

## Pion-exchange interactions

Pions are the lightest of all mesons:  $m_{\pi^+} = m_{\pi^-} \approx 139.6 \text{ MeV}$  and  $m_{\pi^0} \approx 135.0 \text{ MeV}$ . They are pseudoscalar  $J^P = 0^-$ .

The one pion exchange is responsible for the long range component of the nuclear force (strong evidence from NN scattering data).

Neglect mass difference between  $m_{\pi^\pm}$  and  $m_{\pi^0}$ , and consider  $|\pi^\pm, 0\rangle$  as  $t=1$  states with

$$t_z = \begin{array}{cc} +1 & |\pi^+\rangle \\ 0 & |\pi^0\rangle \\ -1 & |\pi^-\rangle \end{array}$$

The pion field can be thought of as a vector in isospin space:

$$\vec{\phi}(\vec{r}) = \left[ \begin{array}{c} \phi_x(\vec{r}) \\ \phi_y(\vec{r}) \\ \phi_z(\vec{r}) \end{array} \right]$$

$$\phi_a(\vec{r}) = \sum_{\vec{k}} \frac{1}{\sqrt{2\omega}} \left( a_{\vec{k}a} e^{i\vec{k}\cdot\vec{r}} + a_{\vec{k}a}^\dagger e^{-i\vec{k}\cdot\vec{r}} \right) \quad (\text{set } V=1)$$

$$[a_{\vec{k}a}, a_{\vec{k}'a'}^\dagger] = \delta_{\vec{k}, \vec{k}'} \delta_{a, a'}$$

Construct the fields corresponding to charged pions. In ordinary space

$$L_z Y_{lm} = m Y_{lm}, \quad Y_{l\pm 1} \propto \frac{x \pm iy}{r}, \quad Y_{l0} \propto \frac{z}{r}$$

Thus a  $\pi^\pm$  with momentum  $\vec{k}$  is given by

$$|\pi^\pm, \vec{k}\rangle = \frac{1}{\sqrt{2}} (a_{\vec{k}_x}^\dagger \pm i a_{\vec{k}_y}^\dagger) |0\rangle \equiv a_{\vec{k}_\pm}^\dagger |0\rangle$$

while a  $\pi^0$  with momentum  $\vec{k}$  is given by

$$|\pi^0, \vec{k}\rangle = a_{\vec{k}_z}^\dagger |0\rangle$$

In terms of the  $\phi_a$  fields, it follows

$$\phi_+(\vec{r}) = \frac{1}{\sqrt{2}} \left[ \phi_x(\vec{r}) + i \phi_y(\vec{r}) \right]$$

$$= \sum_{\vec{k}} \frac{1}{\sqrt{2W_k}} \left[ \underbrace{\frac{a_{\vec{k}_x}^\dagger + i a_{\vec{k}_y}^\dagger}{\sqrt{2}} e^{i\vec{k}\cdot\vec{r}}}_{a_{\vec{k}^-}^\dagger \text{ destroys } \pi^-} + \underbrace{\frac{a_{\vec{k}_x}^\dagger - i a_{\vec{k}_y}^\dagger}{\sqrt{2}} e^{-i\vec{k}\cdot\vec{r}}}_{a_{\vec{k}^+}^\dagger \text{ creates } \pi^+} \right]$$

$$\phi_-(\vec{r}) = \left[ \phi_+(\vec{r}) \right]^\dagger = \sum_{\vec{k}} \frac{1}{\sqrt{2W_k}} \left[ \underbrace{a_{\vec{k}^+} e^{i\vec{k}\cdot\vec{r}}}_{\text{destroys } \pi^+} + \underbrace{a_{\vec{k}^-} e^{-i\vec{k}\cdot\vec{r}}}_{\text{creates } \pi^-} \right]$$

Strong interactions conserve (approximately) isospin, i.e. they are invariant under rotations in isospin space

Hence the isospin structure of the  $\pi N$  interaction must be an isoscalar

$$\vec{\tau} \cdot \vec{\phi} = \underbrace{\tau_x - i\tau_y}_{\tau_-} \frac{\phi_+}{\sqrt{2}} + \underbrace{\tau_x + i\tau_y}_{\tau_+} \frac{\phi_-}{\sqrt{2}} + \tau_z \phi_z$$

pion field

$$= \tau_- \phi_+ + \tau_+ \phi_- + \tau_0 \phi_0$$

and  $\tau_{\pm}$  are  $\propto$  to the isospin raising/lowering operators

$$\tau_+ |p\rangle = 0 \quad \tau_+ |n\rangle = \sqrt{2} |p\rangle$$

$$\tau_- |p\rangle = \sqrt{2} |n\rangle \quad \tau_- |n\rangle = 0$$

$\vec{\tau} \cdot \vec{\phi}$  conserves charge: for example,  $\tau_- \phi_+$  changes a proton into a neutron and either creates a  $\pi^+$  or destroys a  $\pi^-$



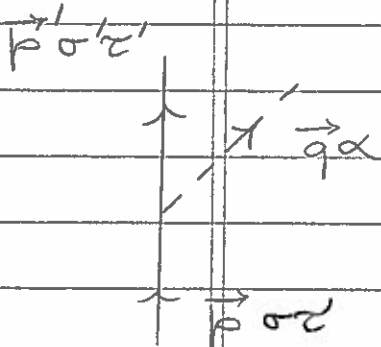
Strong interactions conserve angular momentum and parity, hence  $\underbrace{\text{pseudovector}}_{\frac{1}{2}}$  (since  $\phi$  is a pseudoscalar)

$$H_{\pi NN} = -f_{\pi NN} \frac{\vec{\sigma}}{m_\pi} \cdot \vec{\nabla} [\phi(\vec{r}) \cdot \vec{\tau}]$$

$\frac{1}{2} \vec{\sigma} = \vec{S}$  is a pseudovector

$H_{\pi NN}$  gives the coupling of a nucleon at  $\vec{r}$  with the pion field  
 It conserves linear and angular momentum, parity, and isospin

