

PBH formation and Gravitational Waves as Multi-messenger Signals of First-order Phase Transitions

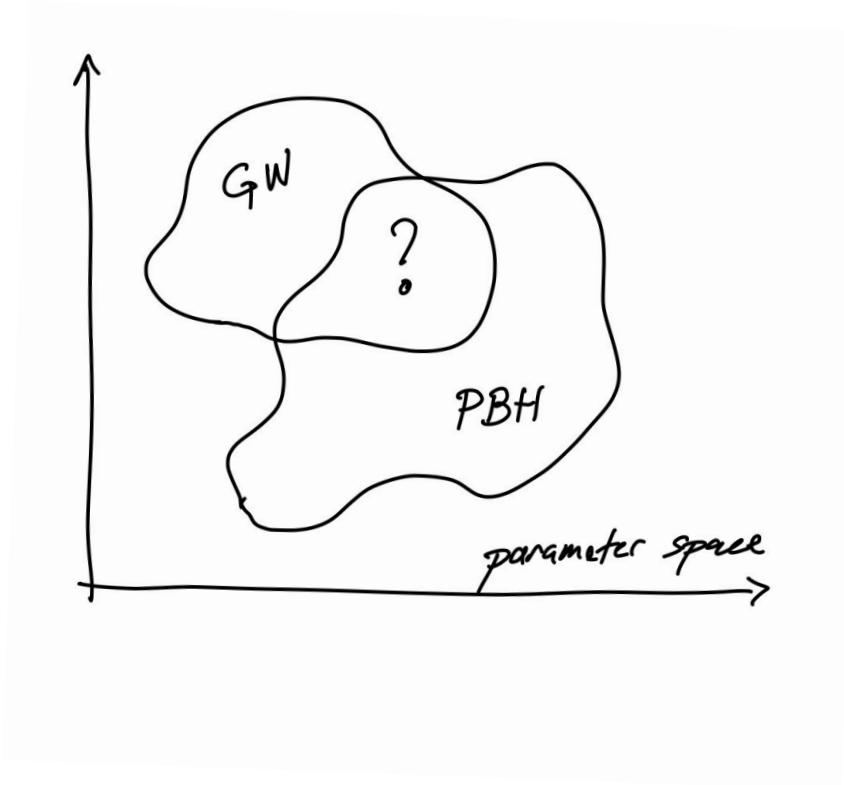
Adrian Thompson *in collaboration with*
Bhaskar Dutta, Cash Hauptmann, &
Peisi Huang

Credit: NASA GSFC

September
12, 2024

Outline

1. Standard lore
 - a. Bubble nucleation
 - b. Gravitational Waves
2. A $B-L$ model
3. PBH formation mechanisms
4. Multi-messenger parameter space



Scalar Potentials at Finite Temperature

Consider a complex scalar field Φ , $\phi = |\Phi|$ with a Higgs-like potential:

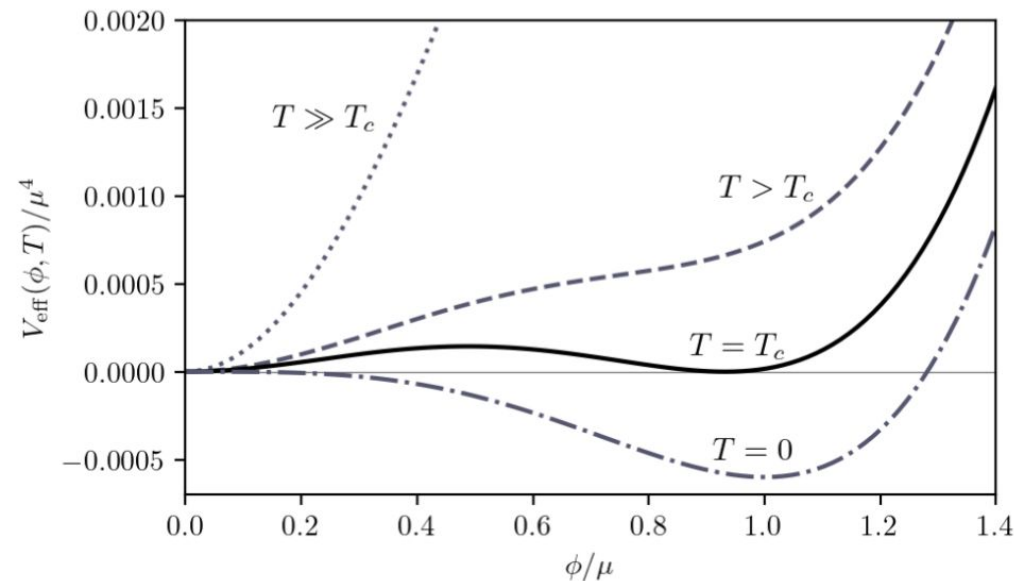
$$V(\phi) = -m^2\phi^2 + \frac{\lambda}{4}\phi^4$$



Finite
temperature
corrections

$$V(\phi, T) = D(T^2 - T_0^2)\phi^2 - (AT + C)\phi^3 + \frac{\lambda}{4}\phi^4$$

[at finite order]



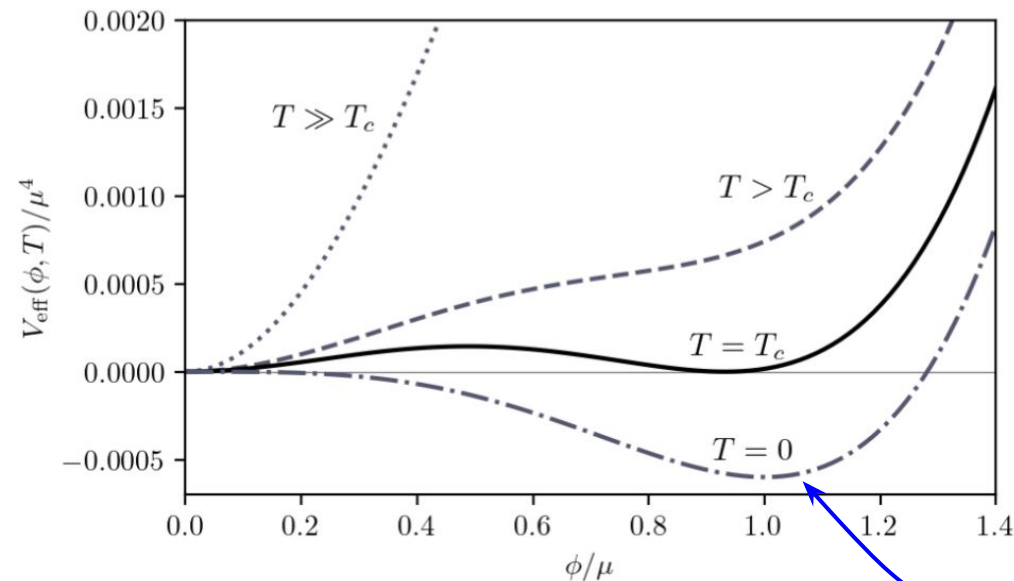
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At $T=0$, the potential has a VEV = μ

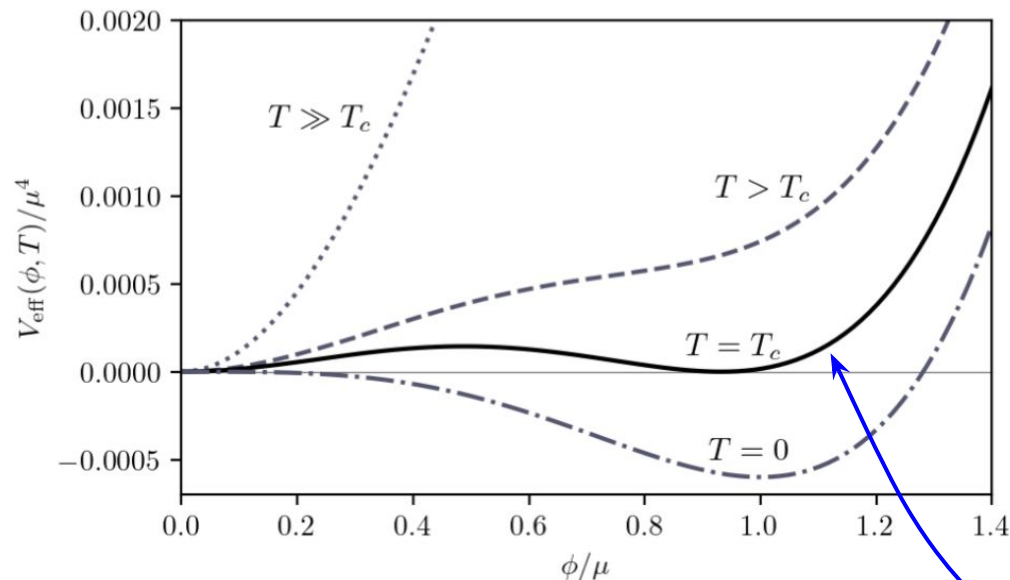
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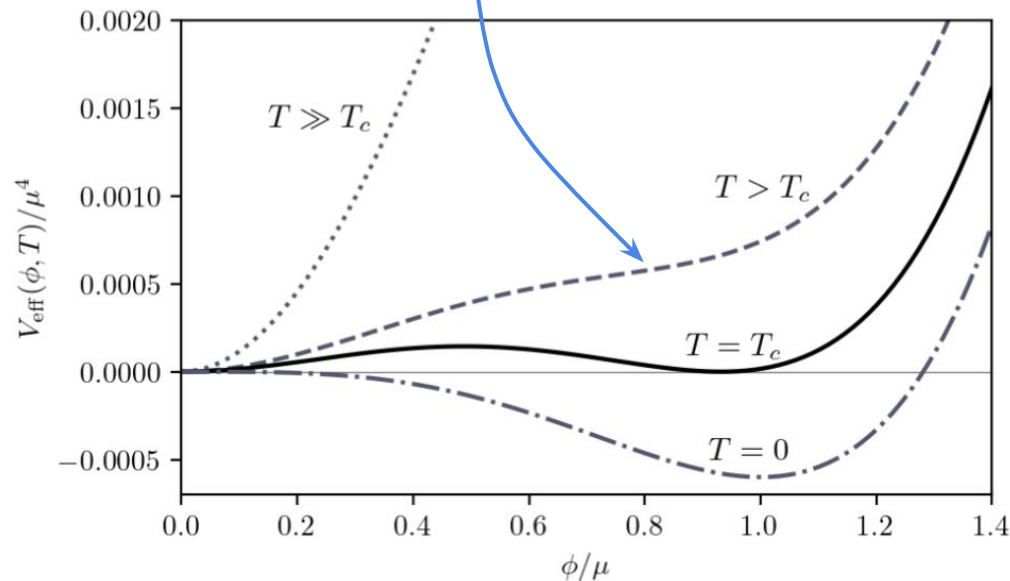
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At $T=T_c$, the critical temperature, finite temperature VEV degenerate with $V(\phi=0)$

Scalar Potentials at Finite Temperature

At $T > T_c$, $\langle \phi \rangle = 0$ and symmetry is restored



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Finite temperature corrections

