# Nuclear Matrix Elements for $\beta \beta$ Decay 

## J. Engel

University of North Carolina

June 6, 2014


## Neutrinoless Double-Beta Decay

If energetics are right (ordinary beta decay forbidden)...
and neutrinos are their own antiparticles...

can observe two neutrons turning into protons, emitting two electrons and nothing else.


## Mutrinoless Double-Beta Decay

 If energens are right (ordinary beta decay foridden)...
## Introductory material: $\beta \beta$ decay is awesome, blah, blah, ...

 into protons, emitting two electrons and $n$ ning else.Different rom already observed two-p atrino process.


## Usefulness of Double-Beta Decay

## If it's observed, neutrinos are their own antiparticles!

> and

Light-v-exchange amplitude proportional to "effective mass"

$$
m_{e f f} \equiv \sum_{i=1}^{3} m_{i} u_{e i}^{2}
$$

If lightest neutrino is light:

- $m_{\text {eff }} \approx \sqrt{\Delta m_{\text {sol }}^{2}} \sin ^{2} \theta_{\text {sol }}$
(normal)
- $\mathrm{m}_{\text {eff }} \approx \sqrt{\Delta \mathrm{m}_{\mathrm{atm}}^{2}} \cos 2 \theta_{\text {sol }}$ (inverted)



## Usefulness of Double-Beta Decay

## If it's observed, neutrinos

 are their own antiparticles!
and
But rate also proportional to square of a nuclear matrix element! proportional to ettective mass

$$
m_{e f f} \equiv \sum_{i=1}^{3} m_{i} U_{e i}^{2}
$$

If lightest neutrino is light:

- $m_{\text {eff }} \approx \sqrt{\Delta m_{\text {sol }}^{2}} \sin ^{2} \theta_{\text {sol }}$
(normal)
- $m_{\text {eff }} \approx \sqrt{\Delta m_{\mathrm{atm}}^{2}} \cos 2 \theta_{\text {sol }}$ (inverted)



## Other Mechanisms

If neutrinoless decay occurs then v's are Majorana, no matter what:

but light neutrinos may not drive the decay:


For $m_{R} \approx 1 \mathrm{TeV}$, exotic processes can occur with roughly same rate as light-v exchange. Untangling the two is a long story; focus here on light v's since we know they exist.

## Form of Nuclear Matrix Element

$$
\begin{gathered}
M_{o v}=M_{o v}^{G T}-\frac{g_{V}^{2}}{g_{A}^{2}} M_{o v}^{F}+\ldots \\
\text { with } \\
M_{o v}^{G T}=\langle f| \sum_{a, b} H\left(r_{a b}, \bar{E}\right) \vec{\sigma}_{a} \cdot \vec{\sigma}_{b} \tau_{a}^{+} \tau_{b}^{+}|i\rangle+\ldots \\
M_{o v}^{F}=\langle f| \sum_{a, b} H\left(r_{a b}, \bar{E}\right) \tau_{a}^{+} \tau_{b}^{+}|i\rangle+\ldots \\
H(r, \bar{E}) \approx \frac{2 R}{\pi r} \int_{0}^{\infty} d q \frac{\sin q r}{q+\bar{E}-\left(E_{i}+E_{f}\right) / 2} \approx \frac{R}{r}
\end{gathered}
$$

Corrections ("forbidden" terms, weak form factors ...) $\approx 30 \%$.

## Calculating Matrix Elements

It's hard, because

- Relevant nuclei heavy $(A>75)$ and complicated.
- Never measured; nothing to calibrate to.
- Structure of initial and final nuclear ground states quite different $\Longrightarrow$ matrix element small and sensitive.


## Calculating Matrix Elements

It's hard, because

- Relevant nuclei heavy $(A>75)$ and complicated.
- Never measured; nothing to calibrate to.
- Structure of initial and final nuclear ground states quite different $\Longrightarrow$ matrix element small and sensitive.

State of Nuclear-Structure Theory
In light nuclei, theory has made transition from art to science. In heavy nuclei, it's now somewhere in between.

## Calculating Matrix Elements

It's hard, because

- Relevant nuclei heavy $(\mathcal{A}>75)$ and complicated.
- Never measured; nothing to calibrate to.
- Structure of initial and final nuclear ground states quite different $\Longrightarrow$ matrix element small and sensitive.

State of Nuclear-Structure Theory
In light nuclei, theory has made transition from art to science. In heavy nuclei, it's now somewhere in between.

Q: Is it enough of a science yet to get accurate double-beta matrix elements?

A: It's getting there!

## But at Present...



Same level of agreement in 2014. Not so great. And they may all be missing something.

## But at Present...



Same level of agreement in 2014. Not so great. And they may all be missing something.

## All These Models Start with Mean-Field Potential



In GCM \& QRPA mean-field wave functions can include "correlations" by deforming or violating particle-number conservation.

## Contrasting the Approaches

Building on Mean Field


## Contrasting the Approaches

Building on Mean Field


Generator-Coordinate Method (GCM) mixes many such with different collective properties.