Matrix elements of  $H_{\pi NN}$



$$\langle \vec{p}' \sigma' \tau'; \vec{q} \alpha | H_{\pi NN} | \vec{p} \sigma \tau; 0 \rangle = \langle \dots | -f_{\pi NN} \frac{\vec{\sigma} \cdot \nabla}{m_\pi} \phi_{\alpha -\alpha} \tau | \dots \rangle$$

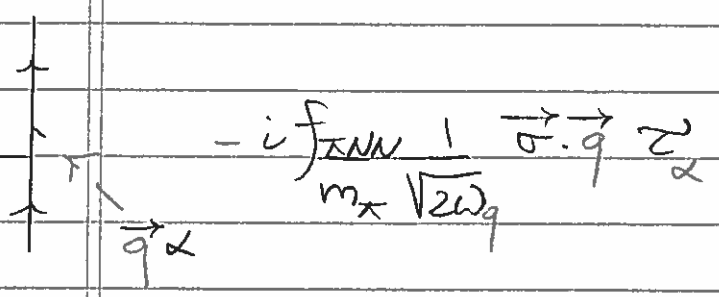
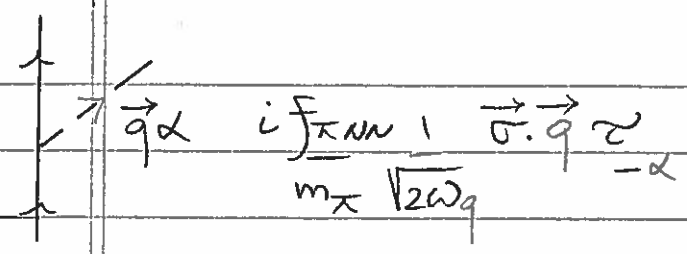
$$= \sum_{\vec{k}} \langle \dots | -i f_{\pi NN} \frac{1}{m_\pi \sqrt{2\omega_k}} \vec{\sigma} \cdot \vec{k} \tau (e^{i\vec{k} \cdot \vec{r}} a_{\vec{k}-\alpha} - e^{-i\vec{k} \cdot \vec{r}} a_{\vec{k}\alpha}^\dagger) | \dots \rangle$$

$$= \langle \vec{p}' \sigma' \tau' | i f_{\pi NN} \frac{1}{m_\pi \sqrt{2\omega_q}} e^{-i\vec{q} \cdot \vec{r}} \vec{\sigma} \cdot \vec{q} \tau_{-\alpha} | \vec{p} \sigma \tau \rangle$$

$$= \int d^3\vec{r} e^{i\vec{p}' \cdot \vec{r}} \chi_{\sigma'}^\dagger \eta_{\tau'} e^{-i\vec{q} \cdot \vec{r}} i f_{\pi NN} \frac{1}{m_\pi \sqrt{2\omega_q}} \vec{\sigma} \cdot \vec{q} \tau_{-\alpha} e^{i\vec{p} \cdot \vec{r}} \chi_{\sigma} \eta_{\tau}$$

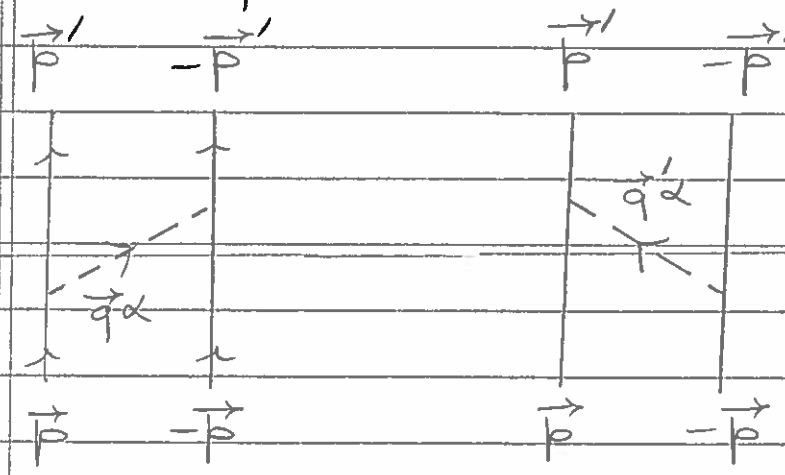
$$= \chi_{\sigma'}^\dagger \eta_{\tau'} \left[ i f_{\pi NN} \frac{1}{m_\pi \sqrt{2\omega_q}} \vec{\sigma} \cdot \vec{q} \tau_{-\alpha} \right] \chi_{\sigma} \eta_{\tau} \delta_{\vec{p}, \vec{p}+\vec{q}}$$

$\nwarrow$  dropped  $\nwarrow$  understood



OPEP

Consider the amplitudes described by the diagrams



(a)

(b)

$$(a) = \left( \frac{i f_{xNN}}{m_x \sqrt{2\omega_q}} \frac{\vec{\sigma} \cdot \vec{q}}{-\alpha, 1} \right) \frac{1}{E_i - E_I} \left( \frac{-i f_{xNN}}{m_x \sqrt{2\omega_q}} \frac{\vec{\sigma} \cdot \vec{q}}{\alpha, 2} \right)$$

Energy is conserved  $E_i = \frac{p^2}{m} = \frac{p'^2}{m} = E_f$ . The energy of the intermediate state is

$$E_{\text{I}} = \frac{p^2}{2m} + \omega_q + \frac{p^2}{2m}$$

and

$$E_{\text{II}} - E_{\text{I}} = -\omega_q$$

Diagram (a) is then given by ( $\vec{q} = \vec{p} - \vec{p}'$ )

$$(a) = \frac{f_{\pi NN}^2}{m_\pi^2} \frac{1}{2\omega_q} \frac{-1}{\omega_q} \frac{\vec{\sigma}_1 \cdot \vec{q}}{\omega_q} \frac{\vec{\sigma}_2 \cdot \vec{q}}{\omega_q} \tau_{-\alpha,1} \tau_{\alpha,2}$$