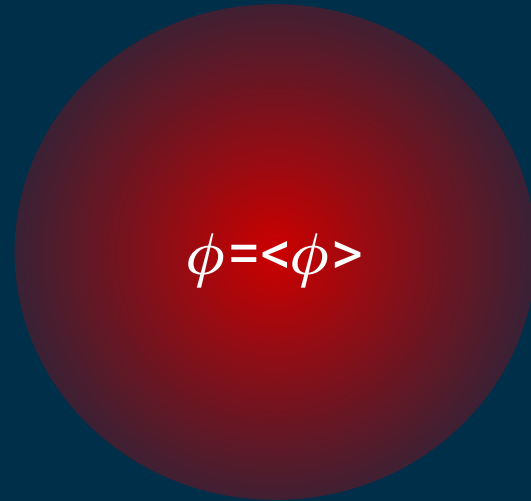
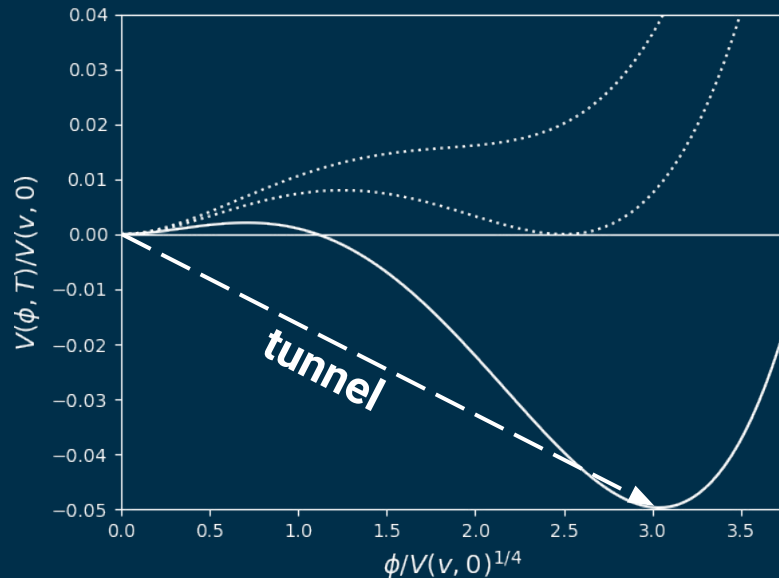
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Bubble Nucleation: A very hot cosmos freezing

quantum mechanically **tunnel** through barrier from $\langle\phi(x)\rangle=0$ to the new minima

$$T < T_c$$

$$\phi = 0$$



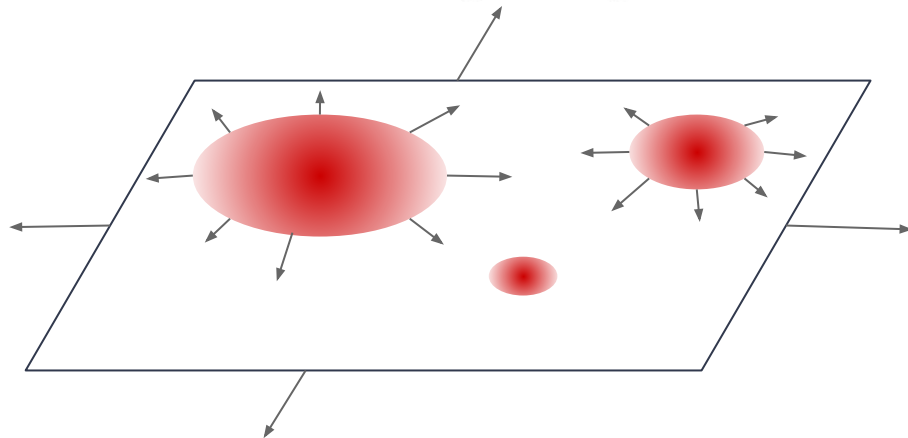
Background Plasma
interacting with ϕ

Bubble Nucleation: Theoretical Description

- $S_3(T)$ is the $O(3)$ symmetric bounce action
- $\Gamma(T)$ is the bubble nucleation tunnelling rate
- The **phase transition happens at temperature T_{PT}** if the tunneling rate can outcompete the Hubble expansion

$$S_3 = 4\pi \int_0^R r^2 dr \left[\frac{1}{2} \left(\frac{d\phi}{dr} \right)^2 + V(\phi(r), T) \right]$$

$$\Gamma(T) = T^4 \left(\frac{S_3}{2\pi T} \right)^{3/2} e^{-S_3(T)/T}$$



Nucleation or Percolation?

- Nucleation temperature T_n : one bubble per Hubble volume
- Percolation temperature $T_p < T_n$: where the false vacuum (FV) fraction is 70%



$$T_n \quad \frac{\Gamma(T)}{H^4(T)} \simeq 1 \quad T_p \quad g(T_c, T) = \exp[-I(T)] = 0.7.$$

The effective parameters describing the bubble nucleation

β is the **inverse time of the transition** \rightarrow
large beta, fast PT

$$\frac{\beta}{H_{PT}} = T_{PT} \frac{d}{dT} \left(\frac{S_3}{T} \right) \Big|_{T_{PT}}$$

See the Diligence paper:
Guo, Sinha, Vagie, White
[\[2103.06933\]](#) (JHEP)

$$H(T)^2 = \frac{8\pi}{3M_{Pl}^2} (\rho_R(T) + \rho_U(T))$$

Jouget velocity:
Hybrid $\leftarrow| \rightarrow$ Detonation

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α : the **strength of the transition**
includes both the latent heat and
potential difference

$$\alpha = \frac{30}{\pi^2 g_* T_{PT}^4} \left(-\Delta V + \frac{1}{4} T \frac{\partial \Delta V}{\partial T} \Big|_{T_{PT}} \right)$$

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v_w is the **bubble wall speed**, and
tells us the dynamics of the GWs

$$v_w = \begin{cases} \sqrt{\frac{\Delta V}{\alpha \rho_r}} & \text{for } \sqrt{\frac{\Delta V}{\alpha \rho_r}} < v_J(\alpha) \\ 1 & \text{for } \sqrt{\frac{\Delta V}{\alpha \rho_r}} \geq v_J(\alpha) \end{cases}$$

See the Diligence paper:
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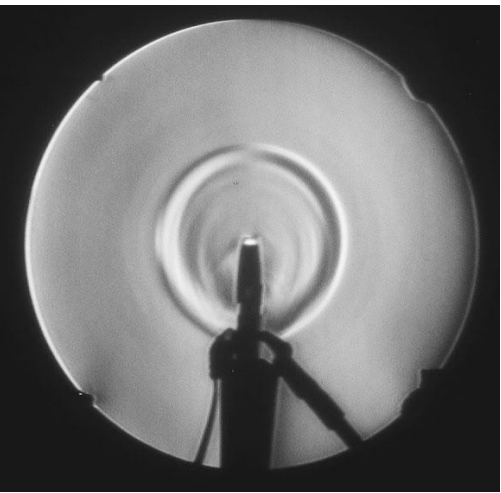
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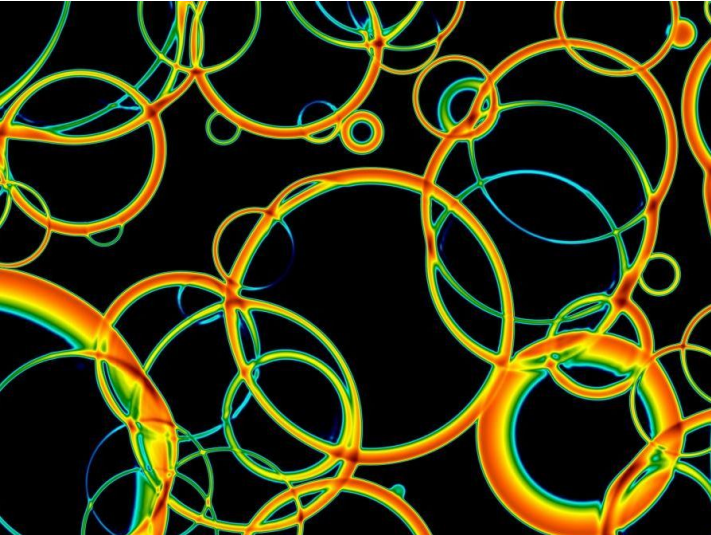
Gravitational Wave Production: Three sources

$$\Omega_{GW} = \Omega_{sw} + \Omega_{col} + \Omega_{turb}$$

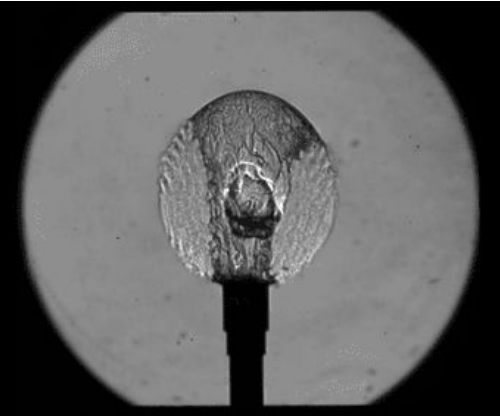
Sound Waves



Bubble collisions



Turbulence



David Weir, Gravitational Waves from Early Universe Phase Transitions

Gravitational Wave Production

$$\Omega_{\text{GW}} = \Omega_{\text{sw}} + \Omega_{\text{col}} + \Omega_{\text{turb}}$$

Example: Sound Wave term

$$h^2 \Omega_{\text{sw}}(f) = 2.65 \times 10^{-6} \left[\frac{H(T_{\text{PT}})}{\beta} \right] \left[\frac{\kappa_{\text{sw}} \alpha}{1 + \alpha} \right]^2 \left[\frac{100}{g_{\text{PT}}} \right]^{1/3} v_w \left[\frac{f}{f_{\text{sw}}} \right]^3 \left[\frac{7}{4 + 3(f/f_{\text{sw}})^2} \right]^{7/2}$$

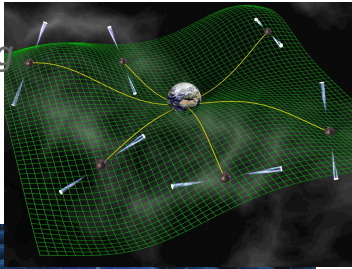
$$f_{\text{sw}} = \frac{1.15}{v_w} \left[\frac{\beta}{H(T_{\text{PT}})} \right] h_*$$

$$h_* = 1.65 \times 10^{-5} \text{ Hz} \left[\frac{T_{\text{PT}}}{100 \text{ GeV}} \right] \left[\frac{g_{\text{PT}}}{100} \right]^{1/6}$$

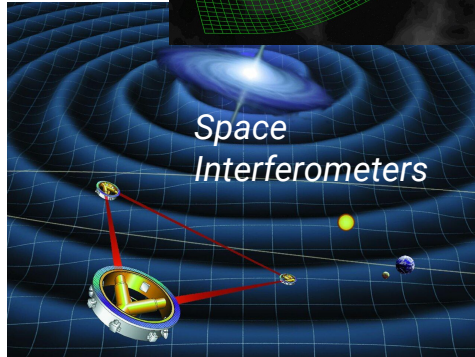
$h^2 \Omega$ is the **gravitational strain**,
the amount of relative stretching
of spacetime

Gravitational Wave Astronomy across Frequency Bands

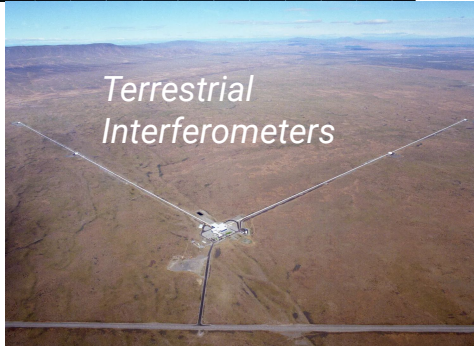
Pulsar Timing
Arrays (PTA)



\sim nHz range (~ 10 MeV scale)



\sim mHz range (\sim GeV scale)



\sim Hz range (\sim TeV scale)

A Conformally Invariant $U(1)_{B-L}$ Model

field	$SU(3)_c$	$SU(2)_L$	$U(1)_Y$	$U(1)_{B-L}$	g_i
q_L^i	3	2	+1/6	+1/3	12
u_R^i	3	1	+2/3	+1/3	6
d_R^i	3	1	-1/3	+1/3	6
l_L^i	1	2	-1/2	-1	4
ν_R^i	1	1	0	-1	1
e_R^i	1	1	-1	-1	2
H	1	2	-1/2	0	1
Φ	1	1	0	+2	1
Z'	1	1	0	0	3
G	1	1	0	+2	1

- A complex scalar Φ with $B - L = 2$
- The gauge boson Z'
- RH neutrino ν_R

Simplifying Assumptions

- Only consider 1 species of ν_R
- Decoupled from SM; $\lambda' \ll 1$

$$\mathcal{L}_{\text{scalar}} = -\lambda_H (H^\dagger H)^2 - \lambda (\Phi^\dagger \Phi)^2 - \lambda' (\Phi^\dagger \Phi) (H^\dagger H)$$

$$\mathcal{L}_{\text{Yukawa}} = -Y_D^{ij} \bar{\nu}_R^i H^\dagger l_L^j - \frac{1}{2} Y_i \Phi \bar{\nu}_R^{ic} \nu_R^i$$

