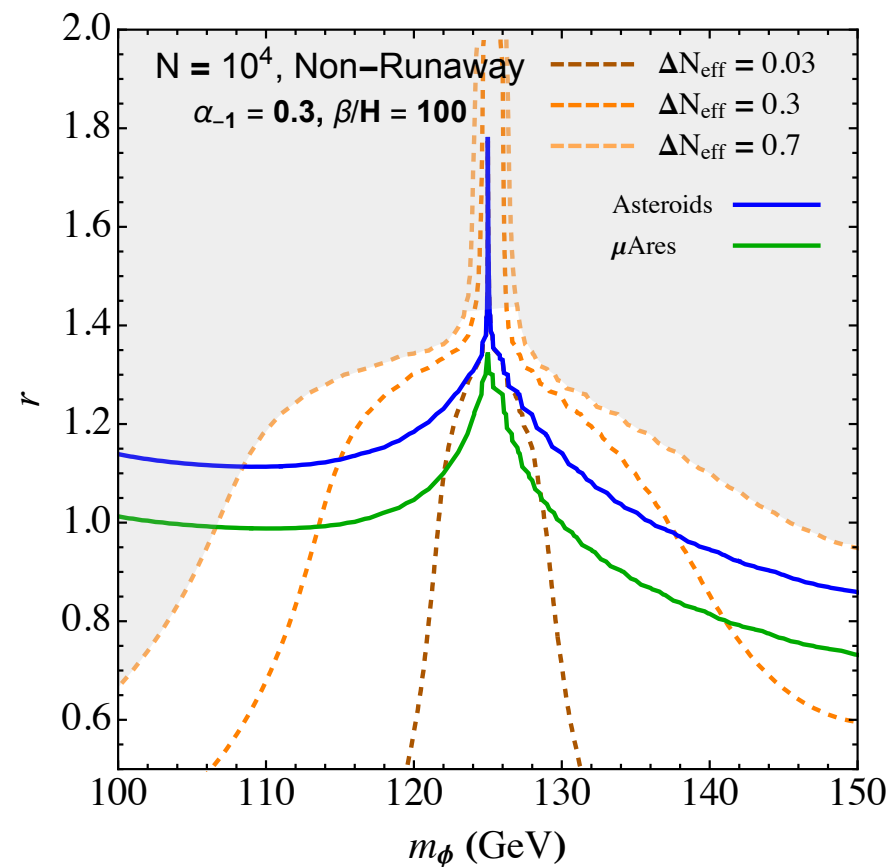
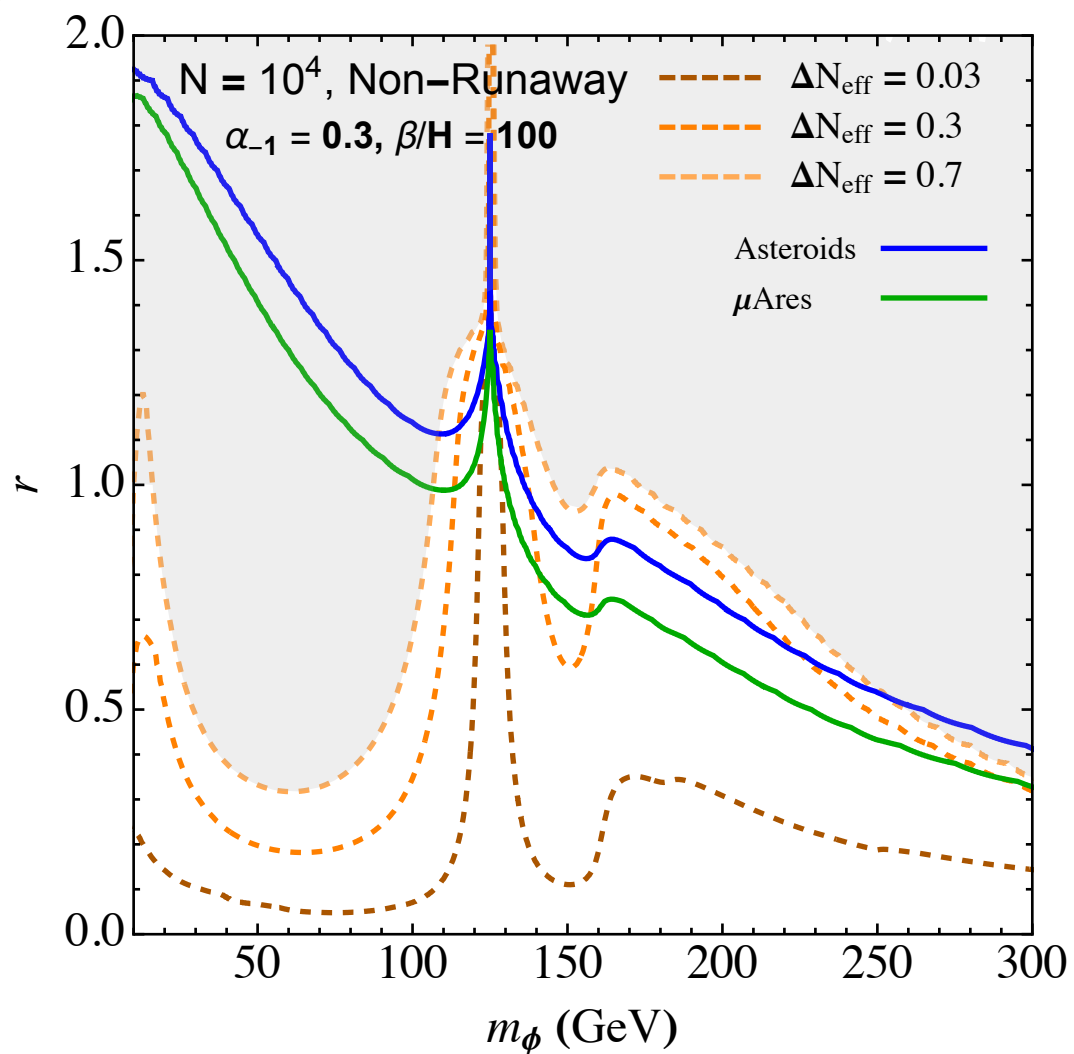