Diagram (b) leads to a similar expression involving  $\tau_{\alpha,1} \tau_{-\alpha,2}$  ( $\vec{q}' = -\vec{q}$ )

The OPEP is defined as

$$\tilde{V}^\pi(\vec{q}) = \sum_{\alpha=\pm 1,0} |(a) + (b)| \quad \omega_q = \sqrt{q^2 + m_\pi^2}$$

$$= - \frac{f_{\pi NN}^2}{m_\pi^2} \frac{\vec{\sigma}_1 \cdot \vec{q} \vec{\sigma}_2 \cdot \vec{q}}{q^2 + m_\pi^2} \tau_1 \cdot \tau_2$$

Since  $\tilde{V}^\pi$  depends on  $\vec{q} = \vec{p} - \vec{p}'$ , its  $r$ -space representation is local

$$\begin{aligned} V^\pi(\vec{r}) &= \int_{\vec{q}} e^{-i\vec{q} \cdot \vec{r}} \tilde{V}^\pi(\vec{q}) \\ &= \frac{f_{\pi NN}^2}{m_\pi^2} \frac{\vec{\tau}_1 \cdot \vec{\tau}_2}{2} \frac{\vec{\sigma}_1 \cdot \vec{\nabla}}{2} \frac{\vec{\sigma}_2 \cdot \vec{\nabla}}{2} \int_{\vec{q}} e^{-i\vec{q} \cdot \vec{r}} \frac{1}{q^2 + m_\pi^2} \end{aligned}$$

Care must be taken in evaluating the Fourier transform, there is a  $\delta$ -function singularity

$$V(\vec{r}) = \int \frac{d^3k}{(2\pi)^3} \frac{m_\pi}{3} \vec{\sigma}_1 \cdot \vec{\sigma}_2 \left\{ T(r) S_{12} + \left[ Y(r) - \frac{4\pi}{m_\pi^3} \delta(\vec{r}) \right] \vec{\sigma}_1 \cdot \vec{\sigma}_2 \right\}$$

$$Y(r) = \frac{e^{-m_\pi r}}{m_\pi r}, \quad T(r) = Y(r) \left( 1 + \frac{3}{m_\pi r} + \frac{3}{m_\pi^2 r^2} \right)$$

Range of  $V^\pi \sim 1/m_\pi \approx 1.4$  fm and within this range

$$T(r) \gg Y_\pi(r)$$

i.e. the tensor component dominates,

$$S_{12} = 3 \hat{\sigma}_1 \cdot \hat{r} \hat{\sigma}_2 \cdot \hat{r} - \vec{\sigma}_1 \cdot \vec{\sigma}_2$$

Strong coupling between spin-space and isospin variables. For comparison, in atomic and molecular systems the dominant term of the interaction is the Coulomb potential

$$V^C(r) = -e^2/r$$

which depends on the relative distance. OPEP is not spherically symmetric. This fact has profound consequences on the structure of nuclei; for example, the deuteron, the simplest nucleus consisting of a  $pn$  pair bound at 2.25 MeV, is not spherically symmetric: it has a quadrupole moment and a tensor polarization, measured in elastic electron scattering experiments. See class notes pp 24-28

## $\Delta$ -resonance in $\pi N$ scattering

1.44	$N(1440)$	$S^+, I = \frac{1}{2}, \frac{1}{2}$
1.23	$\Delta$	$= \frac{3}{2}, \frac{3}{2}$
0.94	$N$	$= \frac{1}{2}, \frac{1}{2}$

The lowest energy baryons are listed above. One way to study these excited baryon states is via  $\pi N$  scattering (similarly one can study the excited states of the hydrogen atom by scattering photons off it). In particular, the  $\pi^\pm$  are relatively long-lived mesons ( $\tau \approx 2.6 \cdot 10^{-8}$  s), and their scattering by protons can be studied in the lab.

$\pi^+ p$  and  $\pi^- p$  cross sections are quite different:

1.  $\sigma_{TOT}$  for  $\pi^+ p$  scattering is mostly elastic for  $W^2 \lesssim 2 \text{ GeV}^2$ ;

2. For  $W^2 \lesssim 2 \text{ GeV}^2$ ,  $\sigma_{TOT}$  for  $\pi^- p$  scattering has a dominant contribution from inelastic processes.