See e.g. Sher (1989), Meissner & Nicolai (2009), Iso, Okada, Orikasa [[0902.4050](#)]

A Conformally Invariant $U(1)_{B-L}$ Model: Radiative Phase Transition

$$V_{\text{eff}}(\phi, T) = V_0(\phi) + V_T(\phi, T)$$

RG running + 1-loop
correction-improved
potential



$$V_0(\phi) = \frac{1}{4} \lambda(\tau) G(\tau)^4 \phi^4$$

Zero temperature piece

$$V_T(\phi, T) = \frac{T^4}{2\pi^2} \sum_j g_j J_j \left(\frac{m_j(\phi)^2}{T^2} + \frac{\Pi_j(T)}{T^2} \right)$$

finite temperature piece

$$\phi/\sqrt{2} = \text{Re}(\Phi)$$

$$\tau \sim \ln \frac{\phi}{\mu}$$

definitions

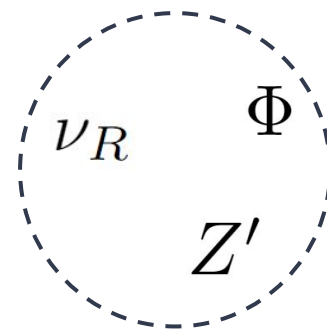
$$G(\tau) \equiv \exp \left[- \int_0^\tau d\tau' \gamma(\tau') \right], \quad \gamma(\tau) \equiv \frac{1}{32\pi^2} [Y^2 - 24g_{B-L}^2]$$

See e.g. Sher (1989), Meissner & Nicolai (2009), Iso, Okada, Orikasa [[0902.4050](#)]

The Simplified Setup

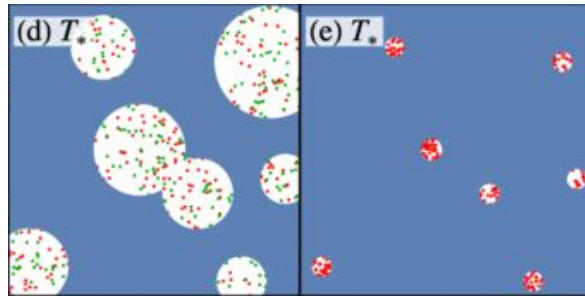
Since we are in the limit decoupled from the SM Higgs, the **free parameters** in this model are

- $\alpha_{B-L} \equiv \frac{g_{B-L}^2}{4\pi}$
 - $\alpha_Y \equiv \frac{Y^2}{4\pi}$
 - $\langle \Phi \rangle = \mu$
 - λ and $m_{\nu_R} = \frac{1}{\sqrt{2}} Y \langle \Phi \rangle$ are then determined
- Potential shape parameters**
- Sets T_{PT} scale**



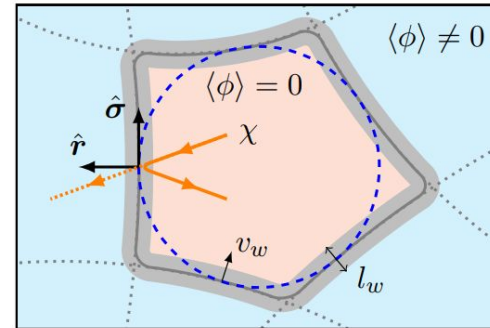
Primordial Black Hole (PBH) Formation Mechanisms

Fermi-balls and
soliton collapse



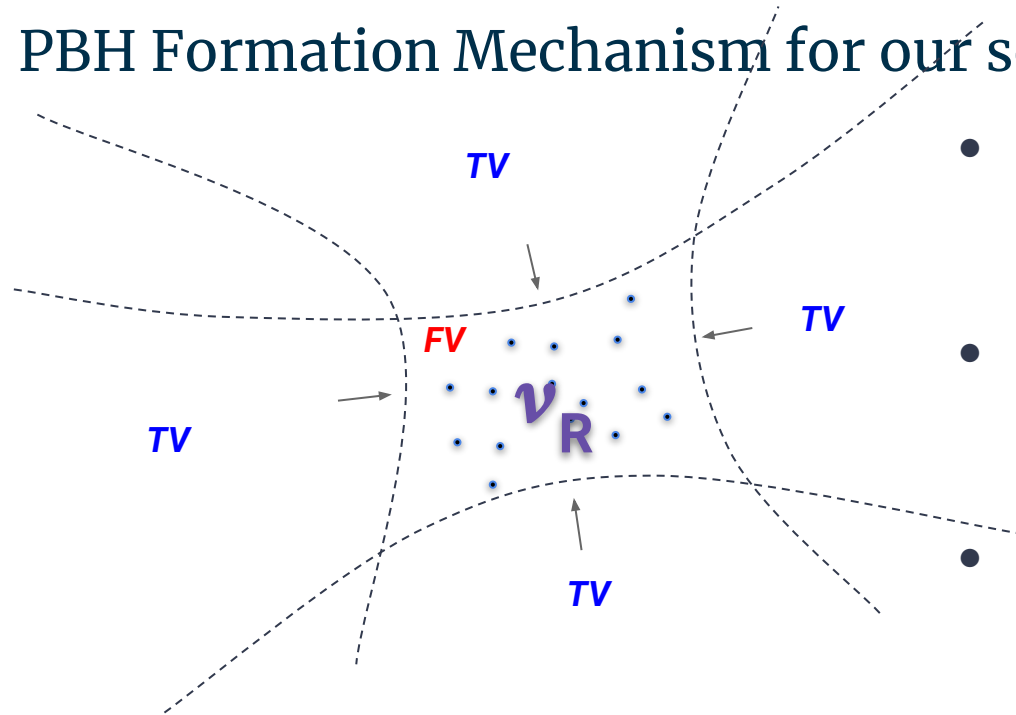
e.g., Hong, Jung, Xie [[2008.04430](#)]

False Vacuum
Trapping and
Collapse



e.g., Baker, Breitbach, Kopp,
Mittnacht [[2105.07481](#)]

PBH Formation Mechanism for our setup



True Vacuum

$$\langle \phi \rangle = v$$

$$m_{\nu R} \propto Y \langle \phi \rangle > T_{PT}$$

See also:

Lu, Kawana, Xie [[2202.03439](#)] PRD 105, 123503

False Vacuum

$$\langle \phi \rangle = 0$$

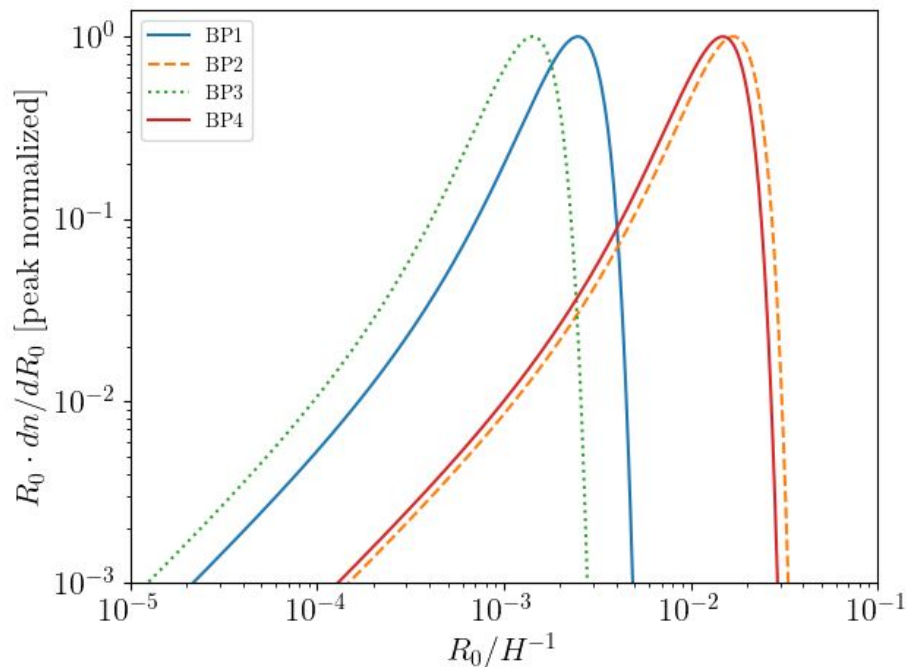
$$m_{\nu R} = 0$$

- Similar mechanism to Baker, Breitbach, Kopp, Mitnacht [[2105.07481](#)]
- If $m_{\nu R} > T_{PT}$ in the True Vacuum (TV), passage to False Vacuum (FV) is suppressed
 - $\rightarrow \nu_R$ becomes trapped in FV
 - Usually take small Yukawa to protect against $\nu_R \nu_R \rightarrow \phi \phi$, $\nu_R \nu_R \rightarrow \phi$ annihilation
- **FV Collapse, overdense ν_R drives PBH formation**

PBH Formation from False Vacuum Collapse

$$\frac{dn_{\text{fv}}}{dR_r^0} \approx \frac{I_*^4 \beta^4}{192 v_w^3} e^{(4\beta R_r^0/v_w) - I_* e^{\beta R_r^0/v_w}} \left(1 - e^{-I_* e^{\beta R_r^0/v_w}}\right)$$

See Lu, Kawana, Xie [[2202.03439](#)]
PRD 105, 123503



(based on geometric estimator for the FV
“spherical” volume distribution)

$$\frac{dn_{\text{PBH}}}{dM} = \frac{dn_{\text{fv}}}{dR_0} \left(\frac{dM}{dR_0}\right)^{-1}$$

$$M \approx \frac{4\pi}{3} R(t_{\text{col}})^3 \rho_c(T_{\text{PT}})$$

(but this is not the end of the story,
more on this later...)

PBH Abundance, Evaporation and Hawking Spectra

Use `BlackHawk` for the computation
of PBH mass and Hawking spectra

→

Convolve this with the FV fraction
distribution to get dn/dM and photon
sky



Observatories, past, present and future:

- Gamma-ray sky:
 - Fermi-LAT
 - AMEGO
 - NuStar
 - Chandra
 - COMPTEL
 - ...
- Microlensing BH searches:
 - Subaru HSC
 - Roman
 - ...

...a Multi-messenger Approach!