## Contrasting the Approaches

Building on Mean Field

Other methods build on single independent-particle state


## Contrasting the Approaches

Building on Mean Field


Other methods build on single independent-particle state


## Contrasting the Approaches

Building on Mean Field


Other methods build on single independent-particle state


## Contrasting the Approaches

Building on Mean Field


## Contrasting the Approaches

Building on Mean Field

All these methods fit parameters to data directly in heavy nuclei. Not a bad thing, but makes it hard to estimate accuracy when calculating something diffferent from anything you've ever measured!

protons


## The Way Forward

Two tracks:

- A serious comprehensive statistical analysis of correlation between predictions for matrix element predictions and for other measured observables, across all models.

Can attempt to assign uncertainty; just getting started and I won't talk about it.

- Improving the calculations through
- incorporating more physics, e.g., combining effects treated by QRPA and GCM.
- restricting phenomenology to basic level -nucleon-nucleon interaction, etc. - and solving full many-body problem from there.

These are well underway.

## Problems of QRPA I: Single Mean Field

Some of the nuclei in these decays don't have well defined shape, can't be represented by single mean field.



Robledo et al.: Energy minima at $\beta_{2} \approx \pm .15$

Solid line is actual result; dashed line a symmetric potential for comparison.

## Problems of QRPA II: Proton-Neutron Pairing

Method treats proton-neutron pairing, an important physical effect, but not ideally:


Matrix element blows up when mean-field state changes from like-particle pair condensate to proton-neutron pair condensate.

## GCM: Many Mean Fields but No Proton-Neutron Pairing

 Basic GCM idea: Construct set of mean fields by constraining coordinate(s), e.g. quadrupole moment $\left\langle\mathrm{Q}_{0}\right\rangle \equiv\left\langle\sum_{i} r_{i}^{2} Y_{i}^{2,0}\right\rangle$.Minimize

$$
\left\langle\mathrm{H}^{\prime}\right\rangle=\langle\mathrm{H}\rangle-\lambda\left\langle\mathrm{Q}_{0}\right\rangle
$$

Then use $\left\langle\mathrm{Q}_{0}\right\rangle$ as a collective coordinate; diagonalize H in space of number- and angular-momentum-projected mean-field states with different values of $\left\langle\mathrm{Q}_{0}\right\rangle$.


Rodríguez and Martinez-Pinedo

## GCM: Many Mean Fields but No Proton-Neutron Pairing

 Basic GCM idea: Construct set of mean fields by constraining coordinate(s), e.g. quadrupole moment $\left\langle Q_{0}\right\rangle \equiv\left\langle\sum_{i} r_{i}^{2} Y_{i}^{2,0}\right\rangle$.Minimize

$$
\left\langle\mathrm{H}^{\prime}\right\rangle=\langle\mathrm{H}\rangle-\lambda\left\langle\mathrm{Q}_{0}\right\rangle
$$

Then use $\left\langle Q_{0}\right\rangle$ as a collective coordinate; diagonalize H in space of number- and angular-momentum-projected mean-field states with different values of $\left\langle\mathrm{Q}_{0}\right\rangle$.


Rodríguez and Martinez-Pinedo But the states don't contain proton-neutron pairing correlations.

## Soln: Add Proton-Neutron Correlations to GCM

We generalize GCM in a way that avoids wild QRPA behavior.
Constrain pn pairing as well as deformation, i.e. minimize

$$
\frac{\mathrm{H}^{\prime}=\mathrm{H}-\lambda_{\mathrm{Q}}\left\langle\mathrm{Q}_{0}\right\rangle-\lambda_{\mathrm{P}}\left\langle\mathrm{P}_{0}^{\dagger}\right\rangle}{\text { with }}
$$

$$
\mathrm{P}_{0}^{\dagger}=\sum_{\ell} \sqrt{2 \ell+1}\left[\mathrm{a}_{\ell}^{\dagger} a_{\ell}^{\dagger}\right]_{M_{s}=0}^{\mathrm{L}=0, S=1, T=0}
$$

creates spin-1 pn pair
$P_{0}^{\dagger}$ has expectation value zero in unconstrained state, but add states that are constrained to have non-zero values, diagonalize in basis of many such states.

## Matrix Element in ${ }^{76} \mathrm{Ge}$


(Realistic value of $g_{p n}$ about $1.5-1.6$.)

This calculation a prototype; sophisticated version coming soon

## Next Idea: Eliminate Nucleus-Level Phenomenology

 Ab Initio Shell Model

## Partition of Full Hilbert Space

$P$ = valence space
$Q=$ the res $\dagger$
Task: Find unitary transformation to make H block-diagonal in P and Q , with $\mathrm{H}_{\text {eff }}$ in P reproducing lowest eigenvalues.