Elastic

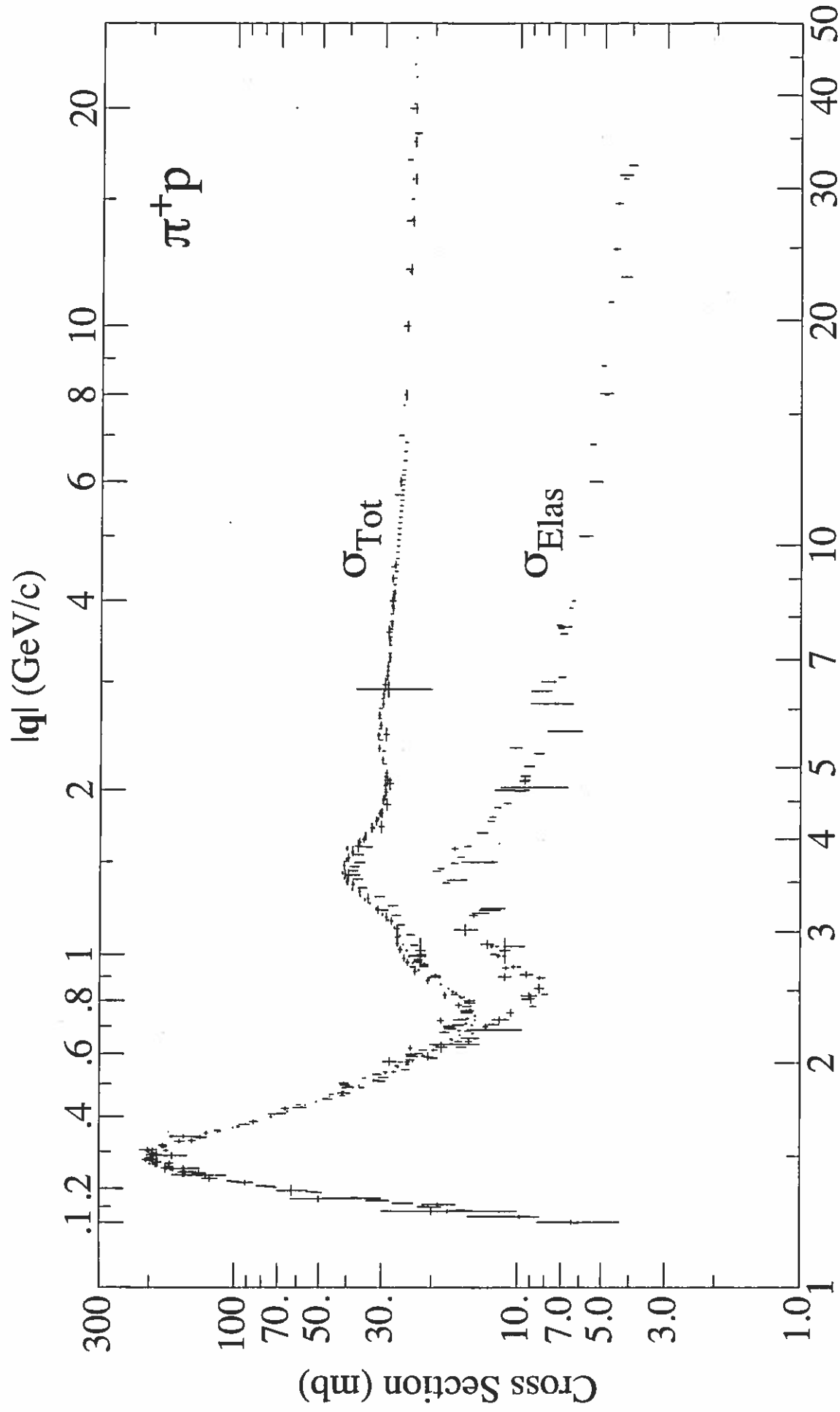
Inelastic

a.  $p\pi^+ \rightarrow p\pi^+$       d.  $p\pi^+ \rightarrow p\pi^+\pi^0, \dots$

b.  $p\pi^- \rightarrow p\pi^-$       c.  $p\pi^- \rightarrow n\pi^0, p\pi^- \rightarrow n\pi^0\pi^0, \dots$

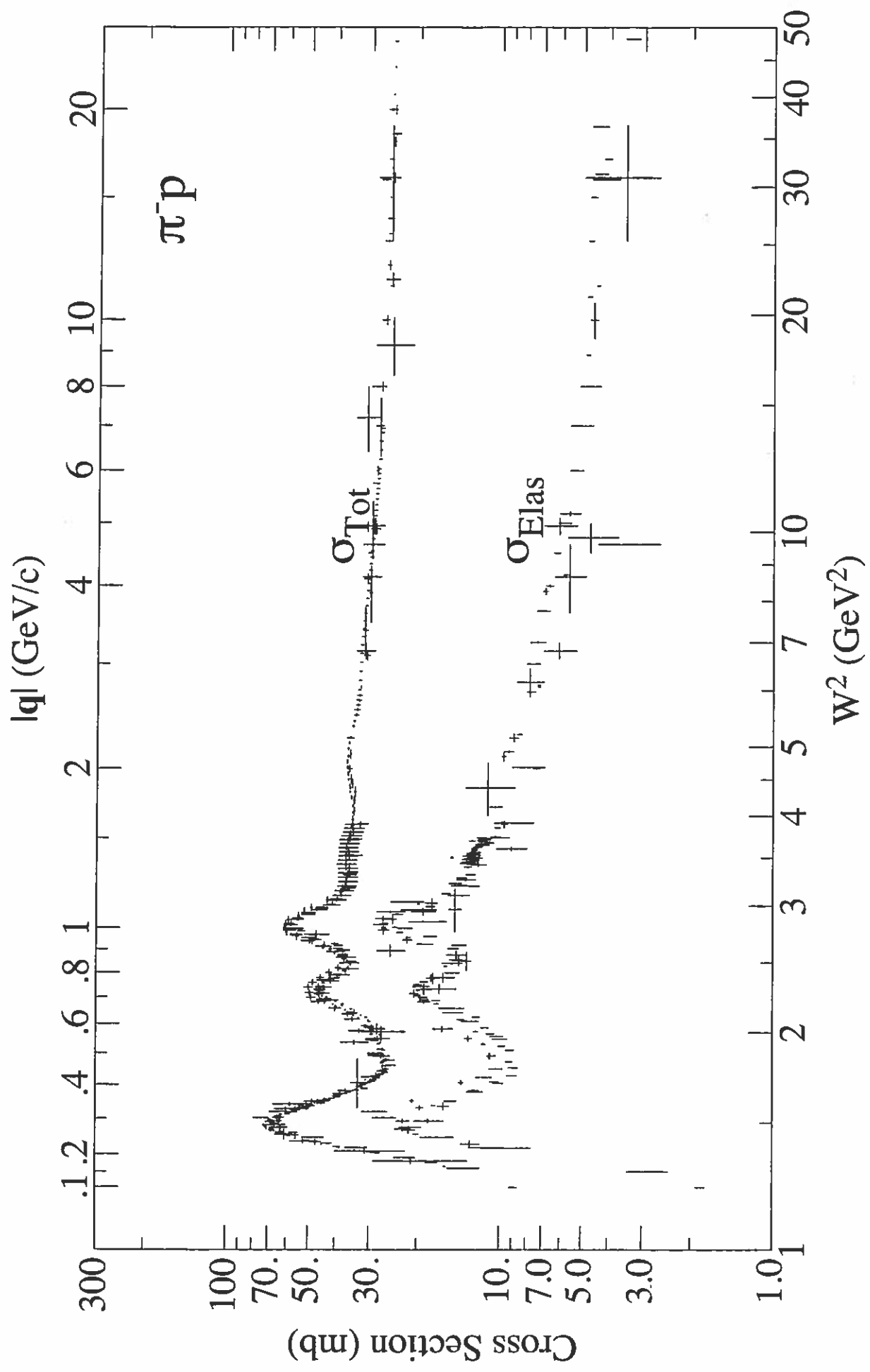
$W > m_p + m_\pi$  for a., b., and c. ;  $W > m_\pi + 2m_\pi$  for d., ...