Gravitational Wave
Signal: f and $h^2\Omega$



PBH Formation

Tools:

- [CosmoTransitions](#) for determining bounce action solution
- [BlackHawk](#) for PBH mass and Hawking spectra

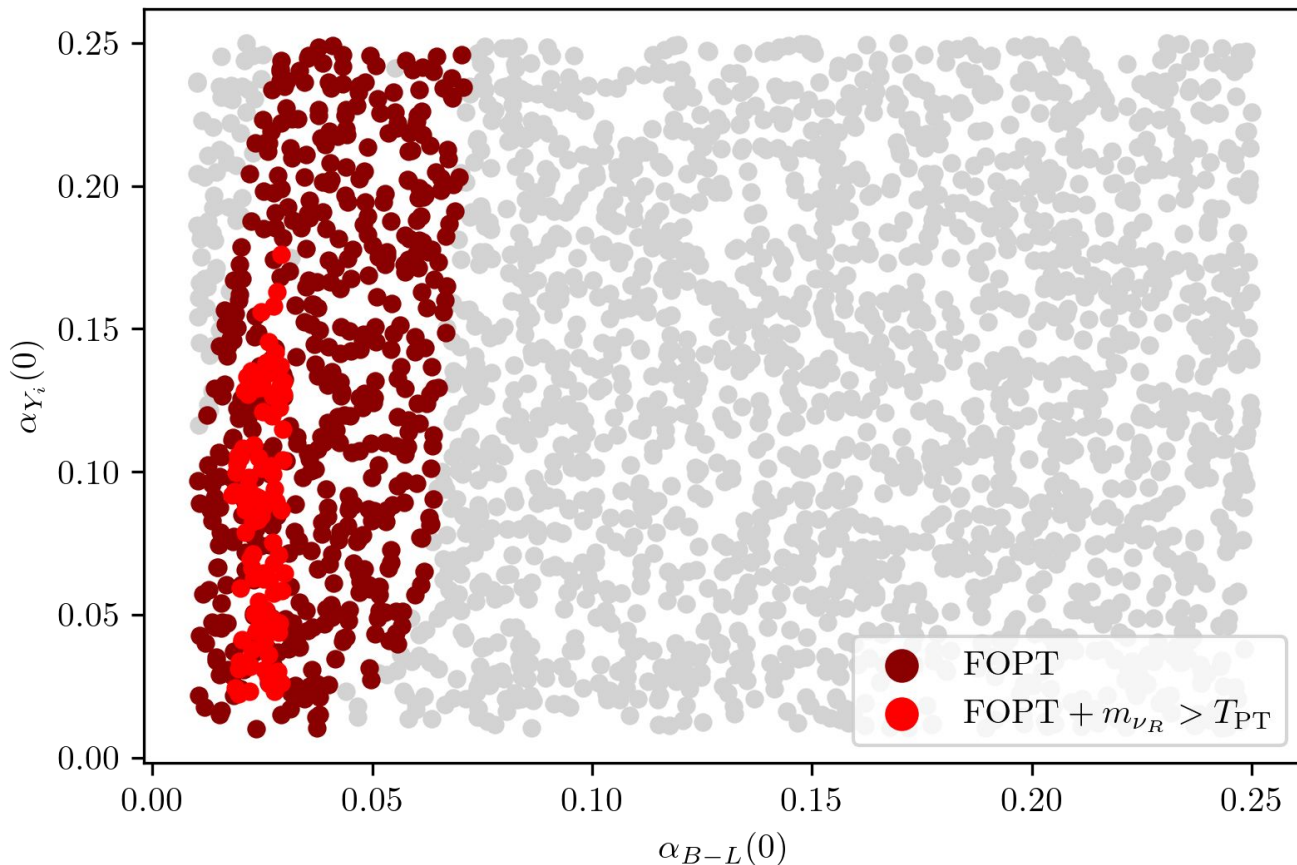
See also: Marfatia, Tseng [[2112.14588](#)] (JHEP 08 2022)

+ Marfatia, Tseng [[2107.00859](#)] (JHEP 11 2021)

No Evaporation:
Weak Lensing
Measurements

Evaporation:
Gamma Ray Sky

Where does the FOPT happen? Where are the Black Holes?



We scan over the model parameter space and check each point to see if:

- a strong FOPT is supported
- the effective RH neutrino mass is heavy enough to be trapped and form PBH

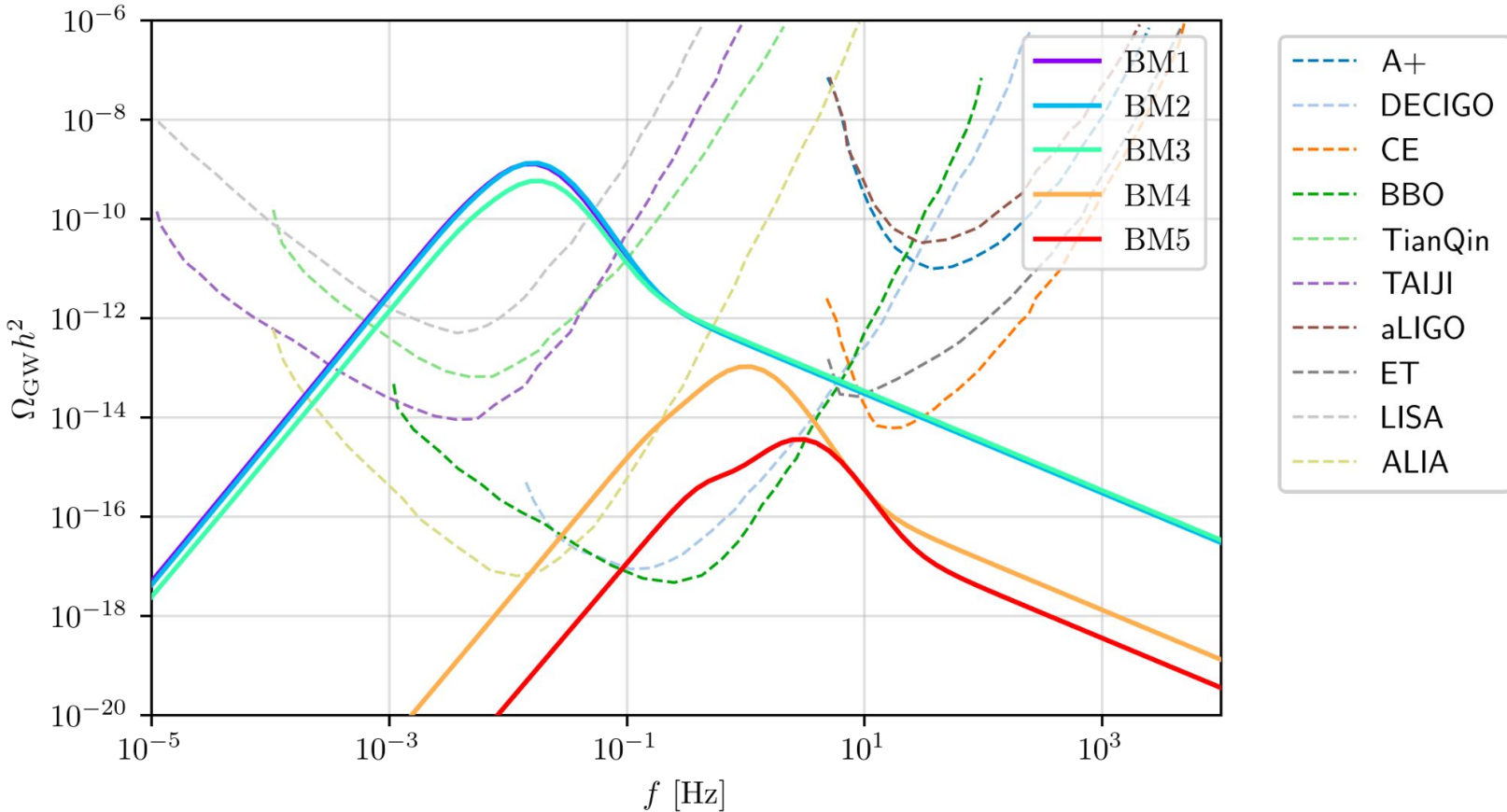
Some benchmark points in model parameter space

	$\alpha_{B-L}(0)$	$\alpha_{Y_i}(0)$	$T_{\text{PT}}/\langle\Phi\rangle$	α	$\beta/H(T_{\text{PT}})$
BM1	1.857×10^{-2}	9.368×10^{-2}	8.694×10^{-2}	7.869×10^{-1}	9.228×10^1
BM2	1.998×10^{-2}	1.149×10^{-1}	8.671×10^{-2}	8.194×10^{-1}	9.660×10^1
BM3	2.332×10^{-2}	1.503×10^{-1}	1.006×10^{-1}	5.451×10^{-1}	9.021×10^1
BM4	3.682×10^{-2}	1.444×10^{-1}	3.075×10^{-1}	4.766×10^{-2}	8.664×10^2
BM5	4.507×10^{-2}	1.421×10^{-1}	3.953×10^{-1}	3.231×10^{-2}	1.460×10^3