Mapping to $N_{\text{naturalness}}$: Runaway

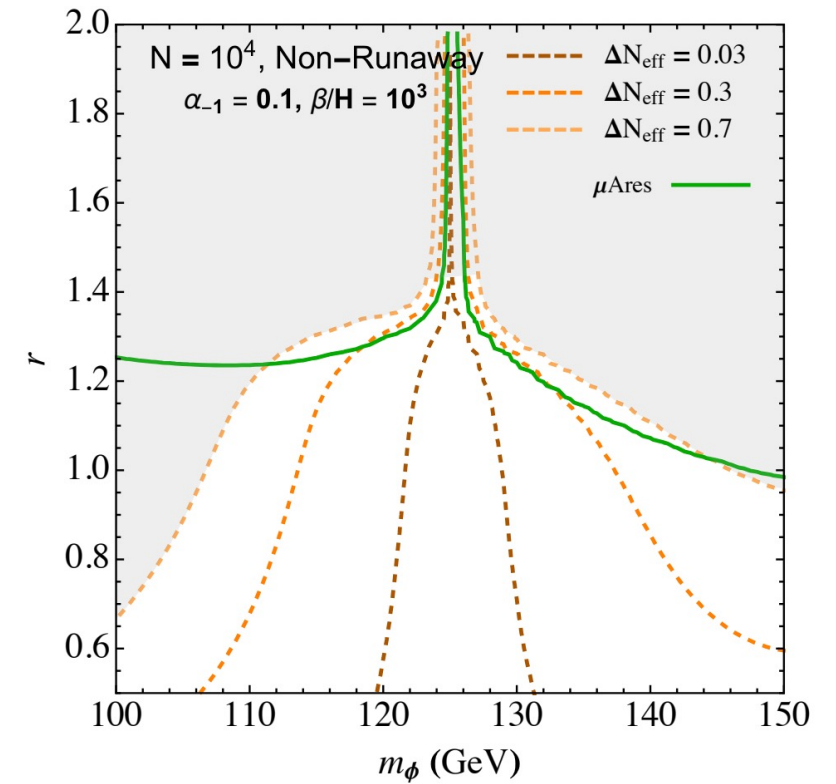
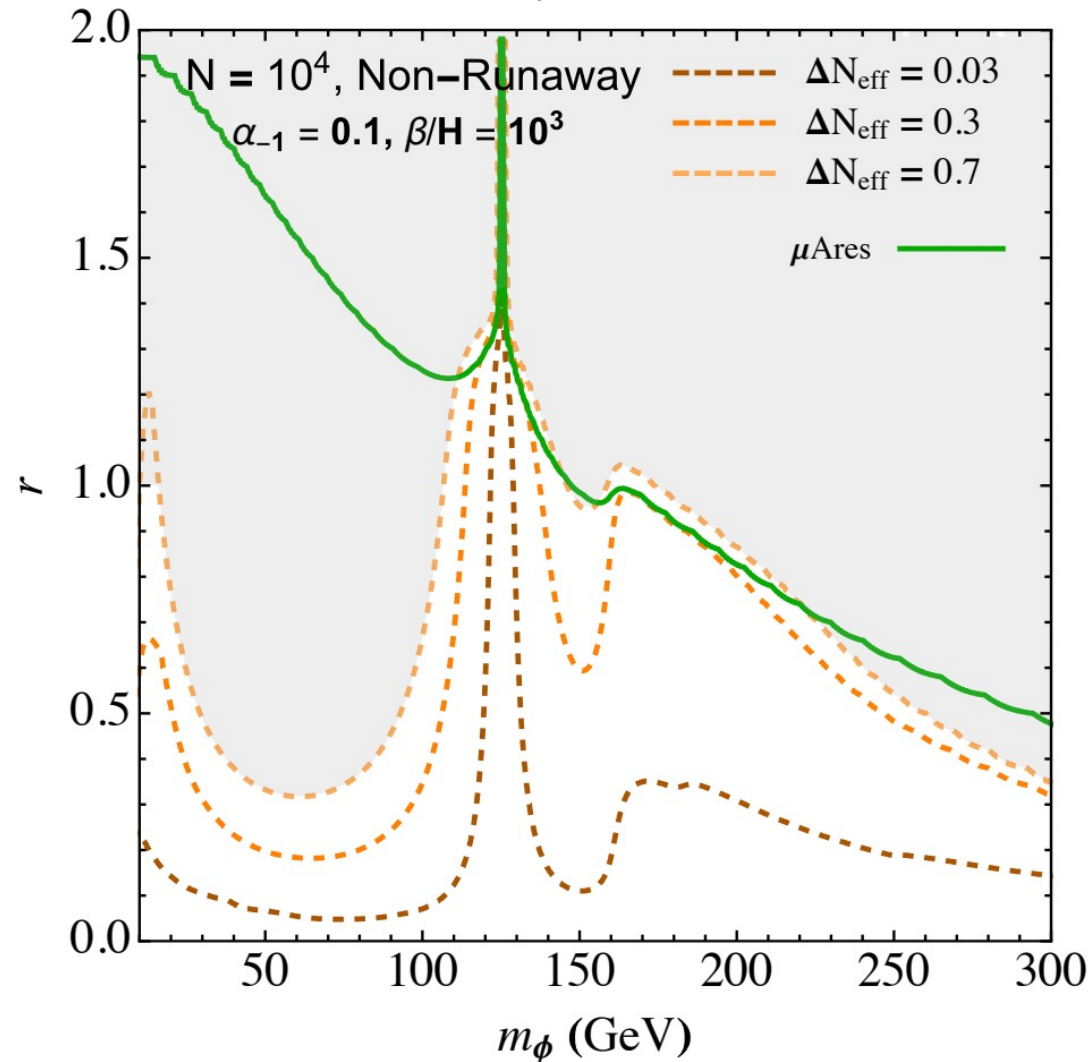


Mapping to $N_{\text{naturalness}}$: Runaway



Mapping to $N_{\text{naturalness}}$: non-runaway

Mapping to $N_{\text{naturalness}}$: non-runaway



Conclusion

- ▶ Nnaturalness addresses the small hierarchy puzzle associated with the Higgs mass via N copies of SM with a range of Higgs mass squared values.
- ▶ The first exotic sector undergoes a QCD FOPT, with the GW peaked in the $n\text{Hz} - \text{mHz}$ frequency.
- ▶ Nnaturalness by itself cannot explain the recent observation of stochastic GW background observed by NANOGrav.
- ▶ We find however that a large parameter of Nnaturalness parameter space can be probed by future PTA experiments as well as planned (LISA, BBO) and proposed (μ -Ares) space based gravitational wave observatories.

THANK YOU!