$$W^2 = P^{\mu} P_{\mu} = (m_p + \omega q)^2 - q^2$$

$W$  is the invariant mass



where  $\pi^+$  and  $\pi^0$  mass differences are ignored. Inelastic scattering for  $\pi^-p$  occurs at all values of  $W$ , while for  $\pi^+p$  it will occur only if  $W$  is large enough to have  $\pi$  production.

At  $W^2 \lesssim 2 \text{ GeV}^2$ ,  $\pi N$  scattering is dominated by resonances, which occur when  $W$  equals the mass of an excited state of the nucleon. The widths are proportional to their decay rates.

At low energy,  $\pi N$  scattering is dominated by the  $\Delta$  resonance

$$\Delta: S^{\pi} = \frac{3}{2}, I = \frac{3}{2}$$

with four charge states

$$\Delta^{++} \quad I_z = +\frac{3}{2}$$

$$\Delta^+ \quad = +\frac{1}{2}$$

$$\Delta^0 \quad = -\frac{1}{2}$$

$$\Delta^- \quad = -\frac{3}{2}$$

Strong interactions conserve isospin (approximately), and

$$|\pi^+p\rangle = |T=3/2, T_z=+3/2\rangle$$

$$|\pi^-p\rangle = \frac{1}{\sqrt{3}} |T=3/2, T_z=-1/2\rangle - \sqrt{\frac{2}{3}} |T=1/2, T_z=-1/2\rangle$$

and only the  $T=3/2$  components can form the  $\Delta$  resonance. In the  $\Delta$  region, one has

$$\begin{aligned} \langle \pi^-p | T | \pi^-p \rangle &\simeq \frac{1}{3} \langle T=3/2, T_z=-1/2 | T | T=3/2, T_z=-1/2 \rangle \\ &\simeq \frac{1}{3} \langle \pi^+p | T | \pi^+p \rangle \end{aligned}$$

and  $\sigma_{EL}(\pi-p) \approx \sigma_{EL}(\pi+p)/g$  under the  $\Delta$  peak.

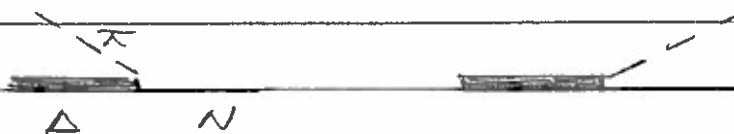
The  $\pi N \Delta$  interaction

$$H_{\pi N \Delta} = - \int_{\pi N \Delta} \frac{1}{m_\pi} \left\{ \underbrace{S \cdot \nabla [\phi(\vec{r}) \cdot \vec{T}]}_{\textcircled{1}} + \underbrace{S \cdot \nabla [\phi(\vec{r}) \cdot \vec{T}]}_{\textcircled{2}} \right\}$$

① describes



② describes



The operator  $\vec{S}$  converts a spin  $1/2$  particle to a spin  $3/2$  particle. The spin  $3/2$  has four possible spin projections  $m' = 3/2, 1/2, -1/2, -3/2$ , while a spin  $1/2$  particle has two,  $m = 1/2, -1/2$ .

Each component  $S_a$  is represented by a  $4 \times 2$  matrix

$$(S_a)_{m'm} = \langle 3/2 m' | S_a | 1/2 m \rangle$$

$$S_a \rightarrow \begin{pmatrix} a_1 & b_1 \\ a_2 & b_2 \\ a_3 & b_3 \\ a_4 & b_4 \end{pmatrix} \quad \text{and} \quad S_a \begin{pmatrix} c_1 \\ c_2 \end{pmatrix} = \begin{pmatrix} d_1 \\ d_2 \\ d_3 \\ d_4 \end{pmatrix}$$

Explicit representation is constructed in class notes (p. 36).  
One rarely needs it. More useful are the identities

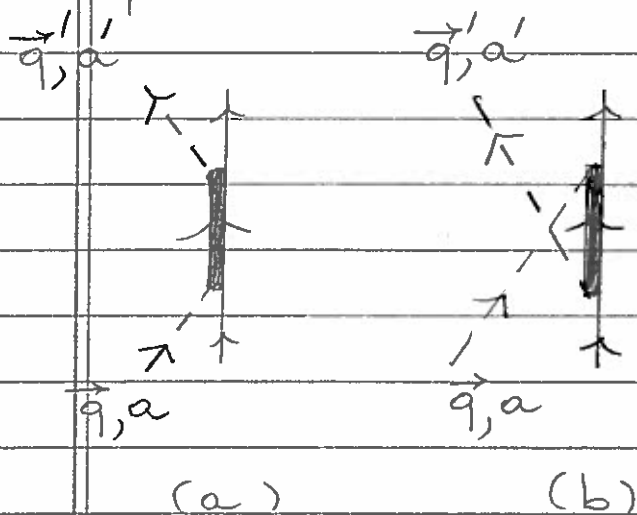
$$\vec{S} \cdot \vec{S} = 2 \mathbb{1}, \quad \vec{S} \times \vec{S} = -\frac{2}{3} i \vec{\sigma}$$