Strong PTs can occur

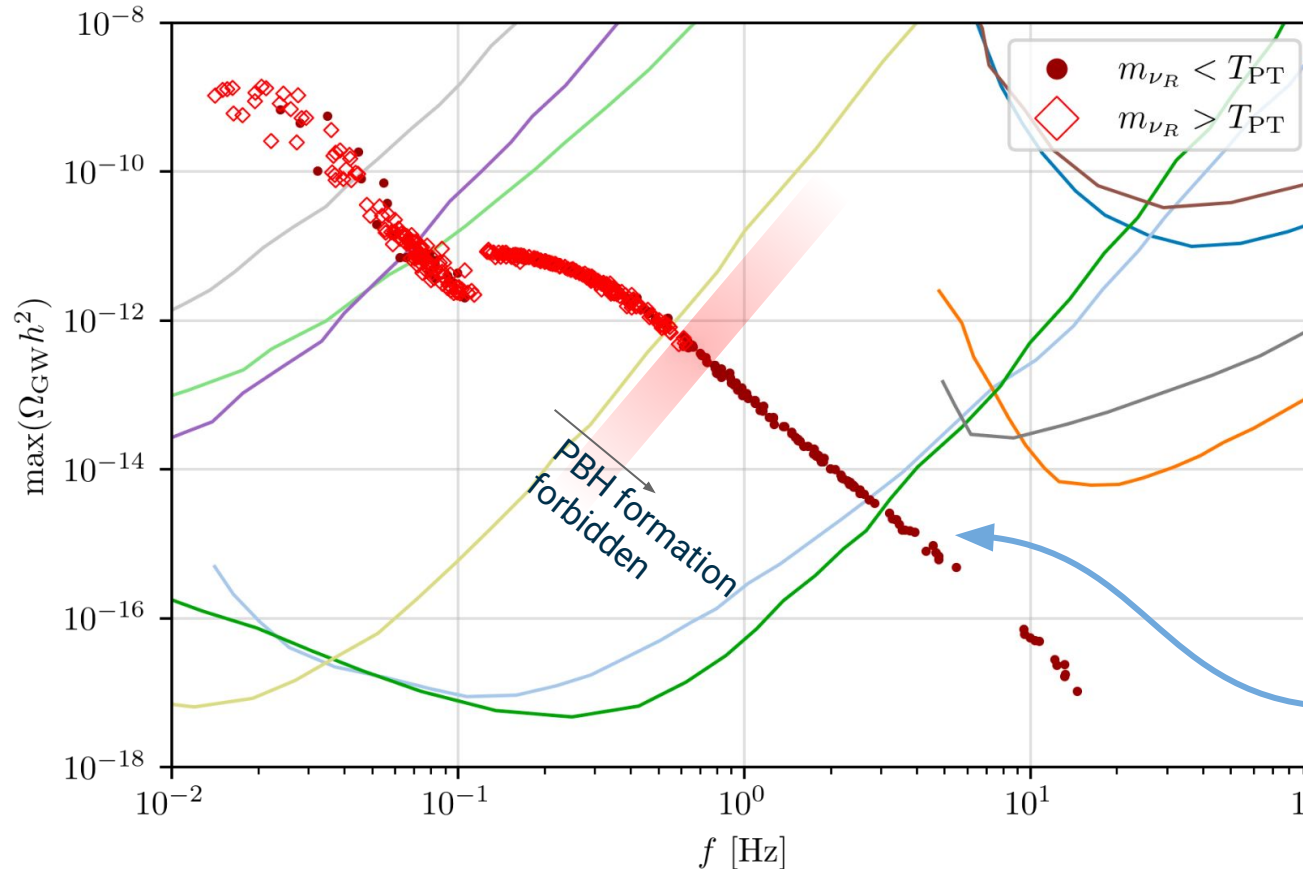
Fast transitions

Some benchmark points: The GW spectrum from $B-L$



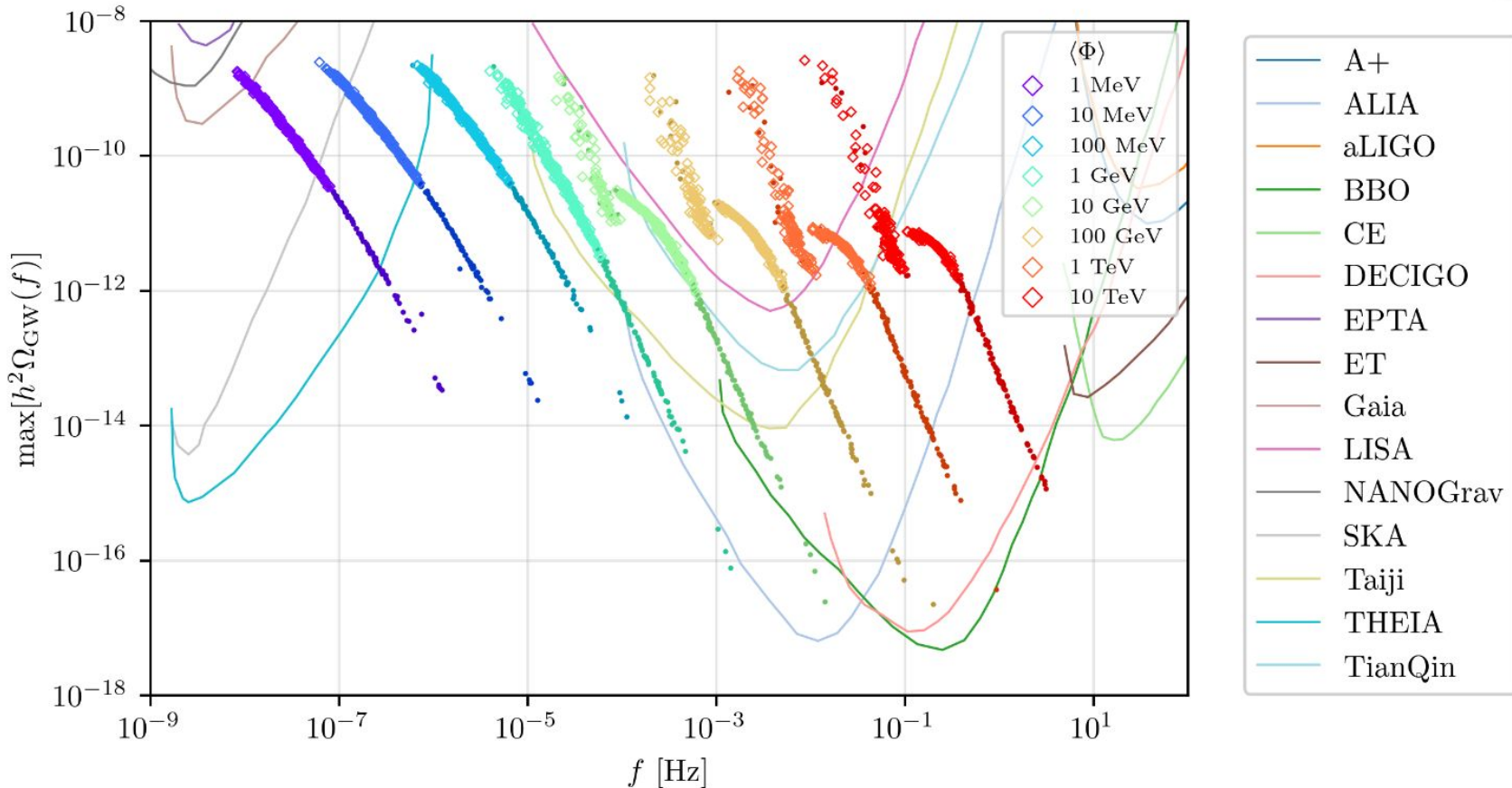
Among those strong FOPTs, where are the PBHs?

$\langle \Phi \rangle = 10 \text{ TeV}$

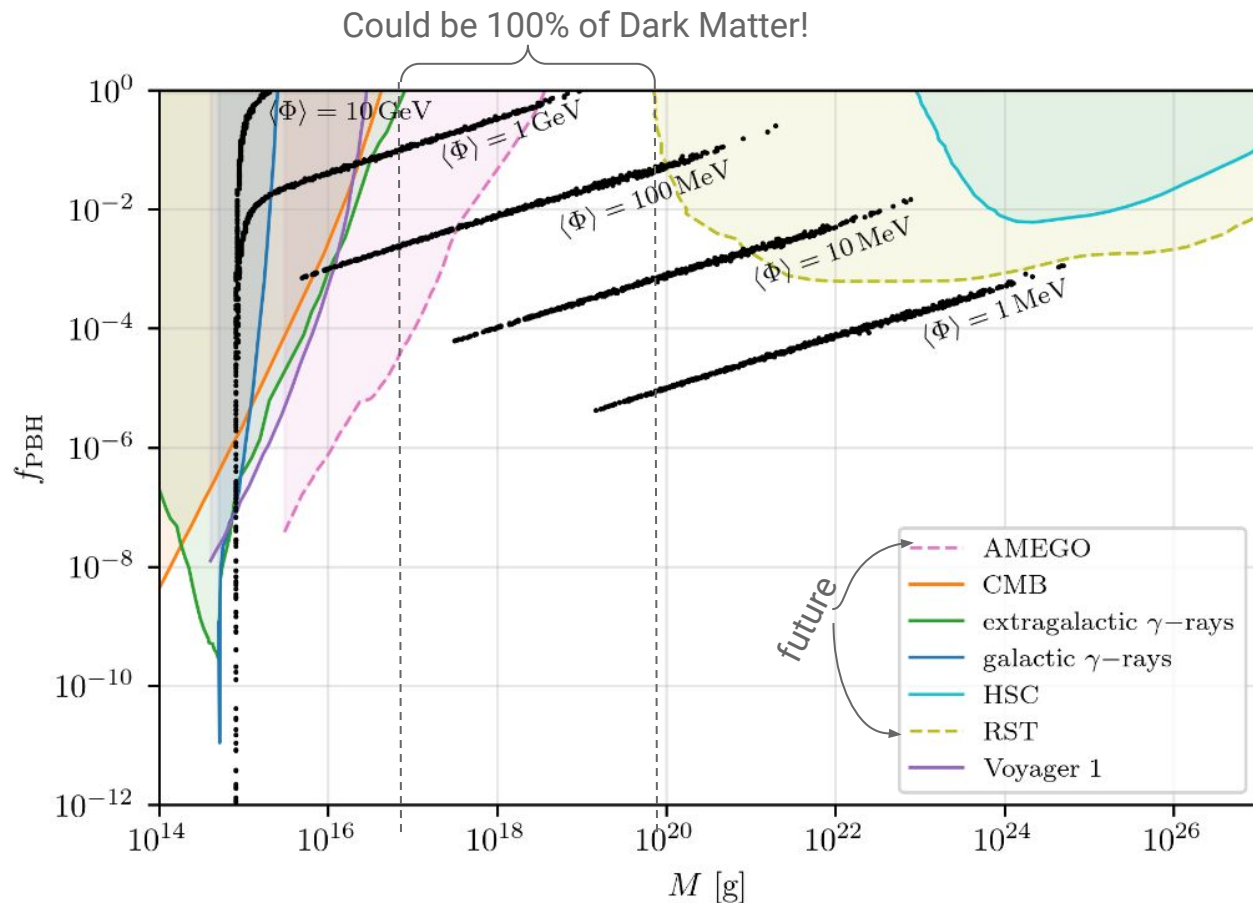


Scanning over α_{B-L} and α_Y
 for a fixed VEV produces
 a well-defined trajectory
 in the GW phase space

Scan over many VEVs!

