Preparations for fddaq-v4.3.0-rc1

Several notes:

1. We hope to create release candidate 1 of *fddaq-v4.3.0* by the end of this week.

2. We don't expect this first release candidate (nor *fddaq-v4.3.0*) to have all of the changes planned for NP04. There will be opportunities to include them at an appropriate time. (reference: goals for NP04 & NP02 by WG)

3. We will have a combined operations/release-prep meeting tomorrow (Tuesday) at 07:30 FNAL/14:30 CERN. (Indico link)

4. The Tag Collector spreadsheet has my guesses as to what packages will have new tags and my guesses for the corresponding developers. A primary goal of the (release prep part of the) meeting tomorrow will be to fully/correctly identify which packages will have changes and ensure that everyone understands which packages they should tag.

5. Many of the changes that will be included in this release are listed in this Tracking Project view.