$\uparrow$   
 2x2 identity matrix

$$\vec{S} \cdot \vec{A} \quad \vec{S} \cdot \vec{B} = \frac{2}{3} \vec{A} \cdot \vec{B} - \frac{2}{3} \vec{\sigma} \cdot (\vec{A} \times \vec{B})$$

### $\pi N$ scattering in the $\Delta$ region.

As the experimental data indicate,  $\pi N$  scattering at  $W \sim 1.2$  GeV is dominated by the  $\Delta$  excitation of the nucleon. The amplitude (2<sup>nd</sup> order in  $H_{\pi N \Delta}$ ) is described by



The contribution (b) is suppressed by the energy denominator. The contribution (a) is

$$a) = \sum_I \frac{\langle f | H_{\pi N \Delta} | I \rangle \langle I | H_{\pi N \Delta} | i \rangle}{E_i - E_I}$$

The sum over intermediate states is over  $\Delta$  states of momentum  $\vec{k}$  and spin-isospin state  $\chi_{\Delta} \eta_{\Delta}$ . However,

$\vec{p}_\Delta = \vec{q}$  by momentum conservation, and hence

$$(a) = \sum_{\sigma_\Delta \tau_\Delta} \langle f | H_{\pi N \Delta} | q \sigma_\Delta \tau_\Delta \rangle \langle q \sigma_\Delta \tau_\Delta | H_{\pi N \Delta} | i \rangle$$

$\underbrace{\quad}_{m_\Delta + \omega_\Delta - m_N}$

neglect kinetic energy of  $\Delta$

The  $\Delta$  has a very short lifetime, and therefore a large uncertainty in its energy (a large width):

$$m_\Delta = \bar{m}_\Delta - i\Gamma_\Delta/2$$

and the wave function of a  $\Delta$  at rest is

$$e^{-im_\Delta t} \chi_{\sigma_\Delta} \eta_{\tau_\Delta} = e^{-i\bar{m}_\Delta t - \Gamma_\Delta/2 t} \chi_{\sigma_\Delta} \eta_{\tau_\Delta}$$

and the probability of finding a  $\Delta$  vanishes as  $e^{-\Gamma_\Delta t}$

Empirically

$$\bar{m}_\Delta = 1.232 \text{ GeV} \quad \Gamma_\Delta \approx 0.118 \text{ GeV}$$

and the amplitude in (a) reads

$$(a) = \frac{f_{\pi N \Delta}^2}{m_\pi^2} \frac{1}{\sqrt{2\omega_q}} \frac{1}{\sqrt{2\omega_{q'}}} \frac{M_\sigma M_\tau}{\omega_q - (\bar{m}_\Delta - m_N) + i\Gamma_\Delta/2}$$

and the cross section behaves as

$$\frac{d\sigma}{d\Omega_{q'}} \propto \frac{1}{\left\{ [\omega_q - (\bar{m}_\Delta - m_N)]^2 + \Gamma_\Delta^2/4 \right\}}$$

One can determine the  $\pi NN$  coupling constant from the decay rate by considering

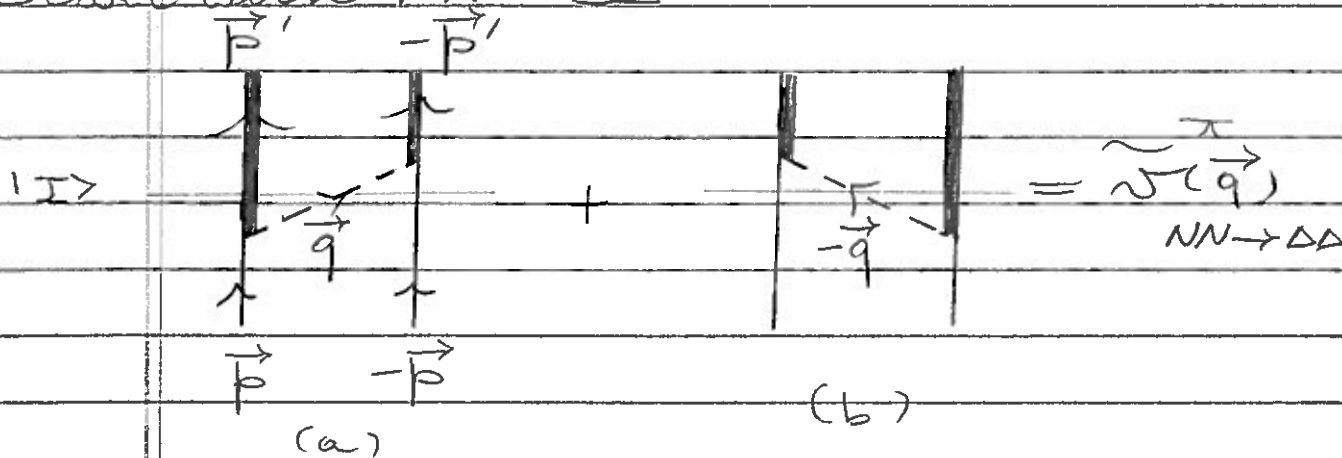


One finds  $f_{\pi NN}^2/4\pi \approx 0.36$  to be compared to  $f_{\pi NN}^2/4\pi \approx 0.075$  from  $NN$  elastic scattering.

One pion-exchange transition potentials (OPEEP)

Consider the processes  $NN \rightarrow \Delta N$  and  $NN \rightarrow \Delta\Delta$ . These processes occur at CM energies  $\sim 300$  MeV, at which energies pions are produced in  $NN$  collisions.