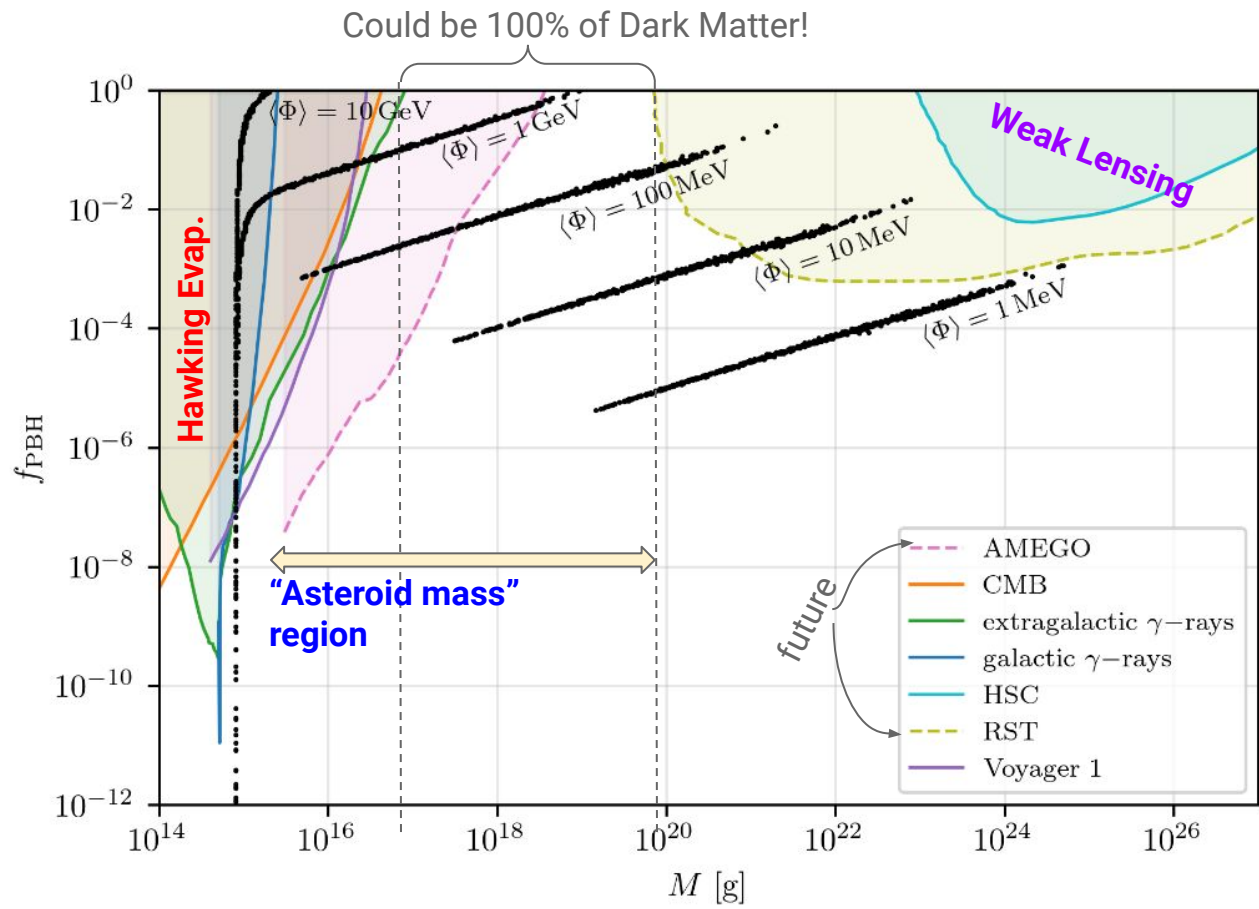


PBH Formation: Scanning over the B - L breaking scale



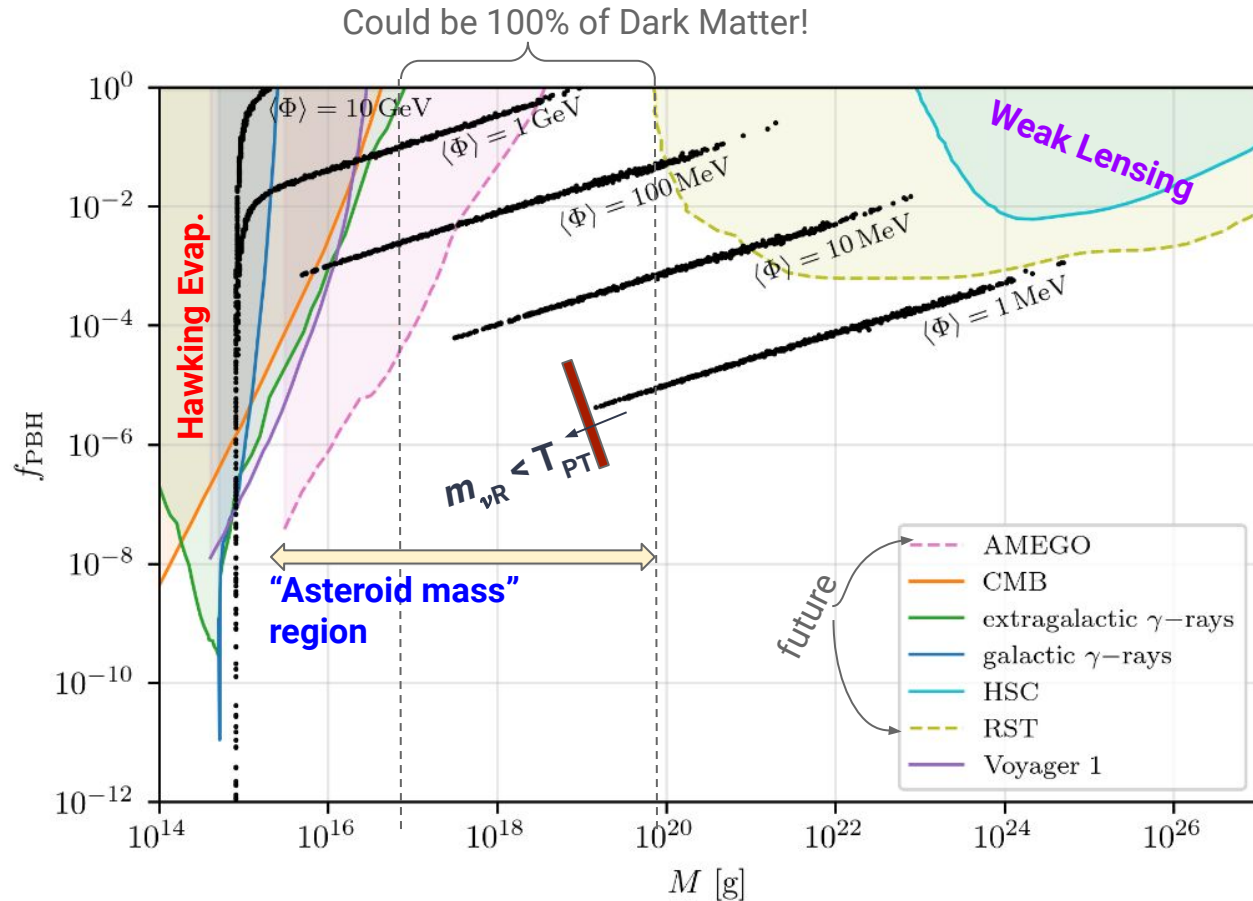
- We scan over the B - L parameters at fixed VEVs
- At $\sim 10^{15}$ g PBH masses, they would all evaporate by today
- For VEVs around 10 GeV, projections for AMEGO telescope's sensitivity can...
- For smaller VEVs, Roman space telescope can discover PBHs from weak lensing effects

PBH Formation: Scanning over the $B-L$ breaking scale



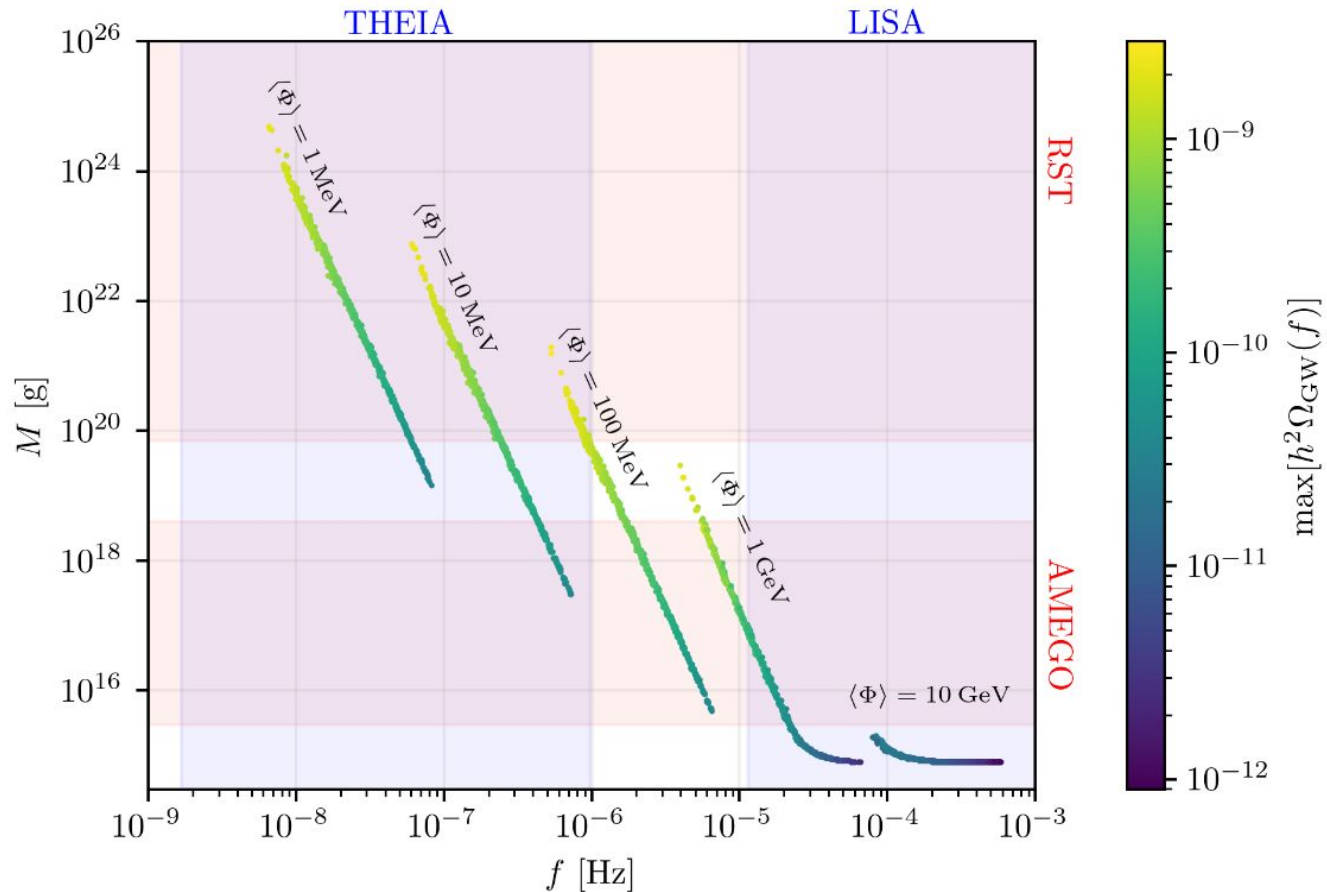
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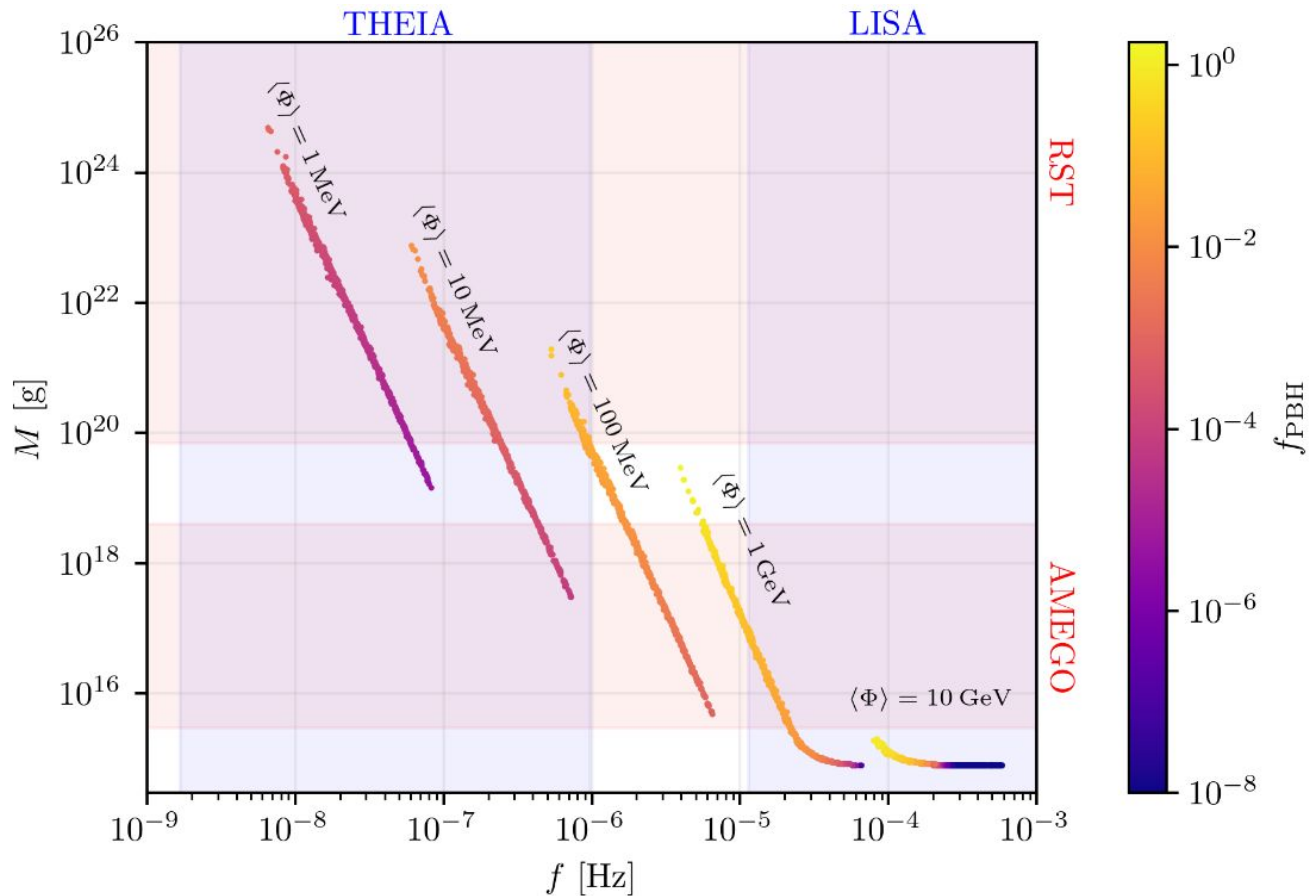


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A Bird's Eye View of the Multi-messenger Phase Space



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Ongoing work: is PBH formation trivial? (No)

$$M = E_{\text{bubble}} + E_{\text{particles}}(r < R)$$

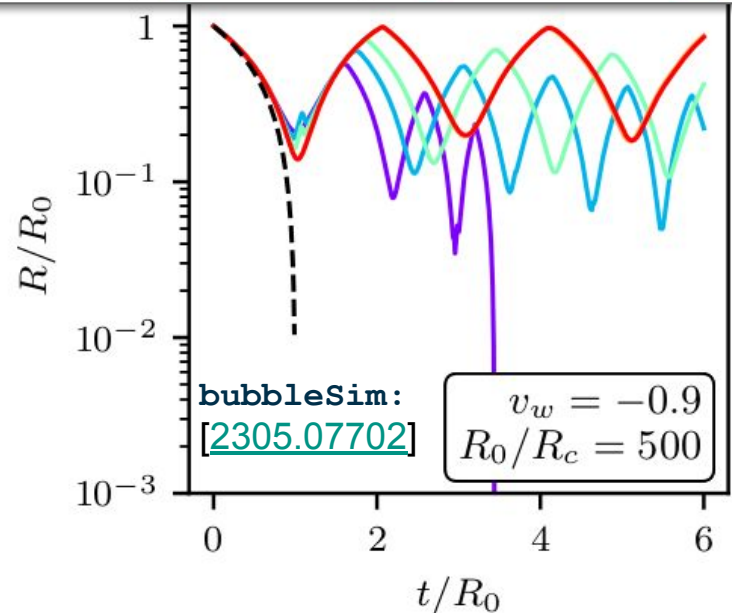
$$E_{\text{bubble}} = \frac{4\pi}{3} R^3 \Delta V + \frac{4\pi R^2 \sigma}{\sqrt{1 - \dot{R}^2}}$$

$$\ddot{R} + 2 \frac{1 - \dot{R}^2}{R} = \frac{(1 - \dot{R}^2)^{3/2}}{\sigma} (-\Delta V + \Delta P)$$

Including the **vacuum density**, **surface tension**, and **pressure** from particle interaction across the wall can sometimes lead to **bounce solutions** where **collapse is prevented**

Dynamics of false vacuum bubbles with trapped particles

Marek Lewicki,^{1,*} Kristjan Mürsepp,^{2,†} Joosep Pata,^{2,‡} Martin Vasar,^{2,3,§} Ville Vaskonen,^{2,4,5,¶} and Hardi Veermäe^{2,**}