## Next Idea: Eliminate Nucleus-Level Phenomenology

 Ab Initio Shell Model

## Partition of Full Hilbert Space

$P=$ valence space
$Q=$ the res $\dagger$
Task: Find unitary transformation to make H block-diagonal in P and Q , with $\mathrm{H}_{\text {eff }}$ in P reproducing lowest eigenvalues.

## Next Idea: Eliminate Nucleus-Level Phenomenology

 Ab Initio Shell Model

## Partition of Full Hilbert Space

$P$ = valence space
$Q=$ the res $\dagger$
Task: Find unitary transformation to make H block-diagonal in P and Q , with $\mathrm{H}_{\text {eff }}$ in P reproducing lowest eigenvalues.

For transition operator $\hat{M}$, apply same transformation to get $\hat{M}_{\text {eff }}$.

## Next Idea: Eliminate Nucleus-Level Phenomenology

 Ab Initio Shell Model

Shell model done here

## Procedure

1. Find good $N N$ and $N N N$ interactions by matching to data in NN scattering, He, ..., or QCD.
2. Use Coupled-Clusters methods to get good ab initio ground state for closed-shell nucleus ${ }^{56} \mathrm{Ni}$ ( 28 protons, 28 neutrons).
3. Use extension of same method for low-lying states in nuclei with $A=57$ and 58 .
4. Do "Lee-Suzuki" mapping of lowest eigenstates with $A=57,58$ onto $f_{5 / 2} \mathrm{pg}_{9 / 2}$ shell, determine shell-model Hamiltonian that reproduces energies of these states.
5. Do the same thing for the double-beta-decay operator.
6. Put more nucleons in the valence shell ( 20 for ${ }^{76} \mathrm{Ge}$ ), shut up, and calculate (in the words, allegedly, of Feynman).

$$
\checkmark=\text { done } \quad \checkmark=\text { done in lighter nuclei }
$$

## First Step: Interaction in sd Shell



## And in $p$ Shell



## Finally: "Renormalization of $\mathrm{g}_{\mathrm{A}}$ "

Forty(?)-year old problem: Single-beta rates, $2 v$ double-beta rates, related observables over-predicted.

Brown \& Wildenthall: Beta-decay strengths in sd shell


## Solution: Not Yet Clear

Typical practice: "Renormalize" $g_{A}$ to get correct results. But if $g_{A}$ is renormalized by same amount in $0 v$ decay as in $2 v$ decay (a lot in shell model and IBM), experiments are in trouble; rates go as $\left(g_{A}\right)^{4}$.

## Solution: Not Yet Clear

Typical practice: "Renormalize" $g_{A}$ to get correct results. But if $g_{A}$ is renormalized by same amount in $0 v$ decay as in $2 v$ decay ( $a$ lot in shell model and IBM), experiments are in trouble; rates go as $\left(g_{A}\right)^{4}$.

Better practice: Understand reasons for over-prediction. In modern language, must be due to

1. Many-body weak currents (from non-nucleonic degrees of freedom), either modeled explicitly as $\pi, \rho$ exchange, etc., or treated in effective-field theory.
Who's right? The old-school practitioners who say meson-exchange effects are small, or the modern effective-field-theory folk, who say they can be large (about $30 \%$ in initial studies)?

## Solution: Not Yet Clear

Typical practice: "Renormalize" $g_{A}$ to get correct results. But if $g_{A}$ is renormalized by same amount in $0 v$ decay as in $2 v$ decay (a lot in shell model and IBM), experiments are in trouble; rates go as $\left(g_{A}\right)^{4}$.

Better practice: Understand reasons for over-prediction. In modern language, must be due to

1. Many-body weak currents (from non-nucleonic degrees of freedom), either modeled explicitly as $\pi, \rho$ exchange, etc., or treated in effective-field theory.
Who's right? The old-school practitioners who say meson-exchange effects are small, or the modern effective-field-theory folk, who say they can be large (about $30 \%$ in initial studies)?
2. Truncation of model space, to be fixed, e.g., in ab-initio shell model.

## Solution: Not Yet Clear

Typical practice: "Renormalize" $g_{A}$ to get correct results. But if $g_{A}$ is renormalized by same amount in $0 v$ decay as in $2 v$ decay (a lot in shell model and IBM), experiments are in trouble; rates go as $\left(g_{A}\right)^{4}$.

Better practice: Understand reasons for over-prediction. In modern language, must be due to

1. Many-body weak currents (from non-nucleonic degrees of freedom), either modeled explicitly as $\pi, \rho$ exchange, otc or treated in effective-field theorv

People are attacking both sides of this problem.
(about $30 \%$ in initral stuales)?
2. Truncation of model space, to be fixed, e.g., in ab-initio shell model.

## So...

We should be able to improve nearly all methods for treating double-beta decay, reduce uncertainty significantly.

## So...

We should be able to improve nearly all methods for treating double-beta decay, reduce uncertainty significantly.

## Future is dazzling pretty bright.

## So...

We should be able to improve nearly all methods for treating double-beta decay, reduce uncertainty significantly.

## Future is dazzling pretty bright.

## That's all.