Start with  $NN \rightarrow \Delta\Delta$



Identical calculation as for OPEP. Note

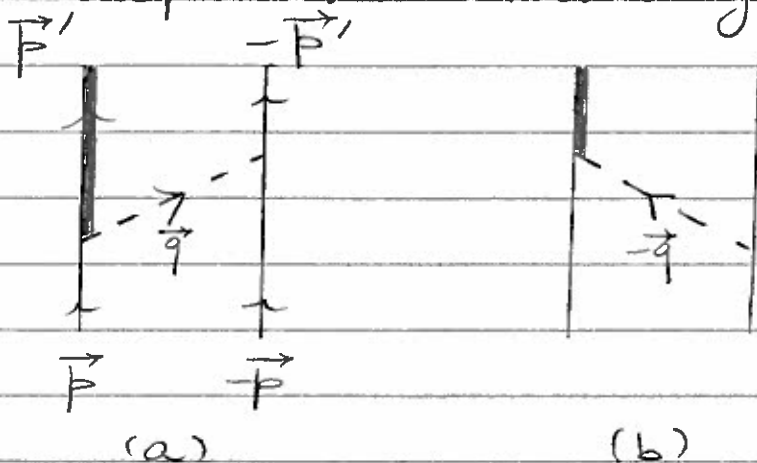
$$E_i = \frac{p^2}{m_N} + 2m_N = E_f = \frac{p'^2}{m_\Delta} + 2m_\Delta$$

$$E_I = \frac{p'^2}{2m_\Delta} + \omega_q + \frac{p^2}{2m_N} + m_\Delta + m_N = E_i + \omega_q$$

and

$$\tilde{V}_{NN \rightarrow \Delta\Delta}^{\pi}(\vec{q}) = - \frac{f_{\pi NN}^2}{m_{\pi}^2} \frac{\vec{T}_1 \cdot \vec{T}_2}{2} \frac{S_1 \cdot \vec{q} S_2 \cdot \vec{q}}{q^2 + m_{\pi}^2}$$

The calculation of  $\tilde{V}_{NN \rightarrow \Delta N}^{\pi}$  is similar to that above, but there is a subtle point. The scattering amplitude is given by



$$(a) + (b) = - \frac{f_{\pi NN} f_{\pi \Delta N}}{m_{\pi}^2} \frac{\vec{T}_1 \cdot \vec{T}_2}{2} \frac{S_1 \cdot \vec{q} S_2 \cdot \vec{q}}{2\omega_q} \frac{1}{\left[ \frac{1}{\omega_q + e} + \frac{1}{\omega_q - e} \right]}$$

$$e = m_{\Delta} - m_N + \frac{p'^2}{2m_{\Delta}} - \frac{p^2}{2m_N}$$

and there is not only a dependence on  $\vec{q}$  but also on  $e$  (or  $\vec{p}$  or  $\vec{p}'$ ). However, for threshold production of the  $\Delta$  ( $\vec{p}' \approx 0$ ), one can show that  $e^2 \ll \omega_q^2$ , and hence one can define a

$$\tilde{V}_{NN \rightarrow \Delta N}^{\pi}(\vec{q}) \approx - \frac{f_{\pi NN} f_{\pi \Delta N}}{m_{\pi}^2} \frac{\vec{T}_1 \cdot \vec{T}_2}{2} \frac{S_1 \cdot \vec{q} S_2 \cdot \vec{q}}{q^2 + m_{\pi}^2}$$

Of course, the processes  $\Delta\Delta \rightarrow NN$  and  $\Delta N \rightarrow NN$  due to one pion exchange are obtained by taking the adjoints of the



OPETP's above

$$\tilde{V}^{\pi}_{\Delta\Delta \rightarrow NN} = \left[ \tilde{V}^{\pi}_{NN \rightarrow \Delta\Delta} \right]^{\dagger}$$

$$\tilde{V}^{\pi}_{\Delta N \rightarrow NN} = \left[ \tilde{V}^{\pi}_{NN \rightarrow \Delta N} \right]^{\dagger}$$

## Two pion-exchange NN potential

We want to study two-pion exchange contributions to NN scattering below pion production threshold (kinetic energy in CM  $< 140$  MeV). At the one pion-exchange, we obtained

$$\text{Diagram 1} + \text{Diagram 2} = \text{wavy line} \quad \tilde{V}^{\pi}(q)$$

$$\text{Diagram 1} + \text{Diagram 2} = \text{wavy line} \quad \begin{matrix} \tilde{V}^{\pi}(q) \\ NN \rightarrow \Delta\Delta \end{matrix}$$

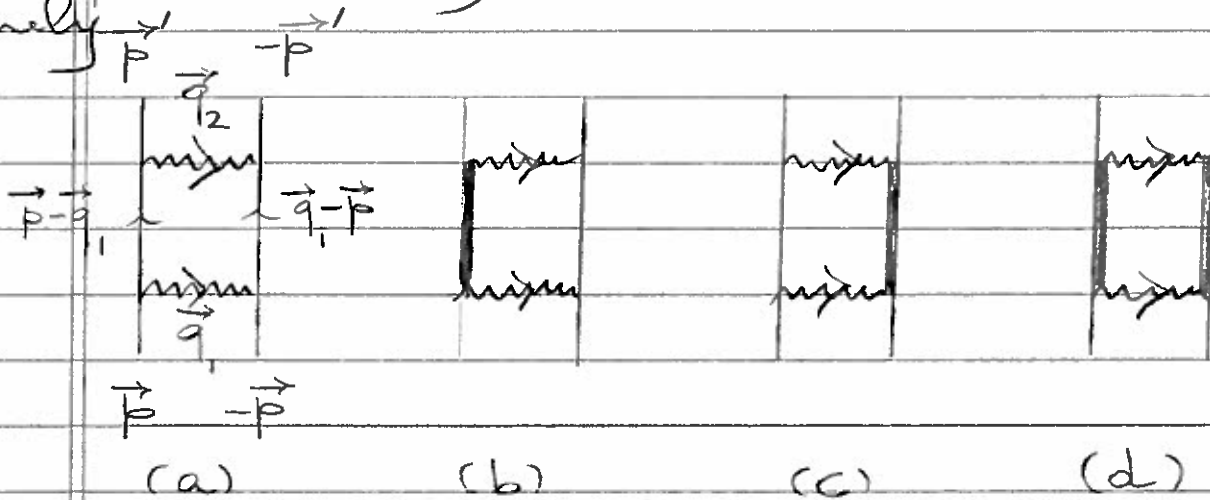
$$\text{Diagram 1} + \text{Diagram 2} \approx \text{wavy line} \quad \begin{matrix} \tilde{V}^{\pi}(q) \\ NN \rightarrow \Delta N \end{matrix}$$