Ongoing work: is PBH formation trivial? (No)

$$M = E_{\text{bubble}} + E_{\text{particles}}(r < R)$$

$$E_{\text{bubble}} = \frac{4\pi}{3} R^3 \Delta V + \frac{4\pi R^2 \sigma}{\sqrt{1 - \dot{R}^2}}$$

$$\ddot{R} + 2 \frac{1 - \dot{R}^2}{R} = \frac{(1 - \dot{R}^2)^{3/2}}{\sigma} (-\Delta V + \Delta P)$$

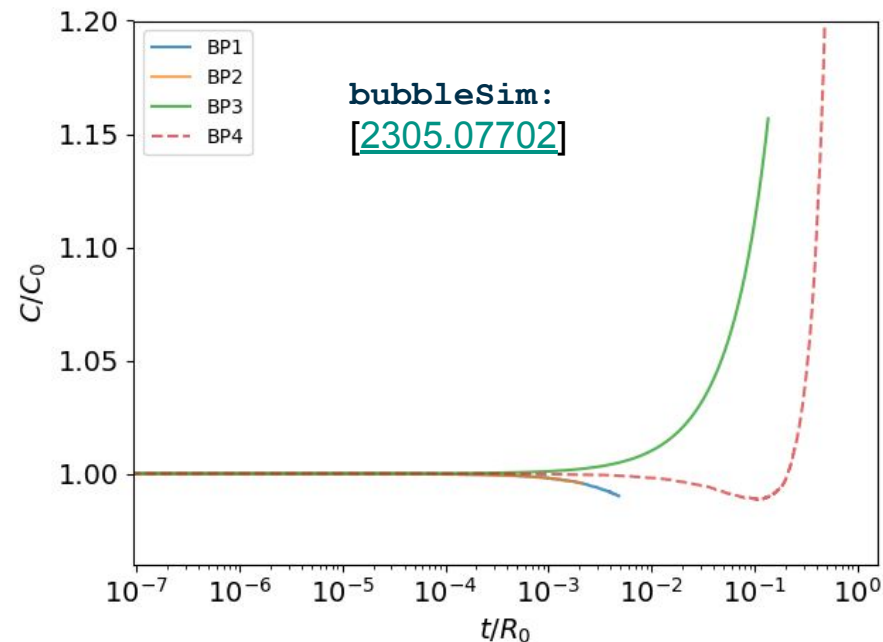
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Outlook: Good

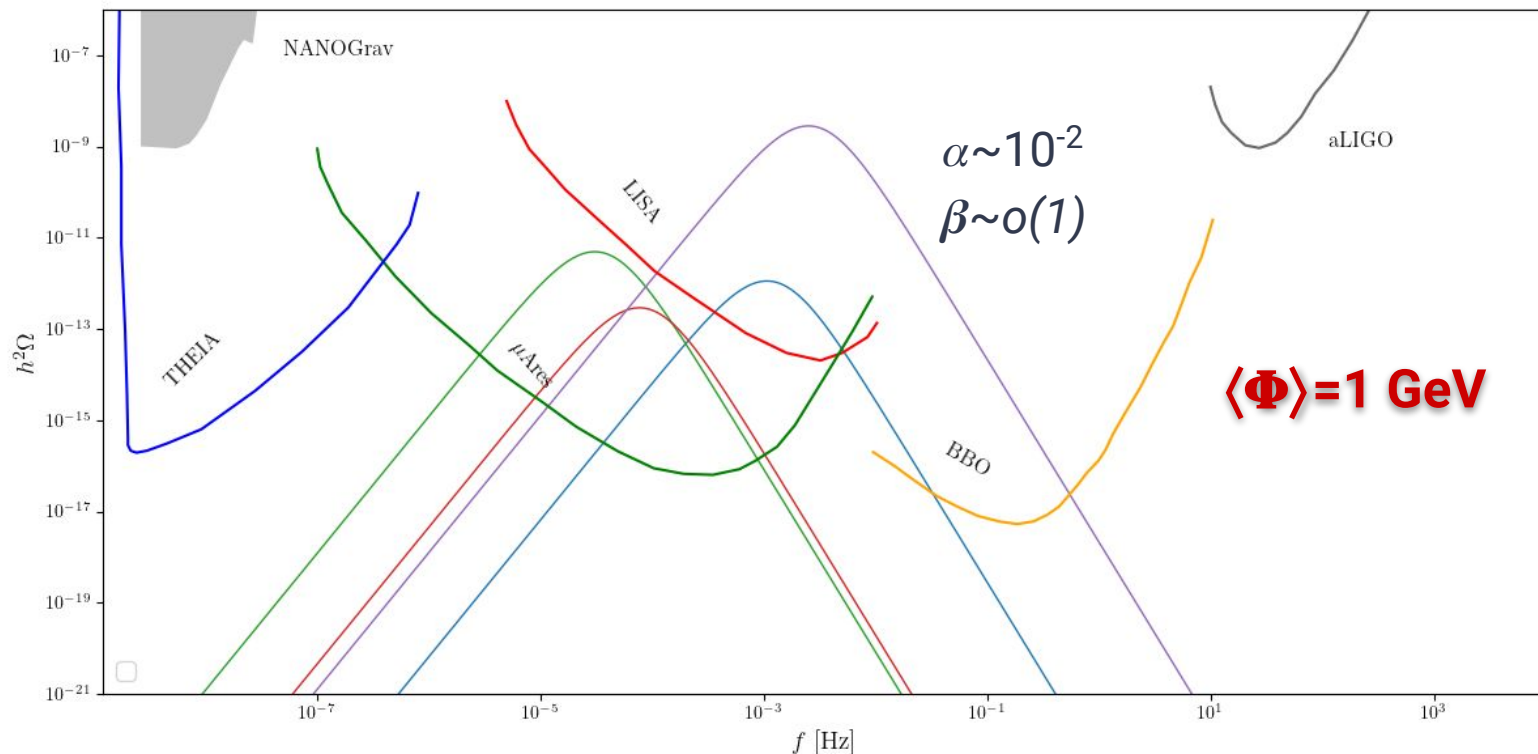
- PTs connect to a broad range of **new physics scales**
- Multi-messenger approach gives a more predictive model space:
 - **Gravitational Waves**
 - **PBH dark matter**
 - **Hawking evaporation**
- Current and upcoming GW observatories, gamma ray telescopes and weak lensing experiments together have **many things to say about new physics in the early cosmos**

Backup Deck

Example GW Spectra: $\langle\Phi\rangle=1$ GeV

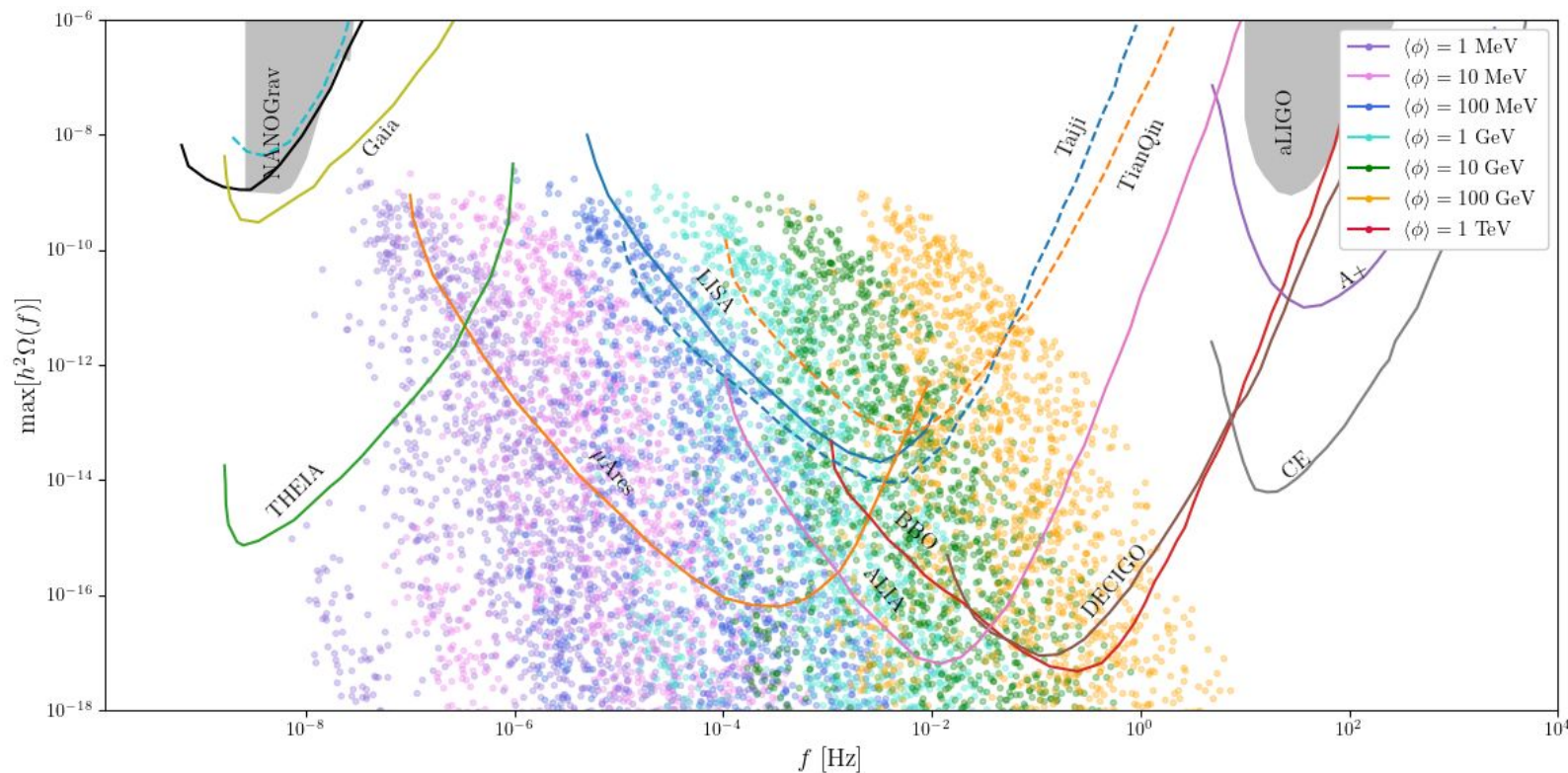
$$V(\phi, T) = D(T^2 - T_0^2)\phi^2 - (AT + C)\phi^3 + \frac{\lambda}{4}\phi^4$$

We fix the VEV and numerically scan over D , A , C , and λ



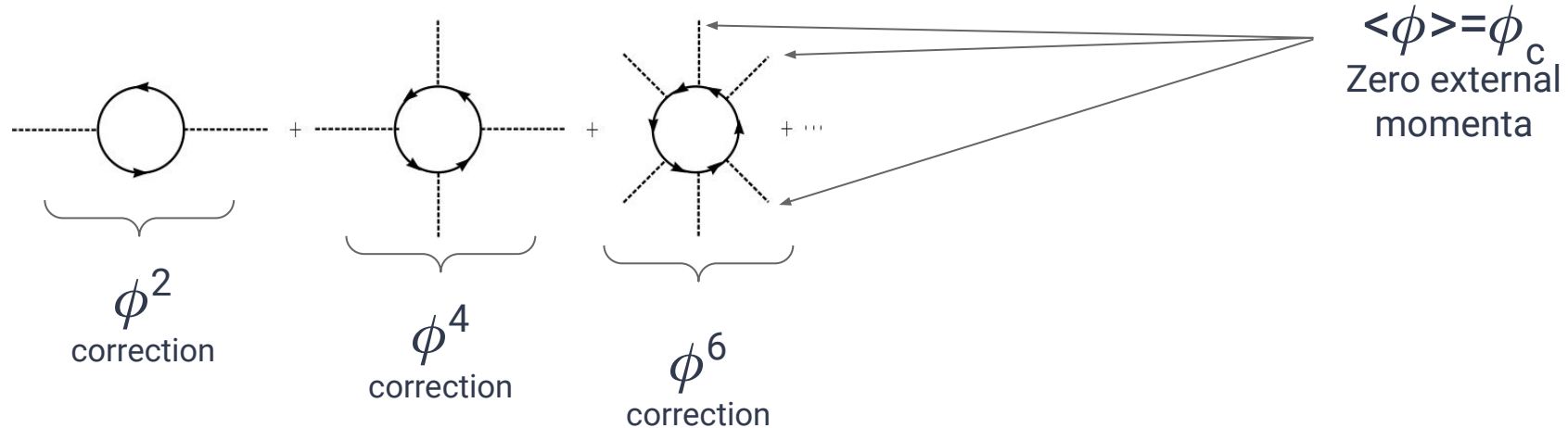
Parameter Scans: GWs from a Generic potential

$$V(\phi, T) = D(T^2 - T_0^2)\phi^2 - (AT + C)\phi^3 + \frac{\lambda}{4}\phi^4$$



How do we calculate the finite temperature effects?