At the two pion-exchange level, one needs to consider 48 time ordered diagrams (see p. 15). Since we are considering energies below 140 MeV, no pions can be produced. Therefore, no  $\Delta$ 's

can be produced in the final state, for example



Explicit calculation of the 48 diagrams shows they are well approximated by the iterated OPEP and OPETP, namely



Contributions (b)-(d) are not included in (a), since they involve the excitation/de-excitation of  $\Delta$ 's. The two pion-exchange amplitude should include the contributions of higher mass resonances (not just the  $\Delta$ , although the  $\Delta$  is expected to play a dominant role). Thus the calculation of this amplitude is very complex. The analysis of diagrams (b)-(d) is only meant to provide the spin-isospin dependence and the radial shape of the two pion-exchange potential. Its strength is determined by fitting the observed NN scattering data.

We define

$$\langle f | v_{\Delta}^{2\pi} | i \rangle = \sum_{I_1} \frac{\langle f | v_{\Delta N \rightarrow \Delta N}^{\pi} | I_1 \rangle \langle I_1 | v_{NN \rightarrow \Delta N}^{\pi} | i \rangle}{E_i - E_{I_1}} \quad (b)$$

$$+ (\text{similar } \Delta N \rightarrow N\Delta) \quad (c)$$

$$+ \sum_{I_2} \frac{\langle f | v_{\Delta\Delta \rightarrow NN}^{\pi} | I_2 \rangle \langle I_2 | v_{NN \rightarrow \Delta\Delta}^{\pi} | i \rangle}{E_i - E_{I_2}} \quad (d)$$

In the static limit,

$$E_i - E_{I_1} \simeq -(m_N - m_{\Delta}), \quad E_i - E_{I_2} \simeq -2(m_N - m_{\Delta})$$

and using closure over  $I_1$  and  $I_2$ , one obtains

$$\langle f | v_{\Delta}^{2\pi} | i \rangle = \frac{2}{m_N - m_{\Delta}} \langle f | \left( v_{NN \rightarrow \Delta N}^{\pi} \right) v_{NN \rightarrow \Delta N}^{\pi} | i \rangle$$

$$+ \frac{1}{2(m_N - m_{\Delta})} \langle f | \left( v_{NN \rightarrow \Delta\Delta}^{\pi} \right) v_{NN \rightarrow \Delta\Delta}^{\pi} | i \rangle$$

In configuration space, the  $v_{\Delta}^{2\pi}$  above is particularly simple,

$$v_{\Delta}^{2\pi}(\vec{r}) = \frac{2}{m_N - m_{\Delta}} \left[ v_{NN \rightarrow \Delta N}^{\pi}(\vec{r}) \right] v_{NN \rightarrow \Delta N}^{\pi}(\vec{r})$$

$$+ \frac{1}{2(m_N - m_{\Delta})} \left[ v_{NN \rightarrow \Delta\Delta}^{\pi}(\vec{r}) \right] v_{NN \rightarrow \Delta\Delta}^{\pi}(\vec{r})$$

Since for  $r \lesssim 1/m_\pi$ , the tensor radial function is large at, one can approximate ( $T \gg Y_\pi$ ):

$$V_{\Delta}^{2\pi \rightarrow} \sim \frac{2}{9} \frac{f_{\pi NN}^2}{4\pi} \frac{f_{\pi NA}^2}{4\pi} \frac{m_\pi^2}{m_N - m_\Delta} \frac{T(r)^2}{\pi} \vec{T} \cdot \vec{\sigma} \vec{T} \cdot \vec{\sigma} (S_{12}^{\text{II}}) S_{12}^{\text{II}}$$

$$+ \frac{1}{18} \frac{f_{\pi NA}^4}{(4\pi)^2} \frac{m_\pi^2}{m_N - m_\Delta} \frac{T(r)^2}{\pi} \vec{T} \cdot \vec{T} \vec{T} \cdot \vec{T} (S_{12}^{\text{III}}) S_{12}^{\text{III}}$$

The expression above can be reduced via the identities on p. 28 to a linear combination of the type

$$V_{\Delta}^{2\pi \rightarrow} = \sum_{P=1}^6 I^P_{\Delta} \frac{T(r)^2}{\pi} O^P_{12}$$

range of  $1/(2m_\pi)$

$$O_{12}^{1, \dots, 6} = \mathbb{1}, \vec{\sigma} \cdot \vec{\sigma}, \vec{\sigma} \cdot \vec{\sigma} \vec{\sigma} \cdot \vec{\sigma}, \vec{\sigma} \cdot \vec{\sigma} \vec{\sigma} \cdot \vec{\sigma}, \vec{\sigma} \cdot \vec{\sigma}, S_{12}, S_{12} \vec{\sigma} \cdot \vec{\sigma}$$

All NN "realistic" potentials have this operator structure and of course include  $V^{\pi}(r)$ . In these potentials the strength parameters  $I^P$  are determined by fitting NN elastic scattering data at  $T_{\text{CM}} \lesssim 140$  MeV. The values for the  $I^P$  obtained in this way of course contain contributions of higher mass resonances as well as heavier meson exchange (like the  $\eta$  with  $S^\pi, I = 0^-, 0$  and  $m \approx 548$  MeV or the  $f_0$  with  $S^\pi, I = 0^+, 0$  with mass 400-600 MeV). Nevertheless, the  $I^P$  account for most of the  $I^P$  which are obtained from data. This suggests that most of  $V^{2\pi}(\vec{r})$  is from intermediate  $\Delta$ 's.