The answer: loops!

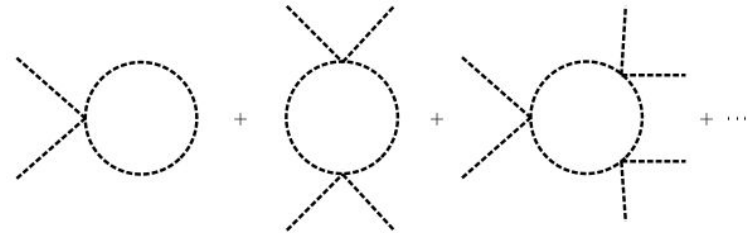
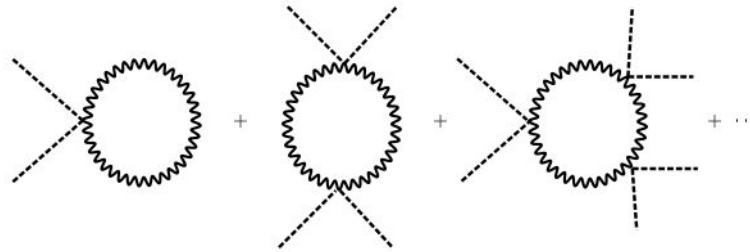
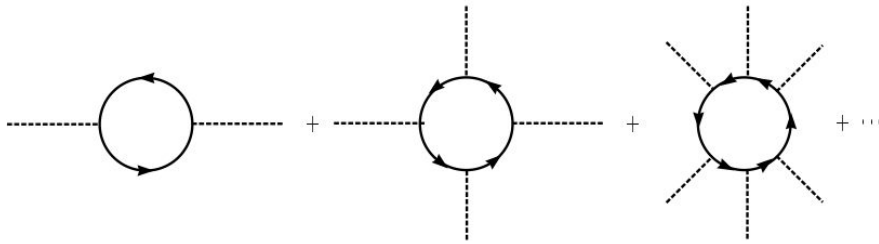


M. Quiros, ICTP Lecture Notes, 1999

How do we calculate the finite temperature effects?

The answer: loops!

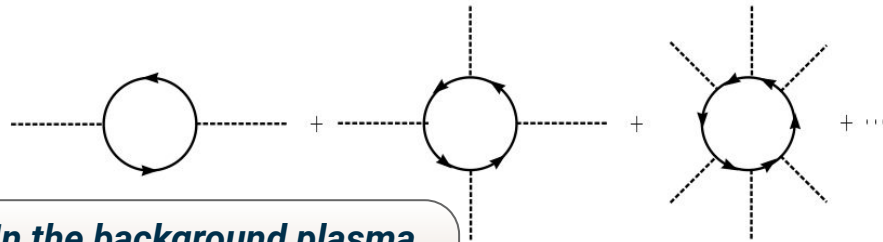
We add up all the corrections from all the field contact that our scalar field interacts with (including itself)



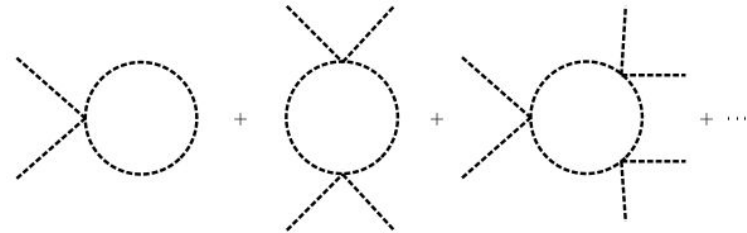
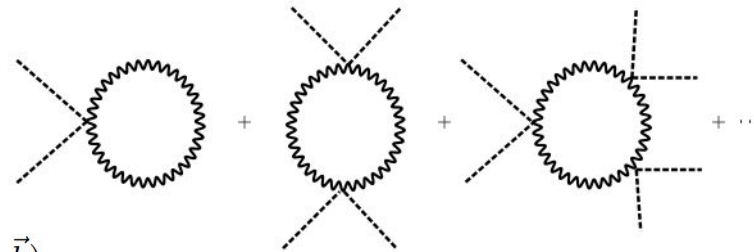
How do we calculate the finite temperature effects?

$$\beta = 1/T$$

The answer: loops!



*In the background plasma,
the number operators are
Fermi-Dirac or
Bose-Einstein*



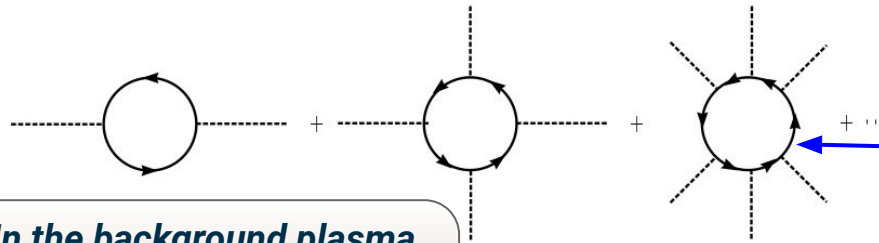
$$\langle a^\dagger(p)a(k) \rangle = n_B(\omega_p)\delta^{(3)}(\vec{p}-\vec{k})$$

$$\langle a(p)a^\dagger(k) \rangle = [1 + n_B(\omega_p)]\delta^{(3)}(\vec{p}-\vec{k})$$

How do we calculate the finite temperature effects?

$$\beta = 1/T$$

The answer: loops!



$$n_F(\omega) = \frac{1}{e^{\beta\omega} + 1}$$

$$G(\tau, \vec{x}) = \int \frac{d^4p}{(2\pi)^4} \rho(p) e^{i\vec{p}\vec{x}} e^{-\tau p^0} [\theta(\tau) + \eta n(p^0)]$$

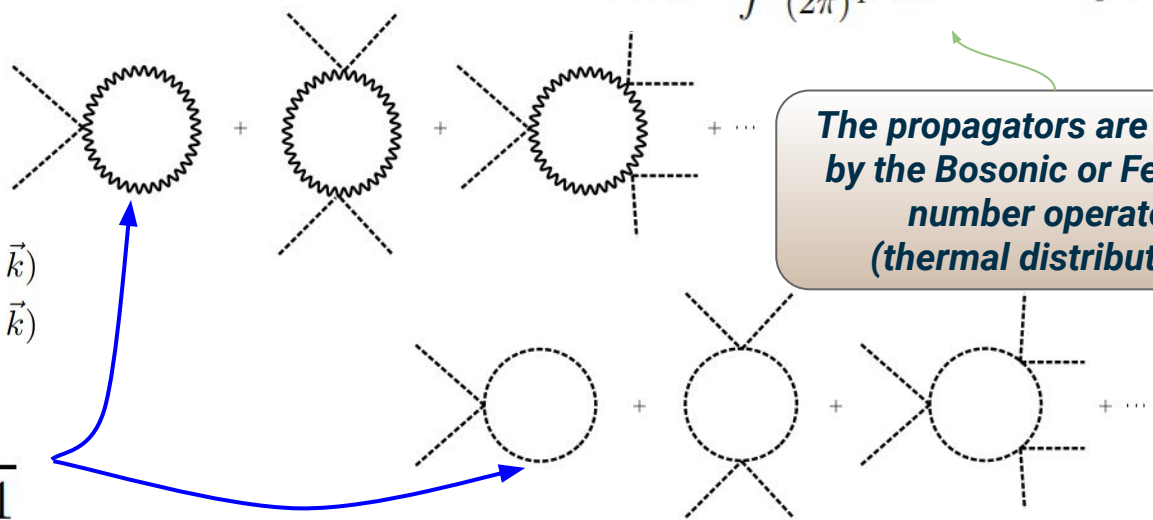
In the background plasma, the number operators are Fermi-Dirac or Bose-Einstein

The propagators are affected by the Bosonic or Fermionic number operators (thermal distributions)

$$\langle a^\dagger(p)a(k) \rangle = n_B(\omega_p) \delta^{(3)}(\vec{p} - \vec{k})$$

$$\langle a(p)a^\dagger(k) \rangle = [1 + n_B(\omega_p)] \delta^{(3)}(\vec{p} - \vec{k})$$

$$n_B(\omega) = \frac{1}{e^{\beta\omega} - 1}$$



Anatomy of a Finite- T Potential: Scalar + massive Dirac fermion

$$\mathcal{L} = \frac{1}{2}(\partial_\mu\phi)^2 - \frac{\mu^2}{2}\phi^2 - \frac{c}{3!}\phi^3 - \frac{\lambda}{4!}\phi^4 + \bar{\chi}(i\not{\partial} - m_\chi)\chi - g_\chi\phi\bar{\chi}\chi$$

$$V_{\text{eff}}(\phi, T) = V_{\text{tree}} + V_{1,T}^{\text{ferm.}} + V_{1,T}^{\text{scal.}} + V_{\text{ct}}$$

Renormalization
counter-terms

$$= \delta\Omega + \delta P\phi + \frac{\mu^2 + \delta\mu}{2}\phi^2 + \frac{c + \delta c}{3!}\phi^3 + \frac{\lambda + \delta\lambda}{4!}\phi^4$$

Scalar 1-loop, $T=0$ correction

$$+ \frac{1}{64\pi^2}\mu^4(\phi) \left[\log(\mu^2(\phi)) - \frac{3}{2} \right] + \frac{T^4}{2\pi^2} J_B[\mu^2(\phi)/T^2]$$

$$- \frac{1}{16\pi^2}m_\chi^4(\phi) \left[\log(m_\chi^2(\phi)) - \frac{3}{2} \right] - \frac{2}{\pi^2}T^4 J_F[m_\chi^2(\phi)/T^2]$$

Fermion 1-loop, $T=0$ correction

bosonic thermal correction

Fermion thermal correction

Hawking Spectra from PBH Evaporation: Today's Gamma Ray Sky

$$\begin{aligned}
 n_\gamma(E_{\gamma,0}) &= \int_{t_{\text{CMB}}}^{\min(t_e, t_0)} dt \int_{E_\gamma - \delta E_\gamma}^{E_\gamma + \delta E_\gamma} dE \left[\frac{a(t_0)}{a(t)} \right]^3 \frac{\partial^2 n_\gamma^{\text{co}}}{\partial t \partial E_\gamma}(E) \\
 &\approx \int_{t_{\text{CMB}}}^{\min(t_e, t_0)} dt E_\gamma \left[\frac{a(t_0)}{a(t)} \right]^3 \frac{\partial^2 n_\gamma^{\text{co}}}{\partial t \partial E_\gamma}(E_\gamma) \\
 &\approx E_{\gamma,0} \int_{t_{\text{CMB}}}^{\min(t_e, t_0)} dt \left[\frac{a(t_0)}{a(t)} \right]^4 \frac{\partial^2 n_\gamma^{\text{co}}}{\partial t \partial E_\gamma} \left(E_{\gamma,0} \left[\frac{a(t_0)}{a(t)} \right] \right).
 \end{aligned}$$

$$4\pi E_{\gamma,0}^2 \frac{dI_\gamma(E_{\gamma,0})}{dE_{\gamma,0}} = c E_{\gamma,0}^2 \frac{dn_\gamma}{dE_{\gamma,0}}(E_{\gamma,0})$$

